# The impact of threat of shock-induced anxiety on the neural substrates of memory encoding and retrieval.

Threat of shock and memory

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## **Abstract**

Dysfunctional memory processes are widely reported in anxiety disorders but the underlying neurocognitive mechanisms are unclear. Recent work shows the impact of anxiety on memory depends on the context and memory modality. For instance, threat of shock, a translational within-subject anxiety induction, has been shown to impair the encoding of facial stimuli, while *improving* spatial working memory (WM) accuracy. The present study aimed to delineate the neural circuitry regulating these opposing behavioral effects. Thirtythree healthy volunteers performed the previously assessed facial recognition and a spatial WM tasks inside an fMRI scanner, under alternating within-subject conditions of threat or safe from shock across encoding and retrieval. Facial recognition impairments were replicated when threat was selectively induced at encoding. Neuroimaging results suggest that this effect was driven by increased competition for attentional resources within the anterior cingulate cortex, in which activation correlated positively with stress levels. The impact of threat on spatial WM performance did not, however, replicate in the fMRI environment. Nevertheless, state-dependent hippocampal activation was observed in both tasks. These findings suggest a neurocognitive mechanism by which anxiety impairs facial recognition as well as a state-dependent hippocampal activation pattern which may putatively underline retrieval of negative experiences in anxiety.

Key words: Anxiety, memory, fMRI, threat of shock, ACC

## Introduction

Anxiety disorders are the most common metal health problem worldwide with an estimated lifetime prevalence of 16% (Kessler et al., 2009; 2011). In addition to the direct burden of the anxious state, anxiety disorders are associated with additional cognitive symptoms. For instance, memory alterations are commonly observed in anxiety disorders (Airaksinen, Larsson, and Forsell, 2005; Eysenck and Calvo, 1992; Mantella et al., 2007; Moran, 2016; Zlomuzica et al., 2014). Recent experimental studies have attempted to understand memory-anxiety interactions during specific memory stages (e.g. encoding vs retrieval) and/or modalities (e.g. facial recognition vs spatial memory) (Moran, 2016; Robinson et al., 2013; Vytal et al., 2012; 2013). Bolton and Robinson (2017), in particular, demonstrated that threat of shock (ToS) induced anxiety 1) impaired encoding of facial stimuli, but 2) improved spatial working memory (WM) in a state-dependent manner. In this paper we attempt to replicate these findings, whilst exploring the underlying neurobiological activity using functional magnetic resonance imaging.

Face recognition abnormalities occur in both anxiety disorders (e.g. Dickie et al., 2008; Jarros et al., 2012; Surcinelli et al., 2006) and induced anxiety (Attwood et al., 2013; Bolton and Robinson, 2017). This may be because face encoding is affected by attentional allocation (Brown, Huey and Findlay, 1997; Jackson and Raymond, 2006; Palermo and Rhodes, 2002) such that reduced attentional allocation to facial stimuli leads to reduced information processing across behavioral and neural measurements (see Pessoa et al., 2002). Anxiety, moreover, promotes stimulus-driven bottom-up attention at the expense of top-down sustained attention (Bishop, 2009; Eysenck et al., 2007) ( see also Corbetta and Shulman, 2002). Consequently, anxiety related attentional resource allocation may lead to reduced face processing and hence recognition impairments when anxiety is selectively present at

encoding.

At the neural level, faces are processed by a 'core' of structures required for forming holistic facial representations (i.e. fusiform gyrus, inferior occipital gyrus and superior temporal sulcus) (Kanwisher et al., 1997), but critically, with additional involvement of 'domain-general' areas required for top-down attentional control including anterior cingulate cortex (ACC) and medial prefrontal cortices (mPFC) (Duncan and Owen, 2000; Hopfinger et al., 2000; Palermo and Rhodes, 2007). These attention-related areas are, however, *also* implicated in anxiety processing and attention towards threat related stimuli (Robinson et al., 2016). As such anxiety induction might impair facial recognition (Bolton and Robinson, 2017) through increased neural resource allocation in these regions. This may therefore constitute a neural instantiation of the attentional resource allocation account described above.

