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Magnitude of urban heat islands largely explained by climate and population

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Abstract

Urban heat islands (UHIs) exacerbate the risk of heat-related mortality associated with global 5 climate change. The intensity of UHIs is known to vary with population size and mean annual pre-6 cipitation but a unifying argument is missing, and geographically targeted guidelines for heat miti-7 gation remain elusive. Here we analyze urban-rural surface temperature differences (ΔT_s) world-8 wide and find a nonlinear increase of ΔT_s with precipitation that is controlled by water/energy 9 limitations on evapotranspiration and that modulates the scaling of ΔT_s with city size. We in-10 troduce a coarse-grained model linking population, background climate, and UHI intensity and 11 we show that urban-rural changes in evapotranspiration and convection efficiency are the main 12 determinants for warming. The direct implication of these nonlinearities is that mitigation strate-13 gies aimed at increasing green cover and albedo are more efficient in dry regions, while cooling 14 tropical cities is a challenge that will require innovative solutions. 15

16 Keywords: Cities, Climate Variability, Green Cover, Population, Urban Heat Islands

17 Main

Cities modify their surface energy balance and generally exhibit higher air and surface temperatures 18 than the surrounding rural areas 1-3. This phenomenon, known as the urban heat island (UHI) ef-19 fect, poses a threat to human health as more than half of the world population now lives in cities⁴ 20 and warming can increase morbidity and mortality^{5,6}, especially during heat waves⁷. UHIs have 21 been extensively studied in North America^{2,8}, Europe⁹, China^{10,11}, and globally^{12,13}. A link between 22 urbanization-induced warming and city size as measured by its population was first proposed in 1973 23 based on nighttime air temperature data¹. With the proliferation of remotely sensed land surface 24 temperature measurements, similar relations have been proposed at the global scale¹³. Local hydro-25 climatic conditions also contribute to the intensity of UHIs^{2,14}, with rising mean annual precipitation 26 causing an increase in urban to rural surface temperature differences (ΔT_s), a proxy for urban warm-27 ing with respect to the more efficient cooling of the surrounding rural surfaces. Given the complexity 28 of urban systems, identifying and isolating the causes of UHIs remains challenging^{3,15} and the factors 29 contributing to the observed changes in ΔT_s across city sizes and hydroclimatic conditions continue 30 to be a subject of inquiry and debate 2,13,14,16 . 31

During nighttime, the intensity of UHIs is largely controlled by urban-rural differences in surface 32 geometry, thermal properties, and anthropogenic heat³. The causes of daytime ΔT_s are fundamentally 33 different and both changes in convection efficiency associated with surface roughness² and changes 34 in the partitioning of latent/sensible heat fluxes associated with local climate-vegetation character-35 istics 10,14,16 have been proposed as the main drivers of warming. Some studies suggested that ΔT_s 36 increases linearly with precipitation due to changes in aerodynamic resistance, as cities in dry climates 37 are more efficient than the barren surrounding in dissipating heat, while the opposite is observed in 38 humid regions². However, the validity of such a linear relation has been questioned. Remote sensing 39 measurements from 32 cities in China hint to the existence of a precipitation threshold above which 40 ΔT_s is insensitive to precipitation changes ¹⁰. In addition, the aerodynamic explanation of UHIs is 41 inconsistent with the observed power law scaling of urban warming with population as an increase in 42 building height (associated with larger city sizes¹⁷) should enhance convection and increase cooling 43 rather than warming. However, the reasoning that "rougher" cities with taller and denser buildings 44 are more efficient in exchanging heat and momentum² is contrary to the observed decrease in rough-45 ness length with urban density¹⁸. Numerical simulations have confirmed possible nonlinear responses 46 of ΔT_s to precipitation¹⁶ but, unlike previous modeling results, the variability of ΔT_s has been ex-47 plained by changes in rural temperature¹⁶ rather than convection efficiency². In short, the causal links 48

between ΔT_s , population, city texture, and climate appear to be complicated by hidden thresholds 49 and remain uncertain. As a consequence, identifying general guidelines for heat mitigation remains 50 a daunting task ¹⁵ and a fundamental knowledge gap persists in understanding how cooling effects of 51 urban vegetation¹⁹ and albedo management² vary across cities and climatic conditions. A case in 52 point is the Italian city of Matera which, despite its dense urban fabric and the lowest green cover in 53 Europe (only 0.1% of the total area²⁰), exhibits a negative UHI²¹ while Singapore, with more than 54 50% of green spaces²², shows a daytime ΔT_s of +1.9°C (ref.21). Hence, the efficiency of heat miti-55 gation strategies cannot be directly inferred from studies on a few selected cities because an adequate 56 basis for generalization is missing. More broadly, such global issues need to be tackled with a holis-57 tic perspective to put existing results into geographic context and transfer knowledge across climatic 58 gradients, which frames the scope of this work. 59

