

# Comparative dosimetric analysis and NTCP modelling of 4D-CT planning scans within the UK NeoSCOPE trial

Keywords:

Radiotherapy, oesophageal cancer, 3D-CT planning, 4D-CT planning, post-operative toxicity, organs at risk, NTCP

Declaration:

We thank the NeoSCOPE Trials Management Group for providing us access to the radiotherapy related patient data.

Abstract: Neoadjuvant chemoradiotherapy (nCRT) for resectable oesophageal cancer improves overall survival compared to surgery alone but is associated with increased toxicity. NeoSCOPE is a trial of two different nCRT regimens for resectable oesophageal and was the first multi-centre trial in the UK to incorporate 4D-CT into radiotherapy planning. Using NeoSCOPE 4D-CT cases, we undertook a dosimetric comparison study of 3D-CT versus 4D-CT plans comparing target volume coverage and dose to organs at risk. We used established normal tissue complication probability (NTCP) models to evaluate the potential toxicity reduction of using 4D-CT plans in oesophageal cancer. Our work shows that incorporating 4D-CT into treatment planning may significantly reduce the toxicity burden from this treatment.

## Introduction

Despite improvements in surgical techniques, outcomes from surgery for oesophageal cancer (OC) remain poor [1]. Neoadjuvant chemoradiotherapy (nCRT) is a treatment strategy that has been shown to improve outcomes, but is associated with concerns over toxicity, particularly in the post-operative setting [2]. This is in part responsible for the variable uptake of nCRT around the UK [3, 4].

Limiting dose to organs at risk (OARs) is postulated to reduce post-operative complications but traditionally decisions were based on dose volume histograms, in turn based on a 3D scan, which is a snapshot in time of both the tumour position, but also of OARs. Respiration (leading to tumour deformation and motion particularly in the cranio-caudal direction), swallowing, peristalsis, gastric filling, emptying and vascular/cardiac pulsations all effect the

1 position of the tumour during treatment [5-7] and can affect the doses received by the  
2 OARs.  
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4 Two methods currently in use accounting for this motion are respiratory gating and four-  
5 dimensional CT (4D-CT) planning. The use of 4D-CT scanning has the potential to reduce the  
6 resulting risk of geographical miss, by accounting for this patient-specific variation over the  
7 course of a respiration cycle.[7] The NeoSCOPE Trial was the first multi-centre UK trial to  
8 incorporate 4D-CT into RT planning. [8]  
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10 In addition to characterising the range of motion, 4D-CT has been shown to have a  
11 dosimetric benefit in non-small cell lung cancer with Cole et al. showing that by reducing  
12 dose to OARs, 4D-CT allowed isotoxic dose escalation with the hope that this would lead to  
13 improved local control and better overall survival. [5] It is not known to what extent these  
14 findings would apply to other thoracic tumours like the oesophagus. The aim of this study  
15 was to determine if the use of 4D-CT scans in the NeoSCOPE study resulted in any  
16 dosimetric advantage to OARs by using dose volume histogram (DVH) and established NTCP  
17 models to ascertain any potential clinically meaningful toxicity reduction.  
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## 31 **Methods**

### 32 NeoSCOPE Trial

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35 NeoSCOPE was a non-blinded, randomised (1:1 via a centralised computer system), 'pick a  
36 winner' phase II trial for patients with resectable oesophageal adenocarcinoma investigating  
37 the benefit of two different nCRT regimens for OC. Surgery was performed 6 to 8 weeks  
38 after nCRT. Primary end-point was pathological complete response (pCR). Secondary end-  
39 points included toxicity, surgical morbidity/mortality, resection rate and overall survival. In  
40 the NeoSCOPE trial, 30-d post-operative respiratory and cardiac complication rates were  
41 36.6%-40% and 9.8%-25.7% respectively. Full trial results have been published elsewhere.[8]  
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51 Patients were randomized upfront to 2 cycles of induction chemotherapy with Oxaliplatin  
52 (130mg/m<sup>2</sup> day 1) and Capecitabine (625mg/m<sup>2</sup> days 1-21) followed by either Oxaliplatin  
53 (85mg/m<sup>2</sup> IV days 1, 18, 29) and Capecitabine (625mg PO BD on days of RT) with RT or  
54 carboplatin (AUC 2) and paclitaxel (50mg/m<sup>2</sup> IV on days 1, 8, 15, 22 and 29) with RT. RT  
55 consisted of 45Gy in 25 fractions over 5 weeks. Centres participating in the study could  
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1 choose to do either 3D or 4D-CT planning scans with 4D-CT simulation encouraged for lower  
2 oesophagus/gastro-oesophageal junction (GOJ) tumours. [8]  
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5 Gross tumour volume (GTV) was defined using diagnostic CT scan, endoscopy, EUS and PET  
6 scan (when available). The clinical target volume (CTV) was calculated by growing the GTV  
7 by 2 cm manually along the oesophagus superiorly, inferiorly and 1 cm radially, editing out  
8 lungs and bronchus, heart, liver, aorta and vertebrae. All OARs were defined as per trial  
9 protocol and delineated on a 3D-CT scan that was used for planning and radiotherapy  
10 delivery. A 3D-CT scan was mandated in trial protocol irrespective of whether 4D-CT was  
11 used or not. The planning target volume (PTV) for the 3D cases (PTV3D) was created by  
12 growing CTV 1 cm superiorly and inferiorly and 0.5 cm radially. For 4D cases a PTV4D was  
13 created by growing the internal target volume (ITV) by 0.5cm. [9]  
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24 In order to facilitate centres to undertake 4D-CT in the trial, the RT protocol gave two  
25 options for creation of an ITV with 4D-CT (see appendix 1), reflecting the practice of two of  
26 the centres with the most experience in 4D-CT for oesophageal RT at that point in time.  
27 Centres wishing to undertake 4D-CT within the trial were encouraged to attend a workshop  
28 with break-out sessions for both physicists and clinicians, looking at issues surrounding scan  
29 acquisition and outlining respectively. A 4D-CT pre-accrual test case was also made available  
30 for those who were not able to attend the workshop that had to be satisfactorily completed.  
31 Eight centres were approved by the trial to use 4D-CT planning scans for lower third  
32 oesophageal tumours and these eight centres could choose whether to use a 4D-CT  
33 planning scan or not. The data used in this study is made up of 4D-CT planning scans from  
34 Oxford, Leeds and Cardiff. [8]  
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47 28/85 (33%) patients recruited to the UK NeoSCOPE trial had a 4DCT scan and 20 (cases  
48 from Oxford, Cardiff, Leeds) of these form the dataset for this study. We had access to 3D-  
49 CT (mandated in NeoSCOPE protocol) and 4D-CT planning scans along with associated  
50 quality-assured structure sets (target volumes and organs at risk - heart, lungs, spinal cord  
51 and liver). A 4D-CT PTV had already been created by the treating centre, according to the  
52 NeoSCOPE 4D-CT protocol. An experienced clinical oncology trainee also generated a 3D-CT  
53 PTV on each of the cases using the 3D-CT planning scan, according to the NeoSCOPE 3D  
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1 protocol. These were approved by a consultant clinical oncologist (SG), who was quality  
2 assurance (QA) lead for the NeoSCOPE trial.  
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#### 4 Physics Planning 5

6 All twenty patients had a clinically delivered 3D conformal plan based on 4D-CT created at  
7 the treating centre. For comparison, we created a 3D conformal plan based on the newly  
8 generated 3D-CT PTV using Oncentra MasterPlan (version 4.3). As NeoSCOPE was a multi-  
9 centre trial, the original 4D-CT plans were created using a range of different linear  
10 accelerator machines and treatment planning systems (TPS). To account for any variation,  
11 clinical plans optimised to the 4D-CT PTVs were replanned using Oncentra MasterPlan  
12 (version 4.3) for the purposes of this study. Both sets of plans used the dose volume  
13 constraints set out in the NeoSCOPE protocol (see table 1). 3D conformal RT was mandated  
14 as IMRT was not allowed in NeoSCOPE due to the concerns of pulmonary toxicity at the time  
15 of recruitment. [8]  
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28 To ensure consistency with the clinically delivered plan, the same plan parameters approved  
29 as part of the NeoSCOPE trial were used where possible, and then a physicist (AS) adjusted  
30 the plan parameters where necessary (e.g. if the original plan was generated using 5mm  
31 width MLC leaves, some adjustments to MLC segments were required to optimise plan  
32 quality) to optimise the dose distribution (maximising the target coverage whilst minimising  
33 the OAR dose). A similar target conformality was achieved for both plans and the dose  
34 received by the surrounding OARs was assessed. All plans met NeoSCOPE dose constraints.  
35 To ensure plans were clinically acceptable, each plan was reviewed and approved by the  
36 RTTQA lead for the trial. (SG)  
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Dose reported	Constraint
Total PTV volume (ccm)	-
PTV (type B algorithm)	V95% >99%
ICRU maximum dose	D1.8cc <107%
Combined lung V20Gy	<25%
Heart V25Gy	<50%

Heart V40Gy	<30%
Liver V30Gy	<60%
Spinal cord PRV	D0.1cc <40Gy

Table 1: Dose objectives specified within the NeoSCOPE trial

The mean differences between the 3D and 4D plans for each of the OAR dose constraints stated in Table 1 were calculated.

