



## ESMO-ESGO Consensus Conference Recommendations on Ovarian Cancer: Pathology and Molecular Biology, Early and Advanced stages, Borderline Tumours and Recurrent Disease

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Abstract:	<p>The development of guidelines is one of the core activities of the European Society for Medical Oncology (ESMO) and European Society of Gynaecological Oncology (ESGO), as part of the mission of both societies to improve the quality of care for patients with cancer across Europe. ESMO and ESGO jointly developed clinically-relevant and evidence-based guidelines in several selected areas in order to improve the quality of care for women with ovarian cancer. The ESMO-ESGO consensus conference on ovarian cancer was held on 12-14 April 2018 in Milan, Italy, and comprised a multidisciplinary panel of 40 leading experts in the management of ovarian cancer. Before the conference, the expert panel worked on five clinically relevant questions regarding ovarian cancer relating to each of the following four areas: pathology and molecular biology, early-stage and borderline tumours, advanced stage disease and recurrent disease. Relevant scientific literature, as identified using a systematic search, was reviewed in advance. During the consensus conference, the panel developed recommendations for each specific question and a consensus was reached. The recommendations presented here are thus based on the best available evidence and expert agreement. This article presents the recommendations of this ESMO-ESGO consensus conference, together with a summary of evidence</p>

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# ESMO-ESGO Consensus Conference Recommendations on Ovarian Cancer: Pathology and Molecular Biology, Early and Advanced stages, Borderline Tumours and Recurrent Disease\*

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The development of guidelines is one of the core activities of the European Society for Medical Oncology (ESMO) and European Society of Gynaecological Oncology (ESGO), as part of the mission of both societies to improve the quality of care for patients with cancer across Europe. ESMO and ESGO jointly developed clinically-relevant and evidence-based guidelines in several selected areas in order to improve the quality of care for women with ovarian cancer. The ESMO-ESGO consensus conference on ovarian cancer was held on 12-14 April 2018 in Milan, Italy, and comprised a multidisciplinary panel of 40 leading experts in the management of ovarian cancer. Before the conference, the expert panel worked on five clinically relevant questions regarding ovarian cancer relating to each of the following four areas: pathology and molecular biology, early-stage and borderline tumours, advanced stage disease and recurrent disease. Relevant scientific literature, as identified using a systematic search, was reviewed in advance. During the consensus conference, the panel developed recommendations for each specific question and a consensus was reached. The recommendations presented here are thus based on the best available evidence and expert agreement. This article presents the recommendations of this ESMO-ESGO consensus conference, together with a summary of evidence supporting each recommendation.

**Key Words:** ovarian cancer, adjuvant treatment, surgery, pathology, molecular biology, recurrent disease

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\*\* See Appendix 1 for members of the ESMO-ESGO Ovarian Cancer Consensus Conference Working Group.

## INTRODUCTION

The development of recommendations is one of the core activities of both the European Society for Medical Oncology (ESMO) and the European Society of Gynaecological Oncology (ESGO), as part of their mission to improve the quality of care for patients with cancer across Europe. The objectives of these recommendations are to improve and to harmonise the management of patients with ovarian cancer. ESMO and ESGO decided to jointly hold a consensus conference aiming at updating current knowledge relevant to the management of ovarian cancer.

Ovarian cancer is the leading cause of death among all gynaecological cancers in developed countries, with most patients presenting with advanced stage tumours, as defined by the spread of the disease outside the pelvis [International Federation of Obstetrics and Gynaecology (FIGO) stage III and IV]. The estimated number of new ovarian cancer cases in Europe in 2012 was 65538 with 42704 deaths [1]. More than two-thirds of patients are diagnosed at advanced stage. More than 90% of malignant ovarian tumours are of epithelial origin, designated epithelial ovarian cancer (EOC). The most common and most lethal EOC is high-grade serous carcinoma (HGSC). Recent evidence suggests that most 'extrauterine' HGSCs arise from the fallopian tube and recommendations are presented for designating the site of origin of these neoplasms based on our current knowledge of the site of origin and precursor lesions.

## RESPONSIBILITIES

These recommendations are a statement of evidence and consensus of the authors regarding their views of currently accepted approaches to diagnosis and treatment. They do not include any economic analysis of the strategies. Any clinician applying or consulting these recommendations is expected to use independent medical judgment in the context of individual clinical circumstances to determine any patient's care or treatment. These recommendations make no representations nor warranties of any kind regarding their content, use or application and disclaim any responsibility for their application or use in any way.

## METHODS

Two consensus conference chairs (**N. Colombo, D. Querleu**) were appointed. The consensus panel comprised 40 experts in the management of ovarian cancer and included representation from ESMO and ESGO (see Appendix 1). Each panel member was assigned to one of four working groups (WGs), with a WG chair and co-chair appointed for each group. Each WG was assigned a subject area as follows:

1. Pathology and molecular biology (Chair: **W.G. McCluggage**; Co-Chair: **I. McNeish**)
2. Early-stage and borderline tumours (Chair: **P. Morice**; Co-Chair: **I. Ray-Coquard**)
3. Advanced stage disease (Chair: **S. Pignata**; Co-Chair: **I. Vergote**)
4. Recurrent disease (Chair: **A. du Bois**; Co-Chair: **J. Ledermann**)

The consensus conference was held on 12-14 April 2018 in Milan, Italy. Before this consensus conference, the WG chairs were asked to identify five clinically relevant questions for each subject area/WG, giving a total of 20 clinically-relevant questions.

To ensure that the recommendations were evidence-based, the literature was reviewed. A systematic literature review of the studies published between January 2007 and December 2017 was carried out using the MEDLINE database (see Section 1 of [supplementary data](#), available at *Annals of Oncology* online). The literature search was limited to publications in English. Priority was given to high-quality systematic reviews, meta-analyses and randomised controlled trials (RCTs), but lower levels of evidence were also evaluated. The reference list of each identified article was reviewed for other potentially relevant papers.

Each WG was responsible for reviewing the relevant literature in order to draft preliminary recommendations relating to each of their assigned questions.

During the conference, in parallel sessions, the four WGs discussed and reached agreement on recommendations relating to each of their assigned questions. Recommendations from each group were then presented to the entire panel of experts, where they were discussed and modified as required. An adapted version of the 'Infectious Diseases Society of America-United States Public Health Service Grading System' [2] was used (see Table 1) to define the level of evidence (LoE) and grade of recommendation (GoR) for each of the recommendations proposed by the group. Finally, members were asked to vote on each recommendation; members were allowed to abstain from voting in cases where they either had insufficient expertise to agree/disagree with the recommendation or if they had a conflict of interest that could be considered as influencing their vote. The recommendations from this consensus conference, together with a summary of evidence supporting each recommendation, are detailed in this article. A summary of all recommendations is included in [supplementary Table S1](#), available at *Annals of Oncology* online.

## RESULTS

### *Pathology and molecular biology*

#### **1. How to determine the site of origin of extrauterine high-grade serous carcinoma?**

Despite growing evidence in support of the fallopian tube origin of a significant majority of extrauterine HGSC [3-5], there continues to be disagreement on primary site assignment. This has implications for cancer registration and epidemiological analyses, and results in differences in the staging of low-stage disease [6]. Continuing doubt on origin perpetuates the belief that there is a true biological entity of 'primary peritoneal HGSC', currently defined in the 2014 World Health Organization (WHO) classification [7] as a disease of exclusion, to be designated only in cases with no gross or microscopic evidence of mucosal disease in either the tubes or the ovaries. Most significantly, continuing scepticism regarding the tubal origin is an obstacle to studying the impact of ovary-conserving preventative strategies that have potential to reduce HGSC incidence and mortality.

Studies on the origin of sporadic HGSC in the past have been hampered by its presentation with disseminated disease, technical challenges in performing molecular studies on formalin-fixed paraffin-embedded tissues and incomplete tubal examination; complete tubal sampling using detailed SEE-FIM (Sectioning and Extensively Examining the FIMbriated End) protocols is an essential prerequisite for identifying and sampling the microscopic precursor lesion of HGSC, serous tubal intraepithelial carcinoma (STIC). While STIC is reported to be present in 11%-61% of HGSC cases, reports on low-stage and optimally examined cases clearly demonstrate that virtually all contain STIC or small microscopic tubal HGSC [8-11]. These studies also show that examples of single-site disease are always tubal and never ovarian. Furthermore, while ovarian involvement in HGSC is typically bilateral, as is common in metastasis to a paired organ, tubal involvement is unilateral in the majority of cases [12]. These observations are supported by detailed molecular analysis demonstrating shared *TP53* mutation between STIC and HGSC, and that the majority of mutational and copy abnormalities seen in HGSC are also identified in accompanying STIC [13]. Clonal evolution studies demonstrate the same result [14, 15] but also show that, in advanced cases, intraepithelial tubal metastasis can produce lesions indistinguishable from STIC, further demonstrating the futility of studying advanced HGSC to answer questions about its origin. What these and other studies have demonstrated irrefutably is that, despite being widely disseminated at presentation in the majority of cases, HGSC arises from a single precursor clone, and there is no molecular evidence of multifocal origin [16, 17]. A proposal for primary site assignment in extrauterine HGSC is recommended for reproducible categorisation (see Table 2), with its basis in scientific evidence in favour of traditional beliefs [7, 18]; this has been recommended for use in international ovarian cancer pathology reporting guidelines [19]. This evidence also forms the basis for recommendations on uniform staging of low-stage HGSC in cases that are

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2  
3 left to the pathologist's and clinician's discretion in the current FIGO system [20, 21], resulting in potential  
4 for identical cases to be staged differently [6]. It should be emphasised that these criteria are only to be used  
5 for HGSC and not other histological types of EOC.  
6

7 **Recommendation 1.1:** a large majority of extrauterine HGSCs arise in the fallopian tube from STIC. SEE-  
8 FIM sectioning of both fallopian tubes should be performed in all cases of extrauterine HGSC where the  
9 tubes are grossly normal, and also in risk-reducing prophylactic surgery specimens.  
10

11 Level of evidence: III

12 Strength of recommendation: A

13 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

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17 **Recommendation 1.2:** extrauterine HGSC can only be assigned as ovarian in origin if both fallopian tubes  
18 are grossly normal, and histologically contain no mucosal disease following examination using a SEE-FIM  
19 protocol.  
20

21 Level of evidence: III

22 Strength of recommendation: A

23 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

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27 **Recommendation 1.3:** cases in which HGSC is present in the endometrium and the tube/ovary are very  
28 likely to represent a primary at one site with metastasis to the other; these are very unlikely to represent  
29 synchronous independent neoplasms.  
30

31 Level of evidence: V

32 Strength of recommendation: A

33 Consensus: 97.5 (39) yes, 2.5% (1) no, 0% (0) abstain (40 voters)

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37 **Recommendation 1.4:** the distinction between primary endometrial and primary tubal/ovarian HGSC  
38 requires assessment of a constellation of pathological features; negative wild-type 1 (WT1) staining favours  
39 an endometrial primary, but this is not always definitive.  
40

41 Level of evidence: V

42 Strength of recommendation: A

43 Consensus: 92.5 (37) yes, 0% (0) no, 7.5% (3) abstain (40 voters)

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47 **Recommendation 1.5:** the use of uniform criteria is important in site assignment in extrauterine HGSC for  
48 cancer registry and epidemiological reasons. The use of International Collaboration on Cancer Reporting  
49 (ICCR) and College of American Pathologists (CAP) guidelines is recommended.  
50

51 Level of evidence: V

52 Strength of recommendation: A

53 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

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57 **Recommendation 1.6:** correct and uniform use of site assignment criteria is particularly important for  
58 accurate staging of early HGSC.  
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60

Level of evidence: III

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 1.7:** STIC should count as a disease site for staging purposes; for example, a case with a STIC and HGSC confined to the ovary should be staged as stage IIA fallopian tube HGSC.

Level of evidence: IV

Strength of recommendation: A

Consensus: 95% (38) yes, 0% (0) no, 5% (2) abstain (40 voters)

**Recommendation 1.8:** true primary peritoneal HGSC is extremely rare.

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 1.9:** multifocal origin of extrauterine HGSC is exceptionally rare and thus HGSC currently staged as IB should be considered as stage IIA.

Level of evidence: IV

Strength of recommendation: A

Consensus: 95% (38) yes, 5% (2) no, 0% (0) abstain (40 voters)

## 2. How to identify tumours that will respond to targeted therapies, including poly-(adenosine diphosphate-ribose) polymerase inhibitors and immune checkpoint inhibitors?

The targeted therapies that are under investigation include anti-angiogenic agents, poly-(adenosine diphosphate-ribose) polymerase (PARP) inhibitors, hormone receptor modulators and immune checkpoint inhibitors. Bevacizumab, an anti-VEGF (vascular epithelial growth factor) monoclonal antibody has shown positive results in first-line therapy with standard chemotherapy and also in both platinum-sensitive and platinum-resistant relapsed disease, with improved progression-free survival (PFS) in various large RCT [22-25]. Improvements in overall survival (OS) have been harder to demonstrate and are currently limited to a retrospective analysis of high-risk patients within the ICON7 trial [22]. Although therapy targeting VEGF has become the standard of care in tubo-ovarian carcinomas as well as other solid malignancies, attempts to identify predictive molecular biomarkers for the efficacy have failed to identify any that could help oncologists decide who should -and, more importantly, who should not receive VEGF-targeted therapies, including bevacizumab [26].

Angiogenic markers, such as CD31 expression, microvessel density and tumour VEGF-A levels, may provide prognostic information in recurrent/persistent EOC, and were identified in a retrospective analysis of the Gynecologic Oncology Group (GOG) 218 study as potential predictive biomarkers [27], but further prospective evaluation will be required. Another study showed a discriminatory signature comprising mesothelin, FLT4, alpha-1 acid glycoprotein (AGP) and cancer antigen 125 (CA-125) as potentially identifying those patients with EOC more likely to benefit from bevacizumab [28]. A potential role of combined values of Ang1 and Tie2 as predictive biomarkers for improved PFS in bevacizumab-treated patients with EOC has also been suggested. However, all these findings need to be validated in larger trials [29]. Currently, only clinical biomarkers (including stage, debulking status and presence of ascites) appear

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3 to have predictive utility in selecting patients for first-line treatment with bevacizumab and thus,  
4 prospective studies evaluating predictive biomarkers of bevacizumab benefit are urgently required.  
5

6 At the time of diagnosis, approximately 50% of EOCs may exhibit defective DNA repair via homologous  
7 recombination (HR) due to genetic and epigenetic alterations of HR pathway genes [30]. Defective HR is an  
8 important therapeutic target in EOC as exemplified by the efficacy of platinum analogues in this disease, as  
9 well as the advent of PARP inhibitors that exhibit synthetic lethality when applied to HR-deficient cells.  
10 PARP inhibitors, such as olaparib, niraparib and rucaparib, are being utilised in the clinic to manage  
11 recurrent EOCs that display defects in the HR repair pathway. However, PARP inhibitors also show  
12 significant clinical benefit in patients without demonstrable defects in known HR genes. Various studies  
13 validated this and extended the usefulness of PARP inhibitors in the treatment setting beyond *BRCA*-  
14 mutated tumours [31, 32].  
15

16  
17 The strongest clinical evidence for the use of PARP inhibitors comes from patients with germline or somatic  
18 mutations in *BRCA1* or *BRCA2*, both as single-agent therapy and as maintenance following response to  
19 platinum chemotherapy in the first-line [33] and relapsed [34-36] settings. Rucaparib also has robust  
20 activity as single-agent therapy in relapsed *BRCA*-mutated HGSC [32], and the ARIEL2 study [32]  
21 demonstrated that tumours harbouring mutations in *RAD51C* alterations are *BRCA*-like (high genomic loss  
22 of heterozygosity) and responded to rucaparib at very similar rates to *BRCA*-mutated disease. However,  
23 attempts to identify robust predictive biomarkers of response to PARP inhibitors in HGSC beyond key HR  
24 gene mutations have proven difficult. The ARIEL2 study [32] utilised genome-wide loss of heterozygosity  
25 (LOH) as a potential predictive biomarker, and showed that *BRCA* WT/LOH high tumours did indeed have  
26 higher response rates and improve PFS compared with *BRCA* WT/LOH low, but lower than *BRCA*-mutated.  
27 However, attempts to use LOH as a predictive marker in the maintenance setting were less successful. The  
28 ARIEL3 study [37] evaluated rucaparib versus placebo as maintenance treatment in patients with recurrent  
29 platinum-sensitive cancer and found rucaparib maintenance treatment significantly improved PFS versus  
30 placebo in the nested *BRCA*-mutated and HR deficiency (HRD) cohorts and in the overall intention-to-treat  
31 (ITT) population. PFS was improved with rucaparib maintenance treatment versus placebo in patients with  
32 *BRCA* WT EOC (LOH high and LOH low) as well. The NOVA study [38] utilised a different algorithm to  
33 identify potential HRD tumours and again found that, in patients who had responded to platinum in the  
34 relapse setting, the median PFS was significantly longer among those receiving niraparib than among those  
35 receiving placebo, regardless of the presence or absence of germline *BRCA* mutations or HRD status. Thus,  
36 in the maintenance setting, response to platinum chemotherapy remains the most robust predictive  
37 biomarker for PARP inhibitor benefit.  
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41 A major limitation of the current HR assays is that they are largely insensitive to reversion of HR deficiency,  
42 which may occur upon development of resistance to platinum and PARP inhibitors. True functional assays  
43 of HR function exist, but they require the cancer specimen to be exposed to some form of DNA damage,  
44 which precludes use of formalin-fixed, paraffin-embedded specimens, increases the technical complexity  
45 and limits the reproducibility of these assays. Overall, there is currently no prospectively-validated  
46 biomarker of HRD that has been incorporated into clinical practice, and this remains an active area of  
47 investigation [39].  
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51 Bowman *et al.* [40] demonstrated that higher levels of oestrogen receptor (ER) expression in EOC resulted  
52 in disease stabilisation and CA-125 response after treatment with the aromatase inhibitor letrozole, and  
53 suggested the presence of an endocrine-sensitive group that could be targeted in future studies. Similar  
54 results were later published by other groups, suggesting that ER/PR (progesterone receptor) expression  
55 status may be a predictive biomarker for hormonal therapy [41, 42]. There are no positive prospective  
56 randomised data for the use of hormone therapies as alternatives to chemotherapy or as maintenance  
57 therapy in first-line or recurrent disease, even in low-grade serous carcinoma (LGSC). RCTs incorporating  
58 hormone therapy are required, especially in LGSC. Prospective validation of ER score as a predictive  
59 biomarker is also required, as there is no validated or universally-used ER score in EOCs.  
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3 **Recommendation 2.1:** there are no validated predictive molecular biomarkers of bevacizumab benefit.