Here, surface temperature anomalies in more than 30000 cities²¹ are analyzed and used to de-60 velop a mechanistic coarse-grained model that links ΔT_s to population (N) and mean annual pre-61 cipitation (P), where N is an aggregate measure for urban infrastructure size and P is a proxy for 62 time-integrated surface-atmosphere exchanges and climatic patterns. The model is based on the fact 63 that, as a city grows, its structure and functioning are predictably modified²³. Different building ma-64 terials are employed, heat storage and evapotranspiration fluxes are altered, and human activity and 65 energy consumption increase. The urban fabric (e.g. area, materials, mean building height, height-to-66 width ratio of street canyons) also changes, thus altering reflectivity and emissivity of the city surface 67 as well as its roughness and convection efficiency relative to the surrounding (often vegetated) areas. 68 Despite the diversity and complexity of urban systems, universal scaling laws linking urban popula-69 tion to infrastructure size and socio-economic metrics exist and have been confirmed when combining 70 data from cities across the entire globe²³. How can links between such established scaling laws, ΔT_s , 71 and climate-vegetation characteristics be beneficially used to globally address urban-induced warm-72 ing motivates the work here. When coupled to energy and radiative transfer principles, it is shown 73 that the aforementioned scaling laws provide logical bases to coarse-grained representations of UHIs. 74 This approach constitutes a major departure from empirical analysis that lump different mechanisms 75 into statistical correlations, e.g. between ΔT_s and population or urban texture^{1,12}. Likewise, it differs 76 from the current state-of-the-science being employed in climate simulations that resolve the physics 77 of energy exchanges and atmospheric flows at the street-canyon and building level but cannot cap-78 ture emergent large scale phenomena associated with population and infrastructure dynamics. Our 79 findings explain the global variability of UHIs, they complement exisiting micro-scale urban climate 80 studies²⁴ and provide guidance for the increasing efforts aimed at greening and cooling world cities, 81

especially to the large number of metropolises that have not benefitted from intensive observational or

modelling studies. Also, the approach here offers guidance on where detailed observational and sim-

⁸⁴ ulation studies can be more effective so as to address UHIs across climatic gradients and city sizes.

⁸⁵ The main novelty of the proposed approach is the inclusion of emergent behaviors of urban-biosphere

systems in a coarse-grained model that explains the observed global patterns of ΔT_s . These patterns

 87 are then translated to general guidelines for planning and retrofitting of cities 5,25 .

Global patterns of urban warming

The focus of our analysis is on mean daily urban-rural surface temperature differences ΔT_s during 89 summertime when the intensity of UHIs and the risk of heat-related mortality are expected to be the 90 highest^{8,13}. Also, any links to precipitation are likely to be more evident during summer beacuse 91 vegetation is active¹⁶. Consistent with prior results^{10,16} derived from a smaller data set, a nonlinear 92 relation between ΔT_s and mean annual precipitation is found (Fig. 1a). The reported linear increase² 93 holds for low precipitation regimes but ΔT_s saturates at high precipitation values exceeding around 94 $P=1500 \text{ mm yr}^{-1}$. A nonlinear response between ΔT_s and background temperature T_s is also ob-95 served (Fig. 1b) with peak warming occurring at $T_s \approx 22^{\circ}$ C and decreasing UHI intensities for warmer 96 climates. A positive correlation between daytime surface UHI intensity and mean air temperature (T_a 97 between -10 and 30°C) have been reported¹⁰ suggesting a possible intensification of urban warm-98 ing under future climate change scenarios²⁶. However, an opposite correlation was observed during 99 nighttime¹⁰ and during the day in 54 US cities²⁷. The global results here show that ΔT_s decreases 100 for T_s higher than $\approx 25^{\circ}$ C. Unlike previous results suggesting that the scaling $\Delta T_s \sim N^{\delta}$ is invariant 101 with climate², precipitation is shown to introduce appreciable corrections to the observed exponent δ 102 with a weakening of such scaling under wet conditions (Fig. 1c). Specifically, δ is 0.21 globally but 103 it varies between 0.15 and 0.34 under wet and dry conditions, respectively. These results agree with 104 early work on the impact of soil moisture on the relation between UHI intensity and population²⁸ and 105 the values of δ are in agreement with prior scaling exponents reported in the literature¹³. 106

The observed global variability of ΔT_s with mean annual precipitation P and urban population Ncan be expressed mathematically as (see derivation in the Supporting Information, SI):

$$\Delta T_s(P,N) = \frac{1}{f_s(P) - \frac{\gamma}{a_T} f_a(P)} \Delta S(P,N); \tag{1}$$

where f_s^{-1} and f_a^{-1} [K W⁻¹ m²] represent the surface and air temperature sensitivities to 1 W m⁻²

energy forcing, γ and a_T are phenomenological parameters that account for the coupling between T_s 110 and T_a , and ΔS [W m⁻²] is the energy forcing perturbation due to urban-induced changes in surface 111 albedo ($\Delta \alpha$), emissivity ($\Delta \varepsilon_s$), evapotranspiration (ΔET), convection efficiency (Δr_a), and anthro-112 pogenic heat (ΔQ_{ah}). Eq. 1 provides a parsimonious description of the coupled urban-biosphere 113 system (Supplementary Fig. S1) based on general scaling laws for urban form/function and global cli-114 mate relations (see Methods and SI for details). The proposed approach is deemed "coarse-grained" 115 because "fine-grained" properties of cities and rural areas are smoothed over in space and time to 116 focus on collective phenomena and climatic patterns rather than microscopic (i.e., building to block 117 scale) processes. The validity of the model for the purposes of this study can be evaluated by its ability 118 to recover the observed patterns of ΔT_s changes with simultaneous changes in background climate 119 and population (Fig. 1a-c and Supplementary Fig. S2). The model has a good fit and accuracy when 120 predicting the observed trend of global UHIs across precipitation gradients, closely matching the 1:1 121 line and accounting for 74% of the variation (inset in Fig. 1a). The agreement between observed and 122 modeled ET (Supplementary Fig. S3) and the modeled impact of background temperature and wind 123 speed on urban warming (Fig. 1b and Supplementary Fig. S4, respectively) are also acceptable, thus 124 confirming the robustness of the approach here. A conceptual analysis of ΔT_s variability using Eq. 1 125 suggests that the observed nonlinear responses of UHIs to background climate (Fig. 1) arise from 126 distinct mechanisms, the relative contribution of which vary with precipitation^{2,29} as now discussed 127 using the combined data-model results. 128