### Statistical Analysis

Key metrics related to the two plans were included, including reporting summary measures such as means, medians and percentiles. Comparisons were reported both in terms of statistical significance and using more intuitive measures such as the proportion of patients who would have seen a reduction in risk and the median percentage reduction in exposure.

The distributions of the variables related to the dose constraints were varied and frequently non-normal. In the interest of consistency and to ensure robust results non-parametric methods were used to assess statistical significance. More specifically, since each patient provided matching observations for the two plans (3D and 4D), each constraint was tested separately using the Wilcoxon Signed Rank test.

In addition, the findings were reported in terms of the reduction in estimated complication probability.

### Normal Tissue Complication Probability (NTCP) Models

In an attempt to assess the clinical significance of the calculated dose volume differences between the 3D and 4D derived treatment plans, NTCP were calculated for the heart and the lung volumes within each case. The Lyman-Kutcher-Burman (LKB) model was used to predict the NTCP for the heart and the lung following radiotherapy treatment, as used often within the literature. [10, 11]

The LKB model calculates NTCP values for different tissues using the equations and parameters included in the appendix (see Table 5 in appendix 2). The LKB model describes the sigmoidal dose response observed by OARs as an error function. This function is used to

1 calculate the probability of a specific toxicity end-point occurring, and is dependent upon the  
2 magnitude of the dose incident on the OAR, as well as the proportion of the OARs volume  
3 which is irradiated to that dose level  
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6 There are currently no well-validated LKB models for post-operative lung and heart  
7 complications, therefore we selected comparable parameters as surrogates for these  
8 endpoints. A review of the literature led to two sets of LKB parameters being chosen for the  
9 heart and the lungs to attempt to minimise any impact of the LKB model parameters. The  
10 lung models selected assess the probability of inducing grade 2 or grade 3 (or higher)  
11 radiation pneumonitis, and the heart models end points under investigation are pericardial  
12 effusion and radiation induced heart valvular dysfunction.  
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21 Along with the DVH data for the heart and lung exported from the TPS, the model  
22 parameters n, m and d50 were used within the LKB model to generate NTCP data for each  
23 patient.  
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27 CERR [12] was used to generate NTCP values using the DVH data and LKB parameters. CERR  
28 is an open source software environment that is based on MATLAB and can be used to  
29 evaluate treatment plans using various parameters.  
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## 34 Results

### 35 Plan Statistics

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37 The median volume of the 3D-CT PTVs was 539cm<sup>3</sup> compared to 391cm<sup>3</sup> for the 4D-CT PTVs  
38 (median difference of 148cm<sup>3</sup>) giving a percentage reduction in volume of 28% for 4D-CT  
39 PTVs (p= <0.01).  
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45 DVH results comparing 3D-CT and 4D-CT plans for the 20 patients are described in Figure 1  
46 and Table 2.  
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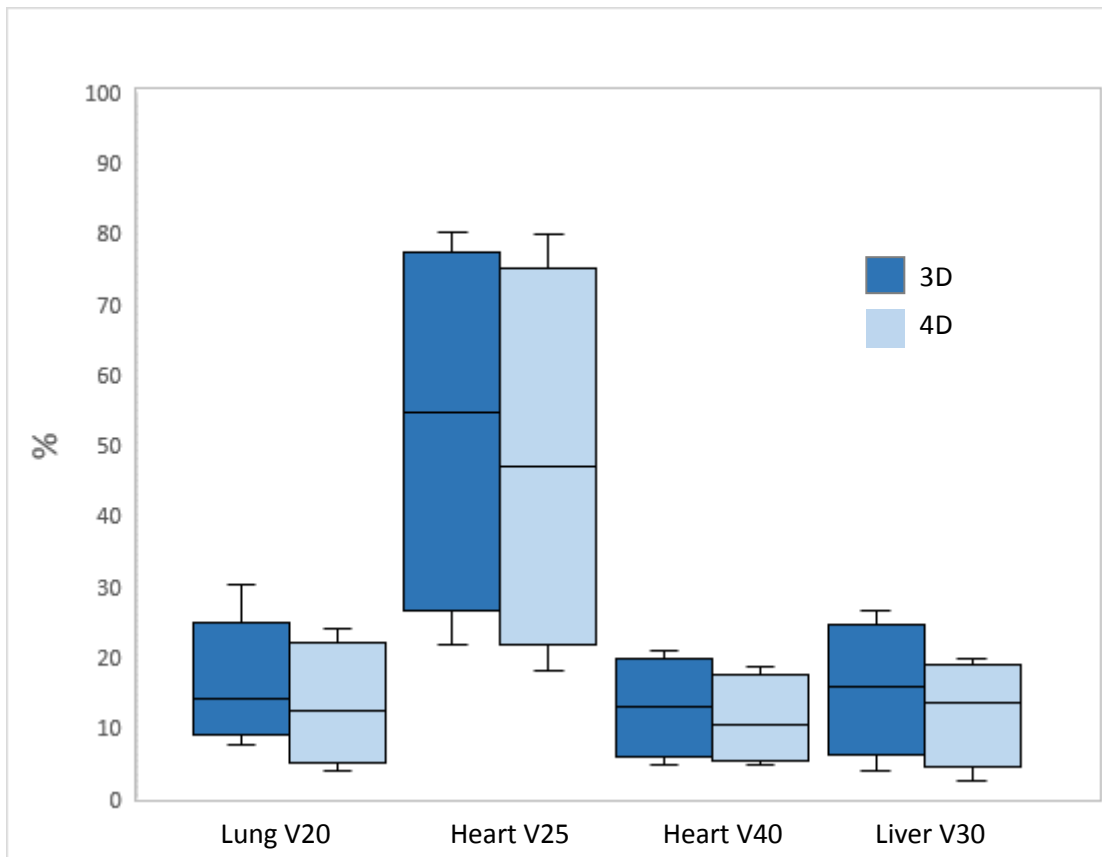


Figure 1: DVH Results for 3D-CT and 4D-CT plans

Organ	Units	Dose			
		Min	Max	Median	IQR
Spinal cord PRV (3D-CT)	cm <sup>3</sup>	2736	4496	3309	3188-3530
Spinal cord PRV (4D-CT)	cm <sup>3</sup>	2635	4351	3160	2847-3363

Table 2: Dose to Spinal Cord PRV

### Comparison of Plans

For each dose constraint a comparison was made between the plans. The results were consistent, with the 4D-CT plan resulting in significantly lower dose levels in every case, with results all significant at the 1% level or below, despite the modest sample size.

The majority of patients would have seen a reduction in the percentage of the OAR receiving a given dose. For example, the smallest improvement was observed for spinal cord PRV of which only 75% of patients would have seen a dose reduction. The expected median

reduction in this case was 4%. Results were much more notable for the other constraints, with 80% of the patients seeing a reduction in the volume of the heart receiving 40Gy. This represents a median reduction (IQR) of 23%.

When the entire volume exposed is considered, all patients would have benefitted from having a 4D-CT plan, with a 29% reduction in total integral dose. Further details can be found in Table 3.