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5 Level of evidence: IV

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7 Strength of recommendation: A

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9 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

10  
11 **Recommendation 2.2:** PARP inhibitors have greatest activity in patients with *BRCA1/2* mutations.

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13 Level of evidence: I

14  
15 Strength of recommendation: A

16  
17 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

18  
19 **Recommendation 2.3:** testing for *BRCA1/2* mutations is recommended for all patients with non-mucinous  
20 ovarian cancer.

21  
22 Level of evidence: I

23  
24 Strength of recommendation: A

25  
26 Consensus: 95% (38) yes, 0% (0) no, 5% (2) abstain (40 voters)

27  
28 **Recommendation 2.4:** testing for mutations in other HR genes, in particular *RAD51C/D*, *BRIP1* and *PALB2*,  
29 should be considered.

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31 Level of evidence: III

32  
33 Strength of recommendation: A

34  
35 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

36  
37 **Recommendation 2.5:** current assays of HR function cannot be used to exclude patients from PARP  
38 inhibitor therapy.

39  
40 Level of evidence: I

41  
42 Strength of recommendation: A

43  
44 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

45  
46 **Recommendation 2.6:** moderate-strong ER staining may be a predictor of response to hormone therapy.

47  
48 Level of evidence: III

49  
50 Strength of recommendation: B

51  
52 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

53  
54 **Recommendation 2.7:** there are currently no prospectively validated predictive biomarkers of response to  
55 immune checkpoint inhibitors that are specific to ovarian cancer.

56  
57 Level of evidence: V

58  
59 Strength of recommendation: A

60  
Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

### 3. How to identify patients with acquired/intrinsic resistance to chemotherapy?

Although most patients with HGSC initially respond to platinum-based chemotherapy, the large majority of patients will relapse. Thus, resistance to platinum-based treatment is common, with roughly 20% of women experiencing disease progression  $\leq 6$  months after completing a platinum-based regimen (previously classified as 'platinum-resistant' relapse) or who fail to respond at all to first-line treatment or relapse within 4-6 weeks after last platinum dose (previously classified as 'platinum-refractory') [43]. There have been many efforts over the years to develop accurate predictors of outcomes in patients treated with chemotherapy to help inform treatment decisions [44].

Elucidation of why platinum resistance occurs and how it can be reversed or prevented is essential for improving survival. However, the WG unanimously agreed that there are no validated predictive biomarkers that can be used in clinical practice for determining likelihood of primary platinum-refractory or platinum-resistant disease.

It is widely accepted that most HGSCs (60%-80%) show a good response to conventional platinum-based chemotherapy. However low-grade serous, mucinous, clear cell and endometrioid ovarian carcinomas are considered to be less chemoresponsive and to have a different prognosis, although in many cases they present at an early stage, in contrast to HGSCs, which usually present at advanced stage. The large majority of patients enrolled in clinical trials have HGSC histology and thus the results from these studies cannot automatically be applied to all histological types, where numbers recruited to all-comer studies are low and where there are generally very few specific studies [45].

With better understanding of the molecular biology of EOCs, DNA damage repair through HR is known to play a vital role in contributing to genomic stability and preventing malignant transformation. Numerous studies have reported that mutation in *BRCA1* or *BRCA2* is a prognostic marker in EOC and concluded that patients with *BRCA* mutation, especially *BRCA2*, have better survival outcomes, which is likely to reflect increased response rates to platinum-based chemotherapy [46-48].

Germline or somatic mutations in HR genes are present in up to one-third of EOCs, including both serous and non-serous histologies. In addition, Pennington *et al.* [49] looked at somatic and germline mutations in 13 HR genes (*BRCA1*, *BRCA2*, *ATM*, *BARD1*, *BRIP1*, *CHEK1*, *CHEK2*, *FAM175A*, *MRE11A*, *NBN*, *PALB2*, *RAD51C*, *RAD51D*). They concluded that somatic mutations in other HR genes have a similar positive impact on OS and platinum responsiveness as germline *BRCA1/2* mutations. HR mutations were more successful in predicting platinum sensitivity at primary treatment than at relapse [49]. Other potentially important mutations include *CDK12*, loss of which may induce an HRD phenotype [50], although this needs further validation, as not all alterations will have the same effect on HR repair and sensitivity to platinum. Whole-genome studies in HGSC reveal that gene breakage commonly inactivates the tumour suppressors *RB1*, *NF1*, *RAD51B* and *PTEN* and contributes to acquired chemotherapy resistance. *CCNE1* amplification is common in primary resistant and refractory disease, demonstrating the role of non-HRD molecular mechanisms in resistance development [51, 52]. An association between excision repair cross-complementation group 1 (*ERCC1*) polymorphism and platinum sensitivity has been reported in a few studies but with conflicting results; hence, this is not suitable for assessing platinum response [53-55].

Finally, in patients with relapsed disease, current classification rigidly defines platinum resistance as those relapsing within 6 months of previous platinum chemotherapy. However, because time since last platinum chemotherapy represents a continuum of probability of response to further chemotherapy, a fixed 6-month cut-off decision on platinum sensitivity is neither sensible nor biologically relevant. In addition, the effect of maintenance therapies on the probability of response to further platinum is unknown. The time since last platinum chemotherapy correlates with response to other agents including PARP inhibitors, although this is not absolute [56]. Large-scale trials collecting serial biological samples throughout treatment are required in order to improve the understanding of acquired resistance. In addition, investigation and

validation of markers should be performed using samples taken immediately prior to and during the therapy of interest rather than using archival samples.

**Recommendation 3.1:** there are no validated predictive markers of primary platinum refractory or resistant disease.

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 3.2:** defects in HR repair are associated with improved outcome/PFS following platinum-based chemotherapy.

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 3.3:** the time elapsed since last platinum chemotherapy represents a continuum of probability of response to further chemotherapy.

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

#### **4. Can we develop accurate and sensitive circulating and tissue biomarkers both of response and relapse?**

The Gynaecological Cancer Intergroup (GCIG) has published a consensus document regarding the criteria that should be used in clinical trial protocols to define PFS after first-line therapy, as well as the criteria to define response to treatment in recurrent disease using the serum marker CA-125, and has specified the situations where these criteria should be used [57]. This WG agrees to the utility of these criteria in routine practice but emphasises the importance of correlation with radiological and clinical assessment.

CA-125 levels have been most widely studied in HGSC. The prognostic value of CA-125 in other morphological types of EOC, such as low-grade serous, clear cell, endometrioid and mucinous, is less clear due to the relative rarity of these neoplasms in the advanced disease setting and the limited number of patients studied in trials. As a result, CA-125 is not a reliable marker in non-HGSC EOC [58, 59], in particular in mucinous carcinoma, where it is rarely secreted. Caution is also recommended when using CA-125 as a response marker for molecularly targeted agents until prospective studies validate CA-125 changes with objective imaging response results [60, 61]. Specifically, there is a lack of reliability of CA-125 response criteria with anti-VEGF molecular therapies, where CA-125 change may not correspond to imaging response criteria for EOC patients receiving bevacizumab.

Human epididymis protein 4 (HE4) has been proposed as the most promising biomarker that may complement CA-125 and has been approved by the Food and Drug Administration (FDA) in monitoring the follow-up and relapse of EOC patients. However, studies are contradictory [62]; as a result, HE4 testing currently cannot be recommended in routine practice.

Circulating tumour cells (CTCs) and circulating cell-free DNA (cfDNA) have been used as diagnostic and prognostic markers in many types of cancer, including ovarian cancer. These techniques do have specific

1  
2  
3 challenges, including pre-analytical issues regarding sample volume, the proper tubes for sample collection,  
4 sample storage and the time of the analysis, quality control and analytical validation of the assays. There  
5 are currently no standard methods for the isolation and detection of either CTCs or cfDNA in the  
6 bloodstream, with few studies recruiting large cohorts of EOC patients. Further studies regarding the  
7 validation, standardisation and quality control of the assays are needed before implementing this approach  
8 in the clinical routine [63].  
9

10  
11 Another approach to address this question is the chemotherapy response score (CRS), which was developed  
12 to enable reproducible and prognostically-relevant reporting of the histopathological changes in interval  
13 debulking surgical specimens after neoadjuvant chemotherapy (NACT) in extrauterine HGSC [64, 65]. Since  
14 its description, the CRS has been independently validated in several studies [66-69], including an individual  
15 patient data meta-analysis incorporating results from over 800 patients from different centres worldwide  
16 [70]. This system has been recommended for use in the ICCR guidelines for tubal and ovarian carcinomas  
17 [19], since a numerical score allows objective reporting and comparison of results and is thus superior to  
18 descriptive reporting (see Table 3). The score identifies the roughly one-third of all patients (CRS3; total or  
19 near-total response) who show significantly improved PFS and OS, and has potential for incorporation into  
20 routine practice and clinical trial design as an early endpoint.  
21

22 **Recommendation 4.1:** the CA-125 criteria for response and progression as agreed by GCIG have utility in  
23 routine practice but should be used in combination with radiological and clinical assessment.  
24

25 Level of evidence: III  
26

27 Strength of recommendation: A  
28

29 Consensus: 97.5% (39) yes, 0% (0) no, 2.5% (1) abstain (40 voters)  
30

31 **Recommendation 4.2:** the role of CA-125 as a marker of response and progression in non-HGSC is less clear.  
32

33 Level of evidence: V  
34

35 Strength of recommendation: A  
36

37 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
38

39 **Recommendation 4.3:** the use of CA-125 in assessing response and progression to targeted therapies is not  
40 yet proven; thus, radiological and clinical assessment should be used.  
41

42 Level of evidence: V  
43

44 Strength of recommendation: A  
45

46 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
47

48 **Recommendation 4.4:** HE4 should not be used routinely to assess response and progression due to  
49 conflicting results.  
50

51 Level of evidence: IV  
52

53 Strength of recommendation: A  
54

55 Consensus: 97.5% (39) yes, 0% (0) no, 2.5% (1) abstain (40 voters)  
56

57 **Recommendation 4.5:** quantification of circulating cfDNA has not been established as a tool to assess  
58 response and relapse.  
59  
60

1  
2  
3 Level of evidence: IV

4  
5 Strength of recommendation: A

6  
7 Consensus: 97.5% (39) yes, 0% (0) no, 2.5% (1) abstain (40 voters)

8  
9 **Recommendation 4.6:** pathological CRS after NACT may provide an objective and reproducible prognostic  
10 measure of outcome in HGSC.

11  
12 Level of evidence: IV

13  
14 Strength of recommendation: A

15  
16 Consensus: 82.5% (33) yes, 12.5% (5) no, 5% (2) abstain (40 voters)

17  
18 **5. What are the morphological criteria useful in separating borderline from invasive ovarian**  
19 **neoplasia?**

20  
21 Previously, it was a widely held view that the distinction between a borderline ovarian tumour (BOT) and  
22 a carcinoma was based on the presence of destructive stromal invasion in the latter. However, ovarian  
23 carcinomas, particularly of mucinous and endometrioid type, can exhibit expansile (non-destructive) or  
24 infiltrative (destructive) stromal invasion. Mucinous carcinomas exhibiting expansile invasion have been  
25 reported to have a lower risk of metastasis than those exhibiting infiltrative invasion [71-76]. Expansile  
26 invasion is morphologically characterised by complex glandular, papillary and/or cribriform architecture  
27 with a labyrinthine or anastomosing pattern and little or no intervening stroma [73-75, 77].

28  
29 Extraovarian disease in association with a serous BOT (sBOT) was previously divided into non-invasive and  
30 invasive implants, and the former were further divided into 'epithelial' and 'desmoplastic' implants [78]. In  
31 the 2014 WHO classification [7], it is stated that the term extraovarian 'LGSC' should be used for invasive  
32 implants in association with a sBOT. The WG regards such terminology as potentially confusing and wishes  
33 to separate *bona fide* metastases from an ovarian LGSC from invasive implants in the omentum or  
34 peritoneum associated with a sBOT.

35  
36 The micropapillary variant of sBOT is characterised by the presence of slender papillae with a length-to-  
37 width ratio of at least 5:1, growing in a non-hierarchical pattern; a cribriform growth pattern is less frequent  
38 but may co-exist with the micropapillary pattern. The micropapillary or cribriform component must be  
39 confluent over an area of at least 5 mm in maximum extent for the tumour to be designated as a  
40 micropapillary variant of sBOT [78, 79]. The micropapillary variant of sBOT is more likely to be associated  
41 with extraovarian invasive implants than the typical sBOT, and some advocate using the term 'non-invasive  
42 LGSC' for the former. This has resulted in this term being used interchangeably with micropapillary variant  
43 of sBOT in the 2014 WHO classification [7]. A recent population-based study of a Danish cohort with long-  
44 term follow-up reported that patients with micropapillary variant of sBOT are more likely to present at  
45 advanced stage and more frequently have bilateral disease, gross residual disease after surgery, areas of  
46 microinvasion and invasive implants at presentation, compared to patients with usual-type sBOT [80]. The  
47 WG does not favour the use of the term 'non-invasive LGSC', since such tumours which are confined to the  
48 ovary at presentation have a comparable outcome to usual-type sBOT and the term may be misleading for  
49 clinical management.

50  
51 There have been various definitions of microinvasion in BOTs and the 2014 WHO classification [7] uses a  
52 cut-off of 5 mm. Microinvasion can be seen in all morphological subtypes of BOT but is most common in  
53 serous and mucinous neoplasms. Two types of microinvasion have been described, namely 'microinvasion'  
54 and 'microinvasive carcinoma', although the distinction between these is not always straightforward [81].  
55 Although the presence of microinvasion has been associated with a higher risk of tumour recurrence in  
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2  
3 some series [82], the majority of studies have not identified such an association [83, 84]. The WG  
4 recommends that BOTs with microinvasion should be classified and managed as borderline tumours.  
5

6 The term implant should be restricted to extraovarian disease in association with a sBOT and not be used  
7 in the context of a mucinous BOT (mBOT). Extraovarian disease in a patient with a presumed mBOT either  
8 represents metastasis from an undiagnosed or undetected focus of carcinoma within the ovary, or the  
9 ovarian and extraovarian disease represents metastasis from a mucinous carcinoma elsewhere.  
10

11 Borderline endometrioid tumours are rare [81]. The criteria used to distinguish a borderline endometrioid  
12 tumour from endometrioid adenocarcinoma are broadly similar to the criteria used to distinguish atypical  
13 hyperplasia from grade I endometrioid adenocarcinoma in the uterine corpus, and are largely architectural.  
14 Adenocarcinomas are characterised by complex growth with gland fusion and stromal exclusion; cribriform  
15 and microglandular patterns may also be seen [85].  
16

17  
18 **Recommendation 5.1:** destructive stromal invasion is no longer necessary for carcinoma diagnosis  
19 (carcinomas may exhibit expansile invasion).  
20

21 Level of evidence: V

22  
23 Strength of recommendation: A

24  
25 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
26

27 **Recommendation 5.2:** according to the 2014 WHO classification, extraovarian invasive implants in  
28 association with a sBOT are synonymous with extraovarian LGSC. The group does not support this  
29 terminology because it may be misleading for clinical management.  
30

31 Level of evidence: V

32  
33 Strength of recommendation: A

34  
35 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
36

37 **Recommendation 5.3:** in the 2014 WHO classification, the micropapillary variant of sBOT is also termed  
38 non-invasive LGSC but the group does not support this terminology because it may be misleading for clinical  
39 management.  
40

41 Level of evidence: V

42  
43 Strength of recommendation: A

44  
45 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
46

47 **Recommendation 5.4:** microinvasion (<5 mm) can be seen in borderline tumours but these cases should  
48 still be regarded as borderline for classification and management purposes.  
49

50 Level of evidence: V

51  
52 Strength of recommendation: A

53  
54 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
55

56 **Recommendation 5.5:** the term implant should not be used in the context of mBOTs; extraovarian disease  
57 in association with a mBOT should be considered as metastasis (from ovary or another organ).  
58

59 Level of evidence: V  
60

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2  
3 Strength of recommendation: A

4  
5 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

6  
7 **Recommendation 5.6:** borderline endometrioid tumours can be differentiated from grade I endometrioid  
8 carcinoma using similar criteria as used to differentiate atypical hyperplasia from grade I endometrioid  
9 carcinoma in the uterine corpus.

10  
11 Level of evidence: V

12  
13 Strength of recommendation: A

14  
15 Consensus: 97.5% (39) yes, 0% (0) no, 2.5% (1) abstain (40 voters)

## 16 17 Early-stage and borderline tumours

### 18 19 **6. Are there exceptions to the standard surgical management for early-stage ovarian carcinoma?**

20  
21 The standard surgical approach in early-stage ovarian cancer is based on removal of both ovaries with a  
22 staging procedure. A complete exploration of the abdomino-pelvic peritoneal cavity via a thorough visual  
23 examination is required to detect potentially suspicious implants. Peritoneal staging surgery is based on  
24 peritoneal washing, peritoneal biopsies (pelvic peritoneum, paracolic gutters, diaphragm) (4-6) and  
25 omentectomy (at least infracolic). The standard approach is by open surgery. The rationale for this choice  
26 is based on the accuracy of the macroscopic exploration and the reduction of the risk of a rupture of the  
27 primary tumour during its dissection/removal. This risk is potentially increased using a minimally invasive  
28 surgical approach [86]. Regardless of the approach used, rupture of an intact tumour could alter the FIGO  
29 staging and affect prognosis, and must be avoided [87]. Nevertheless, the minimally invasive approach can  
30 be considered for restaging surgery in cases when the initial ovarian tumour has been removed and there  
31 is no risk of 'rupture' of the ovarian lesion. This surgery should then be performed by trained surgeons in  
32 expert centres to assure optimal assessment vision of all abdominal quadrants and to lower the risk of peri-  
33 and postoperative complications. Nodal staging surgery is part of the 'conventionally' required procedure  
34 in early-stage ovarian carcinoma. This nodal staging surgery of apparent stage I ovarian carcinoma includes  
35 a bilateral pelvic and para-aortic lymphadenectomy up to the left renal vein (regardless of the surgical  
36 approach used) [88, 89]. Ten to 15% of cases have nodal involvement [88]. However, due to a low  
37 prevalence of nodal metastases in some histological subtypes (e.g. mucinous carcinoma of expansile  
38 subtype or LGSC), the indication for staging surgery in these cases [90-92] may be questioned.