The shape of the $P - \Delta T_s$ relation is largely controlled by changes in evapotranspiration (ET). In 129 wet climates, energy limitations define an upper bound to ET differences between urban and rural en-130 vironments while, in arid regions, water limitations reduce the magnitude of rural ET thus limiting the 131 contribution of ΔET to ΔT_s (Fig. 1a,d). In dry climates, when the water budget of urban vegetation 132 is supplemented by irrigation, ΔT_s becomes negative creating an "oasis" effect ^{30–32}. The amount of 133 urban vegetation also plays a role as estimates of urban green cover fractions $(g_{c,u})$ from Europe (EU) 134 and South East Asia (SEA) reveal a significant larger green area in cities located in high precipitation 135 regimes (see Methods). This dependence of urban greenery on hydroclimate, together with changes 136 in air specific humidity with precipitation gradients (see results in the SI), explaisn the concavity of 137 the $P - \Delta T_s$ relation in Fig. 1a. 138

As proposed elsewhere^{2,7}, urban-rural changes in convection efficiency also contribute to city cooling in dry and warm climates. Given that the height of natural vegetation increases logistically with precipitation³³, cities in dry regions are aerodynamically rougher than the surrounding rural surfaces characterized by deserts or short vegetation and heat dissipation by convection could be more

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efficient (see Supplementary Fig. S5). Conversely, cities in wet climates are often surrounded by tall forests that exchange heat more efficiently than dense building blocks. In general, the increase in convection efficiency of rural/vegetated surfaces with higher precipitation, increases the energy redistribution factors f_s and f_a (through the aerodynamic resistance r_a , see SI) thus damping the impact of urban-rural changes on the magnitude of ΔT_s .

Regarding surface albedo, both positive and negative urban-rural differences $\Delta \alpha$ have been re-148 ported for single cities³, but previous urban research has predominantly focused on cities in temperate 149 mid-latitudes. The new global analysis here suggests that urban albedo has a notable negative depen-150 dence on precipitation, and that world cities overall have a higher albedo than the rural surroundings 151 (see Supplementary Fig. S6). Albedo difference therefore contributes to reducing the intensity of 152 UHIs, especially in dry regions where the "oasis" effect is observed. Sparse vegetation associated 153 with low precipitation regimes generates barren rural areas having lower albedo and higher surface 154 temperatures than cities^{2,34,35}. This result agrees with a reported daytime cooling of 0.7°C associated 155 with a reduction of net radiation loading reported for cities in the Southern United States² and the 156 negative UHIs observed in India during the pre-monsoon summer³⁵. Given the observed decrease in 157 background albedo with increasing precipitation, $\Delta \alpha$ contributes to cooling in wet regions but this 158 contribution becomes negligible when compared to the warming effect of ΔET and Δr_a (see Meth-159 ods). As a global average, precipitation decreases with increasing summer surface temperature above 160 20° C (i.e., not surprisingly precipitation peaks in the tropics where T_s is typically in the range of 161 20-30°C throughout the year while T_s can exceed 50°C in arid regions, see results in the SI) and 162 the modeled $P - \Delta T_s$ relation translates into a decrease of UHI intensity with rising background 163 temperature T_s (Fig. 1b,e). 164

Regarding the impact of city size on urban surface warming, the scaling $\Delta T_s \sim N^{\delta}$ is largely 165 controlled by changes in convection efficiency and anthropogenic heat fluxes. Compact high-rise 166 buildings dissipate less heat than sparse low-rise structures and anthropogenic release of energy is 167 higher in large dense cities, thus causing the observed increase in urban "skin" temperature with 168 population N. However, the scaling exponent cannot be explained by urban fabric and heat release 169 alone as δ is modified by background climate through changes in evapotranspiration and convection 170 efficiency that depend on precipitation P. Our analysis suggests that changes in surface convection 171 efficiency associated with urban density play a key role in regulating the magnitude of surface UHIs 172 (Fig. 1f). This result is in agreement with the fact that, on large spatial and temporal scales, changes 173 in surface roughness and evapotranspiration efficiency are found to have impacts of similar magnitude 174 on surface temperature differences between forested and cleared land^{29,36}. 175

Heat mitigation strategies

These findings provide a mechanistic basis for mitigation strategies in different cities around the world, 177 even where the urban climate was not intensively studied. To this purpose, we have analyzed temper-178 ature, precipitation, and green cover data for cities in two distinctive climate regions where green 179 cover data were available, i.e. EU and SEA (Fig. 2). Despite large differences in green cover between 180 EU ($g_{c,u} = 0.07 \pm 0.05$) and SEA ($g_{c,u} = 0.48 \pm 0.12$), observed ΔT_s values are comparable in the two 181 regions (1.1±0.6 and 0.8±0.9°C in EU and SEA, respectively). This evidence questions the effec-182 tiveness of increasing efforts aimed at greening global cities to reduce warming under some climatic 183 conditions. Although it could be surprising, such ΔT_s similarity is consistent with the observed non-184 linearity in the $P - \Delta T_s$ relation that is reasonably predicted by the coarse-grained model. The larger 185 values of precipitation in SEA compared to EU (2354 ± 747 versus 775 ± 186 mm yr⁻¹) enhance the 186 contribution of ΔET to ΔT_s . That is, rural areas in SEA are more efficiently cooled by evapotran-187 spiration due to higher water availability than their EU counterparts, making the goal of minimizing 188 urban-rural temperature differences harder in SEA. Juxtaposition of this finding to climatic zones 189 means that tropical urban environments require a larger extent of green spaces to compensate for the 190 greater reduction in latent heat fluxes caused by urbanization. 191

