

1 **Title**

2 Development of a simultaneous analytical method for five conjugated cholesterol
3 metabolites in urine and investigation of their performance as diagnostic markers for
4 Niemann–Pick disease type C

5
6 **Authors**

7 Masamitsu Maekawa ^{1,*}, Isamu Jinnoh ², Aya Narita ³, Takashi Iida ⁴, Daisuke Saigusa
8 ^{1,5}, Anna Iwahori ², Hiroshi Nittono ⁶, Torayuki Okuyama ⁷, Yoshikatsu Eto ⁸, Kousaku
9 Ohno ³, Peter T Clayton ⁹, Hiroaki Yamaguchi ^{1,2}, and Nariyasu Mano ^{1,2}

10
11 **Affiliations**

12 ¹ *Department of Pharmaceutical Sciences, Tohoku University Hospital, 1-1 Seiryomachi, Aoba-ku, Sendai 980-8574, Japan*

13
14 ² *Faculty of Pharmaceutical Sciences, Tohoku University, 1-1 Seiryomachi, Aoba-Ku, Sendai 980-8574, Japan*

15
16 ³ *Division of Child Neurology, Tottori University Hospital, 86 Nishimachi, Yonago, Tottori 683-8503, Japan*

17
18 ⁴ *College of Humanities and Sciences, Nihon University, 3-25-40 Sakurajousui, Setagaya-ku, Tokyo 156-8550, Japan*

19
20 ⁵ *Department of Integrative Genomics, Tohoku Medical Megabank Organization, Tohoku University, 2-1 Seiryomachi, Aoba-ku, Sendai 980-8575, Japan*

21
22 ⁶ *Junshin Clinic Bile Acid Institute, 2-1-22 Hara-machi, Meguro-ku, Tokyo 152-0011, Japan*

23
24 ⁷ *Department of Clinical Laboratory Medicine, National Center for Child Health and Development, 2-10-1 Okura, Setagaya-ku, Tokyo 157-8535, Japan*

26 ⁸ *Advanced Clinical Research Center, Institute for Neurological Disorders, Furusawa-*
27 *Miyako 255, Asou-ku, Kawasaki, Kanagawa 215-0026, Japan.*

28 ⁹ *Biochemistry Research Group, Clinical and Molecular Genetics Unit, UCL Institute of*
29 *Child Health, 30 Guilford Street, London WC1N 1EH, UK*

30
31 * **Corresponding author:** *Masamitsu Maekawa, Ph.D., Department of Pharmaceutical*
32 *Sciences, Tohoku University Hospital, 1-1 Seiryomachi, Aoba-ku, Sendai 980-8574,*
33 *Japan; TEL: +81-22-717-7541, FAX: +81-22-717-7545, E-mail: m-*
34 *maekawa@hosp.tohoku.ac.jp*

35
36 **Abbreviations:** AUC, area under the curve; Cr, creatinine; GlcNAc, *N*-
37 acetylglucosamine; HQC, high quality control; LC/MS/MS, liquid
38 chromatography/tandem mass spectrometry; LQC, low quality control; MQC, middle
39 quality control; NPC, Niemann–Pick disease type C; *NPC1*, NPC intracellular
40 cholesterol transporter 1; *NPC2*, NPC intracellular cholesterol transporter 2; Niemann–
41 Pick disease type C; S7B- Δ^5 -CA, 3 β -sulfoxy-7 β -hydroxy-5-cholen-24-oic acid; S7O-
42 Δ^5 -CA, 3 β -sulfoxy-7-oxo-5-cholen-24-oic acid; SNAG- Δ^5 -CA, nonamidated 3 β -
43 sulfoxy-7 β -*N*-acetylglucosaminyl-5-cholen-24-oic acid; SNAG- Δ^5 -CG, glycine-
44 amidated 3 β -sulfoxy-7 β -*N*-acetylglucosaminyl-5-cholen-24-oic acid; SNAG- Δ^5 -CT,
45 taurine-amidated 3 β -sulfoxy-7 β -*N*-acetylglucosaminyl-5-cholen-24-oic acid; SRM,
46 selected reaction monitoring; ROC, receiver operating characteristic.

47 **Abstract**

48 Niemann–Pick disease type C (NPC) is an autosomal recessive disorder characterized
49 by progressive nervous degeneration. Because of the diversity of clinical symptoms and
50 onset age, the diagnosis of this disease is difficult. Therefore, biomarker tests have
51 attracted significant attention for earlier diagnostics. In this study, we developed a
52 simultaneous analysis method for five urinary conjugated cholesterol metabolites,
53 which are potential diagnostic biomarkers for a rapid, convenient, and noninvasive
54 chemical diagnosis, using liquid chromatography/tandem mass spectrometry
55 (LC/MS/MS). By the method, their urinary concentrations were quantified and the NPC
56 diagnostic performances were evaluated. The developed LC/MS/MS method showed
57 high accuracy and satisfied all analytical method validation criteria. Analyzing the
58 urine of healthy controls and patients with NPC, three of five urinary conjugated
59 cholesterol metabolites concentrations corrected by urinary creatinine were significantly
60 higher in the patients with NPC. As a result of receiver operating characteristics
61 analysis, the urinary metabolites might have excellent diagnostic marker performance.
62 3β -sulfoxy- 7β -hydroxy-5-cholenoic acid showed particularly excellent diagnostic

63 performance with both 100% clinical sensitivity and specificity, suggesting that it is a
64 useful NPC diagnostic marker. The urinary conjugated cholesterol metabolites exhibited
65 high NPC diagnostic marker performance and could be used for NPC diagnosis.

66 **INTRODUCTION**

67 Niemann–Pick disease type C (NPC) is a progressive and life-limiting
68 autosomal recessive inherited disorder (1). The prevalence of this disease is
69 approximately 1/100000 and is classified as a lysosomal disease. It is caused by
70 mutations in the NPC intracellular cholesterol transporter 1 (*NPC1*) gene coding for
71 membrane proteins or NPC intracellular cholesterol transporter 2 (*NPC2*) coding for
72 secreted proteins (2,3). Lack of these functional proteins, that work cooperatively with
73 lysosomal free cholesterol efflux, causes excessive accumulation of free cholesterol and
74 sphingolipids (4). However, the relationship between the characteristic lipid
75 abnormalities and pathology of the disease remains unclear, as patients with NPC
76 present a wide variety of clinical symptoms (5). The onset age of NPC ranges from
77 neonatal to adult, and the symptoms are diverse and include systemic, visceral, nervous,
78 and psychiatric abnormalities. Because the prognosis of patients with this disease is
79 poor, it is important to diagnose NPC early and apply the treatment to maintain the
80 quality of life of the patient (5). However, few trained specialists are available and the
81 process leading to the discovery and diagnosis of NPC is complex. As conventional

82 laboratory tests, the filipin test and genetic examination are considered to be the gold
83 standards (5). However, both of these tests are complicated, so biomarker tests have
84 attracted significant attention as a rapid screening method for NPC. Oxysterols are
85 generated from the accumulated cholesterol in NPC cells, and is present in higher
86 concentrations in the plasma of the affected patients (6). The concentration of
87 lysosphingomyelin, which is metabolized from sphingomyelin, is also elevated in the
88 plasma of patients with NPC (7). Lysosphingomyelin-509 is a blood biomarker that has
89 been recently used, but its precise structure remains unknown (8).