Spatial WM alterations are also seen across anxiety disorders (e.g. Boldrini et al., 2005; van der Wee et al., 2003) and induced anxiety (e.g.; Robinson et al., 2013; Shackman et al., 2006; Vytal et al., 2013). Whilst some studies demonstrate anxiety-related impairments, a recent study employing ToS with healthy volunteers found that when anxiety is induced during both encoding and retrieval, a state-dependent *improvement* in spatial memory is seen (Bolton and Robinson, 2017). Such a state-dependent process may underline excessive retrieval mechanisms of negative experiences in post-traumatic stress disorder (PTSD) and obsessive compulsive disorder (OCD). For instance, a traumatic experience may become associated with the state of anxiety, such that when anxiety is reencountered, it facilitates recall of the traumatic experience. At the neural level, the hippocampus may be involved in binding item and contextual information together at encoding and reactivating the specific association at recall, facilitating retrieval processing (Diana et al., 2007; Eichenbaum

et al., 2012; Martin et al., 2016; Montaldi and Mayes, 2010). Consequently, when anxiety is reinstated at the retrieval of information encoded in the same state, hippocampal-related reactivation of the item-context association may facilitate recall.

The present study therefore aimed to 1) replicate the behavioural findings of Bolton and Robinson (2017), and 2) extend this to identify the neural bases of these memory effects. We hypothesized that at encoding, ToS would impair face recognition performance and this effect will be driven by functional changes in structures involved in top-down attention (e.g. ACC/mPFC). We also hypothesised that anxiety would trigger a state-dependent memory improvement in spatial memory, and this behavioral effect would be reflected by increased hippocampal activation at retrieval when the emotional state matched that of encoding.

## **Methods**

## **Participants**

The final sample of 32 and 33 participants for the face recognition and spatial span task respectively was determined according to the effect size of the spatial task of Bolton and Robinson (2017) (Cohen's d = 0.48). N=33 is sufficient to achieve 80% at alpha = 0.05, for a one-tailed t-test on the behavioural effect. The use of a one-tailed t-test was based on a clear prediction of the direction of the behavioural effect, provided by the previous study (i.e. Bolton and Robinson, 2017). The power analysis exclusively applies to the behavioural effects. Given the replicative nature of the present investigation, this analysis was carried out to make sure that any potential failure to replicate the previously observed behavioural effect could not be attributed to statistical testing not having enough power.

The exclusion criteria were 1) general fMRI exclusions, 2) general ill health, 3) family or personal history of psychiatric disorders, including drug or alcohol abuse 4) use of

illicit drugs or medications within the previous 3 months. All criteria were assessed through a phone screening interview.

#### **Measures**

The order of the facial recognition and spatial span memory tasks was randomly counterbalanced across participants. Threat of shock was administered following a standardised shock work-up procedure using a Digitimer DS7 (see Robinson et al., 2012; 2016).

Both tasks were divided into four blocks and carried out under safe and threat conditions. Each block was one of the four possible combinations of threat and safe conditions at encoding and retrieval. The presentation order of the four blocks was randomly counterbalanced across participants in each task. A 30s fixation preceded and followed each task to provide additional baseline for fMRI contrasts. At the end of each task, retrospective ratings of self-reported stress were collected by voice via a provided microphone, on a scale from 1 (i.e. not stressed at all) to 10 (i.e. extremely stressed). Additionally, a computerized version of the State-Trait Anxiety Inventory (STAI) was administered to each participant before completing the tasks. Finally, a short four-minute practice version was completed twice: once outside of the scanner (i.e. on a computer laptop) and once inside the scanner.

#### Facial recognition

Each block consisted of a different set of 36 facial stimuli (i.e. 144 overall) selected from the Chicago Face Database (Ma et al., 2015). Each set comprised an equal number of male and female as well as happy, sad and neutral faces. During encoding, 18 facial stimuli were presented to participants. The stimuli were displayed one at the time and they were separated

by a fixation interval (i.e. ISI) (see Figure 1-1). The encoding phase was followed by a fixation interval randomly jittered between 9 and 12s, which preceded the retrieval phase. At retrieval, 36 faces were presented individually, half of which consisted of the faces seen at encoding, while the other half were completely new ones. After each stimulus, participants were asked to indicate whether they had seen the face in the set before (i.e. during encoding). In order to respond, participants had to press either of two buttons, representing 'Yes' (i.e. I have seen the face before) or 'No' (i.e. I have not seen it before) within an interval of 2s (see Figure 1-2). In case this time expired, the response was considered as incorrect. The two buttons respectively corresponding with 'Yes' and 'No' responses were counterbalanced across participants. The dependent variable was the proportion of faces correctly identified as seen before ('Yes' response) plus the proportion of those correctly identified as not seen before ('No' response). This task was approximately 15 minutes long. The practice version of this task had one block only of 6 pictures at encoding and 12 at retrieval, without ToS.

Different facial stimuli were employed in the practice compared to the main task.