A sensitivity analysis of Eq. 1 to changes in urban green cover elucidates this interplay among 192 multiple mechanisms and highlights the fundamental role of background climate for the design of any 193 UHI mitigation strategy (Fig. 3a) by greening. In dry climates, greening can have a substantial cooling 194 effect if urban irrigation is employed^{19,30}. In arid regions, rural land surfaces can be warmer than 195 urban areas due to lower albedo, lower convection efficiency, and water-limited evapotranspiration. 196 However, the magnitude of this "oasis" effect is largely controlled by the amount of urban vegetation 197 and the level of irrigation (Fig. 3 and Supplementary Fig. S7). In wet climates, vegetation is not water 198 limited and ET is a dominant component of the rural surface energy balance³⁵ so that, to reduce 199 ΔT_s , an increasing green cover is needed as P increases (Fig. 3a). Similar nonlinear responses of 200 ΔT_s to changes in urban albedo and population density are found as illustrated in Fig. 3b-c (see also 201 Supplementary Fig. S7, S8). These results suggest that cooling strategies focused on vegetation and 202 albedo are more effective in regions with $P < 1000 \text{ mm yr}^{-1}$ as it is difficult to achieve $\Delta T_s \leq 0.5^{\circ}\text{C}$ 203 at higher precipitation regimes. This work also suggests that the impact of population density on ΔT_s 204 is rather small in wet climates when compared to the other factors (e.g., megacities in SEA) but it 205 is maximized in arid regions where ΔT_s can be mitigated by irrigation. Larger efforts or different 206 strategies (e.g., increasing albedo or convection efficiency) are needed in wet climates because the 207

replacement of natural vegetation with urban surfaces generates a much stronger contribution to urban
 warming^{11,14}.

210 Climate-sensitive urban planning

The importance of urban vegetation as "natural capital" can hardly be disputed³⁷ and its significance 211 to provide heat stress relief at the neighborhood scale is well known¹⁹. However, background climate 212 conditions influence the efficiency of urban vegetation as a city-scale heat mitigation solution. Since 213 urban-rural differences in ET increase with precipitation, under wet conditions almost the entire city 214 area would need to be replaced with green surfaces to substantially decrease ΔT_s (Fig. 3a). Fur-215 thermore, vegetation can reduce thermal comfort by increasing air humidity in hot tropical regions³⁸, 216 although if it offers shade, it can still significantly enhance pedestrian comfort. Thermal comfort is 217 associated with air and mean radiant temperatures, air humidity, and wind speed rather than surface 218 temperature alone³⁹. Hence, while ΔT_s is a good proxy for UHI intensity at the global scale with the 219 advantage of providing a theoretical basis for the factorization of the different mechanisms regulating 220 the surface energy balance⁷, a climate-sensitive design of cities should also account for site-specific 221 urban and climate characteristics as well as air-surface temperature feedback. Our global analysis 222 inevitably sacrifices such fine-scale processes and detailed numerical simulations remain essential to 223 describe the complexity and heterogeneity of real cities from the building to the regional scale^{40,41}. 224 High-resolution simulations, however, are computationally expensive, require detailed information 225 about city texture and building material, and municipalities around the world are often called to make 226 planning decisions without any city-specific analysis. Hence, the coarse-grained approach here can 227 provide a first order guideline on expected cooling effects valid across different regions, future climate, 228 and population scenarios to complement micro-scale monitoring and modeling studies. Similarly, 229 the parallel research track of detailed urban energy balance studies^{24,41,42} can improve the presented 230 coarse-grained representation of urban-biosphere interactions by providing refined urban and climate 231 relations. 232

Given that urban vegetation improves the provision of other ecosystem services (e.g. reduce pollution, improve health, recreation, biodiversity, shading, carbon sequestration, water regulation^{37,43}) the full extent of its benefits cannot be evaluated based on surface cooling alone. However, it is safe to state that heat mitigation strategies in urban environments experiencing large precipitation should focus on maximizing shading^{38,44} and ventilation⁴⁵ rather than evaporative cooling. As highlighted by previous studies⁷ and confirmed by the results here, the aerodynamic properties of cities also contribute to regulating the intensity of UHIs. However, how complex, non-uniform, urban geometries influence the exchange of heat and momentum at the land surface is still a subject of open research, especially at the scales that are relevant for urban design⁴⁰. Our analysis confirms that albedo management is also a viable option to reduce warming at the city scale^{2,46} but, given the seasonality of urban warming⁹, albedo modifications can promote winter cooling and increase energy demand, especially in cold regions⁴¹.