90 Following the previous report regarding urinary metabolites in patients with
91 NPC by Alvelius et al. (9), we developed a noninvasive diagnostic method using urine
92 analysis. First, we developed an analytical method for three multi-conjugated
93 cholesterol metabolites, 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholen-24-oic acid as
94 well as its glycine and taurine conjugates (SNAG- Δ^5 -CA, SNAG- Δ^5 -CG and SNAG- Δ^5 -
95 CT, respectively) using liquid chromatography/tandem mass spectrometry (LC/MS/MS)
96 (10). It was observed that the metabolites in the urine of two patients with NPC were
97 much higher than those of the controls without NPC. Subsequently, we collected over

98 20 urine samples and preliminarily investigated their diagnostic performance, assuming
99 that they may be useful for NPC screening (11). However, several patients with NPC
100 had extremely low concentrations of the relevant metabolites and false-negatives. Thus,
101 a comprehensive analysis method was used to search for other biomarker candidates
102 (12), which yielded two strongly detected metabolite peaks in urine of patients with
103 NPC, 3 β -sulfoxy-7 β -hydroxy-5-cholenoic acid (S7B- Δ^5 -CA) and 3 β -sulfoxy-7-oxo-
104 5-cholenoic acid (S7O- Δ^5 -CA) (13). In this study, we evaluated the NPC diagnostic
105 marker performance of five urinary conjugated cholesterol metabolites. To evaluate
106 their diagnostic performances, it is necessary to accurately determine the concentration
107 of all metabolites for every case. Therefore, we developed an LC/MS/MS method that
108 could accurately and simultaneously analyze the urinary concentrations of the five
109 conjugated cholesterol metabolites for each sample. The urinary conjugated cholesterol
110 metabolites in all samples were quantified by the developed method, and their utility as
111 NPC diagnostic markers were evaluated.

112

113 **MATERIALS AND METHODS**

114 **Chemicals and reagents**

115 SNAG- Δ^5 -CA, SNAG- Δ^5 -CG, SNAG- Δ^5 -CT, S7B- Δ^5 -CA, S7O- Δ^5 -
116 CA, and 3 β -sulfoxy-7 β -hydroxy-23-*nor*-5-cholenoic acid (as an internal standard (IS))
117 were synthesized as described in previous reports (the structures are shown in the Fig.
118 1) (13-15). Ultrapure water was prepared with a PURELAB ultra apparatus (Organo Co.
119 Ltd., Tokyo, Japan). All reagents (HPLC grade) were purchased from FUJIFILM Wako
120 Pure Chemical Co. Ltd. (Osaka, Japan). Urine samples were collected after obtaining
121 informed consent from untreated patients diagnosed with NPC and healthy volunteers.
122 The urine samples were collected in the morning, stored at -80 °C, and analyzed within
123 1 month. All experiments were performed according to the protocol approved by the
124 Ethics Committee of the Graduate School of Medicine in Tohoku University (Approval
125 number, 2013-1-293).

126

127 **LC/MS/MS analysis**

128 A Prominence model high performance liquid chromatograph system

129 (Shimadzu Co., Kyoto, Japan) was connected to a triple quadrupole tandem mass

130 spectrometer API 5000 equipped with an electrospray ionization probe (SCIEX,
131 Framingham, MA, USA). MS/MS was acquired in selective reaction monitoring (SRM)
132 mode with negative ion detection. Ion spray voltage, turbo spray temperature, curtain
133 gas, nebulizer gas, turbo gas, and collision gas were set at -4500 V, 700 °C, 20 psi, 50
134 psi, 50 psi, and 6 units, respectively. SRM conditions were set as listed in Supplemental
135 Table 1. The dwell and pause times were set to 160 and 5 msec. Data acquisition was
136 performed using analyst version 1.5.0 (SCIEX) and SCIEX OS-Q software (SCIEX) for
137 data integration. With respect to the LC, a column switching system was used (10-13,
138 16). After injection of the sample aliquot, 20 mM ammonium acetate buffer (pH
139 5.5)/methanol (9:1, v/v) mixture was loaded on OASIS HLB column (2.1 mm i.d. × 20
140 mm, 5 μm, Waters, Milford, MA). Pretreatment of the sample was performed at a flow
141 rate of 1.0 mL/min for 3 min. After washing and concentrating the analytes, the sample
142 eluent was loaded on a Capcell pak C18 BB-H column (2.1 mm i.d. × 150 mm, 3 μm,
143 Osaka Soda, Osaka) by switching the valve used for changing the flow path. Mobile
144 phase A (20 mM ammonium acetate buffer (pH 5.5)) and mobile phase B (methanol)
145 were gradually changed from A:B=65:35 to A:B=45:55 over 50 min.

146

147 **Preparation of the stock and working solutions**

148 The analytes and IS were adjusted to a concentration of 100 µg/mL using
149 water/ethanol (1:1, v/v, as stock solution). IS was diluted with water/ethanol (1:1, v/v)
150 to 33 ng/mL and used as the IS solution. The analytes were mixed and diluted with
151 water/ethanol (1:1, v/v) to 0.3, 1, 3, 10, 30, 100, 300 and 1000 ng/mL (working
152 solutions for the calibration curve). For quality control (QC), mixed solutions of 2, 50,
153 and 800 ng/mL were set as the low quality control (LQC), middle quality control
154 (MQC), and high quality control (HQC) (working solution for QC), respectively.

155

156 **Calibration curve**

157 A total of 50 µL of water was used as a surrogate matrix and 50 µL of IS
158 solution, 50 µL of working solution for the calibration curve, and 350 µL of water were
159 added and mixed. The mixture was then centrifuged at 15,000×g at 4 °C for 3 min and
160 200 µL of the supernatant was injected for LC/MS/MS analysis. The peak area ratio of
161 each analyte to IS was plotted against the standard concentration and the calibration

162 curves were prepared using the least squares method with $1/x^2$ weighting.

163

164 **Matrix effects**

165 To determine matrix effects, 50 μ L of the IS solution, 50 μ L of water/ethanol

166 (1:1, v/v) or QCM solution, and 350 μ L of water were added to 50 μ L of urine from a

167 healthy control or water. After mixing and centrifugation, the supernatant was injected

168 into the LC/MS/MS system. The matrix factor (MF) for each analyte was calculated

169 using the following formula and the ratio considering the MF of IS was calculated as the

170 IS normalized MF (7).

$$171 \text{ MF (\%)} = \frac{(\text{Peak area of spiked urine}) - (\text{peak area of blank urine})}{(\text{Peak area of standard solution})} \times 100$$

$$172 \text{ IS normalized MF (\%)} = \frac{(\text{Matrix factor of each analytes})}{(\text{Matrix factor of IS})} \times 100$$

173

174 **Intra-assay and inter-assay reproducibility**

175 To determine intra- and inter-assay reproducibility, 50 μ L of QC solution

176 (blank, LQC, MQC, HQC), 50 μ L of IS solution, and 350 μ L of water were added to 50

177 μ L of urine from a healthy control, and the specimens were analyzed using the

178 procedure described above. Every three days, urine samples were prepared and analyzed
179 for every blank, LQC, MQC, and HQC (N = 6). Generally, the recovery (%) was
180 calculated by relative error (R.E. (%)). However, since the analytes in this study are
181 endogenous, it was calculated by adding the concentration contained in the healthy
182 control urine (Blank).

$$183 \quad \text{R.E. (\%)} = \frac{(\text{Calculated concentration}) - ((\text{Added concentration}) + (\text{Blank concentration}))}{(\text{Added concentration}) + (\text{Blank concentration})} \times 100$$

184 Precision (%) was calculated by relative standard deviation (R.S.D. (%)).

$$185 \quad \text{R.S.D. (\%)} = \frac{(\text{Standard deviation})}{(\text{Mean concentration})} \times 100$$

186

187 **Stability test**

188 For the stability test, 50 μL of QC solution (blank, LQC, HQC) was dried under
189 a nitrogen gas stream, and the urine of healthy control was added and stored under
190 various conditions including: 6 months at $-80\text{ }^{\circ}\text{C}$, 24 h at $4\text{ }^{\circ}\text{C}$, 12 h at $25\text{ }^{\circ}\text{C}$ as room
191 temperature, 3 times repeated freeze-thaw cycles, and 48 h in an autosampler.
192 Afterwards, analysis was performed using the same pretreatment as described above,
193 and the ratio between the data immediately after preparation and the quantitative value

194 was calculated as Recovery (%).