	Proportion of cases lower for 4D (%)	Median Reduction (%)	IQR	p-value
Combined lung (%)	95%	20%	15% - 24%	0.001
Heart V25 (%)	95%	10%	5% - 15%	0.001
Heart V40 (%)	80%	23%	5% - 34%	0.002
Liver V30 (%)	90%	16%	10% - 26%	0.001
Spinal cord PRV (cGy)	75%	4%	0% - 10%	0.005
Volume (ccm)	100%	29%	18% - 37%	<0.001

Table 3: Significance testing for reduction in dose to OARs

#### NTCP

Radiobiological Model	End Point	Absolute Reduction in risk of 4D vs 3D	Relative reduction in risk of 4D vs 3D
Burman et al.[10]	Pericarditis/pericardial effusion	0.018% ± 0.001%	33.9% ± 11.6%
Cella et al.[11]	Radiation induced heart valvular dysfunction	1.9% ± 0.39%	95.0% ± 1.7%
Yorke et al.[13]	Lung pneumonitis (>grade 3)	0.056% ± 0.0002%	24.1% ± 8.3%
De Jaeger et al.[14]	Lung radiation pneumonitis: grade 2, (symptoms requiring steroids) or higher	1.005% ± 0.11%	81.1% ± 3.5%

Table 4: Absolute and relative risk reduction of heart and lung toxicity endpoints for 4D-CT and 3D-CT plans



1 Unsurprisingly, given the significant improvements in dose, the models all reported a  
2 reduction in risk. However, while the models agreed that there would be a positive benefit  
3 in terms of NTCP, the magnitude of the effect varies considerably, according to the  
4 endpoint under investigation.  
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8 Although absolute risk reductions are small, the relative risk reductions are significant. The  
9 relative risk of cardiac toxicity, because of using the 4D plan, is estimated at around 33% for  
10 pericarditis/pericardial effusion and 95% by radiation induced heart valvular dysfunction.  
11 Similarly, for lung toxicity, the relative risk reduction to the of grade 3 lung pneumonitis is  
12 24% while for grade 2 toxicity, a figure of 81% is obtained. Further details are found in Table  
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20 In all cases the effect size is large relative to the confidence interval, indicating a real  
21 treatment effect is likely to occur and, while there is variation, the magnitude for some  
22 patients/endpoints are quite substantial indicating the potential for meaningful clinical  
23 benefit.  
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## 28 Discussion

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30 Our study, which to the best of our knowledge, is the first to study the dosimetric benefit of  
31 incorporating 4D-CT into RT for OC, has shown a reduction of dose to heart and lungs which  
32 may reduce rates of treatment toxicity. While this study only indicated minimal absolute  
33 differences in heart and lung complication probability when comparing 3D-CT and 4D-CT  
34 target delineation methods, the significant relative improvements between the two  
35 techniques suggest the use of a 4D-CT delineation protocol and treatment technique could  
36 provide a clinically meaningful benefit compared to 3D-CT plans. In addition, there was  
37 substantial reduction in absolute volume of PTV and integral dose which would facilitate  
38 dose reductions to OARs, even taking into consideration newer techniques such as VMAT  
39 and proton beam therapy (PBT).  
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## 51 Post-operative Toxicity Reduction

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53 The Esophagectomy Complications Consensus Group (ECCG) recently showed that grade 3-5  
54 cardiac and pulmonary complications occurred in approximately 50% of patients post-  
55 oesophagectomy. The two most common toxicities were pneumonia (14.6%) and atrial  
56 dysrhythmias (14.5%). A significant proportion of patients received nCRT [2].  
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1 These rates of severe complications are unacceptably high. In the UK, there remains a  
2 reticence in adopting nCRT for OC compared to other developed countries due in part to the  
3 concern over post-operative toxicities. [3, 4] While perioperative care continues to improve  
4 with the adoption of programmes such as Enhanced Recovery after Surgery (ERAS)[15],  
5 radiation therapy must also adopt new strategies to optimise treatment to minimise toxicity  
6 from neo-adjuvant treatment.  
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## 11 Lung

12 Wang et al. showed that mean lung dose is strongly associated with post-operative  
13 pulmonary complications. [16] Recently published retrospective data comparing 3DRT, IMRT  
14 and PBT showed that post-oesophagectomy lung complications can be reduced by using  
15 techniques that spare dose to lung pre-operatively. [17] Our work has shown 4D-CT will  
16 reduce combined lung dose by around 20% with a probability of grade 3 pneumonitis  
17 reduction of 24.1%. Although there are no prospective data, we can infer that the use of 4D-  
18 CT may contribute to a reduction in post-operative lung toxicity.  
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## 28 Heart

29 Lin et al. showed that there was a significantly improved overall survival (OS) and  
30 locoregional control when IMRT was used compared to 3D-CRT, with an excess of non-  
31 cancer related deaths in the 3D-CRT group compared to IMRT. This was postulated to be  
32 due to an excess of cardiac related deaths in the 3D-CRT group, likely related to the toxic  
33 sequelae of thoracic radiotherapy with IMRT resulting in lower cardiac doses. These effects  
34 were seen within 2 years of CRT.[18] In a separate review of post-oesophagectomy  
35 complications, Lin et al. showed that more conformal radiation techniques such as IMRT and  
36 PBT resulted in significantly less cardiac complications.[17] Mukherjee et al. demonstrated  
37 that a significant dose of radiation during oesophageal CRT correlates to a reduction in the  
38 cardiac ejection fraction.[19] There is emerging evidence that a seemingly small dose to  
39 specific cardiac substructures such as the sinoatrial node can result in a higher incidence of  
40 acute arrhythmias. [20] Our work shows a mean reduction of heart V40 of 23%, with  
41 improvements seen in 80% of the cases. These retrospective data clearly support the need  
42 of minimising pre-operative dose to the heart to optimise post-operative and long term  
43 outcomes.  
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## Emerging Adjuvant Treatments

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2 The positive findings of the PACIFIC trial of adjuvant immunotherapy (Durvalumab) in lung  
3 cancer may herald a significant shift in approach to adjuvant therapies post CRT for several  
4 tumour sites [21]. Early clinical data of adjuvant Durvalumab in OC has shown similar  
5 promise. [22] The PACIFIC trial reported a pneumonitis rate of 33.9% in the experimental  
6 arm. [21] This is likely to be a treatment-limiting toxicity for a significant proportion of  
7 patients. In our study, the use of 4D-CT led to a relative risk reduction of 81% of grade 2  
8 pneumonitis and a reduction of 24.1% for grade 3 pneumonitis. Adopting strategies such as  
9 4D-CT to minimise dose to lung will help ensure the greatest number of patients will be able  
10 to benefit from these emerging treatments.  
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## Late Toxicity Reduction

22 OC survival rates for 10 years or more has improved from 4% to 12% in the last 40 years.[1]  
23 The CROSS trial, a study of CRT followed by surgery, demonstrated a median overall survival  
24 of 84.1 months and 48.6 months for patients with squamous and adenocarcinoma of the  
25 oesophagus respectively.[23] As patients live longer following CRT, it becomes increasingly  
26 important to minimise dose in order to limit the long-term side effects causing morbidity  
27 and mortality after treatment. Long term cardiac and pulmonary toxicities following  
28 radiation exposure are well established. Darby et al. elegantly demonstrated the risk of  
29 major coronary events is increased by 7.4% per Gy with the effect starting only a few years  
30 after radiation exposure in breast cancer patients. [24] In lung cancer, dose to lung and  
31 heart has been shown to clearly impact on long term survival outcomes. [25, 26] Our work  
32 has shown how the incorporation of 4D-CT has a role to play in reducing dose to OARs by  
33 decreasing the high dose region (e.g. V40 Heart) as well as a reduction in integral dose.  
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## Limitations

50 Despite the trial being multi-centre, numbers of 4D cases were small. This was due to  
51 technical factors such as obtaining complete datasets for our analysis and trial factors as 4D-  
52 CT was not mandated and was still relatively new to the UK oesophageal RT community at  
53 the time [27]. Additionally, we were unable to access baseline demographic data including  
54 smoking and cardiac history. However, we do not believe this detracts from the overall  
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1 findings of this 'proof of concept' study, as this was purely a dose distribution and  
2 comparison study, the findings of which are independent of patient demographics.  
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4 At the time of the study, concerns regarding lung toxicity led to the decision to avoid  
5 IMRT/VMAT techniques. This study has therefore limited the comparison to 3D-CT and 4D-  
6 CT PTV volume using 3D conformal planning. Increasingly, although not exclusively,  
7 oesophageal RT is being delivered via IMRT/VMAT. [27] It is unclear if the magnitude of  
8 benefit seen in our study will be maintained when using IMRT/VMAT. Despite this  
9 limitation, this work still shows how absolute PTV volume and integral dose is reduced using  
10 4D-CT which will undoubtedly give dosimetric advantages irrespective of radiation  
11 technique.  
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20 LKB models have historically been widely used but they have been criticised for over-  
21 simplifying dose-volume effects and failing to consider complex biological processes and  
22 interactions. Increasingly, data-driven logistic regression-based models based on larger  
23 cohorts of patients are being used and may more accurately predict NTCP. [11, 28] In  
24 addition, there is a lack of validated NTCP models looking specifically at post-  
25 oesophagectomy toxicity with several currently in development. [29] Predicted NTCP values  
26 provide a broad indication of toxicity rates for purposes of this study but caution is needed  
27 when translating this into the clinical setting.  
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### 37 Recommendations and Future work