Hence, given the inefficiency of "one size fits all" solutions⁴⁷ and the fact that cities will face 245 higher costs for climate change adaptation due to UHIs⁴⁸, urban planning should be well aware of the 246 nonlinearities discussed here and explicitly incorporate population dynamics and different climatic 247 contexts in the design of heat mitigation strategies. In a recent Environment Strategy, the Mayor of 248 London has set the target of increasing the city's green cover to 50% by 2050⁴⁹. According to our 249 results, this is a reasonable target to reduce warming in a city such as London, that is relatively dry 250 compared to the tropics, but it is not sufficient to cool tropical cities where warming is observed even 251 when the green cover exceeds 50% (as in the case of Singapore). In warm arid and semi-arid regions, 252 the intensity of UHIs is often negligible or even negative as observed in Matera, which experiences 253 a hot-summer mediterranean climate. Yet, high background temperatures may pose serious risks for 254 public health⁶ and urban vegetation can be beneficial to strengthen negative UHIs further. The need 255 for urban irrigation, however, can cause water scarcity that could be exacerbated in future climate⁵⁰, 256 shifting the anthropogenic pressure on local water resources. 257

258 Conclusions

The science of cities has proceeded through an interplay between novel scaling theories about size 259 and population, energy and radiative conservation principles, aerodynamics, eco-hydrology, and the 260 acquisition of diverse data sources at scales and resolutions unimaginable only three decades ago. 261 Comprehensive analyses aimed at identifying global patterns, trends and complex interactions shap-262 ing an urbanizing planet are certainly profiting from such an interplay, as demonstrated by the global 263 analysis here. This study reveals that urban-rural systems exhibit emergent global scale behaviours 264 which can be described by a coarse-grained representation of the underlying social and physical pro-265 cesses. Global climate change and population growth represent some of today's major challenges 266 for cities and our approach offers a novel framework to forecast and mitigate the combined effects 267 of these two stressors on metropolitan areas worldwide. The intensity of UHIs is shown to be non-268 linearly modulated by mean annual precipitation and population size with associated changes in heat 269

release, albedo, convection efficiency, and evapotranspiration explaining the observed global patterns of urban-rural surface temperature anomalies. City-level strategies aimed at reducing warming should account for these inherent system nonlinearities as local climate-vegetation characteristics influence the efficiency of different cooling solutions being planned now and in the foreseeable future. Cooling the rapidly expanding tropical cities in Africa and South Asia remains a challenge that will require innovative design solutions beyond increasing urban green areas and modifying albedo.

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Authors contribution

G.M. designed the study, developed the model and conducted the analysis with contributions from
S.F., G.K., and E.B.Z.; K.Y. and T.W.C. analyzed albedo remote sensing observations. G.M. wrote
the original draft of the manuscript with inputs from S.F., G.K. and E.B.Z.; M.S., K.Y., T.W.C., N.M.,
P.B. reviewed and edited the manuscript. All authors discussed the results and contributed to the final
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Figure legends

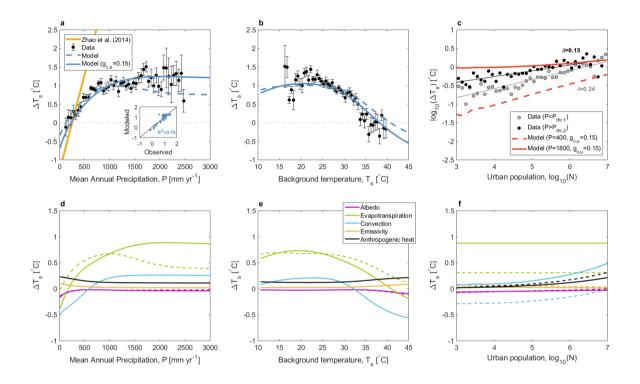


Figure 1: Impact of background climate and population size on urban warming and its components. Observed (markers) and modeled (lines) nonlinear relations between ΔT_s and (a) mean annual precipitation P, (b) background temperature T_s , and (c) urban population N. The attribution of ΔT_s to changes in surface albedo ($\Delta \alpha$), evapotranspiration (ΔET), convection efficiency (Δr_a), surface emissivity ($\Delta \varepsilon_s$), and anthropogenic heat (ΔQ_{ah}) as a function of (d) P, (e) T_s , and (f) N is also illustrated. A 1:1 comparison of observed and modeled ΔT_s is presented in panel a (inset). The coefficient of determination \mathbb{R}^2 for this 1:1 comparison is also shown. In panels a-b and d-e, model results are featured for a constant urban green cover $g_{c,u} = 0.15$ (solid lines) and $g_{c,u}$ proportional to P (dashed lines). Model results are obtained considering an urban irrigation index $I_{r,u}$ =0.2 (see SI for details). A linear regression summarizing other data sets for daytime UHIs² is shown for reference (yellow line in panel a). The scaling of ΔT_s with population is shown in panel c-f for wet and dry conditions (solid and dashed lines, respectively). The scaling exponent δ is calculated by fitting the observations (with $P_{thr,1}$ =700 and $P_{thr,2}$ =1500 mm yr⁻¹) while the model results are shown for comparison considering two exemplary precipitation levels (P=400 and 1800 mm yr⁻¹). Error bars indicate \pm 1 SEM.

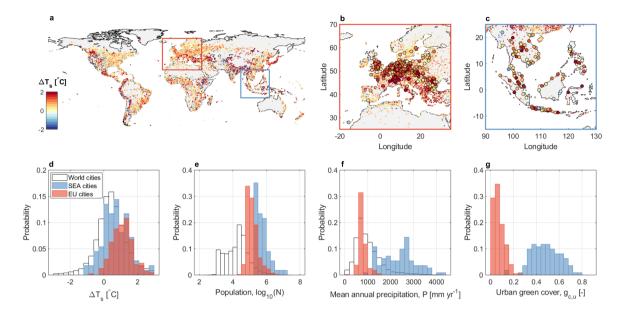


Figure 2: Urban warming and green spaces in Europe (EU) and South East Asia (SEA). Map of summertime UHI intensity in (a) world cities, (b) EU, and (c) SEA. Observed probability distribution of (d) ΔT_s , (e) population N, (f) mean annual precipitation P, and (g) urban green cover $g_{c,u}$. Large circles in panels b-c indicate cities with green cover data^{20,22} used to compute the statistics in panels d-g.