Spatial span (to assess visuospatial working memory):

The spatial-span task included four blocks with eight trials each. In all trials, nine grey boxes were presented on a black screen. In the encoding phase of the first trial, two of the nine displayed boxes sequentially lit up in a pseudorandom order (see Figure 2-1). The encoding phase was followed by a fixation interval randomly jittered between 3 and 5s. After this fixation interval, the retrieval phase presented all the nine boxes in grey colour and required participants to recall and select the two boxes in the exact order in which they had lit up during encoding (see Figure 2-2). For the selection of each box participants had 5.5s (e.g. 2 boxes = 11s overall). In case the 5.5s expired, the response for that box was considered incorrect. The following seven trials within each block followed the same procedure but with

successively increased numbers of boxes lighting up (i.e, 3 boxes lighting up at the second trial, 4 boxes at the third trial all the way to 9 boxes).

A fixation interval separated each trial: the length of this fixation interval was equal to the maximum retrieval time for that trial minus the reaction time (RT) of the responses (e.g. 11s – RT for the first trial), so that the length of the task was standardized across participants. The location of the boxes on the screen changed across the four blocks. In each trial, every box retrieved in the correct order was recorded as one point. Therefore, one or multiple errors on a sequence of boxes to be recalled did not render the entire trial as an error. This task lasted for approximately 34 minutes. The practice version, which consisted of three trials only (i.e. from two to four boxes to be remembered) and six instead of 9 boxes were displayed on the screen. The procedure was the same as the main task, but without ToS.

The retrieval phase was the only part of the task to differ slightly from Bolton and Robinson (2017) spatial span task, since it had to be adapted to the fMRI environment. In Bolton and Robinson (2017) study, participants had unlimited time to recall each spatial configuration and instead of having to retrieve boxes by moving around the screen with left and right buttons (see Figure 2-2) they had a button for each corresponding box (i.e. 9 buttons in total).

## Pilot study

Prior to the fMRI study an initial pilot study was conducted involving 20 additional participants, who did not overlap with the participant pool of the main analysis. This study consisted of the same exact measures, tasks and procedures as the fMRI task, but was completed outside of the scanner. Both tasks were completed on a computer laptop and the shock was delivered on the right wrist instead of the left ankle.

#### **Experimental Design and Statistical Analysis**

The analysis consisted of a 2x2 within-subject factorial ANOVA for both the facial recognition and spatial span task (i.e. safe-encoding/safe-retrieval, safe-encoding/threat-retrieval, threat-encoding/safe-retrieval and threat-encoding/threat-retrieval). The primary dependent variable for both tasks was the proportion of correct responses.

## **Functional magnetic resonance imaging**

A Siemens Avanto 1.5T MRI scanner was employed to acquire whole-brain gradient-echo T2\*-weighted images. A 32-channel head coil was used in combination with foam cushions (to restrict head movement), each volume comprised of 40 slices with a slice gap and slice thickness of 2mm and a 50% distance factor. A 30° tilted sequence was employed for every echo plan imaging (EPI) sequence. Two EPIs were acquired with identical parameters, one for each task. Echo time was 50ms with 87.5ms repetition time for each slice (acquired in a sequential fashion) and 2x2 mm in-plane resolution (i.e. TR =3.5s). Two field maps were acquired for every subject with matching parameters to the EPI scan, one at the end of each task in order to allow for correction of distortions in the EPI. A five-minute magnetization-prepared rapid gradient-echo T1-weighted was also acquired for each subject, but not used in the analyses. Each participant attended one scanning session, which lasted for one hour and ten minutes approximately. Statistical Parametric Mapping (SPM 12, v6906; Wellcome Trust

Centre for Neuroimaging, London, http://www.fil.ion.uck.ac.uk/spm) was employed to preprocess and analyse EPI data of the two tasks in Matlab R2017a.

#### **EPI pre-processing**

During data preprocessing of both task EPI, the first 6 TRs were discarded in order to account for magnetic stabilisation. Realignment and unwarping were conducted employing voxel displacement maps, computed from each EPI field maps. Successively, normalisation to a standardised space (Montreal Neurological Institute template) was carried out on realigned and unwarped data with a spatial resolution of (2x2x2 mm). Finally, normalised data was smoothed employing a 8mm full width at half maximum Gaussian Kernel. A standard high pass filter of 128s was employed.

#### fMRI analysis

Across all EPI analysis, a generalised linear model (GLM) was employed, where each regressor of interest was convolved with SPM canonical synthetic hemodynamic response function, time-locked to the beginning of each block. The regressors of no interest included 6 movement-correction parameters and three parameters respectively controlling for the time at which a shock was delivered, the presentation time of the safe/threat warnings and the message indicating the end of a block. These regressors of no interest were included in the models describing both tasks.