38 The use of 4D-CT planning scans alongside precision radiotherapy techniques (IMRT and  
39 VMAT) will allow for a further improvement in the therapeutic ratio as both methods may  
40 reduce post-operative toxicities and late effects and may maximise the potential use of new  
41 adjuvant treatments. 4D-CT allows individualised margins, which are smaller than the  
42 traditional population-based margins, with reduction in dose to the OARs. We believe that  
43 benefits of this study are widely applicable and reproducible as 4D-CT is now broadly  
44 available with a recent survey showing 71% of UK cancer centres now use 4D-CT. [27]  
45 Further work should quantify the magnitude of benefit when using IMRT/VMAT with 4D-CT  
46 compared to 3D-CT planning scans.  
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58 Future work should also explore the role of PBT in further reducing the dose to OARs. PBT's  
59 characteristic Bragg peak allows minimal dose to be deposited to tissues distal to the target  
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1 volume. Given the oesophagus' proximity to organs such as the heart and lung, PBT has the  
2 potential to further improve the therapeutic ratio. Planning studies comparing modern PBT  
3 pencil beam scanning (PBS) technology to IMRT/VMAT have shown dosimetric advantage of  
4 PBT with potential reduction of lung and heart dose.[30, 31] It is important to note that the  
5 use of 4D-CT in PBT to the thoracic region is often prerequisite in published literature. [32]  
6 This is due to the sensitivity of PBT dose distribution to intra-fraction motion and tissue  
7 heterogeneity, which necessitates the use of 4D-CT to create robust treatment plans.  
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12 In summary, 4D-CT, along with other precision radiotherapy techniques, play a vital role in  
13 maximising the potential of CRT in oesophageal cancer. We recommend that, where  
14 possible, all patients undergoing CRT for potentially curable lower/ GOJ tumours should  
15 receive 4D-CT planning scans to allow a reduction in dose to the OARs in order to reduce  
16 morbidity associated with treatment and potentially improve survival outcomes.  
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## Appendix 1: NeoSCOPE Outlining Protocol

### Outlining Protocol for Volume Delineation (as used in the NeoSCOPE Trial):

- The GTV was outlined using diagnostic imaging (CT, PET and EUS) on the 3D scan as well as the maximum inspiration and expiration phases of the 4D scan.
- CTV A on the 3D scan was created by manually extending the GTV motion 2cm proximally and distally (or until the gastro-oesophageal junction). If the superior extent of the tumour was defined by nodal disease, then the CTV An extension from the node was 1cm.
- CTV B was formed by CTV A being copied and a 1cm circumferential margin was added. This was edited for bone, lung, pericardium and the great vessels. For lower oesophageal tumours, below the GOJ CTV B was extended for 2cm to include the at-risk lymph nodes regions (lesser curvature of the stomach, left gastric artery and coeliac region). CTVB 3D was copied and labelled CTVB maximum expiration and CTV B maximum inspiration. These were edited on the respective sequences as on the 3D scan.
- The 3D GTV was combined with the 4D GTVs. There are two methods for this:
  1. On the 4D data sets the maximum and minimum phases of motion are identified as well as the phase that represents the time weighted average (mid phase). On each phase the GTV, CTVA and CTVB are generated (as detailed below). The ITV is formed by a composite of CTVB volumes and edited to account for any additional motion seen from all the other 4DCT phases.
  2. Or: the GTV is contoured on the 3D scan. The 4D CT scan is reconstructed on 10 respiratory phases. The inhale and exhale phases are identified (usually between 0 and 50%, respectively). All reconstructions are reviewed to ensure that the phases represent the extremes. The GTV is contoured in extreme phases and then the GTV3D GTVMaxIn and GTV MaxEx is combined to give GTV motion. This volume is checked on all phases of respiration to ensure that all areas are covered. On the 3D contrast scan create CTVA3D and CTVB3D using the GTV motion. To obtain the ITV make a copy of CTVB3D and name it CTVBMaxIn and edit it on the maximum inhale scan. Copy CTVB3D and label it CTVBMaxIn and edit this on the maximum exhale scan. ITV is formed by combining CTVBMaxIn and CTVBMaxEx.
- The ITV had a 5mm margin added in all directions to account for set up error, this was labelled the PTV.

Appendix 2: LKB model and parameters

$$NTCP = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^t e^{-t^2/2} dt$$

$$t = \frac{D - TD_{50}(v)}{mTD_{50}(v)}$$

$$TD_{50}(v) = TD_{50}(l)v^{-n}$$

Where  $D$  represents the Equivalent Uniform Dose (EUD) delivered to the organ (that results in the same NTCP as the planned non-uniform dose distribution),  $TD_{50}$  is the tolerance dose to the whole organ which for a given partial volume fraction  $v$ , results in a 50% complication risk,  $m$  represents the slope of the NTCP dose-response curve, and  $n$  represents the volume effect of the organ being assessed which can range from 0 to 1. The parameter quantifies the serial or parallel nature of a given OAR, with smaller values relating to an organ that exhibits a serial dose response, and larger values reflecting more of a parallel response.

Organ	LKB Model Parameters	End Point	Reference
Heart	a=2.857,m=0.1,TD=48Gy	Pericarditis/pericardial effusion	Burman et al[10]
Heart	a=6.25,m=0.67,TD=32.8Gy	Radiation induced heart valvular dysfunction	Cella et al[11]
Lung	a=1.149,m=0.18,TD=24.5Gy	Lung pneumonitis (>grade 3)	Yorke et al. [13]
Lung	a=1,m=0.45,TD=29.2Gy	Lung radiation pneumonitis: grade 2, (symptoms requiring steroids) or higher	De Jaeger et al [14]

Table 5: LKB Model Parameters

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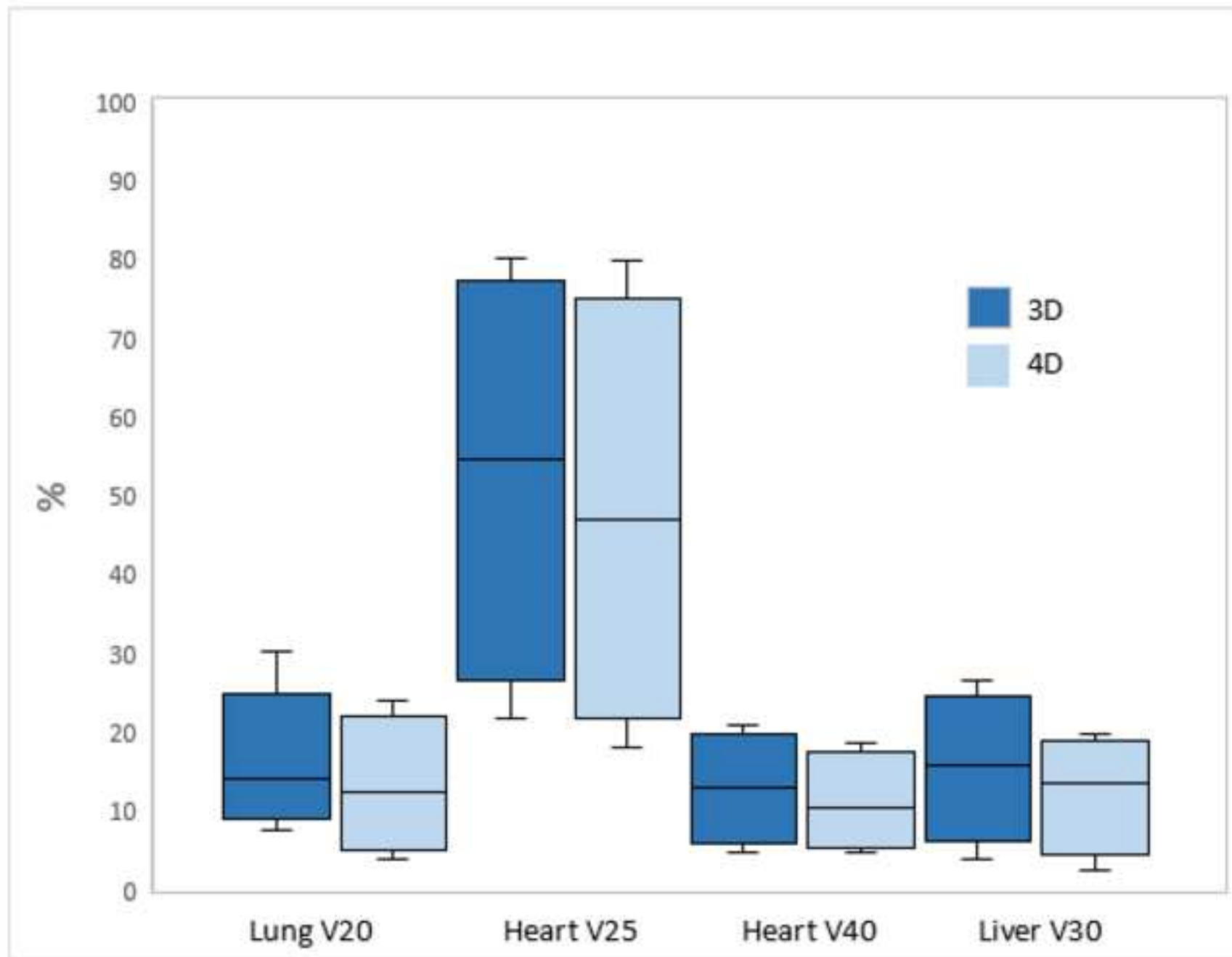


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Figure 1 TIFF  
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**Table 5**

[Click here to download Supplementary data file: Table 5.pdf](#)

## Comparative dosimetric analysis and NTCP modelling of 4D-CT planning scans within the UK NeoSCOPE trial

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### Keywords:

Radiotherapy, oesophageal cancer, 3D-CT planning, 4D-CT planning, post-operative toxicity, organs at risk, NTCP

### Declaration:

We thank the NeoSCOPE Trials Management Group for providing us access to the radiotherapy related patient data.