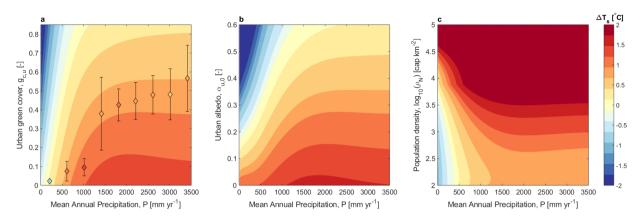


Figure 3: Impact of background climate on the efficiency of heat mitigation strategies. Modeled sensitivity of ΔT_s to changes in (a) urban green cover, (b) urban albedo, and (c) population density. Binned data from EU and SEA cities are also presented in panel a (diamonds). Error bars indicate \pm 1 STD. Results are illustrated for $I_{r,u}$ =0.2 and, in the case of panels b-c, for a constant green cover $g_{c,u}$ =0.15 (see Supplementary Fig. S7, S8 for the impact of different urban irrigation levels and $g_{c,u}$ values).

391 Methods

Urban characteristics. Global estimates of urban-induced changes in surface temperature are ob-392 tained from the Global Urban Heat Island Data Set 2013 (ref. 21). A surface UHI is defined as the 393 land surface temperature (LST) difference between the urban area and a 10 km buffer region in the 394 surrounding rural area (ΔT_s). The dataset includes zonal (i.e., urban and buffer zones) averages of 395 summer daytime maximum and nighttime minimum LST extracted from MODIS LST 8-day com-396 posites at 1 km resolution. This provides daytime and nighttime UHI intensities ($\Delta T_{s,d}$ and $\Delta T_{s,n}$, 397 respectively) for more than 30000 cities. Summer is defined as the period between July and August 398 (2013) in the northern hemisphere and January to February (2013) in the southern hemisphere. The 399 urban area is estimated from nighttime lights, settlement points, and their associated population counts 400 in 1990, 1995 and 2000²¹. Hence, the focus is on urban agglomerates, which may include satellite 401 cities and towns. This ensures the identification of consistent territorial units⁵¹ and the validity of 402 the urban scaling relations (e.g., between population and urban areas^{51–53}). In this study, population 403 estimates for the year 2000 are used. Regarding the intesity of UHIs, summertime mean daily con-404 ditions are considered so that $\Delta T_s = (\Delta T_{s,d} + \Delta T_{s,n})/2$. The choice of daily average temperatures 405 is motivated by two reasons: (i) to be consistent with the focus on climatic patterns and long-term 406 averages (i.e. daytime/nighttime conditions are smoothed over on seasonal timescale); (ii) to ensure 407

that all the model assumptions are satisfied (e.g. during daytime/nighttime heat storage effects are 408 typically non-negligible and short-term fluctuations in wind speed and atmospheric stability become 409 more relevant, see model development in the SI). Observed daily and daytime UHI intensities differ 410 in magnitude by $1-2^{\circ}C$ but they exhibit the same global patterns (see Supplementary Fig. S3) and they 411 fall within the confidence intervals of the model simulations (Supplementary Fig. S2). Thus, for the 412 purpose of this study, daily ΔT_s is considered an appropriate metric of UHI intensity. Similarly, stud-413 ies on UHIs at climate scales¹⁶ and heat-related mortality⁵⁴ typically focus on mean daily conditions, 414 although nighttime UHIs can also have significant impacts on public health⁵⁵. 415

Urban-rural albedo differences are calculated using 16-day shortwave black-sky (BSA) and white-416 sky (WSA) albedo values extracted from the MODIS albedo product (MCD43B3.005)⁵⁶. The 16-day 417 albedo values at a spatial resolution of 1 km are used to calculate monthly mean BSA and WSA in 418 urban and buffer areas during the summer of 2013 (using the same urban extent polygons of the global 419 UHI dataset). The monthly mean blue-sky albedo (α) is then determined with the direct radiation ra-420 tio and monthly mean BSA/WSA⁵⁷. Note that the albedo of urban surfaces generally varies between 421 0.09 and $0.27^{3,58}$. Most cities have albedos in the range of 0.20-0.35 or, in the case of hot regions, 422 0.30-0.45^{59,60} and typical values of urban-rural albedo differences range between -0.09 and +0.03 423 (with a mean value of -0.05, ref.3). MODIS observations confirm the overall range but suggest that, 424 globally, the distribution of $\Delta \alpha$ is skewed towards positive values, i.e. cities on average are more 425 reflective than the surrounding (Supplementary Fig. S9). A similar result was found for cities across 426 North America^{2,14}. MODIS data also reveal that both urban and rural albedo (α and α_u , respectively) 427 decrease with increasing precipitation P (Supplementary Fig. S10). This rural trend can be explained 428 by the increase in forest cover with increasing P, while the urban trend can be explained by the more 429 widespread use of white surfaces in hotter and drier climates. A weak decrease of α_u with population 430 N is also observed (Supplementary Fig. S10), which is interpreted as the result of shading and radi-431 ation trapping mechanisms associated with the 3D structure of cities^{3,61}. However, MODIS-derived 432 albedo is biased towards clear sky conditions, observations over cities have numerous uncertainties, 433 and rural values can be influenced by water surfaces and nearby settlements. Therefore, the results 434 here should be considered valid for general global patterns only. 435