In the facial recognition task, pre-processed data was modelled as a block design for the duration of the encoding and of the retrieval phase separately for each of four blocks within the task. The spatial task was also modelled as a block design, corresponding with the duration of each of the 8 trials within the four blocks of the task (i.e. boxcar design), separating encoding from retrieval. The four possible combinations of memory stage by

condition (safe-encoding/safe-retrieval, safe-encoding/threat-retrieval etc.) during activation at encoding and activation at retrieval were modelled in both tasks. Finally, data from the two tasks was pooled together, employing the above described conditions. This data pooling served to investigate activation differences and similarities between the two tasks. 'Baseline' activation was implicit: it comprised the initial and final as well as within trial/block fixation time.

A random effect analysis (Friston et al., 1999) was employed to estimate changes in blood oxygen level dependent (BOLD) signal across all participants for both tasks. Second-level contrasts comprised comparisons across the above described conditions through one-sample t-tests. Random effect analysis was conducted for both whole-brain and region of interest (ROI; see below) analysis. All peak-level and cluster-level analysis are reported with the significance threshold set a p < 0.05 family wise error (FWE) corrected for multiple comparison (respectively indicated as FWE\_peak and FWE\_cluster). In the cluster-level analysis, all the cluster forming thresholds were set at p < 0.001, which has been shown to control well for false positive activity, unlike less conservative primary thresholds (e.g. p < 0.05) (Woo et al., 2014). All coordinates are reported according to the Montreal Neurological Institute (MNI) coordinate system.

## **ROI** analysis

One region of interest (ROI) was specified a priori to conduct a single restricted voxel-wise analysis. This region consisted of the hippocampus due to its involvement in state-dependent memory effects (Diana et al., 2007) (see Figure 3).

The bilateral hippocampus anatomical ROI mask was extracted from the Wake Forest University PickAtlas toolbox, employing the Automated Anatomical Labelling (ALL) template (Tzourio-Mazoyer et al., 2002). ROI analysis is corrected for multiple comparison through small volume correction (SVC) at both peak and cluster levels (respectively indicated as FWE\_peak\_SVC and FWE\_cluster\_SVC). FWE\_peak\_SVC and FWE\_cluster\_SVC had the significance threshold set at p < 0.05 and the cluster forming threshold at p <0.001.

## **Results**

Overall, face recognition performance was impaired when participants selectively encoded faces under threat. This effect was reflected by increased ACC activation during threat encoding relative to safe. No neural or behavioural changes were observed in relation to the spatial span task during threat. State-dependent, task-independent hippocampal activation was observed when the encoding state was reinstated at retrieval in both tasks, despite no observable behavioural changes. The specifics are reported below and in figures 4 to 7 and tables 1 to 4.

## **Anxiety manipulation**

In the spatial span task, participants reported being significantly more stressed during threat (mean(SD) = 5.76(2.4)) than safe conditions (mean(SD) = 2.24(1.95)); t(32) = 8.6; p < 0.001, two-tailed (see Figure 4-1). Similarly, participants reported being significantly more stressed in the threat (mean(SD) = 5.59(2.3)) relative to safe conditions (mean(SD) = 2.41(1.98)) during the face recognition memory task; t(31) = 9.62; p < 0.001, two-tailed (see Figure 4-2).

## **Face recognition task**

Behavioural analysis: The repeated-measures 2x2 ANOVA revealed a significant main effect for encoding (F(1,31) = 4.4, p = 0.045, estimated partial eta square = 0.123), replicating Bolton and Robinson (2017) finding. This effect represented participants achieving better memory performance when encoding information under safe (mean(SD) = 0.76(.14)), compared to threat, (mean(SD) = 0.72(.14)) (see Figure 5-1). There was no significant main effect for retrieval nor was the interaction effect significant (p > .05)

*fMRI analysis:* Whole-brain analysis revealed the ACC was significantly more activated at the cluster level during encoding under threat relative to safe encoding (see Table 2) (see Figure 5-3). Across the whole brain, this ACC activation for threat vs safe encoding was also nearly significant at peak-level (see Table 2). The whole brain analysis was run as an exploratory analysis to investigate the unknown overall neural changes underlying the observed behavioural effect. Successively, beta values of each participants' activation of the ACC (peak-level xyz coordinates: 12 40 18) for this comparison were extracted and found to positively correlate with self-reported stress levels, based on relative scores, Pearson's r(32) = 0.32; p = 0.038 (one-tailed – predicted positive relationship). Relative scores were obtained by computing the difference in self-reported stress levels between the threat and safe conditions (e.g. Kaye et al., 2016; Kirlic et al., 2019). The use of a one-tailed test to assess the significance of the correlation was justified based on previous extensive evidence of subjective anxiety and perceived threat positively relating to ACC activation (e.g. Amir et al., 2005; Phan et al., 2006; Straube et al., 2007; Straube et al., 2009).