Abstract: Neoadjuvant chemoradiotherapy (nCRT) for resectable oesophageal cancer improves overall survival compared to surgery alone but is associated with increased toxicity. NeoSCOPE is a trial of two different nCRT regimens for resectable oesophageal and was the first multi-centre trial in the UK to incorporate 4D-CT into radiotherapy planning. Using NeoSCOPE 4D-CT cases, we undertook a dosimetric comparison study of 3D-CT versus 4D-CT plans comparing target volume coverage and dose to organs at risk. We used

~~established normal tissue complication probability (NTCP) models. We carried out normal tissue complication probability (NTCP) modelling to evaluate the potential toxicity reduction of using 4D-CT plans in oesophageal cancer. Our work shows that incorporating 4D-CT into treatment planning may significantly reduce the toxicity burden from this treatment. Our work shows that utilising 4D-CT is likely to reduce dose to organs at risk such as the lung and heart and integral dose. NTCP modelling predicts that this will significantly reduce the relative risk of pulmonary and cardiac toxicity from this treatment.~~

## Introduction

Despite improvements in surgical techniques, outcomes from surgery for oesophageal cancer (OC) remain poor [1](1). Neoadjuvant chemoradiotherapy (nCRT) is a treatment strategy that has been shown to improve outcomes, but is associated with concerns over toxicity, particularly in the post-operative setting [2](2). This is in part responsible for the variable uptake of nCRT around the UK (3, 4)(3, 4).

Limiting dose to organs at risk (OARs) is postulated to reduce post-operative complications but traditionally decisions were based on dose volume histograms, in turn based on a 3D scan, which is a snapshot in time of both the tumour position, but also of OARs. Respiration (leading to tumour deformation and motion particularly in the cranio-caudal direction), swallowing, peristalsis, gastric filling, emptying and vascular/cardiac pulsations all effect the position of the tumour during treatment ([5-7]5, 6) and can affect the doses received by the OARs.

Two methods currently in use accounting for this motion are respiratory gating and four-dimensional (4D) CT (4D-CT) planning. The use of 4D-CT scanning has the potential to reduce the resulting risk of geographical miss, by accounting for this patient-specific variation over the course of a respiration cycle. (7[7]) The NeoSCOPE Trial was the first multi-centre UK trial to incorporate 4D-CT into RT planning. [8](8)

In addition to characterising the range of motion, 4D-CT has been shown to have a dosimetric benefit in non-small cell lung cancer with Cole et al. showing that by reducing dose to OARs, 4D-CT allowed isotoxic dose escalation, with the hope that this would lead to

improved local control and better overall survival. [5](5) It is not known to what extent these findings would apply to other thoracic tumours like the oesophagus. The aim of this study was to determine if the use of 4D-CT scans in the NeoSCOPE study resulted in any dosimetric advantage to OARs by using dose volume histogram (DVH) and established NTCP modeling to ascertain any potentially clinically meaningful toxicity reduction.

## Methods

### NeoSCOPE Trial

NeoSCOPE was a non-blinded, randomised (1:1 via a centralised computer system), 'pick a winner' phase II trial for patients with resectable oesophageal adenocarcinoma investigating the benefit of two different nCRT regimens for OC. Surgery was performed 6 to 8 weeks after nCRT. Primary end-point was pathological complete response (pCR). Secondary end-points included toxicity, surgical morbidity/mortality, resection rate and overall survival. In the NeoSCOPE trial, 30-d post-operative respiratory and cardiac complication rates were 36.6%-40% and 9.8%-25.7% respectively. Full trial results have been published elsewhere.[8]

Patients were randomized upfront to ~~Trial results have been published elsewhere (8).~~

~~Both arms in the study received~~ 2 cycles of induction chemotherapy with Oxaliplatin (130mg/m<sup>2</sup> day 1) and Capecitabine (625mg/m<sup>2</sup> days 1-21) followed by either ~~Patients were then randomized to~~ Oxaliplatin (85mg/m<sup>2</sup> IV days 1, 18, 29) and Capecitabine (625mg PO BD on days of ~~radiotherapy~~RT) with RTradiotherapy or carboplatin (AUC 2) and paclitaxel (50mg/m<sup>2</sup> IV on days 1, 8, 15, 22 and 29) with RT. RT consisted of 45Gy in 25 fractions over 5 weeks. Centres participating in the study ~~were allowed to~~could choose to do either 3D or 4D-CT planning scans with 4D-CT simulation encouraged for lower oesophagus/gastro-oesophageal junction (GOJ)~~GEJ~~ tumours. [8](8)

Gross tumour volume (GTV) was defined using diagnostic CT scan, endoscopy, EUS and PET scan (when available). The clinical target volume (CTV) was calculated by growing the GTV by 2 cm manually along the oesophagus superiorly, inferiorly and 1 cm radially, editing out lungs and bronchus, heart, liver, aorta and vertebrae. All OARs were defined as per trial protocol and delineated on a 3D-CT scan that was used for planning and radiotherapy delivery. A 3D-CT scan was mandated in trial protocol irrespective of whether 4D-CT was

**Comment [SM1]:** The design was UPFRONT randomisation ie Randomisation to 2 cycles OXCAP followed by OXCAP RT or 2cycles OXCAP followed by CarPACRT



used or not. The planning target volume (PTV) for the 3D cases (PTV3D) was created by growing CTV 1 cm superiorly and inferiorly and 0.5 cm radially. For 4D cases a PTV4D was created by growing the internal target volume (ITV) by 0.5cm. ~~[9]-[9, 10](10, 11)~~

In order to facilitate centres to undertake 4D-CT in the trial, the RT protocol gave two options for creation of an ITV with 4D-CT (see appendix 1), reflecting the practice of two of the centres with the most experience in 4D-CT for oesophageal RT at that point in time. Centres wishing to undertake 4D-CT within the trial were encouraged to attend a workshop with break-out sessions for both physicists and clinicians, looking at issues surrounding scan acquisition and outlining respectively. A 4D-CT pre-accrual test case was also made available for those who were not able to attend the workshop that had to be satisfactorily completed. Eight centres were approved by the trial to use 4D-CT planning scans for lower third oesophageal tumours and these eight centres could choose ~~whether or not~~ whether to use a 4D-CT planning scan or not. The data used in this study is made up of 4D-CT planning scans from Oxford, Leeds and Cardiff. ~~[8](8)~~

28/85 (33%) patients recruited to the UK NeoSCOPE trial had a 4DCT scan and 20 (cases from Oxford, Cardiff, Leeds) of ~~these form~~ these form the dataset for this study. We had access to 3D-CT (mandated in NeoSCOPE protocol) and 4D-CT planning scans ~~(optional and not mandated in the NeoSCOPE trial) a~~ along with associated quality-assured structure sets (target volumes and organs at risk - heart, lungs, spinal cord and liver). A 4D-CT PTV had already been created by the treating centre, according to the NeoSCOPE 4D-CT protocol. An experienced clinical oncology trainee also generated a 3D-CT PTV on each of the cases using the 3D-CT planning scan, according to the NeoSCOPE 3D protocol. These were approved by a consultant clinical oncologist (SG), who was quality assurance (QA) lead for the NeoSCOPE trial. ~~As the NeoSCOPE trial protocol required a 3DCT scan for the radiotherapy planning, delivery and so it was possible to use these 3D-CT scans and compare the plans generated with the patients who also had a 4D-CT plan generated.~~

**Comment [SG2]:** Not sure this is needed

#### Physics Planning

All twenty patients had a clinically delivered 3D-conformal plan based on 4D-CT created at the treating centre. For comparison, we created a 3D conformal plan based on the newly generated 3D-CT PTV using Oncentra MasterPlan (version 4.3). As NeoSCOPE was a multi-

centre trial, the original 4D-CT plans were created using a range of different linear accelerator machines and treatment planning systems (TPS). To account for any variation, clinical plans optimised to the 4D-CT PTVs were replanned using Oncentra MasterPlan (version 4.3) for the purposes of this study. For the purposes of this study we also created a 3D conformal plan using the 3D-CT PTV for each patient, created at the treating centre. Both sets of plans used the dose volume constraints set out in the NeoSCOPE protocol (see table 1). ~~The RT had to be 3D conformal~~ RT was mandated as IMRT was not allowed in NeoSCOPE due to the concerns of pulmonary toxicity at the time of recruitment. [8]~~(8)~~