195

196 **Dilution test**

197 A mixture of standard solutions was added to 1.5 mL of healthy human urine to
198 a final standard solution concentration of 645 ng/mL (Dilute 1). Dilute 1 was further
199 diluted 20-fold with water (Dilute 2) and Dilute 1 and 2 were analyzed as described
200 above. Dilution factor (%) was calculated as follows.

$$201 \text{ Dilution factor (\%)} = \frac{(\text{Concentration of Dilute 2} \times 20)}{(\text{Concentration of Dilute 1})} \times 100$$

202

203 **Urine analysis**

204 For analysis of the urine samples, 50 μ L of urine from healthy subjects (N =
205 38) and patients with NPC (N = 28) were subjected to analysis. The data was processed
206 using JMP Pro version 13.2.1 software (SAS Institute Inc., NC, USA). Wilcoxon's t-test
207 and receiver operating characteristic (ROC) analysis were used for intergroup analysis
208 and diagnostic performance tests. Urinary creatinine was analyzed with enzymatic
209 creatinine analysis kit (Serotec, Sapporo, Japan). The urinary concentrations of five

210 metabolites were corrected with the urinary creatinine concentration.

211

212 **RESULTS AND DISCUSSION**

213 **Detection and separation of analytes with column switching LC/ESI-MS/MS**

214 The analytes and IS, which are sulfate conjugates (Fig. 1), were detected with
215 high sensitivity in negative ion mode (10-13). As a result of optimization, SRM
216 condition was set as listed in Supplemental Table 1. A column switching LC system,
217 which was capable of large volume injection and online solid phase extraction, was used
218 for the analysis (10-13,16). Under this LC condition, the separation of all analytes and
219 IS was achieved with sharp peak shapes (Fig. 2A). In addition, the peaks were separated
220 from urinary contaminant peaks, which were detected constantly at the SRM transitions
221 of m/z 469>97 and 467>97 (Fig. 2B).

222

223 **Calibration curves and matrix effects**

224 In general bioanalysis, working solution spiked sample matrices are used for
225 preparing calibration curves. Because the analytes in this study are endogenous in urine,

226 it is necessary to use a surrogate matrix. Therefore, we investigated the matrix effects
227 for quantification of analytes. Procedure of sample preparation for calibration curves,
228 QC samples and urine samples were summarized in Supplementary Table 2,
229 respectively. We prepared calibration curves using water as a surrogate matrix, and the
230 all calibration curves showed high linearity over wide range from 0.3 to 1000 ng/mL
231 (Supplemental Table 3A). Next, the matrix effects were investigated. The matrix effect
232 is usually calculated by the ratio of peak intensity of the standard solution spiked in a
233 pretreated matrix to that of the neat standard solution (17). However, the analytical
234 system used herein features an online solid phase extraction, so we could not evaluate
235 the typical method (17). Therefore, it was evaluated using MF which is the parameter
236 combining the pretreatment extraction efficiency and matrix effects from biological
237 contaminants (7). As a result, the MFs of all analytes and IS was 101–105%
238 (Supplemental Table 3B). The IS normalized MFs of all analytes were nearly 100% and
239 it was found that the analytes could be quantified without considering the matrix effect.

240

241 **Reproducibility test**

242 The method reproducibility was investigated using QC samples. Accuracy was
243 evaluated by subtracting the concentration in the healthy control urine as Blank. The
244 accuracy of the inter- and intra-day assays were within $100\% \pm 10\%$ for all QC samples
245 and their precision (%) were within 10% (Table 1).

246

247 **Stability test**

248 The QC solution spiked urine samples were stored under various conditions
249 and the analytes were subsequently quantified. All analytes could be stably stored under
250 all conditions tested and could be quantified even for the long-term preserved specimens
251 (Table 1).

252

253 **Dilution test**

254 When the upper limit of the calibration curve was exceeded, it became
255 necessary to dilute with the matrix and re-measure the sample using general
256 bioanalytical techniques. Because endogenous analytes of this study are included in
257 urine, water was used as a surrogate matrix. The influence on the quantitative value was

258 investigated and it was found that 20-fold dilution of the urine sample by water did not
259 affect the quantitative results (Table 1B).

260

261 **Analysis of five urinary cholesterol metabolites in healthy controls and patients**
262 **with NPC**

263 Subsequently, all urine samples from the healthy controls and patients with
264 NPC were analyzed. A total of 66 specimens were collected from every patients with
265 NPC and healthy controls, and their demographics are listed in Supplemental Table 4.
266 The age of each groups did not differ between healthy controls (0.33–47 years) and
267 patients with NPC (0.0274–48 years; $P=0.1739$), but a larger proportion of females
268 were recruited in the NPC patient group ($P=0.0179$). The typical SRM chromatogram of
269 patient with NPC was shown in Fig. 2C. The data are summarized in both creatinine-
270 corrected concentrations, which are often used for biochemical examinations (Fig. 3 and
271 Supplemental Table 5), and uncorrected concentrations (Supplemental Fig. 1 and
272 Supplemental Table 6). All metabolites were significantly higher in patients with NPC
273 in terms of creatinine-corrected concentrations and uncorrected concentrations other

274 than SNAG- Δ^5 -CT (Fig. 3 and Supplemental Fig. 1). The correlations between each of
275 the metabolites were investigated and observed to generally correlate (Supplemental
276 Fig. 2). In other, the correlation for S7B- Δ^5 -CA and other metabolites was slightly lower
277 than other combinations. Similar to the reports of Mazzacuva et al. and Jiang et al. (18,
278 19), we speculate that the analytes in this study were produced via oxysterols. It was
279 also assumed that S7O- Δ^5 -CA is metabolized from 7-ketocholesterol and SNAG- Δ^5 -
280 CA, SNAG- Δ^5 -CG, SNAG- Δ^5 -CT, and S7B- Δ^5 -CA are produced from 7 β -
281 hydroxycholesterol. The sequence of cleavage of the side chain, conjugation with
282 sulfuric acid, amino acid, and GlcNAc remains unknown. Because SNAG- Δ^5 -CA,
283 SNAG- Δ^5 -CG, and SNAG- Δ^5 -CT showed high correlations, it is expected that they are
284 produced via similar metabolic pathways. In contrast, S7B- Δ^5 -CA and S7O- Δ^5 -CA may
285 pass through a slightly different route. In addition, S7B- Δ^5 -CA did not overlap at all
286 between the samples from the patients with NPC and healthy controls in any cases
287 tested. In our previous studies (11) and the report by Mazzacuva et al. (18), several
288 cases where metabolites bearing the 7 β -GlcNAc group were present in extremely low
289 concentration were observed due to mutation of the UGT3A1 gene, which codes for

290 UDP glucosyltransferase 3A1 as a GlcNAc conjugation enzyme (20). In this study, the
291 concentrations of the metabolites of SNAG- Δ^5 -CA, SNAG- Δ^5 -CG, and SNAG- Δ^5 -CT
292 were very low in the urine of patients with NPC Nos. 10 and 17. Conversely, the
293 concentration of S7B- Δ^5 -CA, which does not contain a GlcNAc group, in NPC samples
294 was higher than those of healthy controls, and it is likely that the discrimination
295 between patients with NPC from other subjects by urinary S7B- Δ^5 -CA concentration
296 may be possible. Similarly, S7O- Δ^5 -CA does not contain a GlcNAc group, but some
297 overlap was observed between the concentrations present in the urine samples of the
298 patients with NPC and healthy subjects. The results suggested that analysis of urinary
299 S7B- Δ^5 -CA may prevent overlooking of patients with NPC with false negative results
300 based on abnormally low concentrations due to the UGT3A1 mutation (18, 20).
301 Because the concentrations of urinary cholesterol metabolites were generally higher
302 than plasma oxysterols (Fig. 3, Supplemental Table 7 and (6)), these metabolites act as
303 an excretion pathway of excessive accumulated cholesterol due to metabolic
304 abnormalities similar to other cholesterol metabolic disorder diseases (22-26).