## Spatial span task

Behavioural analysis: There was no significant main effect for encoding or retrieval (p >.05). Inconsistent with the prior study, the interaction between encoding/retrieval and safe/threat did not reach significance either (p >.05).

fMRI analysis: In line with the behavioural findings, there was no whole-brain significance difference in activation between the safe and the threat conditions at encoding (p < 0.05 FWE\_peak and FWE\_cluster).

## **Comparison across tasks**

In this section, neural data from the two tasks were included in the same model to directly compare the above ACC effects to the encoding of stimuli (i.e. task-differences).

Additionally, neural data from the two tasks were pooled together and a state-dependent, task-independent hippocampal activation was investigated across the two tasks (i.e. task-consistency).

*Task-differences:* ACC whole-brain activation was compared between the two tasks during encoding under threat relative to the safe condition. This analysis revealed that the ACC was significantly more activated during the encoding of facial stimuli in the threat vs safe condition relative to spatial stimuli in the same contrast (see Table 4, task-difference, & Figure 6).

*Task-consistency:* When the condition was matched across encoding and retrieval for neural data pooled from the two task, ROI hippocampal activation was significantly higher compared to when it mismatched across memory stages (i.e. safe/safe & threat/threat vs safe/threat & threat/safe) (see Table 3, Task-consistency, & Figure 7). This effect is evident

in the pooled data from the two tasks, highlighting a state-dependent, task-independent hippocampal effect. Importantly, the hippocampus ROI mask was fully encompassed by the final group EPI analysis mask.

#### **Discussion**

We replicated our previous finding of impaired facial recognition performance (Bolton and Robinson, 2017) when anxiety was selectively induced at encoding. This behavioural effect appeared to be driven by greater ACC activation during encoding of faces (but not spatial stimuli) under threat relative to safe conditions. At the same time, we failed to replicate a behavioural state-dependent memory improvement in spatial span performance although, at the neural level, hippocampal activation appeared to reflect potential state-dependency at retrieval when the encoding state was reinstated. Interestingly, this state-dependent hippocampal effect was seen across both tasks.

The selective face recognition impairment during anxiety at encoding is consistent with the idea that anxiety may impair the formation of accurate face representations rather than acting on later recognition stages. Indeed, Atwood and colleagues (Atwood et al., 2013) showed anxiety induction disrupting face matching performance, where virtually no memory retention was required. At the neural level, increased ACC activation was observed during the anxiety induction at encoding. The ACC has, among other things, strongly been implicated in a so called 'attentional control network', together with dlPFC and vlPFC (Duncan and Owen, 2000; MacDonald et al., 2000), including attentional control over threat-related information (e.g. Bishop et al., 2004; Ochsner and Gross, 2005). The dual competition model (Pessoa, 2009) proposes that ACC may help direct attention towards threat-related information, by receiving inputs about information salience from the amygdala. Therefore, in the present study, the ACC activation may reflect an increase in 'top-down' attentional

resources allocated to anxiety processing. This change in attentional allocation may lead to a consequent reduction in the available top-down resources for forming accurate face representations at encoding (Brown et al., 1997; Jackson and Raymond, 2006). Indeed, during learning, reductions in attentional allocation towards facial stimuli have previously been associated with reduced neural representations of faces (Pessoa et al., 2002). Importantly, this ACC-related attentional mechanism may be selective to face processing, since it was not observed during the encoding of spatial configurations. Additionally, previous evidence showed increased ACC activation in phobic patients specifically during threat-related processing of facial stimuli (e.g. Amir et al., 2005; Phan et al., 2005). Therefore, in the present study, the ACC activation may indicate a selective mechanism by which threat disrupts the encoding of faces.

Furthermore, it is believed the higher the state of threat, the more attentional control resources are engaged to process and prioritise threatening information (Pessoa, 2010). Consistent with this, the present study found that the degree of ACC activation was positively correlated with self-reported levels of stress. Thus, the more participants were affected by the anxiety manipulation the more they allocated attention towards anxiety, and the greater the ACC activation under anxiety. Although the ACC is implicated in a broad range of processes, the observed correlation between its activation and reported stress-levels supports the selective involvement of the ACC in the encoding of faces during threat in the current experimental context.