39  
40  
41  
42 The issue of restaging surgery must be addressed separately. Contrary to the indication of staging surgery  
43 discussed above, where the decision is based on macroscopic evaluation of the abdominal cavity and the  
44 result of a frozen section analysis (FSA), some patients may have initially undergone surgery without proper  
45 staging. In this context, the restaging procedure is indicated if it may bring new elements that have a direct  
46 impact on the definitive treatment planning. If the primary tumour exhibits high-risk features (e.g. high-  
47 grade, capsule rupture, tubal or peritoneal extension) that justify adjuvant chemotherapy, indication of  
48 nodal restaging surgery with the aim of obtaining additional prognostic variables must be balanced with  
49 the potential surgical morbidity of the procedure.

50  
51  
52 FSA should be available during a surgical procedure carried out for a suspicious ovarian mass and should  
53 be supported by the diagnosis of an experienced gynaecological pathologist. Nevertheless, it must only be  
54 done when the surgical strategy would be altered by the outcome (e.g. choice of a nodal or radical surgery).  
55 FSA is less accurate in cases of pathological diagnosis of borderline tumours, mucinous tumours, tumour  
56 sampling done by an inexperienced oncologist or large ovarian lesions (>8-10 cm) [93, 94].

57  
58 **Recommendation 6.1:** laparotomy is the standard surgical approach to treat and stage patients with  
59 apparent early-stage ovarian carcinoma.  
60

1  
2  
3 Level of evidence: V

4  
5 Strength of recommendation: A

6  
7 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

8  
9 **Recommendation 6.2:** minimally invasive surgery can be performed for restaging.

10  
11 Level of evidence: IV

12  
13 Strength of recommendation: B

14  
15 Consensus: 75% (30) yes, 12.5% (5) no, 12.5% (5) abstain (40 voters)

16  
17 **Recommendation 6.3:** whatever the approach used, rupture of an intact tumour with spillage of cancer  
18 cells at the time of surgery must be avoided.

19  
20 Level of evidence: IV

21  
22 Strength of recommendation: A

23  
24 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

25  
26 **Recommendation 6.4:** peritoneal restaging surgery is mandatory even if it does not alter the indication for  
27 adjuvant chemotherapy.

28  
29 Level of evidence: V

30  
31 Strength of recommendation: B

32  
33 Consensus: 92.5% (37) yes, 2.5% (1) no, 5% (2) abstain (40 voters)

34  
35 **Recommendation 6.5:** peritoneal restaging should be considered in cases of incidentally detected,  
36 apparently isolated STIC lesions.

37  
38 Level of evidence: IV

39  
40 Strength of recommendation: B

41  
42 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

43  
44 **Recommendation 6.6:** the standard surgical staging of apparent early EOC includes systematic lymph node  
45 (LN) dissection of the pelvic and the para aortic regions up to the left renal vessel origin.

46  
47 Level of evidence: IV

48  
49 Strength of recommendation: A

50  
51 Consensus: 77.5% (31) yes, 22.5% (9) no, 0% (0) abstain (40 voters)

52  
53 **Recommendation 6.7:** LN dissection for restaging purposes may be avoided if the nodal status does not  
54 alter the patient management.

55  
56 Level of evidence: V

57  
58 Strength of recommendation: B

59  
60 Consensus: 95% (38) yes, 0% (0) no, 5% (2) abstain (40 voters)



## 7. What are the limits of fertility-sparing surgery (cancer and borderline ovarian tumour)?

Fertility-sparing surgery (FSS) is based on unilateral salpingo-oophorectomy and complete surgical staging. This management seems to be safe in patients with conventional low-grade stage IA (serous, endometrioid or mucinous expansile subtype) [95-97]. The use of FSS in patients with stage IC disease should be defined using the current 2014 FIGO staging system [98]. FSS is acceptable for stage IC1 tumours, with half of these recurrences being isolated on the remaining ovary and therefore able to be rescued by subsequent surgery. However, the recurrence rates are higher in stage IC2, IC3 and grade 3 disease, although mainly in extraovarian sites and are, therefore, not clearly correlated with the fertility-sparing approach. Adequate counselling is, therefore, needed in this situation [98].

In cases of stage II or III disease, the use of FSS is unconventional, with high risk of recurrences reported [95], FSS remains contraindicated in these patients, although it is unclear whether such recurrences are related to the natural history of the disease rather than the type of surgery in these 'high-risk' patients.

**Recommendation 7.1:** FSS can be safely offered to all stage IA and IC1 low-grade ovarian carcinomas.

Level of evidence: IV

Strength of recommendation: B

Consensus: 94.7% (36) yes, 2.6% (1) no, 2.6% (1) abstain (38 voters)

**Recommendation 7.2:** there is no place for ovarian preservation for invasive EOC greater than fully staged FIGO stage I.

Level of evidence: V

Strength of recommendation: A

Consensus: 94.9% (37) yes, 0% (0) no, 5.1% (2) abstain (39 voters)

## 8. Should all stage I carcinomas receive adjuvant chemotherapy and, if not, which ones?

A Cochrane systematic review [99] clearly demonstrated that the addition of adjuvant platinum-based chemotherapy to surgery is effective in significantly prolonging long-term OS and PFS in women with early-stage EOC. Considering the risk of recurrence, the ICON1 trial [99-103] determined that women with a high-risk of recurrence (stage IA grade 3, IB or IC grade 2 or 3, any clear cell tumours) may benefit the most from adjuvant chemotherapy. Retrospective studies [104-107] suggested that adjuvant chemotherapy may not be necessary for some histological subgroups, due to the absence of recurrences observed in patients who did not receive adjuvant chemotherapy. It should be noted that the ICON1 trial [100-103] could neither confirm nor exclude survival benefits in low/intermediate risk disease (stage IA grade 1 or 2, IB or IC grade 1) in a subgroup analysis. Recently, the retrospective SEER database also reported no benefit for adjuvant chemotherapy in the low and intermediate endometrioid groups [108]. On the contrary, in a large cohort study [109], chemotherapy was associated with reduced mortality not only for high-risk patients but also for patients with stage IA/IB, grade 2 ovarian cancer. This study was in line with prior study results demonstrating no benefit for chemotherapy in women with stage IA and IB, grade 1 neoplasms. Finally, the available data could neither confirm nor exclude survival benefits for the addition of adjuvant chemotherapy in optimally staged patients (all risk groups considered). More specifically, for histological subgroups such as clear cell carcinoma, the targeted retrospective studies reported in the literature primarily from Asian populations [105, 107, 108, 110] did not identify any benefit compared to observation for early-stage disease (stage IA to IC1). For the mucinous subgroup, the expansile or grade I type is associated with better prognosis and should not receive adjuvant chemotherapy, while the infiltrative form is associated with a high risk of relapse [72, 90, 91, 111].

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2  
3 The chemotherapy administered in the ICON1 [100-103] and ACTION [112-116] trials consisted of a variety  
4 of platinum-based regimens, given ideally for 6 cycles. However, only 4 cycles were required for the ACTION  
5 trial and only half of the patients in the ICON1 trial received all 6 cycles without dose modification, due to  
6 toxicity. Bell *et al.* [117] reported an RCT of 3 versus 6 cycles of adjuvant carboplatin and paclitaxel  
7 administered every 3 weeks in women with high-risk, early-stage ovarian cancer. This GOG trial found that  
8 longer treatment was not associated with significant reduction in recurrence risk and resulted in additional  
9 toxicity. A subsequent exploratory analysis [118] of this GOG study revealed that longer adjuvant therapy  
10 was associated with a significant reduction in recurrence risk for serous tumours but not for non-serous  
11 tumours. There was no benefit for longer adjuvant therapy in any other subgroup of interest, including age,  
12 performance status (PS), stage, grade and presence of ascites, tumour rupture and positive cytology.  
13 Bakkum-Gamez *et al.* [119] evaluated a cohort of surgically staged, stage I ovarian cancer patients who  
14 completed either 3 or 6 cycles of carboplatin and paclitaxel. Patients with stage IC cancer and with fixed  
15 tumours (described adhesions or fixation to other pelvic structures) and positive cytology and/or tumour  
16 surface involvement appeared to have a lower risk of recurrence after 6 cycles of carboplatin/paclitaxel  
17 compared with 3 cycles, although the cohort is recognisably small.  
18  
19

20  
21 Four trials [100-103, 112-116, 120-122] included in the Cochrane systematic review [99] mentioned above  
22 used cisplatin-based chemotherapy, while one [123] used melphalan. Six percent of women in the combined  
23 ACTION/ICON1 trials [100-103, 112-116] and none of the women in the other trials making up this meta-  
24 analysis received taxanes. The majority of women received carboplatin monotherapy (about 6 out of 10  
25 patients in ACTION/ICON1 trials [100-103, 112-116] and all of the women included in the trial published  
26 by Trope *et al.* [121, 122]). The others received either cisplatin or cisplatin combinations. As part of the  
27 ICON3 trial [124] comparing carboplatin with carboplatin plus paclitaxel, 20% of the population actually  
28 had stage I or II disease. There was no benefit in survival for the use of carboplatin plus paclitaxel either in  
29 the trial as a whole or in the women with early-stage disease, with >80% of patients receiving 6 cycles of  
30 chemotherapy. The GOG 175 trial [125] demonstrated that adding 24 weeks of weekly maintenance low-  
31 dose paclitaxel to the standard 3 cycles of carboplatin plus paclitaxel did not significantly impact  
32 recurrence-free interval in patients with completely resected, high-risk, early-stage ovarian cancer and is  
33 associated with increased toxicity.  
34  
35

36 The potential importance of the timing of initiation of adjuvant therapy after surgery has been studied in  
37 patients with ovarian cancer [126-136]. However, all of these published studies except one [137] pertain to  
38 advanced disease or had a higher proportion of stage III-IV patients. Although this one report [137] of early-  
39 stage ovarian cancer patients from two RCTs (GOG 95 [138] and GOG 157 [117]) did not identify a benefit  
40 associated with earlier initiation of adjuvant therapy, it remains unclear if a significant delay in starting  
41 adjuvant therapy may worsen outcome. In conclusion, adjuvant chemotherapy should be based on decision-  
42 making treatment algorithms (see Figures 1-4). Platinum-based monotherapy or combination  
43 chemotherapy can be given. Optimal duration remains controversial; however, serous tumours should  
44 receive 6 cycles.  
45  
46

47 **Recommendation 8.1:** adjuvant chemotherapy should be offered to patients with early-stage ovarian  
48 cancer (stage I-IIA) with the exception of fully staged patients with the following:  
49

- 50 • Low-grade serous IA
- 51 • Grade 1 and 2 endometrioid IA
- 52 • Grade 1 and 2 mucinous IA (expansile invasion)
- 53
- 54
- 55

56 Level of evidence: II

57 Strength of recommendation: A

58 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
59  
60

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3 **Recommendation 8.2:** adjuvant chemotherapy is not recommended in the management of incidentally  
4 detected isolated STIC lesions.  
5

6 Level of evidence: V

7  
8 Strength of recommendation: A

9  
10 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

11  
12 **Recommendation 8.3:** the benefit of adjuvant chemotherapy is uncertain for patients with the following  
13 cancers and should be discussed on an individual patient basis:  
14

- 15 • Clear cell carcinoma stage IA and IB/IC1
- 16 • Grade 1 and 2 endometrioid IB/IC
- 17 • Grade 1 and 2 mucinous IB/IC
- 18 • Low-grade serous IB/IC
- 19 • Grade 1 and 2 mucinous IC (expansile invasion)
- 20 • Mucinous IA (infiltrative invasion)
- 21 • Mucinous IA (infiltrative invasion)
- 22 • Mucinous IA (infiltrative invasion)
- 23 • Mucinous IA (infiltrative invasion)
- 24 • Mucinous IA (infiltrative invasion)

25 Level of evidence: III

26  
27 Strength of recommendation: C

28  
29 Consensus: 92.5% (37) yes, 7.5% (3) no, 0% (0) abstain (40 voters)

30  
31 **Recommendation 8.4:** for patients with early-stage disease requiring adjuvant chemotherapy, acceptable  
32 treatment regimens are:  
33

- 34 • carboplatin alone
- 35 • carboplatin/paclitaxel
- 36 • carboplatin/paclitaxel

37  
38 Level of evidence: I (carboplatin alone), II (carboplatin/paclitaxel)

39  
40 Strength of recommendation: A

41  
42 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

43  
44 **Recommendation 8.5:** for patients receiving single-agent adjuvant carboplatin, 6 cycles are recommended.

45  
46 Level of evidence: I

47  
48 Strength of recommendation: A

49  
50 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

51  
52 **Recommendation 8.6:** for patients receiving carboplatin and paclitaxel, a minimum of 3 cycles is  
53 recommended except for the high-grade serous subgroup or stage IC (any histological type), for whom 6  
54 cycles are recommended.

55  
56 Level of evidence: II

57  
58 Strength of recommendation: B

59  
60 Consensus: 77.5% (31) yes, 0% (0) no, 22.5% (9) abstain (40 voters)

1  
2  
3 **9. Are non-serous borderline ovarian tumours managed according to the same standard as serous**  
4 **borderline ovarian tumours?**  
5

6 FSS (defined as the preservation of the uterus and at least a part of one ovary) is the standard management  
7 of young patients with BOTs [139, 140] while bilateral salpingo-oophorectomy with or without  
8 hysterectomy is the standard management of BOTs in menopausal patients. Focusing on the risk factors for  
9 overall recurrences (borderline and invasive) for all patients, conservative treatment (and particularly  
10 cystectomy) and incompletely staged disease increased the rate of relapse [83]. Nevertheless, those factors  
11 did not exert a statistical impact on the invasive recurrence rate because most of the recurrences were  
12 borderline tumours, which are unlikely to have a further impact on patient outcomes [140, 141]. The risk  
13 of an invasive recurrence is very low but exists, and is estimated at 0.5% after FSS [142]. Even when  
14 preservation of healthy ovarian tissue is not technically 'feasible' (bulky bilateral involvement of ovaries),  
15 preservation of the uterus should be considered.  
16  
17

18 The impact of the histological subtype on surgical management (mBOT or sBOT) is still debated [83, 142,  
19 143]. Patients with mBOTs relapse less frequently than those with serous disease, but when a relapse  
20 occurs, the risk of an invasive recurrence seems to be higher for mBOTs [144]. Nevertheless, clear evidence  
21 is lacking as to whether this is due to the particular natural history of this tumour, to a wider use of  
22 cystectomy or to the fact that, as mBOT may be bulky, a small part of a 'true' invasive carcinoma may have  
23 been misdiagnosed after the initial sampling of a large tumour [144]. Pragmatically, as most mBOTs are  
24 unilateral, unilateral salpingo-oophorectomy is recommended to decrease the potential risk of invasive  
25 recurrence [142, 144].  
26  
27

28 The case of serous disease is somewhat different because bilateral tumours are observed in 15%-25% of  
29 cases and peritoneal spread in 15%-40% [145]. A meta-analysis and a large multicentre German series  
30 demonstrated that (ultraconservative) surgery (cystectomy) increases the risk of recurrence [139, 141].  
31 Nonetheless, this does not imply that an adnexectomy should be preferred over a cystectomy because the  
32 use of this latter procedure also increases the subsequent fertility rate [146]. A recent phase III trial (the  
33 only one concerning BOTs in the 'modern era') demonstrated that the use of bilateral cystectomies  
34 compared to a unilateral adnexectomy and a contralateral cystectomy (in patients with bilateral BOTs,  
35 mainly in serous subtype) increased the fertility rate without increasing the recurrence rate [146].  
36 Moreover, the risk of ovarian invasive recurrence is very low in stage I serous disease [144]. Preservation  
37 of the maximum volume of the healthy ovary (and follicles) should, therefore, be proposed to improve  
38 fertility results. Cystectomy is an acceptable management in sBOTs to optimise fertility preservation.  
39  
40

41 **Recommendation 9.1:** preservation of at least part of one ovary and the uterus is the standard approach in  
42 young patients with BOTs.  
43

44 Level of evidence: III

45 Strength of recommendation: A

46 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

47  
48  
49 **Recommendation 9.2:** unilateral salpingo-oophorectomy is recommended with mBOTs to decrease the risk  
50 of invasive recurrence after cystectomy.  
51

52 Level of evidence: IV

53 Strength of recommendation: A

54 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

55  
56  
57 **Recommendation 9.3:** cystectomy is an acceptable management in sBOTs to preserve fertility.  
58  
59  
60

1  
2  
3 Level of evidence: III

4  
5 Strength of recommendation: B

6  
7 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

8  
9 **10. How should serous borderline ovarian tumours with extraovarian implant be managed?**

10  
11 Adequate staging in BOT includes careful inspection of the peritoneum and peritoneal staging biopsies as  
12 previously described. Appendectomy as a staging procedure is not recommended even in the mucinous  
13 subtype [147]. There is no evidence supporting LN dissection. Large studies have demonstrated that the  
14 omission of staging has an impact on recurrence rate [83]. On the other hand, the benefit on OS of complete  
15 surgical staging in macroscopically stage I BOT remains unproven [148, 149]. The benefit of restaging  
16 surgery is questionable if comprehensive staging has not been completed during the first surgery.  
17 Considering the potential morbidity associated with this procedure, surgical restaging should only be  
18 considered in the following situations: 1) patients with a higher risk of extraovarian microscopic implants  
19 (serous tumour with micropapillary patterns) or 2) patients with incomplete visual exploration of the  
20 abdomino-pelvic peritoneum during the first surgery.  
21

22  
23 In the case of sBOTs with peritoneal implants, residual disease has been reported to be a prognostic factor  
24 [142, 150, 151]. Complete removal of peritoneal implants is necessary for both staging and therapeutic  
25 purposes. There is no proven benefit of lymphadenectomy in stage II/III sBOTs [142]. Data in the literature  
26 concerning FSS in sBOTs with peritoneal implants are rare [140, 145]. Compared to stage I disease treated  
27 conservatively, the risk of recurrence is increased after conservative treatment of more advanced stages  
28 [145]. These could be ovarian and/or peritoneal and so not related to the ovarian preservation itself but to  
29 the natural history of the initial peritoneal spread [145]. Furthermore, the risk of lethal outcomes is rare in  
30 this context if a complete resection of implants is achieved [145]. FSS could be then considered in selected  
31 stage II or III sBOTs. Some authors have suggested to extend this strategy even in the cases of invasive  
32 implants [140]; however, less than 15 cases have been reported [140, 145].  
33

34  
35 The role of adjuvant chemotherapy in advanced-stage sBOTs is highly debated [152, 153]. Recent  
36 retrospective data, collecting the largest number to date of patients with invasive implants treated with  
37 surgery and adjuvant chemotherapy, suggested a potential advantage in selected groups of patients [152].  
38 According to the available evidence, there is no benefit in adding adjuvant treatment to upfront surgery in  
39 patients with sBOTs with invasive implants [111, 151-171]. A meta-analysis on BOTs concluded that there  
40 is no evidence supporting the use of any specific type of adjuvant treatment [153]. However, considering  
41 the low risk of invasive high-grade relapse, it is unlikely that it will be possible to demonstrate the efficacy  
42 of adjuvant treatment in these patients.  
43

44  
45 It is important to note that sBOTs with invasive implants would be now defined as 'extraovarian LGSC'  
46 according to the 2014 WHO classification [7]. Since the management of young patients with sBOTs is clearly  
47 different than stage II/III LGSC (in terms of FSS in young patients, place of LN dissection or adjuvant  
48 treatment strategies), patients with sBOTs and invasive implants must be considered as a separate entity  
49 from advanced LGSC.  
50

51 **Recommendation 10.1:** peritoneal staging surgery is recommended for sBOTs.