305

306 *Diagnostic performance of the urinary NPC biomarker candidates*

307 Finally, the NPC diagnostic performance of each urinary cholesterol
308 metabolites was evaluated using ROC analysis (Fig. 4). This study investigated the
309 biomarkers for a rare lysosomal disease NPC, and we experienced difficulty collecting
310 urine specimens and collected a total of 66 specimens. This limited sample size is not
311 ideal, but the sample number in this study exceeded the threshold which could yield
312 significant differences as result of power analysis (*data not shown*). Accordingly, the
313 analytical results were subjected to statistical analysis and the AUC value exceeded 0.92
314 for each metabolite. In particular, because S7B- Δ^5 -CA exhibited no overlap between
315 NPC and control patients, the AUC value of the metabolite was 1.0. The cut-off
316 concentration was set to the concentration with the highest value of sensitivity-(1-
317 specificity) which is representative of the highest true positive rate and lowest false
318 positive rate. The sensitivity was 92.6–100% and specificity was 81.1–100%, but S7B-
319 Δ^5 -CA showed 100% for both parameters. These results were nearly equivalent to the
320 plasma oxysterols (6) and their metabolites (18, 19). Therefore, the metabolites
321 investigated herein represent a series of metabolites produced from cholesterol

322 accumulated by NPC pathology (18, 19). These results also suggest that urinary
323 metabolites are a series of metabolites generated from cholesterol accumulation in an
324 NPC-dependent manner (6, 18, 19). In addition, some patients with other lysosomal
325 diseases and cholesterol metabolic disorders provided almost low concentrations
326 (Supplementary Table 5 and 6). Thus, it is suggested that these urinary metabolites can
327 serve as useful NPC diagnostic biomarkers, reflecting the pathology of NPC.

328

329 CONCLUSION

330 A simultaneous analytical method for five urinary conjugated cholesterol
331 metabolites identified from the urine of patients with NPC was developed using
332 LC/MS/MS. The performance of the five metabolites as NPC diagnostic biomarkers
333 was also evaluated. First, we developed a reliable analytical method using column
334 switching LC/MS/MS, then five NPC diagnostic biomarker candidates in urine were
335 quantified. All five metabolites were generally present in higher concentrations in the
336 urine of patients with NPC compared to those of healthy controls and showed excellent
337 diagnostic marker performance. It was observed that the conjugated cholesterol

338 metabolites are useful as diagnostic markers of NPC. In particular, S7B- Δ^5 -CA is a
339 valuable biomarker, exhibiting both 100% sensitivity and specificity. In the future, it is
340 expected that these five urinary cholesterol metabolites, and S7B- Δ^5 -CA in particular,
341 will be used for a noninvasive diagnostic screening method for NPC.

342

343 Acknowledgements

344 We are grateful to all donors who provided their valuable urine samples. This
345 work was supported in part by JSPS KAKENHI 16K20900 and 18K15699. We would
346 like to thank Editage by Cactus Communications Co., Ltd. (Tokyo) for English
347 language editing.

348

349 REFERENCES

- 350 1. Vanier, M.T. 2010. Niemann–Pick disease type C. *Orphanet J. Rare Dis.* **5**: 16.
- 351 2. Carstea, E. D., M. H. Polymeropoulos, C. C. Parker, S. D. Detera-Wadleigh, R.
352 R. O'Neill, M. C. Patterson, E. Goldin, H. Xiao, R. E. Straub, M. T. Vanier, et
353 al. 1993. Linkage of Niemann-Pick disease type C to human chromosome 18.

- 354 Proc. Natl. Acad. Sci. USA. **90**: 2002–2004.
- 355 3. Steinberg, S. J., C. P. Ward, and A. H. Fensom. 1994. Complementation studies
356 in Niemann-Pick disease type C indicate the existence of a second group. *J.*
357 *Med. Genet.* **31**: 317–320.
- 358 4. Kwon, H. J., L. Abi-Mosleh, M. L. Wang, J. Deisenhofer, J. L. Goldstein, M. S.
359 Brown, and R. E. Infante. 2009. Structure of N-terminal domain of NPC1
360 reveals distinct subdomains for binding and transfer of cholesterol. *Cell.* **137**:
361 1213–1224.
- 362 5. Geberhiwot, T., A. Moro, A. Dardis, U. Ramaswami, S. Sirrs, M. P. Marfa, M.
363 T. Vanier, M. Walterfang, S. Bolton, C. Dawson, et al. 2018. Consensus clinical
364 management guidelines for Niemann-Pick disease type C. *Orphanet J. Rare*
365 *Dis.* **13**: 50.
- 366 6. Porter, F. D., D. E. Scherrer, M. H. Lanier, S. J. Langmade, V. Molugu, S. E.
367 Gale, D. Olzeski, R. Sidhu, D. J. Dietzen, R. Fu, et al. 2010. Cholesterol
368 oxidation products are sensitive and specific blood-based biomarkers for
369 Niemann-Pick C1 disease. *Sci. Transl. Med.* **2**: 56ra81.

- 370 7. Welford, R. W., M. Garzotti, L. C. Marques, E. Mengel, T. Marquardt, J.
371 Reunert, Y. Amraoui, S. A. Kolb, O. Morand, and P. Groenen. 2014. Plasma
372 lysosphingomyelin demonstrates great potential as a diagnostic biomarker for
373 Niemann-Pick disease type C in a retrospective study. *PLoS*
374 *One*;9(12):e114669.
- 375 8. Giese, A. K., H. Mascher, U. Grittner, S. Eichler, G. Kramp, J. Lukas, D. te
376 Vruchte, N. A. Eisa, M. Cortina-Borja, F. D. Porter et al. 2015. A novel, highly
377 sensitive and specific biomarker for Niemann-Pick type C1 disease. *Orphanet*
378 *J Rare Dis.* **10**: 78.
- 379 9. Alvelius, G., O. Hjalmanson, W. J. Griffiths, I. Björkhem, and J. Sjövall. 2001.
380 Identification of unusual 7-oxygenated bile acid sulfates in a patient with
381 Niemann-Pick disease, type C. *J. Lipid Res.* **42(10)**: 1571–1577.
- 382 10. Maekawa, M., Y. Misawa, A. Sotoura, H. Yamaguchi, M. Togawa, K. Ohno, H.
383 Nittono, G. Kakiyama, T. Iida, A. F. Hofmann, et al. 2013. LC/ESI-MS/MS
384 analysis of urinary 3 β -sulfooxy-7 β -N-acetylglucosaminy-5-cholen-24-oic acid
385 and its amides: new biomarkers for the detection of Niemann-Pick type C