~~As NeoSCOPE was a multi-centre trial, the original 4D-CT PTV plans were created using a range of different linear accelerator machines and treatment planning systems (TPS). To account for any variation, plans optimised to 3D-CT and 4D-CT PTVs were replanned using Oncentra MasterPlan (version 4.3). To ensure consistency with the clinically delivered plan,~~ The same plan parameters approved as part of the NeoSCOPE trial were used where possible, and then a physicist (AS) adjusted the plan parameters where necessary (e.g. if the original plan was generated using 5mm width MLC leaves, some adjustments to MLC segments were required to optimise plan quality) to optimise the dose distribution (maximising the target coverage whilst minimising the OAR dose). A similar target conformality was achieved for both plans and the dose received by the surrounding OARs was assessed. All plans met NeoSCOPE dose constraints. To ensure plans were clinically acceptable, each plan was reviewed and approved by the RTTQA lead for the trial. (SG)

Dose reported	Constraint
Total PTV volume (ccm)	-
PTV (type B algorithm)	V95% >99%
ICRU maximum dose	D1.8cc <107%
Combined lung V20Gy	<25%
Heart V25Gy	<50%
Heart V40Gy	<30%

Liver V30Gy	<60%
Spinal cord PRV	DO.1cc <40Gy

Table 1: Dose objectives specified within the NeoSCOPE trial

The mean differences between the 3D and 4D plans for each of the OAR dose constraints stated in Table 1 were calculated.

#### Statistical Analysis

Key metrics related to the two plans were included, including reporting summary measures such as means, medians and percentiles. Comparisons were reported both in terms of statistical significance and using more intuitive measures such as the proportion of patients who would have seen a reduction in risk and the median percentage reduction in exposure.

The distributions of the variables related to the dose constraints were varied and frequently non-normal. In the interest of consistency and to ensure robust results non-parametric methods were used to assess statistical significance. More specifically, since each patient provided matching observations for the two plans (3D and 4D), each constraint was tested separately using the Wilcoxon Signed Rank test.

In addition, the findings were reported in terms of the reduction in estimated complication probability.

Normal Tissue Complication Probability (NTCP) Modeling (NTCP)

In an attempt to assess the clinical significance of the calculated dose volume differences between the 3D and 4D derived treatment plans, NTCP were calculated for the heart and the lung volumes within each case. The Lyman-Kutcher-Burman (LKB) model was used to predict the NTCP for the heart and the lung following radiotherapy treatment, as used often within the literature. [10, 11] (11,12)

The LKB model calculates NTCP values for different tissues using the equations and parameters included in the appendix (see [Table 5 in](#) appendix 2). The LKB model describes the sigmoidal dose response observed by OARs as an error function. This function is used to

calculate the probability of a specific toxicity end-point occurring, and is dependent upon the magnitude of the dose incident on the OAR, as well as the proportion of the OARs volume which is irradiated to that dose level

There are currently no well-validated LKB models for post-operative lung and heart complications, therefore we selected comparable parameters as surrogates for these endpoints. A review of the literature led to two sets of LKB parameters being chosen for the heart and the lungs to attempt to minimise any impact of the LKB model parameters. The lung models selected assess the probability of inducing grade 2 or grade 3 (or higher) radiation pneumonitis, and the heart models end points under investigation are pericardial effusion and radiation induced heart valvular dysfunction.

Along with the DVH data for the heart and lung exported from the TPS, the model parameters  $n$ ,  $m$  and  $d50$  were used within the LKB model to generate NTCP data for each patient.

CERR [12] (Deasy 2003) was used to generate NTCP values using the DVH data and LKB parameters. CERR is an open source software environment that is based on MATLAB and can be used to evaluate treatment plans using various parameters.

**Comment [SG3]:** Ref in endnote

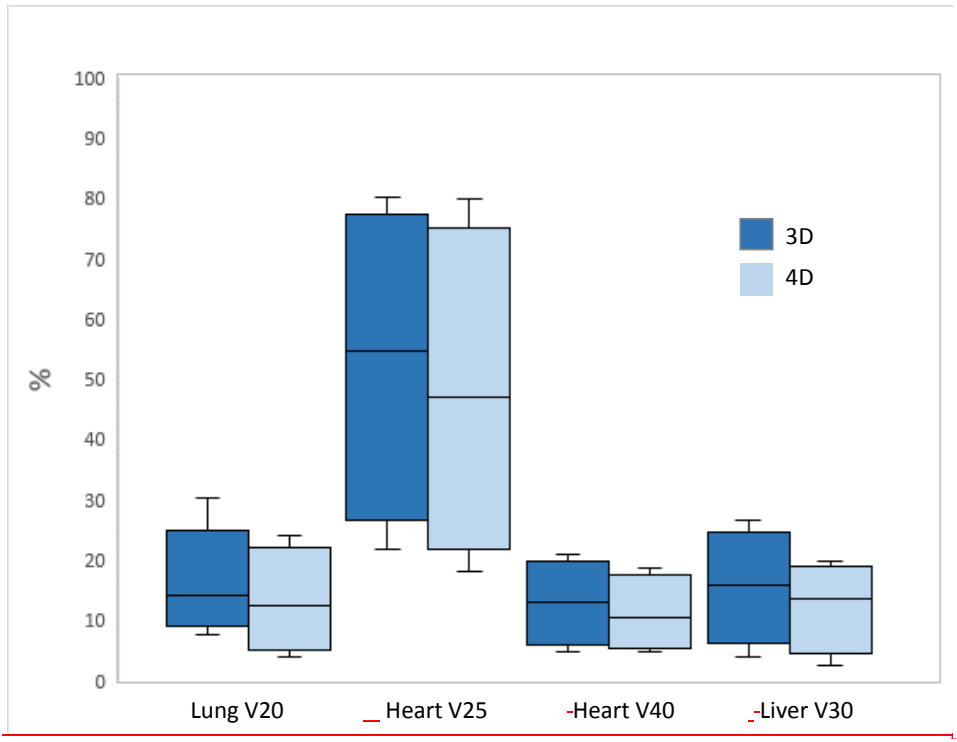
## Results

### Plan Statistics

The median volume of the 3D-CT PTVs was 539cm<sup>3</sup> compared to 391cm<sup>3</sup> for the 4D-CT PTVs (median difference of 148cm<sup>3</sup>) giving a percentage reduction in volume of 28% for 4D-CT PTVs ( $p < 0.01$ ).

DVH results -between comparing 3D-CT CRT and 4D-CT CT- plans for the 20 patients are described in Figure 1 and Table 2. Table 3 below.

**Comment [SG4]:** Need consistency – is everyting 3D-CT/4D-CT or just 3D/4D – I prefer the former



**Comment [ON5]:** New box-plot included in the revised version

Figure 1: DVH Results for 3D-CT and 4D-CT plans

Table 2: DVH results for the 3D and 4D plans

Organ	Units	Dose			
		Min	Max	Median	IQR
Spinal cord PRV (3D-CT)	cm <sup>3</sup>	2736	4496	3309	3188-3530
Spinal cord PRV (4D-CT)	cm <sup>3</sup>	2635	4351	3160	2847-3363

**Comment [ON6]:** New table for Spinal Cord DVH results

Table 2: Dose to Spinal Cord PRV

Comparison of Plans

Plan statistics

~~The median volume of the 3D-PTVs was 539cm<sup>3</sup> compared to 391cm<sup>3</sup> for the 4D-PTVs (median difference of 148cm<sup>3</sup>) giving a percentage reduction in volume of 28% for 4D-PTVs (p=<0.01).~~

For each dose constraint a comparison was made between the plans. The results were consistent, with the 4D-CT plan resulting in significantly lower dose levels in every case, with results all significant at the 1% level or below, despite the modest sample size.

The overwhelming majority of patients would have seen a reduction in the percentage of the OAR receiving a given dose. For example, the smallest improvement was observed for spinal cord PRV of which only 75% of patients would have seen a dose reduction. The expected median reduction in this case was 4%. Results were much more notable for the other constraints, with 80% of the patients seeing a reduction in the volume of the heart receiving 40Gy. This represents a median reduction (IQR) of 23%.

When the entire volume exposed is considered, all patients ~~in the sample~~ would have benefitted from having a the use of the 4D-CT plan, with a 29% reduction in total integral dose. Further details can be found in Table 34.