52  
53 Level of evidence: III

54  
55 Strength of recommendation: B

56  
57 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

58  
59 **Recommendation 10.2:** the benefit of restaging is not clear but should be considered in patients with:  
60

- sBOTs with micropapillary pattern
- sBOTs with incomplete visual exploration of the peritoneal cavity

Level of evidence: IV (sBOTs with micropapillary pattern), III (sBOTs with incomplete visual exploration of the peritoneal cavity)

Strength of recommendation: B

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 10.3:** there is no role for appendectomy in BOTs.

Level of evidence: V

Strength of recommendation: A

Consensus: 85% (34) yes, 0% (0) no, 15% (6) abstain (40 voters)

**Recommendation 10.4:** all peritoneal implants must be removed.

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 10.5:** there is no proven benefit of systematic LN dissection in stage II/III sBOTs.

Level of evidence: IV

Strength of recommendation: B

Consensus: 97.5% (39) yes, 0% (0) no, 2.5% (1) abstain (40 voters)

**Recommendation 10.6:** FSS could be considered in selected patients with stage II or III sBOTs.

Level of evidence: V

Strength of recommendation: B

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 10.7:** adjuvant systemic treatment is not recommended for primary treatment of sBOTs with extraovarian invasive/non-invasive implants.

Level of evidence: III

Strength of recommendation: B

Consensus: 92.5% (37) yes, 0% (0) no, 7.5% (3) abstain (40 voters)

### Advanced stage disease

#### **11. How to select patients for primary debulking surgery or neoadjuvant chemotherapy?**

Complete resection of all macroscopic disease has been shown to be the single most important independent prognostic factor in advanced EOC [172, 173] and careful evaluation of patients prior to surgery is essential to defining the management plan [174]. If resection of all macroscopic disease can be obtained based on

preoperative staging with an acceptable operative morbidity, upfront debulking surgery (UDS) followed by carboplatin/paclitaxel is standard of care [175, 176]. The EORTC55971 trial [177] and the CHORUS trial [178] have shown a similar PFS and OS for patients with stage IIIC or IV disease receiving NACT and interval debulking surgery (IDS) compared with UDS. As both studies contained low percentages of patients with complete UDS (<20%), the Trial on Radical Upfront Surgical Therapy (TRUST), including a qualification process for participating centres, is currently ongoing.

Nevertheless, evidence-based standardisation of the assessment of disease extent and patient condition are essential to predict the possibility of residual macroscopic disease after UDS [179]. Preoperative diagnostic work-up with computed tomography (CT), positron emission tomography (PET)-CT, or diffusion-weighted whole-body magnetic resonance imaging (MRI), should be used to assess the extent of disease [180-183]. Ultrasound imaging quality has improved in recent decades; if performed by an experienced sonographer, ultrasound has an invaluable role in estimating the malignant potential and histopathological features of ovarian cysts but also in assessing tumour extent in the pelvis and abdominal cavity [184-186]. Diagnostic laparoscopy can provide a definitive histopathological diagnosis and detailed information about the intra-abdominal disease burden (e.g. Fagotti scoring system) [187, 188]. After laparoscopy, a high rate of port-site metastases are observed, but do not worsen the prognosis [189].

Based on previously described examinations, in 2017 ESGO formulated recommendations on contraindications to UDS related to tumour spread [190]. Patient-specific factors (e.g. co-existing illnesses, age, WHO PS) should also be considered in the preoperative assessment of operability [174, 179]. To assure adequate management of patients with HGSC, diagnostic work-up as well as the treatment should be performed in a multidisciplinary setting and in a specialist ovarian cancer centre, according to ESGO Quality recommendations 2016 [191].

**Recommendation 11.1:** the selection of patients for primary debulking surgery or neoadjuvant treatment must be performed in a specialist ovarian cancer centre, according to the ESGO Quality recommendations 2016 [191] in a multidisciplinary setting.

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 11.2:** complete tumour resection at upfront debulking is the most important prognostic factor for patients with advanced ovarian cancer and is the main goal of surgery.

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 11.3:** when complete surgery with no macroscopic visible disease appears feasible (both spread of disease and general condition of the patient), primary upfront debulking should be offered.

Level of evidence: IV

Strength of recommendation: B

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 11.4:** diagnostic work-up with CT, (PET)-CT or diffusion-weighted whole-body MRI and expert ultrasound or diagnostic laparoscopy should be used to assess the extent of disease.

Level of evidence: III

Strength of recommendation: C

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 11.5:** patients are not candidates for primary surgery (according to ESGO 2017 recommendations [190]) if the following spread of disease, among other factors, is present:

- Diffuse deep infiltration of the root of small bowel mesentery
- Diffuse carcinomatosis of the small bowel involving such large parts that resection would lead to a short bowel syndrome (remaining bowel <1.5 m)
- Diffuse involvement/deep infiltration of
  - stomach/duodenum
  - head or middle part of pancreas
- Involvement of coeliac trunk, hepatic arteries, left gastric artery
- Central or multisegmental parenchymal liver metastases
- Multiple parenchymal lung metastases (preferably histologically proven)
- Non-resectable LNs
- Brain metastases

Level of evidence: III

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

## 12. What is the current role of bevacizumab in first-line treatment?

Bevacizumab was the first targeted therapy to receive the approval of the European Medicines Agency (EMA) for the treatment of EOC in the first-line and relapsed settings. GOG218 [192], a placebo-controlled phase III trial, randomised patients with incompletely resected stage III or any stage IV newly diagnosed EOC to either carboplatin/paclitaxel with or without bevacizumab (15 mg/kg) followed by placebo or bevacizumab maintenance treatment up to 21 cycles; significant increase in PFS was shown in patients receiving bevacizumab for 21 cycles. The ICON7 trial [193] included patients with high-risk, early-stage disease (stage I or IIA and clear cell or grade 3 tumours) or advanced stage IIB to IV tumours. Despite lower dosage and fewer cycles of bevacizumab (7.5 mg/kg for 18 cycles) used in the ICON7 trial, PFS results were similar [193]. Neither the GOG218 trial nor the ICON7 trial showed an OS benefit in the overall study populations [192, 193] but post-hoc subgroup analysis indicated statistically-significant OS benefit in patients with stage IV disease in GOG218 [194] and patients at high risk of progression (i.e. FIGO stage III with >1 cm residual disease or stage IV) in the ICON7 trial [22].

Bevacizumab-related toxicities are usually mild. The most common toxicities are  $\geq$ grade 2 hypertension and  $\geq$ grade 3 proteinuria. The incidence is positively correlated with higher dose and longer duration [192, 193]. Furthermore, the ICON7 and GOG218 trials showed a trend towards more mucocutaneous bleeding,  $\geq$ grade 3 thromboembolic events and gastrointestinal adverse events (AEs) [192, 193, 195]. Regarding gastrointestinal toxicity, the most common AE was perforation (1.1%), followed by haemorrhage (0.8%)



1  
2  
3 and fistula formation (0.7%) [22, 195]. Multivariable analysis estimated that previous treatment of  
4 inflammatory bowel disease and large bowel resections at UDS are significantly associated with increased  
5 odds of gastrointestinal AEs [195]. Adequate patient selection is important to minimise the occurrence of  
6 these serious AEs.  
7

8 Recently, the results of the SOLO1 trial were presented and showed the importance of the use of PARP  
9 inhibition after first-line chemotherapy in *BRCA*-mutated patients (without the use of bevacizumab) [33].  
10 This phase III trial demonstrated a 70% risk reduction of disease progression or death with olaparib  
11 maintenance therapy after complete or partial response on first-line standard, platinum-based  
12 chemotherapy in patients with newly-diagnosed, advanced *BRCA*-mutated ovarian cancer.  
13

14 Regarding the administration of bevacizumab with NACT, two smaller RCTs, the ANTHALYA and  
15 GEICO1205/NOVA open-label phase II trials [196, 197], were performed. Patients received 4 cycles of  
16 neoadjuvant carboplatin/paclitaxel with or without at least 3 cycles of bevacizumab (15 mg/kg) followed  
17 by IDS [196, 197]. Bevacizumab was stopped 4-5 weeks before surgery and restarted at least 7 weeks after  
18 IDS in the ANTHALYA trial [196], compared to 6 weeks before and 6 weeks after surgery in the  
19 GEICO1205/NOVA trial [197]. In the ANTHALYA trial [196], complete resection rate (CRR) was significantly  
20 higher with additional bevacizumab compared to CRR previously reported in the EORTC study [177]. In  
21 contrast, the GEICO1205/NOVA trial [197] showed no benefit in the complete macroscopic response rate  
22 (PCI=0) but found an enhanced rate of surgical operability. Both studies showed similar safety profiles, with  
23 no increase in toxicity ( $\geq$ grade 3 haematological, gastrointestinal and vascular AEs) compared to  
24 carboplatin/paclitaxel therapy when adequate patient selection was performed. Therefore, bevacizumab in  
25 the neoadjuvant setting is considered safe and may improve surgical outcome.  
26  
27  
28

29 **Recommendation 12.1:** bevacizumab (15 mg/kg or 7.5 mg/kg every 3 weeks for maximum of 15 months)  
30 improves PFS in patients with stage III-IV ovarian cancer and should be considered in addition to  
31 carboplatin and paclitaxel.  
32

33 Level of evidence: I

34 Strength of recommendation: A

35 Consensus: 97.5% (39) yes, 0% (0) no, 2.5% (1) abstain (40 voters)  
36  
37

38 **Recommendation 12.2:** bevacizumab in the neoadjuvant setting can be considered, although additional  
39 improvement in efficacy is not proven with level I evidence.  
40

41 Level of evidence: II

42 Strength of recommendation: B

43 Consensus: 97.5% (39) yes, 2.5% (1) no, 0% (0) abstain (40 voters)  
44  
45

46 **Recommendation 12.3:** bevacizumab can be safely administered in the neoadjuvant setting before and  
47 after IDS providing the interval between surgery and administration is at least 4-6 weeks.  
48

49 Level of evidence: II

50 Strength of recommendation: B

51 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)  
52  
53

### 54 13. Should weekly regimens be used in first line?

55 The JGOG3016 trial [198], performed in Japan, was the first multicentre RCT comparing first-line treatment  
56 with 3-weekly carboplatin (AUC6) and paclitaxel (180 mg/m<sup>2</sup>) with a dose-dense regimen of 3-weekly  
57  
58  
59  
60

1  
2  
3 carboplatin and weekly paclitaxel (80 mg/m<sup>2</sup>). This showed improved PFS and OS rates but higher toxicity  
4 with the dose-dense regimen [198]. In contrast, GOG262 [199] (a multicentre phase III RCT) could not  
5 confirm this survival benefit despite using a similar study protocol. When patients did not receive  
6 bevacizumab, a subgroup analysis of the GOG262 trial showed a significant increase in PFS in favour of  
7 weekly paclitaxel compared to 3-weekly. When receiving bevacizumab, no differences in PFS were shown  
8 [199]. As this subgroup analysis was not preplanned and only performed on 16% of the study population,  
9 weekly paclitaxel should not be regarded as a substitution for bevacizumab.

11 MITO-7, a multicentre open-label phase III RCT [200], was the first trial to compare 3-weekly carboplatin  
12 (AUC6) and paclitaxel (175 mg/m<sup>2</sup>) with weekly administration of carboplatin (AUC2) and paclitaxel (60  
13 mg/m<sup>2</sup>). The weekly schedule showed similar survival rates but significantly better quality of life (QoL) (co-  
14 primary endpoint) with lower rates of ≥grade 3 neutropaenia, febrile neutropaenia, ≥grade 3  
15 thrombocytopenia, ≥grade 2 neuropathy and alopecia. Van der Burg *et al.* [201] randomised patients to  
16 NACT with either weekly carboplatin (AUC4)/weekly cisplatin (70mg/m<sup>2</sup>) and weekly paclitaxel  
17 (90mg/m<sup>2</sup>) or 3-weekly carboplatin (AUC6)/cisplatin (75mg/m<sup>2</sup>) and paclitaxel (175mg/m<sup>2</sup>) and found  
18 similar response rates, PFS and OS between both groups [201]. In contrast to the MITO-7 trial [200],  
19 (non)haematological toxicities were more frequent in the weekly schedule, probably caused by the higher  
20 dose intensity of platinum [cisplatin (40% of patients) or carboplatin] and higher doses of paclitaxel.  
21

22  
23  
24 The first results of the ICON8 trial [202] were presented at the ESMO 2017 Congress. As part of this trial,  
25 patients were randomised into three treatment arms: 1) 3-weekly carboplatin (AUC5/6) and weekly  
26 paclitaxel (80 mg/m<sup>2</sup>); 2) both weekly carboplatin (AUC2) and paclitaxel (80 mg/m<sup>2</sup>) and 3) standard 3-  
27 weekly carboplatin (AUC5/6) and paclitaxel (175 mg/m<sup>2</sup>). The use of weekly scheduling in first-line  
28 treatment of EOC did not extend PFS, but, in contrast to the MITO-7 trial [200], no decrease in toxicity was  
29 seen (again, higher doses of paclitaxel were used) [202]. Therefore, weekly carboplatin/paclitaxel according  
30 to the MITO-7 schedule is an alternative to the 3-weekly schedule in Caucasian patients.  
31

32  
33 **Recommendation 13.1:** incorporation of weekly chemotherapy into first-line treatment for women with  
34 EOC does not improve PFS or OS in the population of western countries.

35 Level of evidence: I

36  
37 Strength of recommendation: A

38  
39 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

40  
41 **Recommendation 13.2:** the schedule of weekly chemotherapy with carboplatin (AUC2) and paclitaxel (60  
42 mg/m<sup>2</sup>) shows better QoL and reduced toxicity (e.g. alopecia, neuropathy) compared to the standard 3-  
43 weekly schedule and can be considered.

44  
45 Level of evidence: I

46  
47 Strength of recommendation: B

48  
49 Consensus: 95% (38) yes, 0% (0) no, 5% (2) abstain (40 voters)

50  
51 **Recommendation 13.3:** weekly chemotherapy cannot be regarded as a substitute for bevacizumab.

52  
53 Level of evidence: V

54  
55 Strength of recommendation: B

56  
57 Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

**Recommendation 13.4:** 3-weekly carboplatin/paclitaxel remains the standard-of-care chemotherapy of first-line ovarian cancer treatment.

Level of evidence: I

Strength of recommendation: A

Consensus: 100% (40) yes, 0% (0) no, 0% (0) abstain (40 voters)

#### **14. Is there a place for intraperitoneal chemotherapy and hyperthermic intraperitoneal chemotherapy?**

Several studies have been published, but due to their small sample size, incomparable treatment protocols and high levels of toxicity, intraperitoneal (IP) chemotherapy was not recommended for routine use [203-206]. The GOG172 trial randomised patients with stage III disease to either 3-weekly intravenous (IV) cisplatin/paclitaxel or IV paclitaxel followed by IP cisplatin/paclitaxel and showed a remarkable improvement in OS [207] persisting even after 10 years [208]. Despite these promising results, toxicity with IP (e.g. grade 3-4 leukopaenia, gastrointestinal/renal AEs, infection and pain) was significantly higher with lower QoL and a lower completion rate [207] for 6 IP cycles compared to previous reported studies [203, 204]. Moreover, the absence of an ITT analysis, the higher dosage of paclitaxel/cisplatin in the IP arm, the imbalance in PFS/OS benefit ratio and the low OS in the control group compared to published data [209, 210] further limit the clinical relevance and implementation of IP therapy in ovarian cancer [211]. To address the pitfalls of the GOG172 trial, a phase III RCT (GOG252) [212] was performed on patients with stage II-IV EOC. As the first trial comparing IP and IV administration of similar doses of chemotherapy, the GOG252 trial [212] did not confirm PFS improvement with IP chemotherapy (presented at SGO 2016, still unpublished). Moreover, IV chemotherapy was better tolerated than IP chemotherapy.