The evidence that impaired face recognition under anxiety may arise from a reduction in attentional allocation towards goal-directed facial representations during encoding has important clinical implications as face recognition abnormalities have been implicated across anxiety disorders (e.g. Dickie et al., 2008; Jarros et al., 2012; Heuer et al., 2007). Although face recognition impairments have previously been associated with reduced processing of

facial stimuli (Chen et al., 2002; Mansel et al., 1999), the underlying neurocognitive mechanism was far from clear. The present study highlights a potential mechanism by which an anxiety-related reduction in top-down attentional resources at the level of the ACC selectively disrupts the encoding of face identities in the presence of anxiety.

Interestingly, however, the present study failed to replicate the spatial WM accuracy improvement when participants encoded and retrieved spatial information in the threat condition (Bolton and Robinson 2017). At the neural level, greater hippocampus activation was recorded when both safe and threat conditions were matched across encoding and retrieval compared to when they mismatched, but this effect was seen across both tasks, and was not evident in behavioural performance. Nevertheless, state-dependent hippocampal activation may be independent of the memory modality (i.e. domain-general). Such involvement of the hippocampus in state-dependent effects would be consistent with its purported function of binding together information about context and target items (Montaldi and Mayes, 2010). Thus, hippocampal activity may correspond with the reactivation of associations between contextual information and target items (Diana et al., 2007). As a result, associations between target spatial locations/faces and the emotional states (e.g. threat) in which they are learnt may be formed during encoding. Thus, when the same emotional state is reinstated, this reinstatement may reactivate the location/face -state associations, reflected by the hippocampal activation at retrieval observed in the present study (see Ucros, 1989; Eich, 1989; Lang et al., 2001 and animal models: Rezayof et al., 2007; 2008). Interestingly, this the state-dependent activation was specifically observed in the posterior part of hippocampus. Unlike the anterior part (aHPC), posterior hippocampus (pHPC) activation has positively been related to the degree of context specificity and richness in environmental features with which past memory can be retrieved (Strange et al., 2014; see Poppenk et al.,

2013 for a review on long-axis segregation of hippocampus). In the present study, it may be speculated that the state-dependent pHPC activity may reflect increased activation of contextual features associated to the encoded target items (i.e. facial and spatial stimuli), facilitated by the reinstatement of the same encoding state. This proposal would suggest that bodily sensations related to the encoding state, may also be encoded as part of the richness of contextual information associated to specific experiences, explaining how state-dependency may affect memory (e.g. see Ucros, 1989; Eich, 1989). In support to this view, mice studies have found that the dorsal hippocampus (i.e. equivalent to the pHPC in primates) responds to state-dependent memory effects (Rezayof et al., 2007; 2008), thus supporting the specific involvement of the pHPC in state-dependent memory.

This state-dependent pHPC activation may thus contribute to the symptoms in PTSD and OCD patients, in which traumatic experiences or disturbing thoughts are repeatedly retrieved, especially as patients' anxiety levels increase (Zlomuzica et al., 2014).

Despite this hippocampal state-dependent activation, face recognition memory accuracy was unaffected at the behavioural level. In the literature, context-dependent memory effects have indeed rarely been found in relation to recognition paradigms (e.g. Golden and Baddeley, 1980; Smith, 2013; Smith et al., 1978). This may be because recognition is supported by 'familiarity processes' (Gardiner and Java, 1990), which, unlike recollection (i.e. hippocampus-dependent), may be unaffected by state/context -dependent memory (Macken, 2002). Consequently, the reliance of the face recognition task on familiarity processes may have prevented from recoding any observable memory improvement in recognition accuracy, despite item-state associations still triggering hippocampal activation.

However, it is not clear why spatial WM accuracy was unaffected, despite statedependent hippocampal activation. Especially because a state-dependent memory improvement was observed in a previous study using the same task (i.e. Bolton and Robinson, 2017). It is possible that the combination of electrical shocks and the fMRI environment might have selected for a less anxious group, who were therefore resistant to the effect of threat of shock on spatial working memory. This does not explain why the facial effect was preserved, however, so it is also possible that the original effect was a false positive.

In conclusion, we replicate the experiment by Bolton and Robinson (Bolton and Robinson, 2017) finding that ToS selectively disrupts the encoding of facial stimuli and provide a putative neurocognitive mechanism. Specifically, increased threat-related processes may enhance competition for top-down attentional resources by engaging the ACC and impair the encoding of facial stimuli by increasing competition for top-down attentional resources hence diminishing the attentional pool necessarily to accurately encode facial stimuli. However, we failed to replicate spatial WM behavioural changes under induced anxiety- perhaps due to fMRI related task or recruitment confounds. Nevertheless, a state-dependent task-irrelevant pHPC activation was observed when both encoding and retrieval occurred under the same condition, which may contribute to maladaptive retrieval processes observed in anxiety disorders.