**Comment [SG7]:** What benefit does this confer

**Comment [ON8]:** We haven't shown this with any of the NTCP data, but I allude to it in discussion section about potential benefits

	Proportion of cases lower for 4D (%)	Median Reduction (%)	IQR	p-value
Combined lung (%)	95%	20%	15% - 24%	0.001
Heart V25 (%)	95%	10%	5% - 15%	0.001
Heart V40 (%)	80%	23%	5% - 34%	0.002
Liver V30 (%)	90%	16%	10% - 26%	0.001
Spinal cord PRV (cGy)	75%	4%	0% - 10%	0.005
Volume (ccm)	100%	29%	18% - 37%	<0.001

Table 3: Significance testing for reduction in dose to OARs

~~Table 3: Significance testing for reduction in dose to OARs.~~

NTCP

<u>Radiobiological Model</u>	<u>End Point</u>	<u>Absolute Reduction in risk of 4D vs 3D</u>	<u>Relative reduction in risk of 4D vs 3D</u>
<u>Burman et al.[10]</u>	<u>Pericarditis/pericardial effusion</u>	<u>0.018% ± 0.001%</u>	<u>33.9% ± 11.6%</u>
<u>Cella et al.[11]</u>	<u>Radiation induced heart valvular dysfunction</u>	<u>1.9% ± 0.39%</u>	<u>95.0% ± 1.7%</u>
<u>Yorke et al.[13]</u>	<u>Lung pneumonitis (&gt;grade 3)</u>	<u>0.056% ± 0.0002%</u>	<u>24.1% ± 8.3%</u>
<u>De Jaeger et al.[14]</u>	<u>Lung radiation pneumonitis: grade 2, (symptoms requiring steroids) or higher</u>	<u>1.005% ± 0.11%</u>	<u>81.1% ± 3.5%</u>

**Comment [ON9]:** New column with data on absolute risk reduction

Table 4: Absolute and relative risk reduction of heart and lung toxicity endpoints for 4D-CT and 3D-CT plans

Unsurprisingly, given the significant improvements in dose, the models all reported a reduction in risk. However, while the models agreed that there would be a positive benefit, in terms of NTCP, the magnitude of size the of the predicted effect varies considerably, according to the based on the endpoint under investigation.

Although absolute risk reductions are small, the relative risk reductions are significant. The relative risk of cardiac toxicity, as a consequence of because of using the 4D plan, is estimated at around 33% for pericarditis/pericardial effusion and 95% by radiation induced heart valvular dysfunction. the two models although the endpoints are different. The latter, larger reduction refers to the risk of radiation induced heart valvular dysfunction while the former, smaller risk refers to pericarditis/pericardial effusion. SimilarlySimilarly, for lung toxicity, the relative risk reduction to the of grade 3 lung pneumonitis is 24% while for grade 2 toxicity, a figure of 81% is obtained. Further details are found in Table 4.

In all cases the effect size is large relative to the confidence interval, indicating that a real treatment effect is likely to occur and, while there is variation, the magnitude for some patients/endpoints -size does vary, it is quite large in some cases -indicati are quite substantial predictingindicating ng the potential for meaningful clinical benefit.s-

Radiobiological Model	End Point	Relative reduction in risk of 4D vs 3D
Burman et al[11] <sup>12,14</sup>	Pericarditis/pericardial effusion	33.9% ± 11.6%
Cella et al[12] <sup>12</sup>	Radiation induced heart valvular dysfunction	95.0% ± 1.7%
Yorke et al[14] <sup>13</sup>	Lung pneumonitis (>grade 3)	24.1% ± 8.3%
De Jaeger et al[15] <sup>14</sup>	Lung radiation pneumonitis: grade 2, (symptoms requiring steroids) or higher	81.1% ± 3.5%

Comment [ON10]: Table moved

Table 4: Relative risk reduction of heart and lung toxicity endpoints for 4D-CT and 3D-CT plans

## Discussion

Our study, which ~~is~~ to the best of our knowledge, is the first to study the dosimetric benefit of ~~incorporation of~~ 4D-CT into RT for ~~OCOC~~, has shown a reduction of dose to heart and lungs which ~~is~~ may reduce rates of treatment toxicity. While this study only indicated minimal absolute differences in heart and lung complication probability when comparing 3D-CT and 4D-CT target delineation methods, the significant relative improvements between the two techniques suggest the use of a 4D-CT delineation protocol and treatment technique could provide a clinically meaningful benefit compared to 3D-CT plans. In addition, there was substantial reduction in absolute volume of PTV ~~and integral dose~~ which would facilitate ~~dose further~~ reductions to OARs, even taking into consideration newer techniques such as VMAT and proton beam therapy (PBT).

### Post-operative Toxicity Reduction

The Esophagectomy Complications Consensus Group (ECCG) recently showed that grade 3-5 cardiac and pulmonary complications occurred in approximately 50% of patients post-esophagectomy. The two most common toxicities were pneumonia (14.6%) and atrial dysrhythmias (14.5%). A significant proportion of patients received nCRT [2](2).



These rates of severe complications are unacceptably high. In the UK, there remains a reticence in adopting nCRT for OC compared to other developed countries due in part to the concern over post-operative toxicities. [3, 4](3, 4). While perioperative care continues to improve with the adoption of programmes such as Enhanced Recovery after Surgery (ERAS)[15], radiation therapy must also adopt new strategies to optimise treatment to minimise toxicity from neo-adjuvant treatment.

#### Lung

Wang et al. showed that ~~sparing the volume of lung receiving >5Gy was the only independent dosimetric factor in multivariate analysis in reducing the incidence of post-operative pulmonary complications~~ mean lung dose is strongly associated with post-operative pulmonary complications. [16](15). Recently published retrospective data comparing 3DRT, IMRT and PBT showed that post-oesophagectomy lung complications can be reduced by using techniques that spare dose to lung pre-operatively. [17](16) Our work has shown 4D-CT will reduce combined lung dose by around 20% with a probability of grade 3 pneumonitis reduction of 24.1%. Although there ~~There are~~ isare ~~no randomised control/prospective data, but~~ we can infer that the use of 4D-CT may will contribute to a reduction in post-operative lung toxicity.

#### Heart

Lin et al. showed that there was a significantly improved overall survival (OS) and loco regional control when IMRT was used ~~to treat patients with OC~~ compared to 3D-CRT, with ~~There was~~ an excess of non-cancer related deaths in the 3D-CRT group compared to IMRT. This was postulated to be due to an excess of cardiac related deaths in the 3D-CRT group, likely related to the toxic sequelae of thoracic radiotherapy with IMRT resulting in lower cardiac doses. ~~This was postulated to be due to the lower heart dose with IMRT as there was an excess of cardiac related deaths in the 3D-CRT group likely related to the toxic sequelae of thoracic radiotherapy.~~ These effects were seen within 2 years of CRT. [17, 18] [19](17). In a separate review of post-oesophagectomy complications, Lin et al. showed that more conformal radiation techniques such as IMRT and PBT resulted in significantly less cardiac complications. [17](16) Mukherjee et al. demonstrated that a significant dose of radiation during oesophageal ~~chemo radiotherapy~~ CRT correlates to a reduction in the cardiac ejection fraction. [19](18) There is emerging evidence that a seemingly small dose to

specific cardiac substructures such as the sinoatrial node can result in a higher incidence of acute arrhythmias. [20](19) Our work shows a mean reduction of heart V40 of 23%, with improvements seen in 80% of the cases. These retrospective data clearly support the need of minimising pre-operative dose to the heart to optimise post-operative and long-term outcomes.

#### Emerging Adjuvant Treatments

The positive findings of the PACIFIC trial of adjuvant immunotherapy (Durvalumab) in lung cancer may herald a significant shift in approach to adjuvant therapies post CRT for several tumour sites [21](20). Early clinical data of adjuvant Durvalumab in OC has shown similar promise. [22](21). The PACIFIC trial reported a pneumonitis rate of 33.9% in the experimental arm. [21](20). This is likely to be a treatment-limiting toxicity for a significant proportion of patients. In our study, the use of 4D-CT [led to a results in](#) relative risk reduction of 81% of grade 2 pneumonitis and a reduction of 24.1% for grade 3 pneumonitis. Adopting strategies such as 4D-CT to minimise dose to lung will help ensure the greatest number of patients will be able to benefit from these emerging treatments.

#### Late Toxicity Reduction

OC survival rates for 10 years or more ~~have tripled~~[has improved](#) from 4% to 12% in the last 40 years.[1](22) The CROSS trial, [a study of CRT followed by surgery](#), demonstrated ~~and~~ median overall survival of 84.1 months and 48.6 months for patients with squamous and adenocarcinoma of the oesophagus, respectively.[23] ~~who receive CRT followed by surgery~~ (23). As patients live longer following CRT, it becomes increasingly important to minimise dose in order to limit the long-term side effects causing morbidity and mortality after treatment. Long term cardiac and pulmonary toxicities following radiation exposure are well established. Darby et al. elegantly demonstrated the risk of major coronary events is increased by 7.4% per Gy with the effect starting only a few years after radiation exposure in breast cancer patients. [24](24) In ~~the analysis of the RTOG 0617 trial of dose escalation in lung cancer~~[lung cancer, dose to lung and heart has been shown to clearly, with V50 Heart and V5 Lung both shown to have an](#) impact on long term survival outcomes. [25, 26](25) Our

work has shown [how the incorporation of 4D-CT](#) has a role to play in reducing dose to OARs by decreasing the high dose region (e.g. V40 Heart) as well as a reduction in integral dose.