The only RCT on the effect of hyperthermic intraperitoneal chemotherapy (HIPEC) in recurrent EOC has been widely criticised [212-215], and a meta-analysis [216] of retrospective studies in advanced or recurrent EOC did not show any survival advantage but an increase in AEs (e.g. anaemia, acute kidney injury) [217, 218], precluding HIPEC from standard-of-care treatment. A recently published multicentre open-label phase III trial (OVHIPEC) [219] randomised patients with stage III EOC with abdominal disease too extensive for UDS or after UDS with residual disease >1 cm, and after response to 3 cycles of NACT, to undergo IDS with or without HIPEC (cisplatin 100 mg/m<sup>2</sup>). The addition of HIPEC to IDS resulted in a significantly longer PFS and OS without increasing toxicity. However, as all stage IV patients were excluded and the majority of stage III patients could be primarily debulked to <1 cm [220-223], only a very small group of EOC patients with advanced disease fulfilled the criteria of inclusion, explaining the slow recruitment but also rendering extrapolation of these results to all patients with advanced disease impossible. Moreover, as OS was not a primary/co-primary endpoint, the small study size can induce significant bias, giving a possible explanation for the imbalance in PFS/OS improvement ratio [222]. Furthermore, stratification was lacking for important prognostic factors like *BRCA* status, FIGO subclassification, response rates to NACT and histological type [222, 223]. Lastly, HIPEC toxicity appeared to be underreported as toxicity was reported equally in both study arms despite longer operation times, longer hospitalisation periods, more perioperative gastrostomies/stomas and vague reports on known AEs (e.g. acute renal failure) when receiving HIPEC [222-225].

At the ASCO 2017 Congress, Lim *et al.* [217] presented another trial including patients with stage III and IV ovarian cancer randomly allocated to the HIPEC arm (cisplatin 75 mg/m<sup>2</sup>, 90 min) or a control arm (no HIPEC) intraoperatively based on residual tumour (size <1 cm). The survival analysis did not show the statistical superiority of the HIPEC arm. Considering these concerns, HIPEC might provide additional survival benefit in EOC, but large prospective studies are required to further quantify the true efficacy of HIPEC and to compare its efficacy and compatibility with targeted therapy (e.g. bevacizumab). In the

meanwhile, HIPEC should not be considered as standard therapy and be limited to well-designed prospective RCTs.

**Recommendation 14.1:** IP chemotherapy is not a standard of care as first-line treatment.

Level of evidence: I

Strength of recommendation: A

Consensus: 95% (38) yes, 0% (0) no, 5% (2) abstain (40 voters)

**Recommendation 14.2:** HIPEC is not a standard of care as first-line treatment.

Level of evidence: II

Strength of recommendation: A

Consensus: 95% (38) yes, 0% (0) no, 5% (2) abstain (40 voters)

## 15. Is the standard of management of non-high-grade serous epithelial ovarian cancer different?

Similar to HGSC, optimal surgical treatment is the keystone of the treatment of advanced low-grade serous ovarian cancer [172, 226]. Regarding the less chemosensitive nature of low-grade serous ovarian cancer, even debulking with residual disease <1 cm may improve survival when complete cytoreduction is not feasible and can be an option. Also in the recurrent setting, a significantly increased PFS and OS was found after secondary cytoreductive surgery without residual disease [227]. While carboplatin/paclitaxel is still the standard systemic therapy in low-grade serous ovarian cancer, multiple retrospective studies showed lower response rates and less survival benefit from chemotherapy compared with high-grade serous ovarian cancer, implicating a limited chemosensitivity [228-231]. Similar findings were found in mucinous [45, 232] and clear cell EOCs [233, 234]. Being less chemosensitive, the role of surgery is enhanced and novel therapeutic strategies for systemic treatment of low-grade serous ovarian cancer are being investigated (e.g. anti-hormonal and targeted therapies).

The majority of low-grade serous ovarian cancers have high ER and PR expression. Small retrospective studies suggest a possible therapeutic value of hormone therapy in first-line and recurrent settings [42, 235, 236]. Despite promising results with selumetinib, a MEK1/2 inhibitor [237], no correlation was found between *BRAF* or *KRAS* mutation status and therapeutic response in patients with recurrent low-grade serous ovarian cancer. Of note, a phase III RCT of a MEK inhibitor versus physician's choice of chemotherapy in recurrent platinum-resistant low-grade serous ovarian cancer was prematurely closed for futility at the first interim analysis.

Regarding other targeted therapies, bevacizumab has shown activity in low-grade serous ovarian cancer in first-line and recurrent settings in three small retrospective cohorts [238-240]. Hamanishi *et al.* [241] investigated the effect of nivolumab, an antibody that blocks programmed cell death protein 1 (PD-1) signalling, in patients with platinum-resistant ovarian cancer. One out of the two patients with clear cell histology included in this trial showed a complete remission with nivolumab. The high frequency of mismatch repair deficiency in clear cell carcinomas can provide an explanation for this behaviour towards PD-1 inhibitors. Pembrolizumab, another anti-PD-1 inhibitor, has been approved by the FDA in solid tumours with microsatellite/mismatch repair deficiency including ovarian cancer [242]. Further investigation is currently ongoing.

### Advanced (FIGO III and IV) non-high-grade serous ovarian cancer in first line

**Recommendation 15.1:** primary debulking surgery with no macroscopic residual disease is of pivotal importance due the low chemosensitivity in low-grade serous, mucinous and clear cell ovarian carcinoma.

1  
2  
3 Level of evidence: IV

4  
5 Strength of recommendation: A

6  
7 Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (38 voters)

8  
9 **Recommendation 15.2:** even debulking with residual disease <1 cm in low-grade serous ovarian cancer  
10 may improve survival when complete cytoreduction is not feasible.

11  
12 Level of evidence: IV

13  
14 Strength of recommendation: C

15  
16 Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (38 voters)

17  
18 **Recommendation 15.3:** carboplatin in combination with paclitaxel is the standard chemotherapy. Addition  
19 of bevacizumab should be considered.

20  
21 Level of evidence: I

22  
23 Strength of recommendation: B

24  
25 Consensus: 97.4% (37) yes, 0% (0) no, 2.6% (1) abstain (38 voters)

26  
27 **Recommendation 15.4:** maintenance anti-oestrogen therapy after chemotherapy can be considered in low-  
28 grade serous ovarian cancer.

29  
30 Level of evidence: IV

31  
32 Strength of recommendation: C

33  
34 Consensus: 92.1% (35) yes, 0% (0) no, 7.9% (3) abstain (38 voters)

35  
36 **Recurrent non-high-grade serous ovarian cancer in first line**

37  
38 **Recommendation 15.5:** secondary debulking surgery should be considered with the aim of no macroscopic  
39 residual disease.

40  
41 Level of evidence: I

42  
43 Strength of recommendation: B

44  
45 Consensus: 100% (37) yes, 0% (0) no, 0% (0) abstain (37 voters)

46  
47 **Recommendation 15.6:** in low-grade serous, low-grade endometrioid, mucinous and clear cell ovarian  
48 carcinoma, chemotherapy is an option but the magnitude of benefit is uncertain.

49  
50 Level of evidence: IV

51  
52 Strength of recommendation: B

53  
54 Consensus: 100% (37) yes, 0% (0) no, 0% (0) abstain (37 voters)

55  
56 **Recommendation 15.7:** anti-oestrogen therapy can be considered in low-grade serous ovarian cancer and  
57 low-grade endometrioid ovarian carcinoma.

58  
59 Level of evidence: IV

60

Strength of recommendation: B

Consensus: 97.3% (36) yes, 0% (0) no, 2.7% (1) abstain (37 voters)

### Recurrent disease

#### **16. What is a reasonable monitoring and follow-up strategy following treatment of ovarian cancer?**

Currently, evidence is lacking to demonstrate that routine follow-up of patients treated for ovarian cancer improves outcome [243-246]. However, monitoring for recurrence might become more important if surgery for recurrent ovarian cancer is shown to improve survival [247]. There is no evidence supporting a different follow-up regimen according to histotype, although it is recognised that not all tumours are associated with raised levels of CA-125 [248]. At each visit, symptoms should be assessed and a physical examination should be performed, although the latter has limited value in detecting relapse. Health-related QoL (HRQoL) measures, such as EORTC QLQ C30 and EORTC QLQ OV28, are potentially useful tools to assess symptoms [249, 250], and could be adapted to be applied for routine use. Further to clinical examination and checking for symptoms, CA-125 is the simplest tool to trigger imaging and is a better approach than regular routine imaging for diagnosis of recurrent ovarian cancer [244, 251]. Radiographic imaging, such as ultrasound, chest-abdomen-pelvis CT, whole-body MRI or (PET-)CT, should only be performed if clinically indicated, based on symptoms, clinical examination or a rising CA-125 level [252-255]. Mucinous and clear cell ovarian cancers could represent a potential source of PET-negative findings [256]. At present, CA-125 remains the most important of the various biomarkers available for the detection of recurrent ovarian cancer [257], however, a RCT [258] did not show any survival advantage for initiating chemotherapy based on early detection of a higher CA-125 concentration. It should be noted that this trial was not performed in an era where surgery could be considered for selected cases, or where targeted therapies were used as a maintenance strategy for treatment of recurrent disease to lengthen disease control or survival.

A holistic approach, including patient education about signs and symptoms, monitoring and management of side effects, assessing the psychological and existential consequences of cancer is needed. Evaluation and support of family and social needs, counselling for genetic risk, guidance on fertility and contraception after ovarian cancer, management of menopausal symptoms and promotion of cardiovascular, bone, brain and sexual health should all be applied in the follow-up of ovarian cancer patients [259]. Oestrogen (+/- progestin) replacement is not contraindicated for severe menopausal symptoms, but the safety of hormonal replacement therapy in low-grade serous and low-grade endometrioid tumours is unclear [236, 260].

Follow-up is usually offered by gynaecological oncologists or dedicated medical oncologists. However, there is lack of evidence to show that it needs to be restricted to these groups, and specialised nurses or general practitioners could also be involved in the follow-up of ovarian cancer patients [261-263]. Follow-up should be organised according to a locally-agreed protocol. When follow-up is planned, a reasonable approach involves patient assessment every 3-4 months for the first 2 years, and every 6 months during years 3-5, but follow-up schemes may be individualised according to prognostic factors and treatment modalities. Further follow-up beyond 5 years should be individually discussed [248, 264]. Monitoring of maintenance therapy should be specialist-led and focus on the evaluation of toxicity and assessment of disease activity. Local protocols should be established specifically for the follow-up of patients on maintenance therapy. Imaging should be performed according to symptoms and CA-125 levels or periodically if the CA-125 level was normal at the start of treatment. Follow-up after treatment of recurrent ovarian cancer should be specialist-led, as further recurrence is inevitable.

**Recommendation 16.1:** follow-up should be offered, and the value should be discussed individually with patients, as there is uncertainty about the benefit of early diagnosis and treatment of recurrent disease.

Level of evidence: II

Strength of recommendation: C

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3 Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (38 voters)  
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### 5 **17. What is the place of surgery for recurrent disease?**

6  
7 *Cytoreductive surgery*: results of the AGO [Arbeitsgemeinschaft Gynäkologische Onkologie] DESKTOP III  
8 study [265] demonstrated improved PFS and a longer time to first subsequent therapy in patients with first  
9 recurrence randomised to secondary cytoreductive surgery. The PFS advantage of surgery was only seen  
10 following complete tumour resection and, therefore, complete resection should be regarded a prerequisite  
11 for a potential OS benefit. OS in DESKTOP III is not yet mature and the results are expected in 2019. Recently  
12 shown data of an interim futility analysis of another trial (GOG 213) [266] failed to demonstrate a PFS or OS  
13 advantage. It should be noted that patients in this trial were not systematically selected and the CRR was  
14 lower. Currently, the option of secondary cytoreductive surgery followed by platinum-based combination  
15 therapy should be discussed with all eligible patients [247]. Patients should be selected if they have a high  
16 probability of having a complete resection and the following predictors for resection should be considered:  
17 platinum treatment-free interval (TFI) of >6 months, positive AGO score [good PS, complete resection at  
18 primary surgery and the absence of large volume (>500 ml) ascites], absence of probably irresectable  
19 lesions on imaging and absence of contraindications to surgery (e.g. comorbidities, prior severe  
20 complications of surgery) [267]. It is important to note that platinum TFI and the AGO score have only been  
21 developed as positive predictors of complete resection and cannot be used to exclude patients from surgery.  
22 Additionally, centres offering secondary cytoreductive surgery should have the necessary resources and  
23 infrastructures including an established multidisciplinary team coordinating the pre-, intra- and  
24 postoperative care needed to achieve complete resection in the majority of these procedures [191]. In  
25 second or later recurrence there is limited evidence that highly selected patients (based on PS, tumour  
26 biology and localisation of metastasis) may benefit from complete cytoreductive surgery in specialised  
27 centres [268, 269].  
28  
29  
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31 **Recommendation 17.1**: complete cytoreductive surgery followed by systemic treatment improves PFS and  
32 extends benefit to the next line of treatment in selected patients with first recurrence of ovarian cancer; OS  
33 data are not yet mature. Patients eligible for cytoreductive surgery should be informed about this option.  
34

35 Level of evidence: I

36 Strength of recommendation: A

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39 Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (38 voters)  
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41 **Recommendation 17.2**: complete cytoreductive surgery in second or later recurrence may provide benefit  
42 in selected patients and specialised centres.  
43

44 Level of evidence: V

45 Strength of recommendation: A

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48 Consensus: 100% (37) yes, 0% (0) no, 0% (0) abstain (37 voters)  
49

50 *HIPEC*: until now, there are no appropriately designed prospective studies on the effect of HIPEC added to  
51 secondary cytoreductive surgery in recurrent ovarian cancer. The results of multiple RCTs on HIPEC in  
52 recurrent ovarian cancer are awaited. Until these results are available, HIPEC remains an experimental  
53 therapy with potential harm and should only be offered in the context of well-designed, prospective RCTs.  
54 An objective benefit of HIPEC in relapsed ovarian cancer would need to take account of survival outcome  
55 and acceptability of the side effects.  
56

57 **Recommendation 17.3**: in recurrent ovarian cancer, HIPEC added to cytoreductive surgery has not been  
58 proven to be beneficial in appropriately designed prospective studies.  
59  
60

Level of evidence: IV

Strength of recommendation: A

Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (38 voters)

*Palliative surgery:* malignant bowel obstruction (MBO) occurs frequently in patients with relapsed ovarian cancer. Although MBO is a frequent complication of ovarian cancer, the treatment given to patients is not based on high level evidence. The available evidence on MBO has been summarised and integrated into a practical treatment algorithm (see Figure 5). In the medical management, corticosteroids (6-16 mg dexamethasone intravenously daily) may help to resolve MBO, with few side effects [270]. Steroids should be tailed off after a few days if there is no benefit, and be appropriately reduced if there is a response to treatment. Octreotide can be added and is more effective than scopolamine butylbromide in controlling symptoms of MBO [271]. Corticosteroids, octreotide and lanreotide have all been shown to provide some benefit in symptom control in recurrent ovarian cancer and MBO. The role of surgery for MBO remains unclear. One retrospective study showed a survival advantage following surgery for MBO compared to octreotide [272]. In a Cochrane systematic review [273], the resolution of the symptoms of MBO following surgery varied from 26.7% to >68%, and successful oral feeding was established in 30%-100% of patients. However, reporting on surgical management of MBO needs standardisation, as there are a wide variety of possible surgical techniques and indications [274]. Perri *et al.* [275] suggested a scoring system to help select patients who were least likely to benefit from palliative surgery, based on age (>60 years), albumin (<25 g/l) and ascites (>2 l). In this study [275], patients who were eligible for bypass/resection and anastomotic procedures had a significantly better prognosis than those receiving a colostomy or ileostomy. Other surgical alternatives for MBO are percutaneous endoscopic gastrostomy tube and colorectal stent placement [276, 277]. Further data need to be collected prospectively on morbidity associated with both surgical and medical interventions for MBO. The role of surgery for MBO should be further clarified using objectified outcome measures, such as the ability to receive enteral feeding and QoL scores. Furthermore, data concerning re-obstruction rates, severe surgical complications, pain control, patient satisfaction and survival should also be collected in these studies.

**Recommendation 17.4:** MBO should be managed on an individual basis. There is a lack of evidence for optimal management and a need for clinical trials to evaluate medical, endoscopic and surgical approaches.

Level of evidence: V

Strength of recommendation: A

Consensus: 100% (37) yes, 0% (0) no, 0% (0) abstain (37 voters)

## 18. How should molecularly targeted therapy be integrated into the management of recurrent ovarian cancer?

*Anti-angiogenic therapy:* bevacizumab is approved in combination with platinum-based combination therapy and then as maintenance therapy in patients with a platinum-free interval (PFI) exceeding 6 months, and with non-platinum single-agent chemotherapy in patients with shorter PFI. The OCEANS trial [25] showed an improvement of PFS in patients treated with bevacizumab [15 mg/kg/every 3 weeks (q3w)] in combination with carboplatin/gemcitabine, who relapsed >6 months since last platinum and had no previous anti-VEGF treatment. OS was similar in both groups, which might partially be explained by the use of bevacizumab as a subsequent anticancer therapy in 43.9% of patients who were allocated to placebo in the study [278]. The administration of bevacizumab in combination with paclitaxel/carboplatin in the GOG213 study [279] showed a similar improvement in PFS. Also, the combination of bevacizumab with non-platinum single-agent chemotherapy [PEGylated liposomal doxorubicin (PLD), weekly paclitaxel or topotecan] improved PFS in patients who relapsed <6 months after a first or second line of platinum-based therapy [23]. In the AURELIA trial [23], very strict inclusion criteria were used to limit the risk for



gastrointestinal perforation. Patients were excluded if they had more than two prior lines of treatment, a history of bowel obstruction, platinum-refractory disease or significant serosal disease of the large bowel, especially if it involved the sigmoid colon. Overall, the addition of bevacizumab to chemotherapy with either weekly paclitaxel, PLD or topotecan significantly improved the median PFS. By using these criteria, only 2.2% of patients receiving bevacizumab developed a gastrointestinal perforation [23]. The patient-reported outcomes (PROs) analysis of the study shows that chemotherapy combined with bevacizumab improved gastrointestinal symptoms more often compared to chemotherapy alone, especially in patients with ascites at the start of treatment [280]. In both the AURELIA and GOG2013 trials [29, 214], only 10% of patients or less received prior bevacizumab treatment. Data presented at the ASCO 2018 Congress have shown that, for patients previously treated with bevacizumab in first line and relapsing  $\geq 6$  months after last platinum treatment, re-challenge with bevacizumab in combination with platinum-based doublets was associated with a significantly prolonged PFS [281].

**Recommendation 18.1:** bevacizumab in combination with platinum-based second-line chemotherapy (gemcitabine or paclitaxel) followed by bevacizumab maintenance has proven benefit with respect to tumour response rate and PFS, and could be recommended.