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Figure 1. 1) Encoding and 2) retrieval phase of the facial recognition memory task.

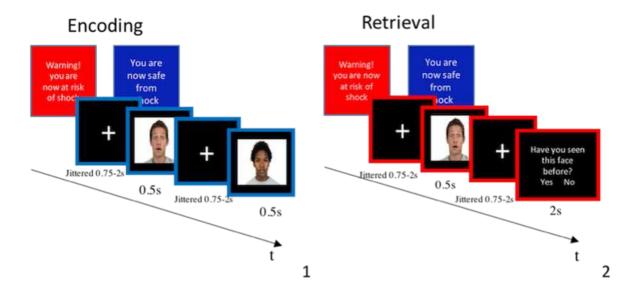


Figure 2. 1) Encoding and 2) retrieval phase of the spatial span task.

# **Encoding phase:**

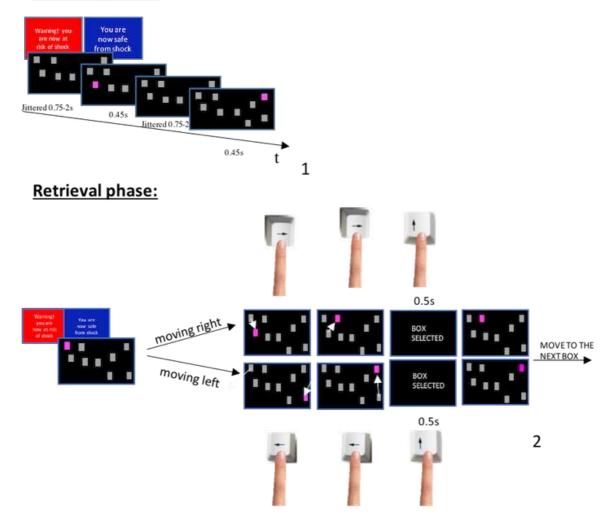


Figure 3. Anatomical location of the employed ROI for the fMRI analysis, the yellow region represents the hippocampus.

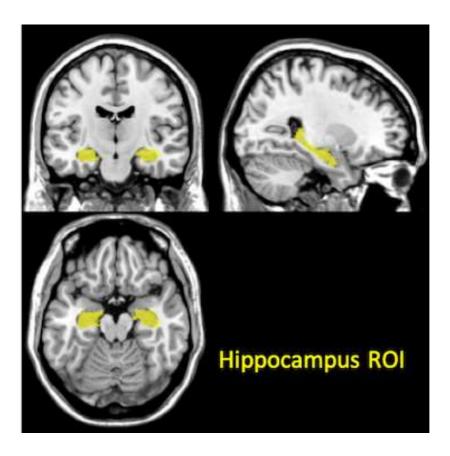
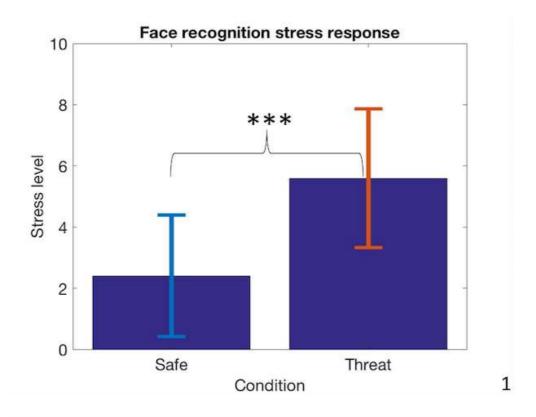


Figure 4. Bar charts representing the difference between the safe and the threat condition in self-reported measure of stress (\*\*\*p<0.001); 1) Facial recognition task. 2) Spatial span task.



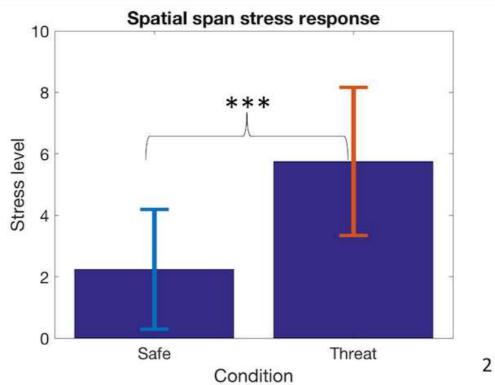


Figure 5. 1) Impaired face recognition accuracy performance when threat is induced at encoding (\*p<0.05). 2) Increased ACC activation during threat at encoding relative to the safe condition. 3) ACC mean beta values for safe and threat encoding of facial stimuli.

