Table 1 Features of classical trigeminal neuralgia as described by clinicians and patients.

Feature	Clinical feature	Patient description
Onset	Sudden and	While brushing my teeth one morning I
	memorable	got a bolt of lightning exploded in my
		face.
Timing	Each attack lasts	Within 30 minutes I had three jolts of
	seconds to minutes	pain each lasting 30-45 seconds
Periodicity	Number per day can	I was having 20-40 attacks per day.
	vary from 4-50 , can	The tic episodes would sometimes
	get series of stabs	completely disappear for as long as six
	Remission periods of	months, then reappear out of nowhere.
	weeks or years	
Site	Trigeminal nerve	my right upper and lower molars, as
	distribution, most	well as my right lateral tongue, lower
	common lower part of	half of the right side of my face
	the face and intraoral	
Character	Shooting, sharp,	lightning bolt, inserted a knife in my
	electric	cheek, twisted it and pulled it out
Severity	Severe	the intensity is unlike anything I could
		ever imagine, the pain is so strong it
		steals your mind, it takes over all your
		thoughts. it is excruciating
Provoking factors	Light touch	everyday functions of talking, yawning,
		brushing ones teeth, eating, blowing

ones nose are punished by deep, mean

long stabs of electric current

Relieving factors Keeping still It helped not to move my face at all

medications

Associated factors May be some a throbbing, burning pain, lost forty

background dull pounds in the last two months

aching pain

Occasionally

autonomic features

Weight loss

Impact Depression, anxiety, Isolation, depression, fear of increasing

decreased quality of pain are just some of the emotions I try

life to work through. This pain had taken

over my life