Level of evidence: I

Strength of recommendation: A

Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (38 voters)

**Recommendation 18.2:** bevacizumab in combination with second or third-line non-platinum chemotherapy (weekly paclitaxel, PLD, topotecan) has proven benefit with respect to tumour response rate and PFS, has been associated with improvement in QoL and could be recommended.

Level of evidence: I

Strength of recommendation: A

Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (38 voters)

**PARP inhibitors:** currently, there are three PARP inhibitors approved for the treatment of platinum-sensitive ovarian cancer. Olaparib maintenance treatment following platinum-based chemotherapy in patients with a *BRCA* mutation led to an improvement in PFS in study 19 [35] and in the SOLO2 trial [36]. In study 19, patients without a *BRCA* mutation also derived a significant benefit in PFS. There was no significant OS benefit in study 19. In this study, 11% of patients remained on treatment for  $>6$  years without evidence of progression. The OS data for SOLO2 are not yet mature [45, 46]. The NOVA trial [38] with maintenance niraparib showed improved median PFS for both germline *BRCA*-mutated ovarian cancer and non-germline-mutated *BRCA*. The latter group included patients with a somatic *BRCA* mutation or *BRCA* WT [38]. In ARIEL3 [37], rucaparib given after a response to platinum-based therapy showed similar results in patients with *BRCA* mutations (germline or somatic mutations) as well as in the whole ITT group with high-grade cancer. Both NOVA and ARIEL3 trials included tumour testing for HRD, but neither was able to exclude a benefit from PARP inhibitors in HRD-negative patients. However, the magnitude of benefit of each of these PARP inhibitors was greatest in patients with a *BRCA* mutation, and least in those who were HRD-negative. Testing for a *BRCA* mutation is predictive for a response and provides an opportunity to identify mutations in unaffected family members who may benefit from cancer prevention strategies. Testing is recommended for all patients with non-mucinous ovarian cancers. Olaparib maintenance was permitted beyond progression, and both olaparib and niraparib studies led to an increase in the time to the next line of treatment, a clinically meaningful endpoint [35, 36, 38].

Toxicity of PARP inhibitors is generally manageable through dose reductions and interruptions of therapy [36-38]. Two studies [282, 283] have clearly shown a benefit for monotherapy with a PARP inhibitor in

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2  
3 *BRCA*-mutated, relapsed high-grade ovarian carcinoma. A combination of two studies with rucaparib, ARIEL2 and study 10, led to the EMA approval of rucaparib in Europe as a monotherapy for relapsed or progressive *BRCA*-mutated (germline and/or somatic) HGSC, previously treated with  $\geq 2$  lines of platinum-based chemotherapy and unsuitable for further treatment with platinum-based chemotherapy [283]. In Europe, the license for monotherapy is restricted to rucaparib and is only indicated for in patients with 'platinum-sensitive' disease [284]. More recently, the SOLO 3 study randomised 266 patients with high-grade serous or endometrioid g-*BRCA* recurrent platinum-sensitive ovarian cancer to receive olaparib or non-platinum chemotherapy. Although the data have not been presented as yet, a public announcement reported statistically significant results in terms of response rate and PFS in favour of the olaparib arm.

14 **Recommendation 18.3:** PARP inhibitors (olaparib, niraparib and rucaparib) when given as maintenance therapy following a response to platinum-based second or higher line of treatment have proven benefit with respect to PFS and could be recommended. The benefit is greatest in, but is not limited to, patients with a *BRCA* mutation.

19 Level of evidence: I

21 Strength of recommendation: A

23 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)

25 **Recommendation 18.4:** PARP inhibitors (rucaparib\*, olaparib) are active as monotherapy in patients with a *BRCA* mutation and could be considered

28 *\*In Europe, only rucaparib is licensed by the EMA as a monotherapy for patients with 'platinum-sensitive' disease.*

31 Level of evidence: III

33 Strength of recommendation: B

35 Consensus: 100% (38) yes, 0% (0) no, 0% (0) abstain (34 voters)

### 37 19. What defines platinum resistance and how does that influence subsequent treatment?

39 How should platinum resistance be defined (primary and secondary resistance)? Primary platinum resistance is a condition that is intrinsic to the tumour or occurs during first-line therapy, and leads to progressive disease during or immediately after therapy. Secondary platinum resistance is an acquired condition appearing or emerging after response to platinum therapy. Use of the terms 'platinum-sensitivity' or '-resistance' varies; most commonly, 'platinum-resistance' has been a probabilistic definition, based on a likely poor response to platinum therapy. Similarly, 'platinum-sensitivity' has been defined as a patient likely to respond to platinum therapy. The latter must be separated from true observed platinum sensitivity in patients who respond to a platinum re-challenge and may be candidates for further maintenance therapy.

49 However, it is now questionable whether the historical prospective assumption of platinum sensitivity (or resistance) used for planning therapy in recurrent disease is valid. The PFI has been the main indicator to classify tumours as 'platinum-sensitive' or '-resistant' based on a 6-month cut-off from the last platinum-based therapy [285]. This definition, which evolved at a time when there were few options for treating recurrent disease other than platinum re-challenge, has several shortcomings and was abandoned during the Fifth Ovarian Cancer Consensus Conference (OCCC) of the GCIG [285]. For example, increasingly the majority of patients undergo a complete resection of their advanced ovarian cancer during primary surgery, making a response evaluation afterwards impossible. Growth rate and tumour kinetics may differ among different histological types, and a 6-month cut-off cannot reliably separate those who responded or did not respond in this subgroup. Furthermore, not all patients having experienced a TFI from platinum (TFIp) longer than 6 months later respond to platinum and objective response rates range from 47.2%-66% [25,

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3 279, 286, 287]. In addition, TFIp shorter than 6 months is not always predictive of absence of response to  
4 platinum-based therapy. The interval may also depend on the frequency of follow-up and the sensitivity of  
5 diagnostic tools applied in a particular patient. Both weekly paclitaxel/carboplatin and  
6 carboplatin/gemcitabine displayed clinical efficiency in 'platinum-resistant' disease, with an overall  
7 response rate of 29% with both regimens [288, 289]. *BRCA*-mutated patients in particular, but also *BRCA*  
8 WT patients, may respond to re-challenge with platinum-based chemotherapy, even with a TFIp of <6  
9 months [47]. For both groups, the response rate to platinum-based chemotherapy upon relapse within 6  
10 months after first-line treatment was higher compared to non-platinum regimens [47]. Furthermore, the  
11 benefit of new biological drugs may not necessarily follow this historical paradigm; for example, PARP  
12 inhibitors are active in both cohorts of patients [290].

13  
14  
15 How can we predict platinum resistance? Currently, there are no validated, molecular, predictive biomarkers  
16 for platinum resistance. Several genetic modifications are associated with acquired resistance to platinum-  
17 based chemotherapy, such as inactivation of the tumour suppressors *RB1*, *NF1*, *RAD51B* and *PTEN*,  
18 reversions of germ-line or somatic *BRCA1* or *BRCA2* mutations, overexpression of the drug efflux pump  
19 *MDR1* and *CCNE1* amplification [51]. The probability of platinum response also depends on the histological  
20 subtype, and, in the case of low-grade serous, clear cell or mucinous ovarian carcinomas, the response to  
21 platinum-based therapy is known to be poor. Low baseline global health status, poor physical function and  
22 the presence of abdominal/gastrointestinal symptoms are predictors of early discontinuation (within the  
23 first 8 weeks of treatment) of chemotherapy among patients with early relapse or after three lines of  
24 chemotherapy [291]. Patients with a poor PS should be informed about the low probability of response to  
25 further platinum or non-platinum chemotherapy. However, all patients with recurrent ovarian cancer  
26 should be offered early palliative care, even though there are currently no data showing benefit specifically  
27 for ovarian cancer. A meta-analysis [292] of randomised studies in advanced cancers (that cannot be cured)  
28 indicates that early palliative care may significantly improve QoL, decrease the intensity of symptoms and  
29 possibly improve survival.

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33 The definition of platinum resistance should be therapy-oriented. As TFI decreases, prognosis following  
34 subsequent treatment worsens; when the interval is <6 months, the anticipated median OS is around 10-12  
35 months. At this point, the objective of treatment should be to control symptoms with a minimum of side  
36 effects, thereby preserving QoL. Response rates to platinum or non-platinum monotherapy regimens are all  
37 relatively similar. For patients for whom platinum-based therapy is no longer an option, sequential non-  
38 platinum therapy regimens can be offered. This group should be defined as those patients who have  
39 progressed while receiving platinum-based chemotherapy or experienced a symptomatic relapse soon after  
40 the end of the last platinum-based chemotherapy, and those for whom there is a contraindication to use  
41 further platinum-based treatment, such as allergy [293]. Non-platinum drugs should be selected based on  
42 the toxicity profile and patient preference. The addition of bevacizumab to non-platinum regimens such as  
43 PLD, weekly paclitaxel or topotecan improves PFS and also leads to a reduction in ascites and improvement  
44 of gastrointestinal symptoms [23, 24, 280].

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47 Patients should be considered for further platinum therapy when platinum is not contraindicated or they  
48 do not have definite resistance, as described above. Tumour response rates to platinum are at least as good  
49 as to non-platinum drugs in this setting. Following a response, patients should be considered for  
50 maintenance treatment with a PARP inhibitor (see Figure 6). Additionally, platinum re-challenge could be  
51 considered following treatment with a non-platinum regimen (monotherapy or combination) if the criteria  
52 in Figure 6 suggesting that platinum 'might not be the best option' do not apply.

53  
54  
55 Treating patients with relapsed ovarian cancer. Firstly, it should be determined if a patient is fit for  
56 anticancer therapy and willing to receive further treatment (see Figure 6). Next, the question of surgery  
57 should be considered (particularly for patients in first relapse) possibly by using the AGO scoring system.  
58 Tumour biology, histology, prior therapies, prior response to chemotherapy, TFIp (which continues to have  
59 prognostic value), persistent toxicity, patient preference and current symptoms all need to be taken into  
60 account when making a decision about whether or not to offer platinum-based therapy or non-platinum

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3 treatment. Patients for whom platinum-based chemotherapy might not be the best option are a  
4 heterogeneous group, containing both patients with early symptomatic relapse or progression during prior  
5 platinum-based chemotherapy and patients with platinum intolerance. These patients should be offered  
6 a non-platinum regimen, possibly in combination with bevacizumab. Patients who are potentially platinum-  
7 responsive should receive platinum re-challenge. In highly symptomatic patients who have no  
8 contraindications for bevacizumab the combination of platinum-based therapy with bevacizumab could be  
9 considered. Bevacizumab with platinum combinations (either paclitaxel or gemcitabine followed by  
10 bevacizumab maintenance) leads to a significant benefit in PFS [25, 266, 278, 279]. Recently, PLD in  
11 combination with platinum and bevacizumab has been compared with carboplatin/gemcitabine and  
12 bevacizumab (ENGOT-ov18/AGO-OVAR 2.21 [294]) and showed a significant PFS advantage compared to  
13 carboplatin/gemcitabine combined with bevacizumab. In patients with a *BRCA* mutation in this setting,  
14 there are no data comparing monotherapy with rucaparib to chemotherapy with bevacizumab, but the  
15 higher response rate seen when adding bevacizumab to chemotherapy would favour this combination. For  
16 asymptomatic patients with a *BRCA* mutation and PFI greater than 6 months, either rucaparib monotherapy  
17 or platinum-based chemotherapy followed by a PARP inhibitor could be considered. Patients who have no  
18 priority for urgent symptomatic response, or in whom bevacizumab is contraindicated, such as thrombosis,  
19 fistula, etc, should be offered a PARP inhibitors if they respond to platinum re-challenge, irrespective of  
20 their *BRCA* mutation status. For relapsed ovarian cancer, licensed drugs in Europe include paclitaxel, PLD,  
21 topotecan and the combination of trabectedin and PLD in patients with platinum-sensitive disease. This  
22 combination has shown superior efficacy compared to PLD monotherapy and can be considered in patients  
23 unable to tolerate further platinum, having relapsed >6 months after platinum.  
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26

27 **Recommendation 19.1:** there are currently no molecular biomarkers to predict platinum response.

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30 • Resistance to platinum in recurrent ovarian cancer is a therapy-oriented definition:
- 31 1. Proven platinum resistance: progression during platinum therapy
  - 32 2. Assumed/expected platinum resistance: early symptomatic relapse with low probability of  
33 response to platinum.

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36 These patients should be treated with sequential non-platinum therapy adding bevacizumab if indicated.

- 37  
38  
39 • Sensitivity to platinum in recurrent ovarian cancer is a therapy-oriented definition:
- 40 1. Proven platinum sensitivity: response to platinum; these patients can receive maintenance PARP  
41 inhibitors
  - 42 2. Assumed/expected platinum sensitivity: previous response to platinum without early  
43 symptomatic relapse; these patients should be treated with platinum-based therapy adding  
44 bevacizumab or followed by maintenance PARP inhibitor therapy, if indicated. This group includes  
45 those who did not receive prior platinum or those who received adjuvant platinum post-surgery  
46 without any evaluable residual disease to assess chemotherapy response.  
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50 Level of evidence: I-IV

51 Strength of recommendation: A

52 Consensus: 85.7% (30) yes, 11.4% (4) no, 2.9% (1) abstain (35 voters)

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56 **Recommendation 19.2:** platinum re-challenge following treatment with a non-platinum regimen  
57 (monotherapy or combination) could be considered if a patient had not progressed during prior platinum  
58 therapy.  
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60 Level of evidence: IV

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3 Strength of recommendation: A

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5 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)

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7 **Recommendation 19.3:** early palliative care should be integrated into the management of patients with  
8 recurrent ovarian cancer.

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10 Level of evidence: V

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12 Strength of recommendation: A

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14 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)

15  
16 **Recommendation 19.4:** incorporating HRQoL tools in the care of patients with a low probability of  
17 response to platinum may identify patients for whom subsequent therapy is futile, and this information  
18 should be discussed with the patient.

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20 Level of evidence: III

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22 Strength of recommendation: A

23  
24 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)

## 25 26 **20. How long should therapy be continued in recurrent disease?**

27  
28 There are no RCTs studying the recommended length of treatment in recurrent ovarian cancer. In the  
29 CALYPSO trial [295] and the AGO 2.5 study protocol [286], most patients received 6 cycles of carboplatin in  
30 combination with PLD/paclitaxel/gemcitabine. However, in CALYPSO [295], approximately 10% of patients  
31 received 9 cycles of chemotherapy instead of 6. Similarly, in the AGO-OVAR 2.5 study [286], in which  
32 administration of 9-10 cycles of carboplatin/gemcitabine was allowed at the physician's discretion, a  
33 limited number of patients received >6 cycles. The ICON4 study protocol [287] stated that at least 6 cycles  
34 of carboplatin/paclitaxel should be given but the exact number of cycles was not published. In non-  
35 platinum-based studies protocols usually state that treatment can be given to progression (or toxicity).  
36 Frequently, the number of cycles is <6. For example, in a study [296] comparing PLD and topotecan,  
37 platinum-resistant patients received on average 4.9 cycles of PLD and 5.7 cycles of topotecan. However,  
38 without evidence to the contrary, non-platinum treatment is often given until progression or toxicity occurs.

### 39 40 **Stopping chemotherapy**

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43 **Recommendation 20.1:** for platinum-based chemotherapy, 6 cycles are recommended. More or fewer  
44 cycles have not been shown to be beneficial, and consideration should be given to the toxicity.

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46 Level of evidence: V

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48 Strength of recommendation: B

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50 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)

51  
52 **Recommendation 20.2:** for non-platinum chemotherapies, treatment may be continued as long as there is  
53 clinical benefit and treatment is well-tolerated.

54  
55 Level of evidence: V

56  
57 Strength of recommendation: B

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59 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)

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3 In the OCEANS and GOG213 trials [278, 279], maintenance therapy with bevacizumab treatment was  
4 stopped upon disease progression. In the AURELIA trial [23], bevacizumab was not offered as a  
5 maintenance therapy; chemotherapy in combination with bevacizumab was continued to progression.  
6 Based on these results, it remains unclear when to stop bevacizumab treatment. Caution should be  
7 exercised in stopping treatment too early on the basis of a slow rise in CA-125, either alone or with minor  
8 CT abnormalities. It is difficult to state that a patient at this point will no longer benefit from continuing  
9 bevacizumab. Consideration should be given to continuing bevacizumab until symptomatic progression or  
10 the next line of treatment is started.  
11

### 12 **Stopping bevacizumab**

13  
14 **Recommendation 20.3:** recommended length of treatment remains unclear. Treatment is usually  
15 continued until disease progression. The continuation of bevacizumab beyond progression has not been  
16 evaluated in the recurrent setting.  
17

18  
19 Level of evidence: V

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21 Strength of recommendation: B

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23 Consensus: 97.1% (33) yes, 2.9% (1) no, 0% (0) abstain (34 voters)

24  
25 Both in study 19 and SOLO2, progression was determined by Response Evaluation Criteria In Solid Tumours  
26 (RECIST) v1.1 criteria, but patients could continue olaparib beyond progression [34, 36]. For these patients  
27 the time to first subsequent therapy (TFST) could provide insight into the effect of treating beyond  
28 progression. For SOLO2 [36], TFST analysis was preplanned and showed an additional advantage of 7.2  
29 months, comparing the difference between the median TFST and PFS for patients who received olaparib  
30 compared to placebo. In the NOVA and ARIEL3 trials [43, 44], PARP inhibitor treatment was discontinued  
31 upon progression. Currently, the recommended length of PARP inhibitor treatment, based on these results,  
32 remains unclear. However, treatment beyond progression, until the next line of chemotherapy should be  
33 considered, and may have clinical value.  
34

### 35 **Stopping maintenance PARP inhibitors**

36  
37 **Recommendation 20.4:** recommended length of treatment remains unclear. Despite an increase in time to  
38 first subsequent treatment demonstrated for olaparib and niraparib, the benefit of continuing treatment  
39 beyond progression has not been demonstrated conclusively to date.  
40

41  
42 Level of evidence: III

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44 Strength of recommendation: A

45  
46 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)