⁴³⁶ Urban green cover data for 398 cities in the EU and 111 cities in SEA are retrieved from Eurostat²⁰ ⁴³⁷ and Richards et al.²², respectively (Supplementary Fig. S11). Green urban area and population have ⁴³⁸ a superlinear scaling in EU cities⁵², while a sublinear scaling is found in the tropics (Supplementary ⁴³⁹ Fig. S12). It can be surmised that different "greening" patterns are observed in the two regions due ⁴⁴⁰ to different climatic and socio-economic factors (e.g. population growth rates, development stage). These dissimilarities make it difficult to identify a unique relation linking green space area to urban characteristics at the global scale (Supplementary Fig. S12). Nevertheless, $g_{c,u}$ clearly increases with mean annual precipitation (Supplementary Fig. S13) suggesting that local hydroclimate plays a key role in the amount of urban greenery.

Background climate. Monthly meteorological data of air and surface temperature (T_a and T_s , re-445 spectively), incoming and net shortwave radiation (R_{sw} and $R_{sw,net}$), wind speed (W_s), specific hu-446 midity of air (q_a) , and atmospheric pressure (p_{atm}) for year 2013 are retrieved from the Modern Era 447 Retrospective-Analysis for Research and Applications (MERRA)⁶² and used to define background 448 climate conditions (Supplementary Fig.S14). The spatial resolution of MERRA ($0.5^{\circ} \times 0.667^{\circ}$) en-449 sures that climatic variables represent the background regional conditions without any influence from 450 urban areas. Rural albedo is computed also from MERRA data as $\alpha = 1 - \frac{R_{sw,net}}{R_{sw}}$ (for comparison 451 with the MODIS albedo product) while specific humidity at saturation $(q_{sat,s})$ is estimated from T_s 452 and p_{atm} . Mean annual precipitation P and mean summer precipitation P_s are retrieved both from the 453 Global Precipitation Climatology Centre (GPCC) Full Data Reanalysis⁶³ and MERRA⁶² (see Sup-454 plementary Fig. S15 for a comparison of the two datasets). Data confirm the strong spatial correlation 455 between T_s and T_a (see Supplementary Fig. S16a which is consistent with temporal correlations illus-456 trated elsewhere⁹) and reveal robust relations linking background climate-vegetation characteristics 457 to mean annual precipitation (Supplementary Fig. S16, S17). 458

Data analysis. To integrate data from different sources (see Supplementary Table S1 for a sum-459 mary), urban and climate variables are homogenized with the CIESIN dataset considering the coor-460 dinates of each city (as latitude/longitude of the centroid of the urban extent). Specifically, mete-461 orological variables retrieved from MERRA are interpolated on the city coordinates using a linear 462 interpolation for 2D gridded data. Green cover data are merged with the CIESIN data considering 463 city names and coordinates (when available). All monthly time series are averaged during summer 464 2013. The use of multiple data sources introduce uncertainties because of possible discrepancies in 465 methodology and/or urban boundaries. However, this study intentionally focuses on global averages 466 rather than city-specific conditions so that random biases across cities and climates are minimized²². 467

A data binning procedure is employed to identify changes in ΔT_s as a function of P, T_s , W_s and N. To remove the effect of population and analyze only the signal of climate, ΔT_s data are filtered for $N > N_{th}$, with $N_{th} = 10^5$ (thereby reducing the number of cities to 3519). The scaling of ΔT_s with N is determined for dry and wet conditions considering two precipitation thresholds (i.e. $P < P_{th,1}$ and $P > P_{th,2}$, see Fig. 1c and Supplementary Fig. S18). A sensitivity analysis is performed to assess the impact of different precipitation thresholds on the observed scaling (Supplementary Table S2). Given the large number of observations, binned results are illustrated in terms of mean values and related standard error of the mean ($SEM = \frac{STD}{\sqrt{n}}$, where STD is the standard deviation and *n* the number of observations).

Results presented in the SI (Supplementary Fig. S19) corroborate previous studies showing that 477 daytime and mean daily ΔT_s values vary with P but nighttime UHIs are not correlated with pre-478 cipitation^{2,16}. Similarly, the observed nonlinear $T_s - \Delta T_s$ relation does not hold during nighttime 479 (Supplementary Fig. S20). These observations also demonstrate that changes in surface temperature 480 ΔT_s are more sensitive to mean annual precipitation P rather than mean summer precipitation P_s , 481 confirming that P here has to be interpreted as a proxy of the overall vegetation cover and hydro-482 climatic conditions of a given region. These are better described by annual precipitation rather than 483 summer precipitation. From a hydrological perspective, this is related to slowly evolving soil water 484 dynamics that regulates ET fluxes during summer seasons^{64,65} and to the existing covariation between 485 annual precipitation and vegetation productivity⁶⁶ that controls the evaporation potential. 486