- 386 disease. *Steroids*. **78(10)**: 967–972.
- 387 11. Maekawa, M., A. Narita, I. Jinnoh, T. Iida, T. Marquardt, E. Mengel, Y. Eto, P.
388 T. Clayton, H. Yamaguchi, and N. Mano. 2019. Diagnostic performance
389 evaluation of sulfate-conjugated cholesterol metabolites as urinary biomarkers
390 of Niemann–Pick disease type C. *Clin. Chim. Acta*. **494**: 58–63.
- 391 12. Maekawa, M., M. Shimada, K. Ohno, M. Togawa, H. Nittono, T. Iida, A. F.
392 Hofmann, J. Goto, H. Yamaguchi, and N. Mano. 2015. Focused metabolomics
393 using liquid chromatography/electrospray ionization tandem mass spectrometry
394 for analysis of urinary conjugated cholesterol metabolites from patients with
395 Niemann-Pick disease type C and 3 β -hydroxysteroid dehydrogenase
396 deficiency. *Ann. Clin. Biochem*. **52**: 576–587.
- 397 13. Maekawa, M., K. Omura, S. Sekiguchi, T. Iida, D. Saigusa, H. Yamaguchi, and
398 N. Mano. 2016. Identification of Two Sulfated Cholesterol Metabolites Found
399 in the Urine of a Patient with Niemann-Pick Disease Type C as Novel
400 Candidate Diagnostic Markers. *Mass Spectrom. (Tokyo)*. **5**: S0053.
- 401 14. Iida, T., G. Kakiyama, Y. Hibiya, S. Miyata, T. Inoue, K. Ohno, T. Goto, N.

- 402 Mano, J. Goto, T. Nambara, et al. 2006. Chemical synthesis of the 3-sulfooxy-
403 7-N-acetylglucosaminy-24-amidated conjugates of 3 β ,7 β -dihydroxy-5-cholen-
404 24-oic acid, and related compounds: unusual, major metabolites of bile acid in
405 a patient with Niemann-Pick disease type C1. *Steroids*. **71**: 18–29.
- 406 15. Kakiyama, G., A. Muto, M. Shimada, N. Mano, J. Goto, A. F. Hofmann, and T.
407 Iida. 2009. Chemical synthesis of 3 β -sulfooxy-7 β -hydroxy-24-nor-5-cholenoic
408 acid: an internal standard for mass spectrometric analysis of the abnormal Δ^5 -
409 bile acids occurring in Niemann-Pick disease. *Steroids*. **74**: 766–772.
- 410 16. Maekawa, M., M. Mori, M. Fujiyoshi, H. Suzuki, K. Yanai, A. Noda, M.
411 Tanaka, S. Takasaki, M. Kikuchi, K. Akasaka, et al. 2018. A direct injection
412 LC/ESI-MS/MS analysis of urinary cyclophosphamide as an anticancer drug
413 for monitoring occupational exposure. *Chromatography*. **39**: 41–47.
- 414 17. Matuszewski, B. K., M. L. Constanzer, and C. M. Chavez-Eng. 2003.
415 Strategies for the assessment of matrix effect in quantitative bioanalytical
416 methods based on HPLC-MS/MS. *Anal. Chem.* **75**: 3019–3030.
- 417 18. Mazzacuva, F., P. Mills, K. Mills, S. Camuzeaux, P. Gissen, E. R. Nicoli, C.

- 418 Wassif, D. te Vruchte, F. D. Porter, M. Maekawa, et al. 2016. Identification of
419 novel bile acids as biomarkers for the early diagnosis of Niemann-Pick C
420 disease. *FEBS Lett.* **590**: 1651–1662.
- 421 19. Jiang, X., R. Sidhu, L. Mydock-McGrane, F. F. Hsu, D. F. Covey, D. E.
422 Scherrer, B. Earley, S. E. Gale, N. Y. Farhat, F. D. Porter, et al. 2016.
423 Development of a bile acid-based newborn screen for Niemann-Pick disease
424 type C. *Sci. Transl. Med.* **8**: 337ra63.
- 425 20. Mackenzie, P. I., A. Rogers, J. Treloar, B. R. Jorgensen, J. O. Miners, R.
426 Meech. 2008. Identification of UDP glycosyltransferase 3A1 as a UDP *N*-
427 acetylglucosaminyltransferase. *J. Biol. Chem.* **283**: 36205–36210.
- 428 21. Jiang, X., R. Sidhu, F. D. Porter, N. M. Yanjanin, A. O. Speak, D. T. te Vruchte,
429 F. M. Platt, H. Fujiwara, D. E. Scherrer, J. Zhang, et al. 2011. A sensitive and
430 specific LC-MS/MS method for rapid diagnosis of Niemann-Pick C1 disease
431 from human plasma. *J. Lipid Res.* **52**: 1435–1445.
- 432 22. Clayton, P. T., J. V. Leonard, A. M. Lawson, K. D. R. Setchell, S. Andersson,
433 B. Egestad, and J. Sjövall. 1987. Familial giant cell hepatitis associated with

- 434 synthesis of $3\beta, 7\alpha$ -dihydroxy- and $3\beta, 7\alpha, 12\alpha$ -trihydroxy-5-cholenoic acids. *J.*
435 *Clin. Invest.* **79**: 1031–1038.
- 436 23. Setchell, K. D. R., F. J. Suchy, M. B. Welsh, L. Zimmer-Nechemias, J. Heubi,
437 and W. F. Balistreri. 1988. Δ^4 -3-oxosteroid-5 β -reductase deficiency described in
438 identical twins with neonatal hepatitis. A new inborn error in bile acid
439 synthesis. *J. Clin. Invest.* **82**: 2148–2157.
- 440 24. Clayton, P. T., M. Casteels, G. Mieli-Vergani, and A. M. 1995. Lawson.
441 Familial giant cell hepatitis with low bile acid concentrations and increased
442 urinary excretion of specific bile alcohols: a new inborn error of bile acid
443 synthesis? *Pediatr. Res.* **37**: 424–431.
- 444 25. Setchell, K. D., M. Schwarz, N. C. O'Connell, E. G. Lund, D. L. Davis, R.
445 Lathe, H. R. Thompson, R. W. Tyson, R. J. Sokol and D. W. Russell. 1998.
446 Identification of a new inborn error in bile acid synthesis: mutation of the
447 oxysterol 7 α -hydroxylase gene causes severe neonatal liver disease. *J.*
448 *Clin. Invest.* **102**: 1690–1703.
- 449 26. Clayton, P. T. 2011. Disorders of bile acid synthesis. *J. Inherit. Metab. Dis.* **34**:

450 593–604.

451

452 Fig. Legends

453 Fig. 1 Chemical structure of analytes and internal standard.

454 3β -Sulfooxy- 7β -*N*-acetylglucosaminyl-5-cholenoic acid (SNAG- Δ^5 -CA) (A), glycine-
455 amidated 3β -sulfooxy- 7β -*N*-acetylglucosaminyl-5-cholenoic acid (SNAG- Δ^5 -CG) (B),
456 taurine-amidated 3β -sulfooxy- 7β -*N*-acetylglucosaminyl-5-cholenoic acid (SNAG- Δ^5 -
457 CT) (C), 3β -sulfooxy- 7β -hydroxy-5-cholenoic acid (S7B- Δ^5 -CA) (D), 3β -sulfooxy-7-
458 oxo-5-cholenoic acid (S7O- Δ^5 -CA) (E), 3β -sulfooxy-7-oxo-23-*nor*-5-cholenoic acid
459 (Internal standard, IS) (F).

460

461 Fig. 2 SRM chromatograms of analytes and IS. 30 ng/mL standard mixture (A), an
462 urine of a healthy control (B), an urine of patient with Niemann-Pick disease type C
463 (C). All of analytes and IS were separated from each other and completely separated
464 from the contaminant peaks. SRM, selected reaction monitoring; IS, internal standard.