47  
48 In gynaecological oncology practice, there is consensus on the importance of PROs (QoL and symptoms)  
49 and the incorporation of PRO endpoints in advanced or relapsed disease [250, 297-300]. The Standard  
50 Protocol Items: Recommendations for Interventional Trials patient-reported outcome (SPIRIT-PRO)  
51 guidelines could be used for preplanned PROs hypothesis [301]. Currently, there are several QoL  
52 questionnaires available, such as the functional assessment of cancer therapy (FACT) Ovarian Symptom  
53 Index, the European Organisation for Research and Treatment of Cancer (EORTC) QLQ-OV28 and Measure  
54 of Ovarian Symptoms and Treatment (MOST); however, there is no gold standard available among the QoL  
55 questionnaires [302]. Toxicity reported by the patients using the Patient-Reported Outcomes version of the  
56 Common Terminology Criteria for Adverse Events (PRO-CTCAE™) is a valuable measurement and could  
57 improve the reporting of side effects and toxicity in the future. However, reporting of toxicity by the  
58 physicians should also be adapted to evaluate the clinical relevance by including frequency, timing and  
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3 duration, in addition to severity and incidence rates [303, 304]. Utility questionnaires such as EQ-5D and  
4 QTwist are developed to calculate QoL-adjusted PFS; they could add complementary information.  
5

6 Velikova *et al.* [305] demonstrated that implementation of routine evaluation of HRQoL is feasible, increases  
7 awareness of physicians for the importance of QoL and can have a positive impact on the well-being of  
8 patients. Recently, Basch *et al.* [304] showed that self-evaluation of symptoms could significantly improve  
9 QoL during treatment, decrease emergency admissions and even improve survival of patients with  
10 advanced cancers. The possible negative impact of treatment on QoL due to AEs should be considered and  
11 balanced against the possible positive effects of treatment to reduce or delay cancer symptoms. Regular  
12 PRO measurement can help to evaluate the benefit a patient has and can expect from the treatment, and can  
13 follow the side effects of the treatments (in order to help the physician make adjustments to therapy).  
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16 **Recommendation 20.5:** PROs and HRQoL should be integrated into the decision-making and the evaluation  
17 of treatment efficacy in all patients with recurrent ovarian cancer.  
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19 Level of evidence: V

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21 Strength of recommendation: A

22  
23 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)  
24

25 **Recommendation 20.6:** follow-up of QoL and symptoms should be integrated into routine practice.  
26

27 Level of evidence: V

28  
29 Strength of recommendation: A

30  
31 Consensus: 100% (34) yes, 0% (0) no, 0% (0) abstain (34 voters)  
32

## 33 **PSYCHO-ONCOLOGICAL SUPPORT**

34  
35 Ovarian cancer is a life-threatening condition and its treatment may produce significant toxicities, which  
36 cause substantial short- and long-term side effects and functional loss in various behavioural and life  
37 domains, as well as psychosocial distress. Therefore, QoL and functional status of the patient may be  
38 substantially reduced. In coping and adjusting to life with cancer, women and their families face multiple  
39 challenges.  
40

41  
42 Early detection of psychosocial distress, sexual dysfunction and psychiatric comorbidity, as well as  
43 identification of psychosocial care needs, are of major importance. A stepped care model of interventions  
44 including counselling, psychoeducation and psychotherapy seems to be the best approach in all areas of  
45 psychosocial care for patients with ovarian cancer. To empower patients to cope with physical and  
46 psychosocial long-term side effects of disease and therapy and to preserve QoL they should receive a  
47 personalised survivorship care plan (see Section 2 of [supplementary data](#), available at *Annals of Oncology*  
48 online).  
49

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57

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7  
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## APPENDIX 1. ESMO-ESGO Ovarian Cancer Consensus Conference Working Group

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**Table 1.** Levels of evidence and grades of recommendation (adapted from the Infectious Diseases Society of America-United States Public Health Service Grading System<sup>a</sup>).

#### Levels of evidence

I	Evidence from at least one large randomised, controlled trial of good methodological quality (low potential for bias) or meta-analyses of well-conducted randomised trials without heterogeneity
II	Small randomised trials or large randomised trials with a suspicion of bias (lower methodological quality) or meta-analyses of such trials or of trials with demonstrated heterogeneity
III	Prospective cohort studies
IV	Retrospective cohort studies or case-control studies
V	Studies without control group, case reports, expert opinions

#### Grades of recommendation

A	Strong evidence for efficacy with a substantial clinical benefit, strongly recommended
B	Strong or moderate evidence for efficacy but with a limited clinical benefit, generally recommended
C	Insufficient evidence for efficacy or benefit does not outweigh the risk or the disadvantages (adverse events, costs, ...), optional
D	Moderate evidence against efficacy or for adverse outcome, generally not recommended
E	Strong evidence against efficacy or for adverse outcome, never recommended

<sup>a</sup>By permission of the Infectious Diseases Society of America [2].

**Table 2.** Criteria for assignment of primary site in extrauterine HGSC.

Criteria	Primary site	Comment
STIC present	Fallopian tube	Regardless of presence and size of ovarian and peritoneal disease
Invasive mucosal carcinoma in tube, with or without STIC	Fallopian tube	Regardless of presence and size of ovarian and peritoneal disease
Fallopian tube partially or entirely incorporated into tubo-ovarian mass	Fallopian tube	Regardless of presence and size of ovarian and peritoneal disease
No STIC or invasive mucosal carcinoma in either tube in presence of ovarian mass or microscopic ovarian involvement	Ovary	Both tubes should be clearly visible and fully examined by a standardised SEE-FIM protocol.  Regardless of presence and size of peritoneal disease
Both tubes and both ovaries grossly and microscopically normal (when examined entirely) or involved by benign process in presence of peritoneal HGSC	Primary peritoneal HGSC	As recommended in the 2014 WHO classification [7]  This diagnosis should only be made in specimens removed at primary surgery prior to any chemotherapy; see below for samples following chemotherapy.
HGSC diagnosed on small sample, peritoneal/ omental biopsy or cytology, OR HGSC examined post-chemotherapy	Tubo-ovarian	Note: this should be supported by clinicopathological findings to exclude mimics, principally uterine serous carcinoma

HGSC, high-grade serous carcinoma; STIC, serous tubal intraepithelial carcinoma; WHO, World Health Organization.

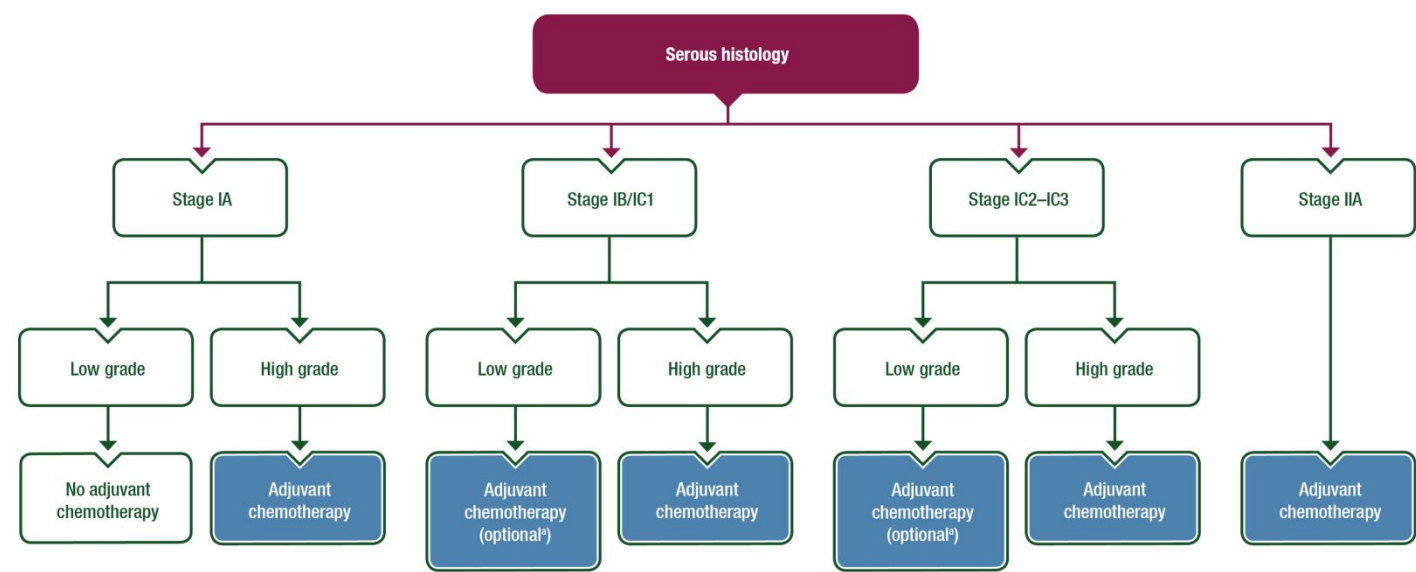


**Table 3.** Chemotherapy response score: summary of criteria.

CRS	Criteria
CRS1: No or minimal tumour response	Mainly viable tumour with no or minimal regression-associated fibroinflammatory changes <sup>a</sup> limited to a few foci  Note: cases in which it is difficult to decide between regression and tumour-associated desmoplasia or inflammatory cell infiltration
CRS2: Partial response	Appreciable tumour response amidst viable tumour, both readily identifiable and tumour <b>regularly</b> distributed  Note: cases ranging from multifocal or diffuse regression associated fibro-inflammatory changes <sup>a</sup> , with viable tumour in sheets, streaks or nodules, to extensive regression associated fibro-inflammatory changes <sup>a</sup> with multifocal residual tumour which is easily identifiable
CRS3: Total or near-total response	No residual tumour OR minimal <b>irregularly</b> scattered tumour foci seen as individual cells, cell groups or nodules up to 2mm in maximum size  Note: cases showing mainly regression associated fibro-inflammatory changes <sup>a</sup> or, in rare cases, no/very little residual tumour in complete absence of any inflammatory response; advisable to record whether 'no residual tumour' or 'microscopic residual tumour present'

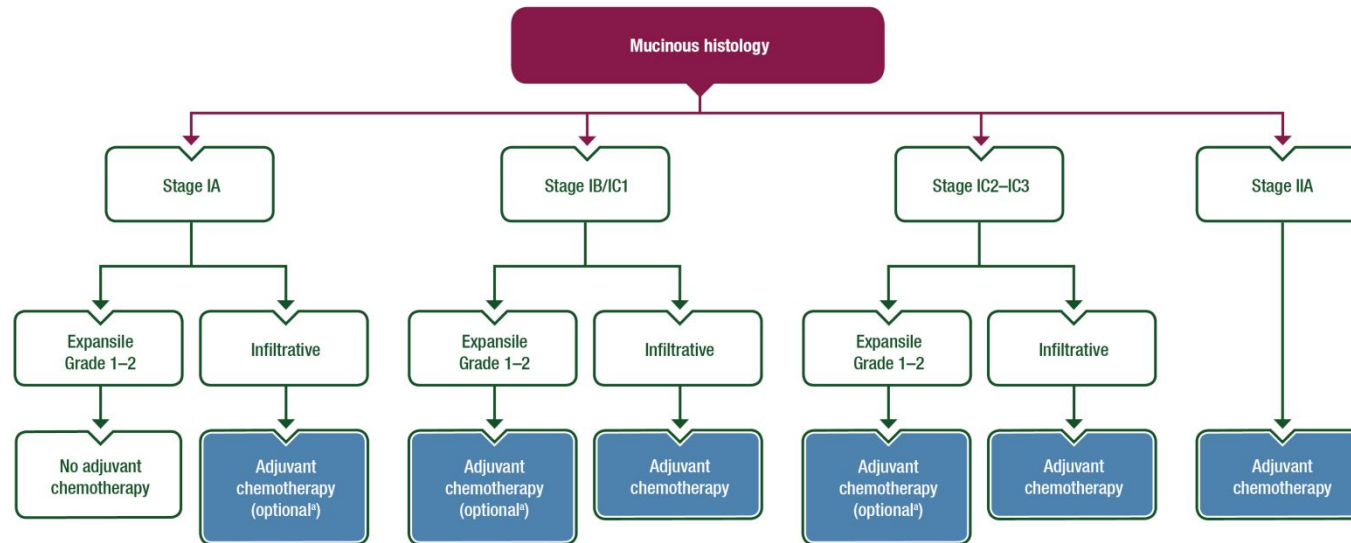
<sup>a</sup>Regression-associated fibro-inflammatory changes: fibrosis associated with macrophages, including foam cells, mixed inflammatory cells and psammoma bodies; to distinguish from tumour-related inflammation or desmoplasia.

CRS, chemotherapy response score.



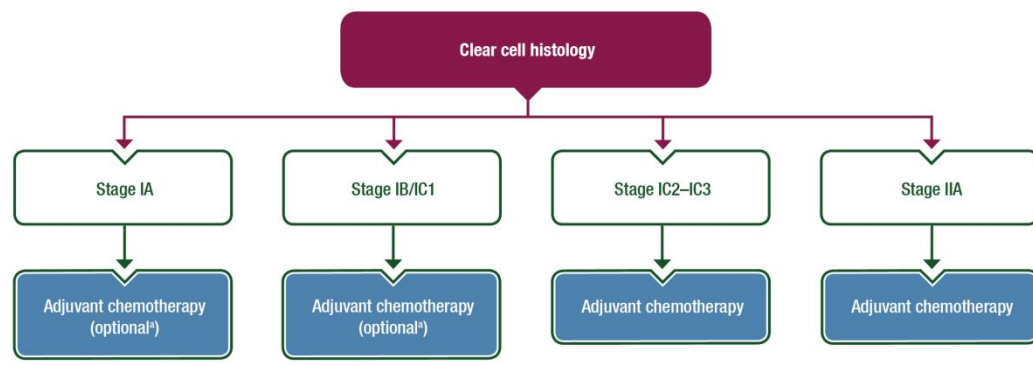
**Figure 1.** Adjuvant chemotherapy for patients with early-stage serous ovarian cancer (stage I-IIA).

\*Considered no adjuvant chemotherapy only for patients with complete surgical staging.



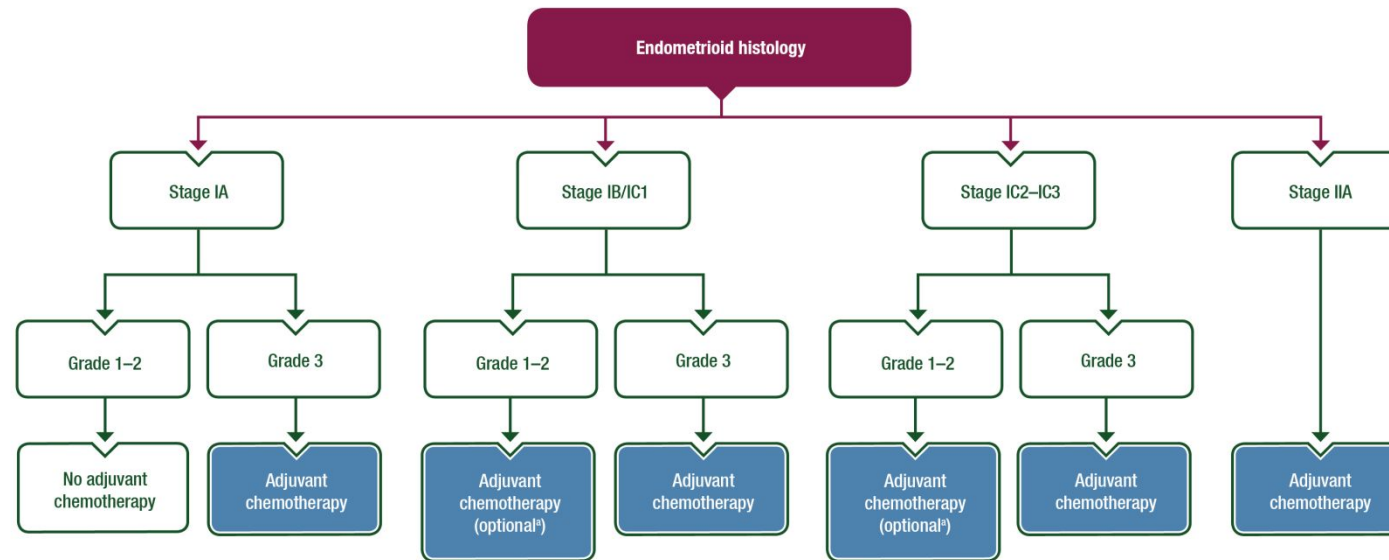
**Figure 2.** Adjuvant chemotherapy for patients with early-stage mucinous ovarian cancer (stage I-IIA).

<sup>a</sup>Considered no adjuvant chemotherapy only for patients with complete surgical staging.



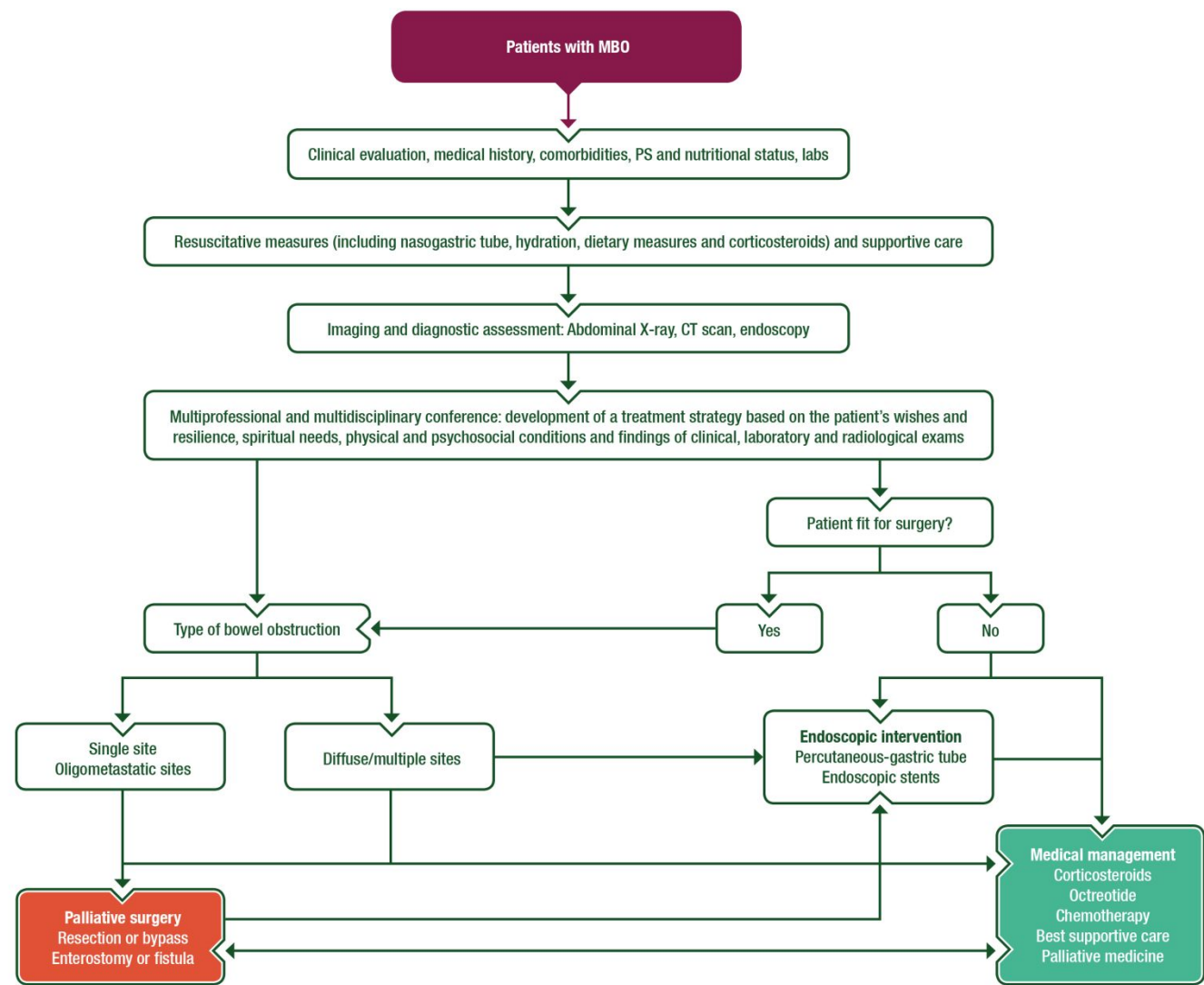
**Figure 3.** Adjuvant chemotherapy for patients with early-stage clear cell ovarian cancer (stage I-IIA).