#### Limitations

~~Despite the trial being multi-centre, Although the data analysed was obtained from different centres, the numbers of 4D cases were small. This was due to technical factors such as obtaining complete datasets for our analysis and -trial factors as 4D-CT was not mandated and was still relatively new to the UK oesophageal RT community at the timee [27]. (SCOPE drives developments paper if you want a reference) due to our data is from three of those centres. We were only able to use 20 out of 28 cases due to difficulties in obtaining the complete datasets.~~ Additionally, we were unable to access baseline demographic data including smoking and cardiac history. However, we do not believe ~~this is does not~~ detracts from the overall findings of this 'proof of concept' study, as this was purely a dose distribution and comparison study, the findings of which are independent of patient demographics.

At the time of the study, concerns regarding lung toxicity led to the decision to avoid IMRT/VMAT techniques. This study has therefore limited the comparison to 3D-CT and 4D-CT PTV -volume using 3D conformal planning. Increasingly, although not exclusively, oesophageal radiotherapy-RT is being delivered via IMRT/VMAT. ~~(26)~~ [27] It is unclear if the magnitude of benefit seen in our study will be maintained when using IMRT/VMAT. Despite this limitation, this work still shows how absolute PTV volume and integral dose is reduced using 4D-CT which will undoubtedly give dosimetric advantages irrespective of radiation technique.

LKB models have historically been widely used but they have been criticised for oversimplifying dose-volume effects and ~~and~~ failing to ~~not~~ consider complex biological processes and interactions. Increasingly, data-driven logistic regression-based models based on larger cohorts of patients are being used and may more accurately predict NTCP. [11, 28] [29, 30] In addition, there is a lack of validated NTCP models looking specifically at post-oesophagectomy toxicity with several currently in development. [29] Predicted NTCP values provide a broad indication of toxicity rates for purposes of this study but caution is needed

~~when translating this into the clinical setting. Another limitation is the use of NTCP models which look at specific parameters and may not translate well to the clinical setting. In addition, there is a lack of established and validated post-operative toxicity NTCP models with several currently in development (27).~~

## Recommendations and Future work

The use of 4D-CT planning scans alongside precision radiotherapy techniques (IMRT and VMAT) ~~will allow for~~ ~~will allow for~~ a further improvement in the therapeutic ratio as both methods ~~may reduce~~ ~~allow for a reduction in~~ post-operative toxicities ~~and, dose escalation~~ ~~late effects~~ and ~~the~~ ~~may maximise the use~~ ~~potential use~~ of new adjuvant treatments. 4D-CT allows individualised margins, which are smaller than the traditional population-based margins, with reduction in dose to the OARs. We believe that benefits of this study are widely applicable and reproducible as 4D-CT is now broadly available with a recent survey showing 71% of UK cancer centres now use 4D-CT. [27] ~~(26)~~ Further work should quantify the magnitude of benefit when using IMRT/VMAT with 4D-CT compared to 3D-CT planning scans.

Future work should also explore the role of ~~PBT~~ ~~PBT~~ in further reducing the dose to OARs. ~~Proton's PBT's~~ characteristic Bragg peak allows minimal dose to be deposited to tissues distal to the target volume. Given the oesophagus' proximity to organs such as the heart and lung, PBT has the potential to further improve the therapeutic ratio. Planning studies comparing modern PBT pencil beam scanning (PBS) technology to ~~precision photon radiotherapy techniques~~ ~~IMRT/VMAT~~ ~~(IMRT and VMAT)~~ have shown dosimetric advantage of PBT with potential reduction of lung and heart dose. [30, 31] ~~(28, 29)~~ It is important to note that the use of 4D-CT in PBT to the thoracic region is ~~already often~~ prerequisite in ~~the majority of~~ published literature. [32] ~~(30)~~ This is due to the sensitivity of PBT dose distribution to intra-fraction motion and tissue heterogeneity, which necessitates the use of 4D-CT to create robust treatment plans.

In summary, 4D-CT, along with other precision radiotherapy techniques, play a vital role in maximising the potential of CRT in oesophageal cancer. We recommend that, where possible, all patients undergoing ~~chemo-radiotherapy~~ ~~CRT~~ for potentially curable ~~gastro-~~

oesophageal junction/lower/ GOJ -tumours should receive 4D-CT planning scans to allow a reduction in dose to the OARs in order to reduce morbidity associated with treatment and potentially improve survival outcomes.

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#### Appendix 1: [NeoSCOPE Outlining Protocol](#)

Outlining Protocol for Volume Delineation (as used in the NeoSCOPE Trial):

- The GTV was outlined using diagnostic imaging (CT, PET and EUS) on the 3D scan as well as the maximum inspiration and expiration phases of the 4D scan.
- CTV A on the 3D scan was created by manually extending the GTV motion 2cm proximally and distally (or until the gastro-oesophageal junction). If the superior extent of the tumour was defined by nodal ~~disease~~disease, then the CTV AAn extension from the node was 1cm.
- ~~CTV B was formed by CTV A being copied and a 1cm circumferential margin was added. This was edited for bone, lung, pericardium and the great vessels. For lower oesophageal tumours, below the GOJ CTV B was extended for 2cm to include the ~~at~~ at-risk lymph nodes regions (lesser curvature of the stomach, left gastric artery and coeliac region). CTVB 3D was copied and labelled CTVB maximum expiration and CTV B maximum inspiration. These were edited on the respective sequences as on the 3D scan.~~



- 
- The 3D GTV was combined with the 4D GTVs. There are two methods for this:
  1. On the 4D data sets the maximum and minimum phases of motion are identified as well as the phase that represents the time weighted ~~average~~ average (mid phase). On each phase the GTV, CTVA and CTVB are generated (as detailed below). The ITV is formed by a composite ~~of CTVB~~ of CTVB volumes and edited to account for any additional motion seen from ~~all of all~~ the other 4DCT phases.
  2. Or: the GTV is contoured on the 3D scan. The 4D CT scan is reconstructed on 10 respiratory phases. The inhale and exhale phases are identified (usually between 0 and 50%, respectively). All reconstructions are reviewed to ensure that the phases represent the extremes. The GTV is contoured in extreme phases and then the GTV3D GTVMaxIn and GTV MaxEex is combined to give GTV motion. This volume is checked on all phases of respiration to ensure that all areas are covered. On the 3D contrast scan create CTVA3D and CTVB3D using the GTV motion. To obtain the ITV make a copy of CTVB3D and name it CTVBMaxIn and edit it on the maximum inhale scan. Copy CTVB3D and label it CTVBMaxIn and edit this on the maximum exhale scan. ITV is formed by combining CTVBMaxIn and CTVBMaxEx.
- The ITV had a 5mm margin added in all directions to account for set up error, this was labelled the PTV.

## Appendix 2: LKB model and parameters

$$NTCP = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^t e^{-t^2/2} dt$$

$$t = \frac{D - TD_{50}(v)}{mTD_{50}(v)}$$

$$TD_{50}(v) = TD_{50}(l)v^{-n}$$

Where  $D$  represents the Equivalent Uniform Dose (EUD) delivered to the organ (that results in the same NTCP as the planned non-uniform dose distribution),  $TD_{50}$  is the tolerance dose to the whole organ which for a given partial volume fraction  $v$ , results in a 50% complication risk,  $m$  represents the slope of the NTCP dose-response curve, and  $n$  represents the volume effect of the organ being assessed which can range from 0 to 1. The parameter quantifies the serial or parallel nature of a given OAR, with smaller values relating to an organ that exhibits a serial dose response, and larger values reflecting more of a parallel response.

Organ	LKB Model Parameters	End Point	Reference
Heart	a=2.857,m=0.1,TD=48Gy	Pericarditis/pericardial effusion	Burman et al[10] <del>(11)</del>
Heart	a=6.25,m=0.67,TD=32.8Gy	Radiation induced heart valvular dysfunction	Cella et al[11] <del>(12)</del>
Lung	a=1.149,m=0.18,TD=24.5Gy	Lung pneumonitis (>grade 3)	Yorke et al <del>(13)</del> <a href="#">Yorke et al. [13]</a>
Lung	a=1,m=0.45,TD=29.2Gy	Lung radiation pneumonitis: grade 2, (symptoms requiring steroids) or higher	De Jaeger et al [14] <del>(14)</del>

[Table 5: LKB Model Parameters](#)

## Table : LKB model parameters

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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:



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