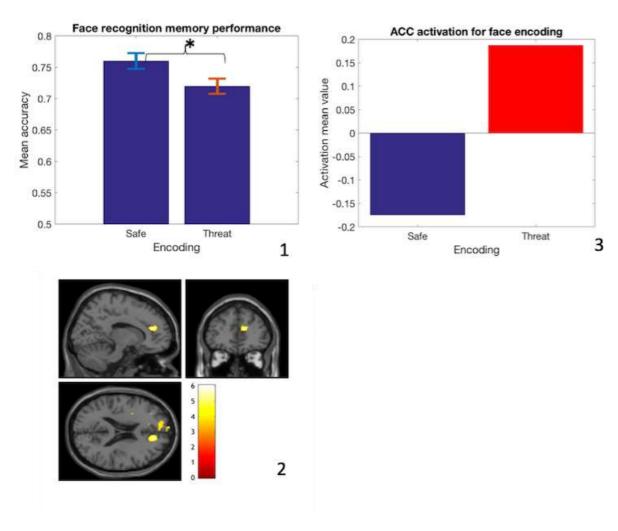


Figure 6. 1) ACC activation difference between the facial and spatial task during threat encoding relative to safe encoding. This shows that anxiety-related ACC activation at encoding may relate to facial rather than spatial stimuli. 2) ACC mean beta values for the spatial and facial task during threat encoding relative to safe encoding, showing a higher ACC activation for faces over spatial configurations.

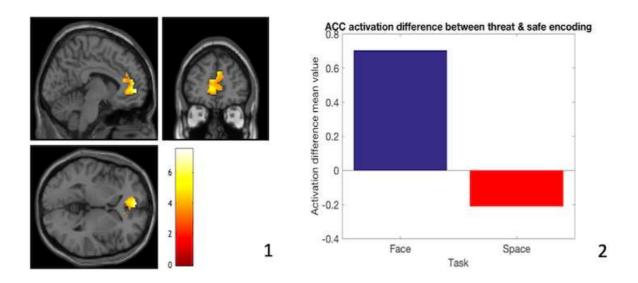


Figure 7. 1) State-dependent ROI hippocampal activation for both tasks pooled together relative to when safe and threat conditions mismatched across the encoding and retrieval stages 2) Hippocampus mean beta value for both tasks pooled together.

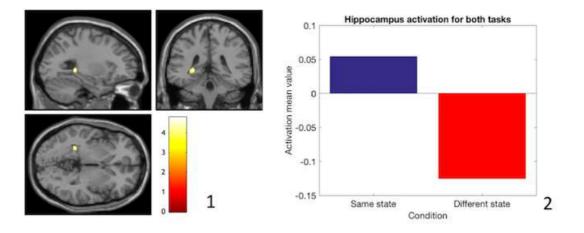


Table 1.

Total values or means of demographic variables

	Face recognition	Spatial span
Gender		
female	18	19
males	14	14
Age	27.03	27.41
State anxiety	33.22(10.65)	32.51(9.95)
Trait anxiety	35.78(9.80)	35.13(9.43)

Note. N = 32 and 33 for the face recognition and spatial span memory tasks;

State and trait anxiety scores are based on the State-Trait Anxiety Inventory (STAI),

the standard deviations of these scores are represented within brackets.

Table 2

ACC during threat encoding compared to safe encoding of the facial recognition task

	k	p(FWE_cluster)	p(FWE_peak)	T-score	Z-score	Coordinates
Task-difference (facial > spatial in threat vs safe encoding):						
ACC:	144	.014	.09	6.05	4.88	12 40 18

Table 3

Behavioural data of both tasks. Values represent accuracy under conditions of safe and threat at encoding and retrieval

Spatial span: N=33							
	SF/SF	SF/TH	TH/SF	TH/TH			
	.57(.15)	.57(.16)	.58(.19)	.55(.17)			
Face reco	Face recognition=32						
	.74(.15)	.77(.14)	.73(.13)	.71(.14)			

Note. mean(SD) of untransformed data; encoding/retrieval; SF = safe; TH = threat;

Table 4

Comparison of ACC activation between the two tasks and state-dependent hippocampal ROI activation of the two tasks pooled together.

	k	p(FWE_cluster)	p(FWE_peak)	T-score	Z-score	Coordinates
Task-difference (facial	> spati	al in threat vs so	afe encoding):			
ACC:	762	<.001	<.001	7.52	5.59	-4 52 12
Task-consistency (facial & spatial in condition matching vs mismatching across memory stages):						
Hippocampus (ROI):	32	.022	.018	4.79	4.09	-30 -40 0