465

466 Fig. 3 The creatinine-corrected concentrations of SNAG- Δ^5 -CA (A), SNAG- Δ^5 -CG (B),
467 SNAG- Δ^5 -CT (C), S7B- Δ^5 -CA (D), S7O- Δ^5 -CA (E), and their total concentration (F) in
468 the urine of healthy controls and patients with NPC. SNAG- Δ^5 -CA, S7B- Δ^5 -CA, and
469 their total concentration in the urine of patients with NPC were significantly higher than
470 those observed in healthy controls. NPC, Niemann–Pick disease type C; SNAG- Δ^5 -CA,
471 3 β -Sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; SNAG- Δ^5 -CG, Glycine-
472 amidated 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; SNAG- Δ^5 -CT,
473 Taurine-amidated 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; S7B- Δ^5 -CA,
474 3 β -Sulfooxy-7 β -hydroxy-5-cholenoic acid; S7O- Δ^5 -CA, 3 β -Sulfooxy-7-oxo-5-
475 cholenoic acid.

476
477 Fig. 4 ROC analysis results of the urinary concentration of SNAG- Δ^5 -CA (A), SNAG-
478 Δ^5 -CG (B), SNAG- Δ^5 -CT (C), S7B- Δ^5 -CA (D), S7O- Δ^5 -CA (E), and their total
479 concentration (F). AUC, cut-off concentration, sensitivity, and specificity are also
480 shown. The AUC values ranged between 0.916 and 1.0. The sensitivities were 92.6% to
481 100% and the specificities were 81.1% to 100%. The cut-off concentrations ranged from

482 15 to 800 ng/mg Cr and S7B- Δ^5 -CA showed clear-cut diagnostic performance. SNAG-
483 Δ^5 -CA, 3 β -Sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; SNAG- Δ^5 -CG,
484 Glycine-amidated 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; SNAG- Δ^5 -
485 CT, Taurine-amidated 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; S7B- Δ^5 -
486 CA, 3 β -Sulfooxy-7 β -hydroxy-5-cholenoic acid; S7O- Δ^5 -CA, 3 β -Sulfooxy-7-oxo-5-
487 cholenoic acid; ROC, receiver operating characteristic.

Table 1 Analytical validation data.