Mathematical model. Eq. 1 is derived from the energy balance over a rural land-surface considering 487 urbanization as a perturbation from the rural base state². Model development and parameterization 488 are presented in the SI. Model variables and parameters are listed in Supplementary Table S3, S4. 489 Given the objective of exploring the sensitivity of ΔT_s to as few as possible "summary variables" (i.e. 490 mean annual precipitation P and urban population N) a set of climate relations $\Gamma_c = \Gamma_c(P)$ linking 491 the meteorological variables $\Gamma_c = \{T_a, T_s, \alpha, R_{sw}, q_{sat.s}, q_a\}$ to P is derived from fitting background 492 climate data (using the nonlinear least-squares regression in MATLAB, i.e. nlinfit function). A non-493 linear relation between the urban vegetation fraction $g_{c,u}$ and P is also derived from EU and SEA green 494 cover data (Supplementary Fig. S13). Urban irrigation is modeled by means of an irrigation index $I_{r,u}$ 495 (Supplementary Fig. S21) that modulates ET varying between 0 (natural conditions) and 1 (no water 496 supply limitations so that ET matches potential evapotranspiration). Changes in urban characteristics 497 with city size are described by scaling laws linking urban area A_u , mean building height $h_{c,u}$, urban 498 roughness, and urban anthropogenic heat $Q_{ah,u}$ to N (ref. 3,17,23). Previous studies reported a 499 sublinear-to-linear scaling of urban area with population (scaling exponent varying between 0.56 and 500 1.04, ref. 51,53,67), which is confirmed here at the global scale (estimated exponent of 0.62-0.82, see 501 Supplementary Fig. S22). The mean building height and roughness are employed in the calculation of 502 the aerodynamic resistance $r_{a,u}$ (together with the building density ρ_b , see Supplementary Fig. S23) 503 and the effective emissivity $\varepsilon_{s,u}$ of the urban surface (through the sky view factor v_{sky} , Supplementary 504

Fig. S24). Anthropogenic heat $Q_{ah,u}$ is calculated based on population density³, i.e. $\rho_N = N/A_u$ (Supplementary Fig. S25).

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The use of these urban scaling relationships and global climatic trends (Supplementary Table S5, S6) 507 with the surface energy balance provides a novel coarse-grained description of the urban-biosphere 508 system. In analogy with statistical physics, where temperature is a coarse-grained representation of 509 the kinetic energy of a system of microscopic particles, our approach focuses on global space-time av-510 erages rather than single cities. Hence, the applicability of the model is limited for specific locations, 511 especially when site characteristics play a dominant role in regulating local microclimate (e.g., topog-512 raphy, ventilation, water bodies). In addition, supplementary results show that, while valid for a wide 513 range of wind speed conditions, the applicability of the simplified approach might be limited at low 514 W_s values because the increase in r_a causes an increase in UHI intensity associated with lower energy 515 redistribution factors f_s and f_a (Supplementary Fig. S4). Possible impacts of urbanization on local 516 rainfall generation mechanisms^{42,68} are also neglected. Despite these limitations, when the model 517 assumptions are satisfied (i.e., no local specific conditions) and accurate urban/climate characteristics 518 are available, the model can produce reasonable estimates of city-specific UHI intensities (G.M. et 519 al., in preparation). Note also that the global analysis here focuses on summertime conditions only. 520 This is motivated by (i) the CIESIN data availability that provides a homogenized dataset at the global 521 scale and (ii) the fact that the risk of heat-related mortality is the highest during summer. However, 522 given the observed seasonality of UHIs^{8,9} and its implications for selecting different heat mitigation 523 strategies^{41,69}, our coarse-grained approach can be extended to describe the inter-annual variability of 524 ΔT_s (G.M. et al., in preparation). Additional information on the coarse-grained UHI model can be 525 found in the SL 526

Model calibration and validation. Model calibration was performed as follows. First we gener-527 ated a quasi-random set of 11 calibration parameters (see Supplementary Table S3, S4) using the 528 Sobol quasi-random sampling method (function sobolset in MATLAB). Then, we ran Monte Carlo 529 simulations with the generated parameter set (1000 samples) and compared the model results with the 530 observed $P - \Delta T_s$ relation (Fig.1a). Calibrated parameters were selected by choosing the simulation 531 with the highest coefficient of determination (R^2 =0.74). Model validation was performed by compar-532 ing observed and modeled changes in ΔT_s with background temperature (R^2 =0.81) and population 533 (Fig.1b-c). Given that the green cover $g_{c,u}$ was considered a calibration parameter but a non-linear 534 relation between urban green cover and precipitation also exists, model performance is assessed con-535 sidering $g_{c,u}$ both constant and proportional to P (see Supplementary Fig. S2). 536

Code availability. The MATLAB code (https://www.mathworks.com/products/matlab. html) of the coarse-grained UHI model is available on Code Ocean (https://doi.org/10. 24433/CO.9808462.v1).

540 Data availability

The Global Urban Heat Island Data Set 2013 is available at https://doi.org/10.7927/ 541 H4H70CRF (accessed on 07/12/2017). MERRA data are retrieved from https://disc.gsfc. 542 nasa.gov/daac-bin/FTPSubset2.pl (downloaded on 04/03/2018) while GPCC data are 543 available at https://www.esrl.noaa.gov/psd/data/gridded/data.gpcc.html (ac-544 cessed on 13/09/2016). MODIS albedo data are available at https://gcmd.nasa.gov/records/ 545 GCMD_MCD43B3.html (accessed on 15/07/2018). Urban green cover data for EU and SEA cities 546 are available, respectively, at https://ec.europa.eu/eurostat/statistics-explained/ 547 index.php/Urban_Europe_-_statistics_on_cities,_towns_and_suburbs_-_green_ 548 cities#Further_Eurostat_information (accessed on 14/06/2017) and https://doi. 549 org/10.1016/j.landurbplan.2016.09.005 (accessed on 29/09/2017). A summary table 550 containing the urban and climate characteristics of the cities analyzed is also made available on Code 551 Ocean. 552

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