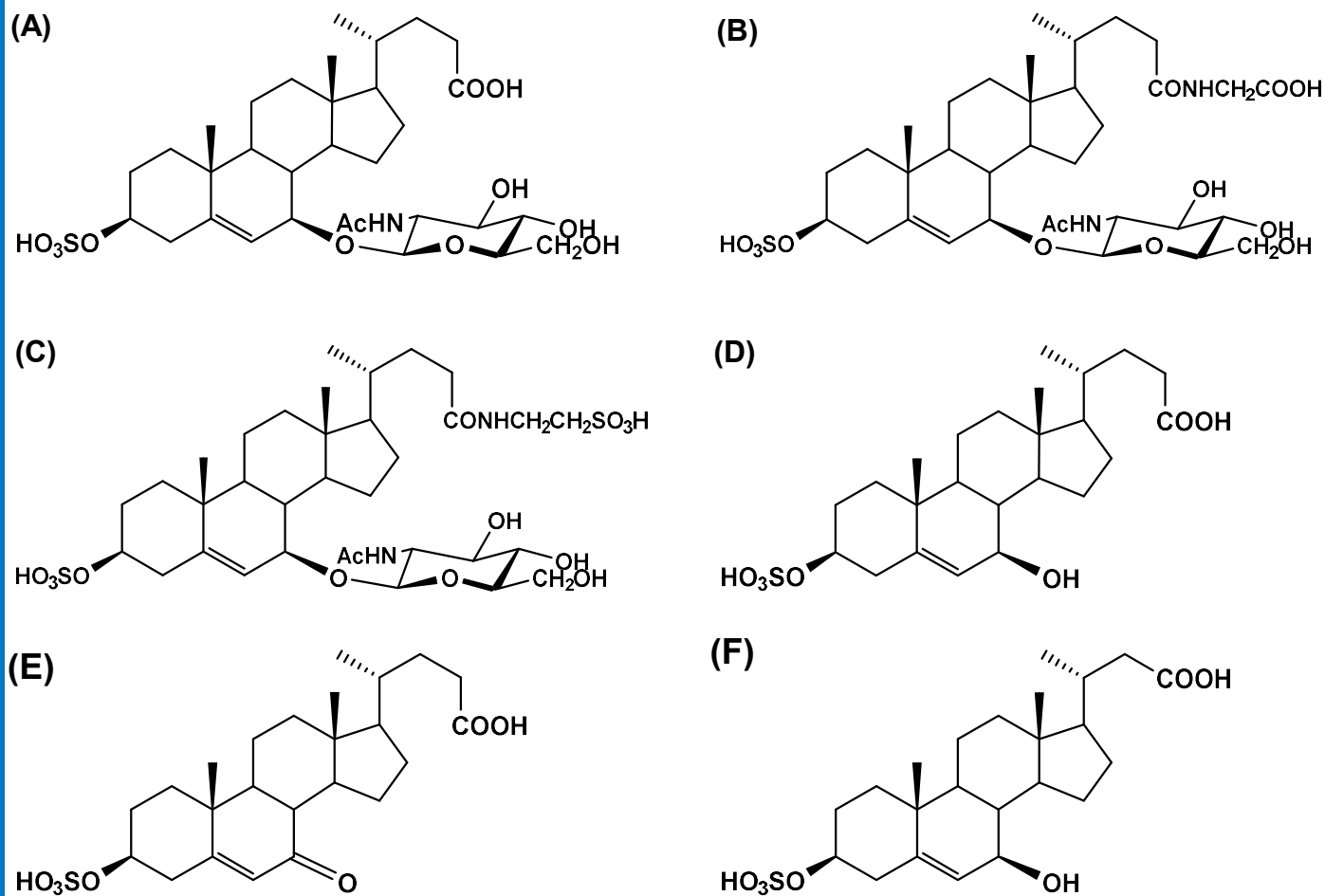
(A) Intra-day and inter-day assay

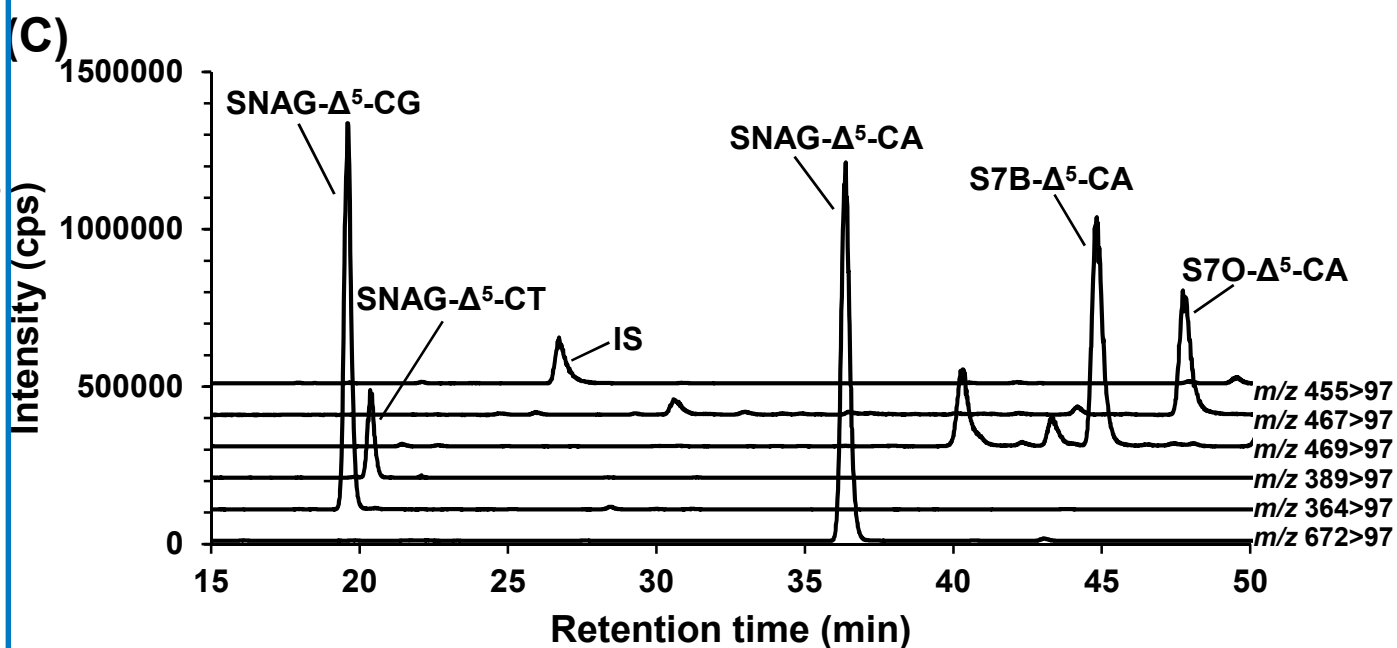
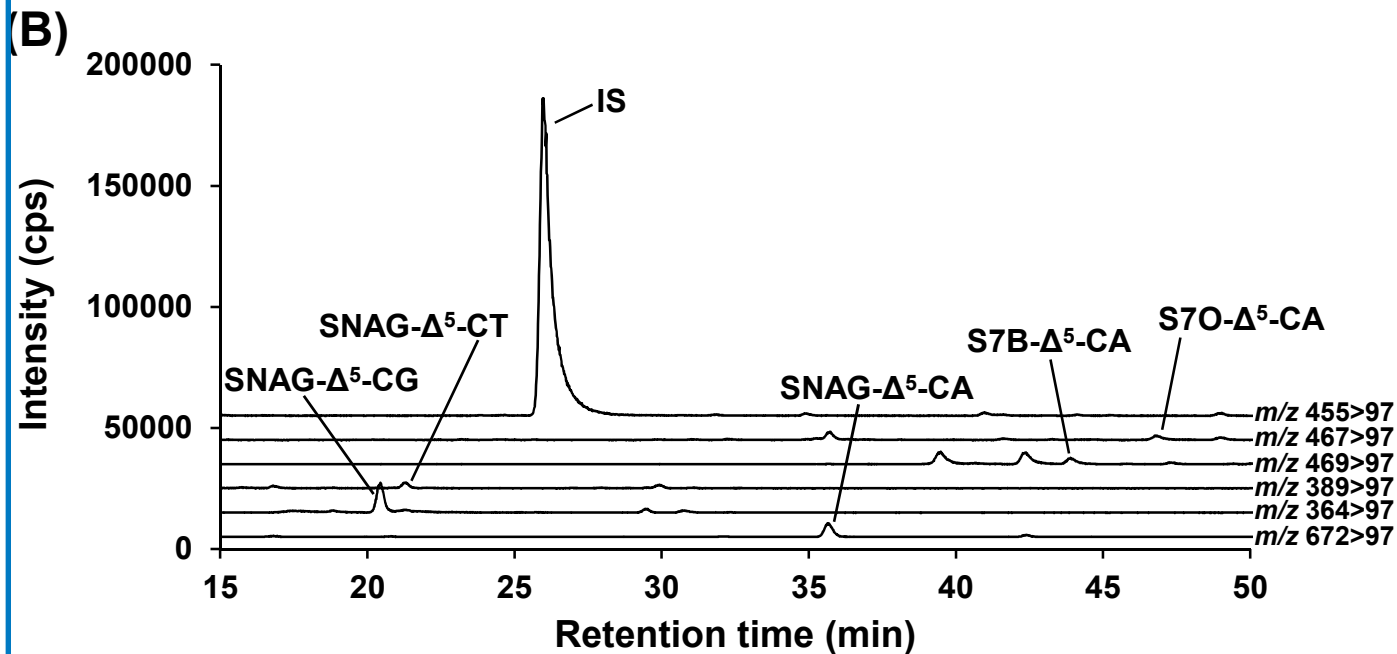
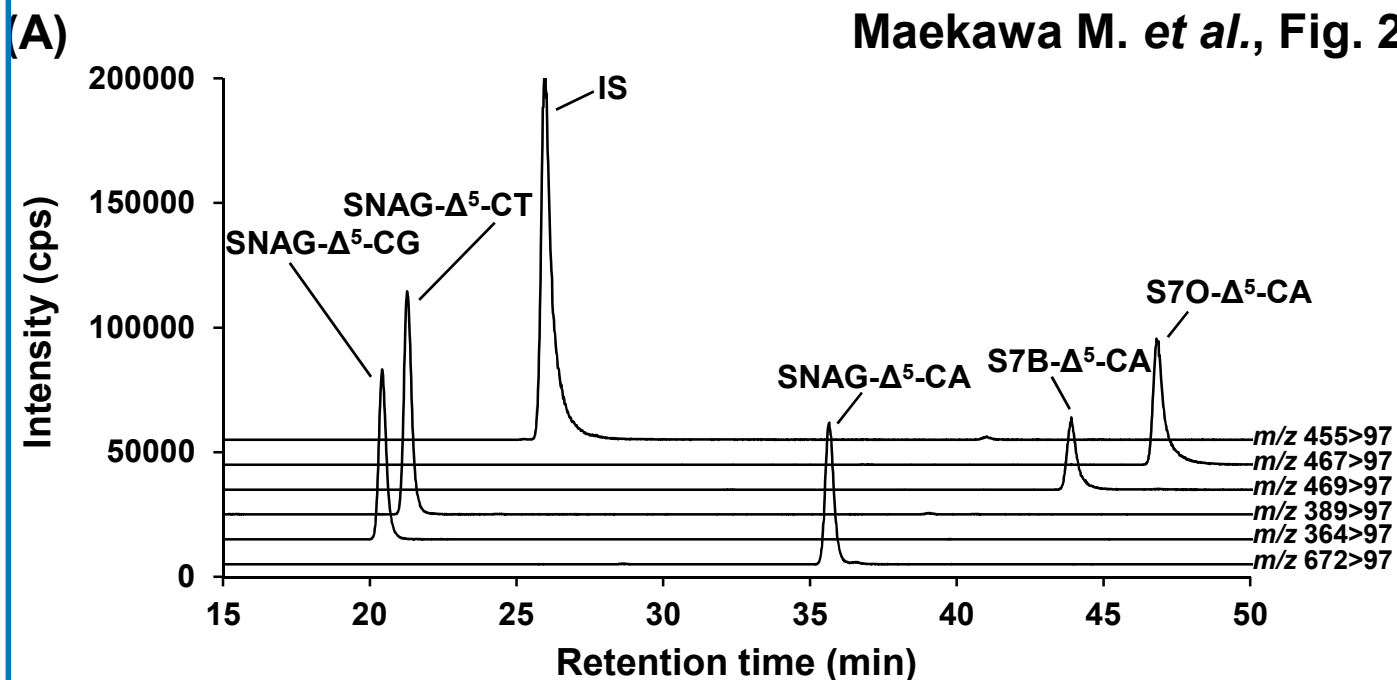
Intra-day assay (N=6)								
No	Compound	Recovery (%)				Accuracy (%)		
		Blank	LQC	MQC	HQC	LQC	MQC	HQC
1	SNAG- Δ^5 -CA	4.69	2.53	2.59	2.20	3.64	-6.01	-6.73
2	SNAG- Δ^5 -CG	3.07	4.36	3.19	2.87	2.56	-6.63	-7.99
3	SNAG- Δ^5 -CT	3.07	6.68	2.39	2.54	4.21	-4.06	-3.40
4	S7B- Δ^5 -CA	3.69	2.12	1.86	3.96	-4.94	-6.49	-10.23
5	S7O- Δ^5 -CA	7.48	1.54	2.13	4.28	5.73	6.10	3.17
Inter-day assay (N=6)								
No	Compound	Recovery (%)				Accuracy (%)		
		Blank	LQC	MQC	HQC	LQC	MQC	HQC
1	SNAG- Δ^5 -CA	4.27	5.50	2.95	2.25	-0.94	-3.60	-4.64
2	SNAG- Δ^5 -CG	2.43	4.29	3.50	2.03	-0.81	-4.25	-7.35
3	SNAG- Δ^5 -CT	3.11	6.15	1.69	1.82	0.100	-3.92	-4.26
4	S7B- Δ^5 -CA	8.31	6.79	4.57	3.00	-5.79	-2.46	-8.75
5	S7O- Δ^5 -CA	5.76	4.11	3.55	4.25	3.06	9.76	7.67

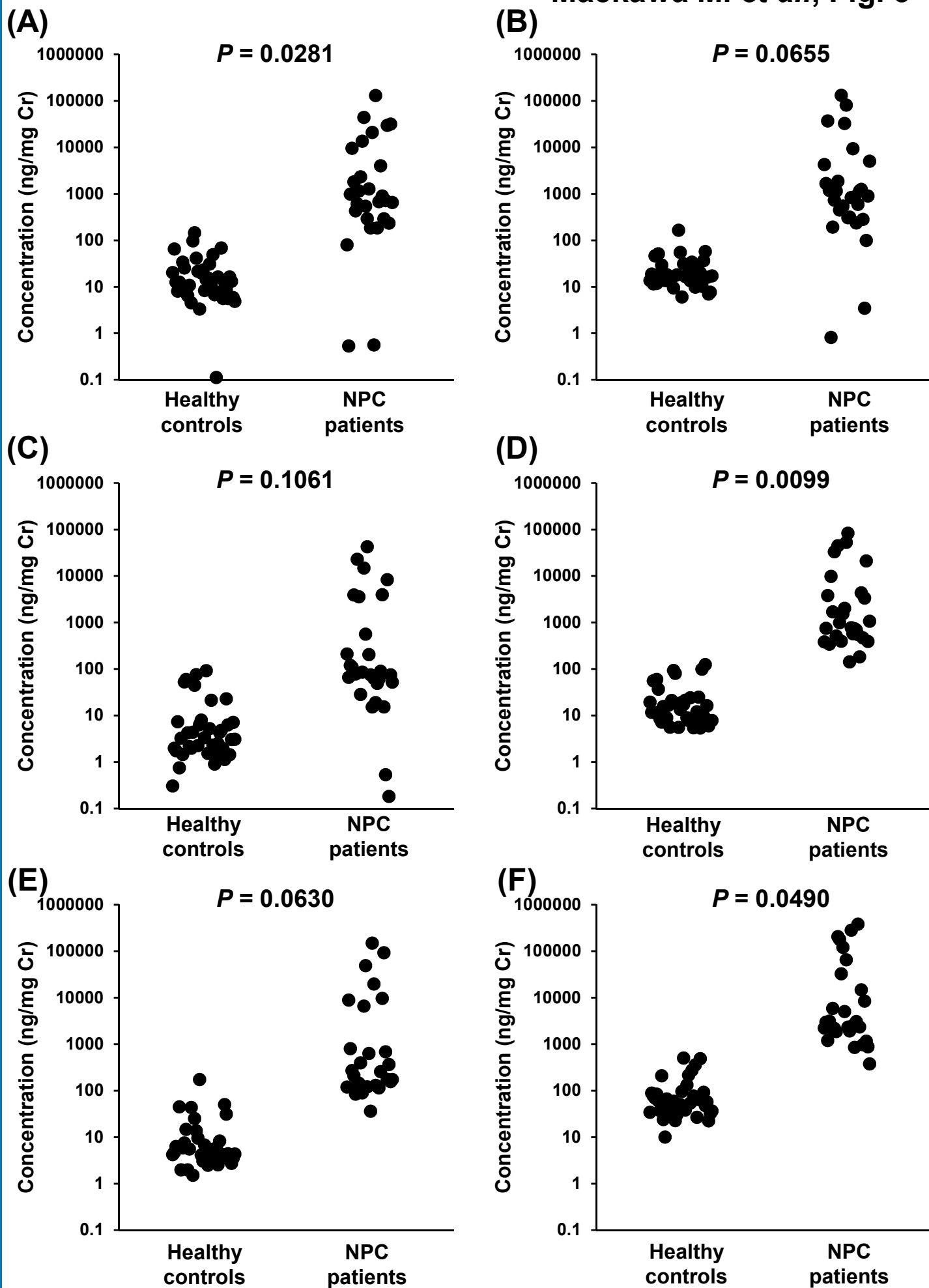
(B) Stability and dilution test

		Recovery (%), Mean±SD					
		Freeze and thaw		-80°C for 6 months		4°C for 24 hours	
		LQC	HQC	LQC	HQC	LQC	HQC
1	SNAG-Δ ⁵ -CA	99.9±3.75	104±0.687	95.3±4.58	95.0±2.64	99.1±3.19	97.1±0.227
2	SNAG-Δ ⁵ -CG	97.9±1.17	99.1±0.642	110±3.76	97.6±1.88	101.1±3.84	97.2±0.931
3	SNAG-Δ ⁵ -CT	98.1±2.34	101±1.08	96.8±2.13	98.5±1.66	97.7±4.48	97.2±1.97
4	S7B-Δ ⁵ -CA	98.6±2.47	97.4±1.18	98.9±5.89	103±1.46	96.8±1.34	92.1±0.347
5	S7O-Δ ⁵ -CA	96.8±4.99	104±1.64	99.9±3.05	104±0.168	102.3±6.30	93.4±1.65
		24°C for 12 hours		Autosampler for 48 hours		Dilution	
		LQC	HQC	LQC	HQC	10 μg/mL	
1	SNAG-Δ ⁵ -CA	95.5±3.23	95.8±2.16	92.2±2.80	93.7±0.797	109±0.759	
2	SNAG-Δ ⁵ -CG	98.4±2.36	95.9±1.15	99.7±2.21	94.4±0.844	109±0.976	
3	SNAG-Δ ⁵ -CT	95.6±2.17	94.6±0.399	94.7±2.38	96.3±2.18	107±1.81	
4	S7B-Δ ⁵ -CA	94.4±7.45	93.8±2.30	101±3.09	106±1.09	104±1.11	
5	S7O-Δ ⁵ -CA	95.3±2.92	96.9±3.36	103±1.43	109±1.40	102±1.76	

LQC, low quality control (2 ng/mL); MQC, middle quality control (50 ng/mL); HQC, high quality control (800 ng/mL); SNAG-Δ⁵-CA, 3β-Sulfooxy-7β-*N*-acetylglucosaminyl-5-cholenoic acid; SNAG-Δ⁵-CG, Glycine-amidated 3β-sulfooxy-7β-*N*-acetylglucosaminyl-5-cholenoic acid; SNAG-Δ⁵-CT, Taurine-amidated 3β-sulfooxy-7β-*N*-acetylglucosaminyl-5-cholenoic acid; S7B-Δ⁵-CA, 3β-Sulfooxy-7β-hydroxy-5-cholenoic acid; S7O-Δ⁵-CA, 3β-Sulfooxy-7-oxo-5-cholenoic acid.







Maekawa M. *et al.*, Fig. 4