<sup>a</sup>Considered no adjuvant chemotherapy only for patients with complete surgical staging.

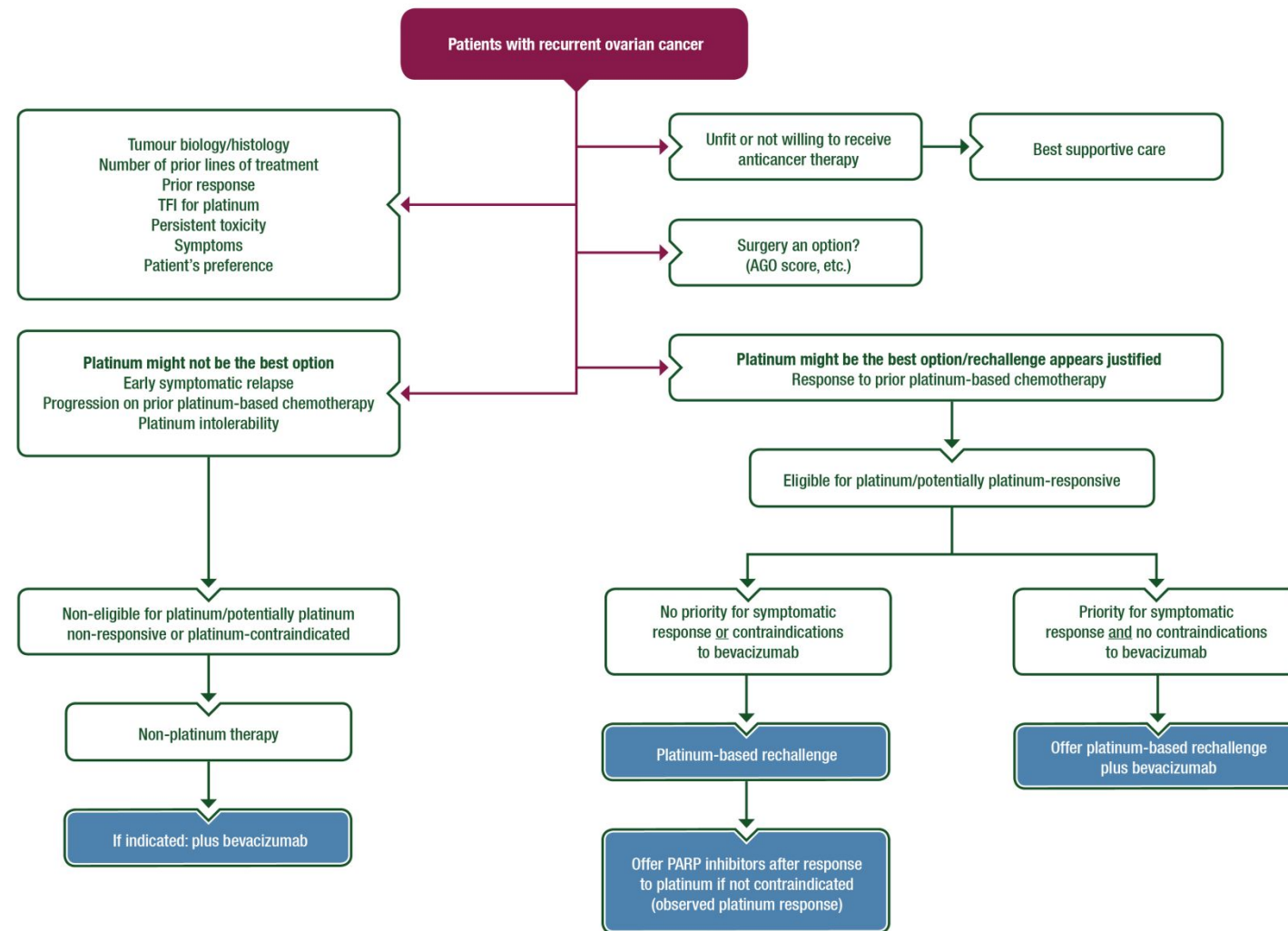


**Figure 4.** Adjuvant chemotherapy for patients with early-stage endometrioid ovarian cancer (stage I-IIA).

<sup>a</sup>Considered no adjuvant chemotherapy only for patients with complete surgical staging.



**Figure 5.** Algorithm for the management of MBO.  
 CT, computed tomography; MBO, malignant bowel obstruction; PS, performance status.



**Figure 6.** Algorithm for the treatment of patients with recurrent ovarian cancer.

AGO, Arbeitsgemeinschaft Gynäkologische Onkologie; PARP, poly(adenosine diphosphate-ribose) polymerase; TFI, treatment-free interval.

## SUPPLEMENTARY DATA

### Section 1. Literature search

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#### Literature search in MEDLINE

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**Research period** 2007/01/01 - 2017/12/31

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**Indexing terms** acquired resistance, adjuvant chemotherapy, adjuvant platinum-based chemotherapy, advanced disease, advanced ovarian cancer, advanced stage, antiangiogenic therapy, appendectomy, appendiceal involvement, ATP-binding cassette, ATP copper transporters, bevacizumab, bilateral cystectomy, biomarker, biopsy, borderline ovarian tumor, cancer antigen 125, carboplatin, carcinoma, cediranib, cell-free DNA, chemoresistance, chemotherapy resistance, circulating biomarker, circulating tumor cells, circulating tumor DNA, cisplatin, clear cell, clinical marker, conservative approach, conservative surgical procedure, conservative surgical treatment, conservative treatment, conventional chemotherapy, conventional regimens, conventional therapy, contralateral cystectomy, chemotherapy response score, chemotherapy response score system, computed tomography, cystectomy, diagnostic laparoscopy, dose-dense chemotherapy, dose-dense regimens, dose-dense therapy, duration of treatment, early disease, early stage, expansile invasion, expansile subtype, extraovarian implant, fertility sparing, fertility sparing surgery, first-line treatment, follow-up, follow-up strategy, frozen section analysis, genomic factor, high grade, high grade serous carcinoma, high risk, histological factor, histological type, homologous recombination, hormonal therapy maintenance, hormone treatment, human epididymis protein 4, hyperthermic intraperitoneal chemotherapy, imaging, immune checkpoint inhibitors, implant, infiltrative invasion, infiltrative subtype, institutional infrastructure, intermediate risk, interval debulking surgery, intraperitoneal chemotherapy, intrinsic resistance, invasive implant, invasive ovarian cancer, invasive ovarian neoplasia, laboratory marker, low grade serous carcinoma, liquid biopsy, loss of heterozygosity, low grade, low risk, lymphadenectomy, lymph node metastases, maintenance, maintenance therapy, maintenance treatment, marker, membrane transporters, micropapillary architecture, molecularly targeted therapy, monitoring, mucinous, magnetic resonance imaging, neoadjuvant chemotherapy, niraparib, non-homologous recombination, non-high grade, non-serous, olaparib, ovarian cancer, ovarian carcinoma, paclitaxel, poly-(ADP-ribose) polymerase inhibitors, poly-(ADP-ribose) polymerase inhibitor therapy, poly-(ADP-ribose) polymerase inhibitor treatment, peritoneal staging surgery, positron emission tomography/computed tomography, progression-free interval, physical examination, physician experience, physician specialization, platinum-based chemotherapy, platinum resistance, platinum-resistant disease, platinum-resistant recurrent ovarian cancer, platinum response, platinum-sensitive recurrence, platinum-sensitive recurrent ovarian cancer, platinum sensitivity, primary debulking surgery, quaternary cytoreduction, quaternary cytoreductive surgery, radical approach, radical surgical procedure, radical surgical treatment, radical surgery, recurrence, recurrent disease, recurrent ovarian cancer, refractory disease, relapse, response, restaging, restaging procedure, restaging surgery, routine biopsy, routine surveillance, routine surveillance testing, rucaparib, secondary cytoreduction, secondary cytoreductive surgery, selection criteria, serous, single nucleotide variant signature, solute carrier, stage, surgery, surgical management, surgical treatment, surveillance, systemic treatment, tertiary cytoreduction, tertiary cytoreductive surgery, targeted therapy, time of platinum therapy, tissue biomarker, trabectedin, treatment response, trebananib, tumor biomarkers, tumor grade, tumor involvement, unilateral cystectomy, unilateral salpingo-oophorectomy, vismodegib, weekly regimen, whole-genome sequencing

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**Language** English

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**Study design** Priority was given to high-quality systematic reviews and meta-analyses but lower levels of evidence were also evaluated. The search strategy excluded editorials, letters, case reports and *in vitro* studies

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## SUPPLEMENTARY DATA

### Section 2. Psycho-oncological support for ovarian cancer patients

#### Introduction

Ovarian cancer is a life-threatening condition and its treatment may produce significant toxicities, which cause substantial short- and long-term side effects and functional loss in various behavioural and life domains (physical, cognitive, emotional, social, and vocational), as well as psychosocial distress. Therefore, quality of life (QoL) and functional status of the patient may be substantially reduced. Women with cancer and their families are faced with a lot of challenges in terms of coping and adjustment.

Today, the traditional approaches of ovarian cancer treatment such as surgery, chemotherapy and/or radiation have extended to a variety of new generations of drugs based on the individual genetic and molecular biological characteristics of the tumour. This means in general that treatment of ovarian cancer has become more individualised, long lasting and more complex.

#### Psychosocial distress and psychiatric comorbidity

Women with ovarian cancer suffer from high levels of psychosocial distress, not only in early phases after the diagnosis but also over the trajectory of the disease. Psychosocial distress is understood as a continuum, ranging from normal distress levels such as fear, grief, etc. on one hand to high levels of distress and psychiatric comorbidity on the other hand [1-3]. Psychosocial distress includes a variety of emotional, cognitive, social and functional problems including body image and impairment of sexual functions. Families and especially partners of cancer patients are also affected, often experiencing emotional distress, shifting of roles, financial burden, caregiver stress and fear of losing their loved one [4, 5].

Patients experience a variety of affective states, including anxiety and depression, that closely interact with biological stressors such as pain and physical symptom burden [6, 7]. A large meta-analysis of ovarian cancer patients on treatment identified depression prevalences of 22.99% (95% CI: 19.85-26.46) and anxiety prevalences of 26.23% (95% CI: 22.30-30.56) [8].

#### Stepped care model

The psychosocial care of cancer patients is based on a structured stepped care model aimed at the *identification of the individual's distress level* and their health care needs and demands for specific interventions. In a stepped care model, the first step includes an *early assessment* and identification of the patient's psychosocial distress [9, 10]. Standardised and international validated instruments are available to assess psychosocial distress [11]. Depending on the results of the screening for those patients lying under a certain threshold score information and *counselling* may be sufficient. For those patients above the threshold score, a further diagnostic process is necessary to clarify the psychiatric comorbidity [12, 13]. Depending on the result of this diagnostic process, various types of *interventions* may be indicated such as individual or group psychotherapy, psychoeducational interventions or relaxation techniques [14]. In addition, the *individual needs* for psychosocial support of the patients should be considered when making a decision about any type of psychosocial treatment [15].

A stepped care model comprises systematic identification of the patient's need, integrated delivery of care by care managers, appropriate specialist supervision and the stepping of care based on systematic measurement of outcomes [13].

#### Psycho-oncological interventions

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3 Psycho-oncological interventions are defined as non-pharmacological interventions using psychological  
4 techniques, such as education, coping skills training, psychotherapy and relaxation, alone or in combination,  
5 provided by professional therapists in a direct, face-to-face interpersonal process for patients with cancer  
6 [14].  
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8 Psycho-oncological interventions address the cognitive, behavioural and emotional facets of the patients'  
9 (and their families') response to cancer and its treatment. The aims of psychological interventions are:

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- to improve coping skills and adjustment to cancer and the treatment sequelae
  - to reduce emotional distress
  - to reduce feelings of depression and anxiety
  - to improve QoL of the patients
  - to improve body image and help the patient to regain self esteem
  - to enhance personal growth
  - to strengthen the personal and social resources of the patient

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21 In addition to medical treatment, psychological interventions also play an important role in the  
22 management of various physical symptoms (e.g. pain, fatigue and nausea).  
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24 Psychological interventions include:

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- counselling and psychoeducation (individual or group)
  - psychotherapy (individual or group)
  - couples' psychotherapy
  - relaxations and guided imagery techniques (individual or group)
  - art and music therapy (individual or group)
  - dance therapy (individual or group)

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Counselling and psychoeducation are basic interventions for patients with medium-to-high level of distress including information and structured elements for stress management and self-exploration of the patient's resources. Psychotherapy is provided for all those patients with high levels of distress and psychiatric comorbidity. Couples' psychotherapy is a helpful intervention for patients and their partner to improve the dyadic coping processes and the communication about cancer and the treatment issues, and, furthermore, to avoid a vicious circle of misunderstanding.

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Couples' psychotherapy is also indicated to help the couple cope with sexual issues or to improve self-disclosure of needs and feelings. Relaxation and guided imagery techniques are widely used as individual or group interventions to reduce distress, to strengthen the feeling of individual control or own resources. Art and music therapy as well as dance therapy are specific techniques of psychotherapy using artistic media to strengthen the individual's resources, body image and body awareness.

### 47 **Cancer and sexuality**

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QoL and well-being are influenced by different physical, social, spiritual and mental factors. In this context, sexual activity and sexual functioning play an important role. In younger patients, cancer therapy may result in ceasing ovarian function and fertility loss, while postmenopausal women may suffer from androgen deprivation [16].

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Patients need to understand that sexual dysfunction does not imply a general failure of the person[17]. Physicians and psycho-oncologists have a role-model function regarding the discussion of sexuality as an essential element of QoL. Therefore, the potential impact that cancer therapies like surgery, chemotherapy or radiation therapy can have on sexual function and fertility needs to be discussed prior to therapy initiation, including preventive or therapeutic options [16]. Many women also appreciate when their

partner is included in the communication and informed about the possible side effects of therapy on sexuality and relationships.

### Survivorship

Patients with ovarian cancer and a high risk of recurrence face particular distress after active treatment during follow-up, such as the loss of frequent monitoring and support, the shift from the responsibility of the medical system to the individual and the feeling of abandonment with the loss of a “safety net” [18]. Furthermore, patients may suffer from side effects from cancer treatment such as fatigue, fluctuation of emotional well-being, fear of recurrence or depression. Similar to other people with chronic diseases, they have to rebuild and integrate their injured identity into a new and changed one [18]. Therefore, each patient needs continuous supervision in the transition from cancer patient to cancer survivor and an individualised survivorship care plan. The plan should include a summary of the diagnosis and treatment, the description of possible late effects, commonly faced challenges, a recommendation of ongoing care and follow-up, resources for addressing practical care and psycho-oncological support, as well as health-promoting behaviours.

Patients should be empowered to cope with physical and psychosocial long-term and delayed sequelae of disease and treatment and to preserve health and good QoL [19]. Internet-based support programs may be helpful for ovarian cancer survivors [20].

### Conclusion

Early detection of psychosocial distress, sexual dysfunction and psychiatric comorbidity as well as identification of psychosocial care needs are of major importance. A stepped care model of interventions including counselling, psychoeducation and psychotherapy seems to be the best approach in all areas of psychosocial care for cancer patients. To empower patients to cope with the physical and psychosocial long-term side effects of disease and therapy and to preserve QoL they should receive a personalised survivorship care plan.

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## Supplementary Table S1 - Summary of recommendation

### 1. How to determine the site of origin of extrauterine high-grade serous carcinomas?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 1.1:</b> a large majority of extrauterine HGSCs arise in the fallopian tube from STIC. SEE-FIM sectioning of both fallopian tubes should be performed in all cases of extrauterine HGSC where the tubes are grossly normal, and also in risk-reducing prophylactic surgery specimens.	III	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 1.2:</b> extrauterine HGSC can only be assigned as ovarian in origin if both fallopian tubes are grossly normal, and histologically contain no mucosal disease following examination using a SEE-FIM protocol.	III	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 1.3:</b> cases in which HGSC is present in the endometrium and the tube/ovary are very likely to represent a primary at one site with metastasis to the other; these are very unlikely to represent synchronous independent neoplasms.	V	A	Yes: 97.5% (39) No: 2.5% (1) Abstain: 0% (0)
<b>Recommendation 1.4:</b> the distinction between primary endometrial and primary tubal/ovarian HGSC requires assessment of a constellation of pathological features; negative WT1 staining favours an endometrial primary, but this is not always definitive.	V	A	Yes: 92.5% (37) No: 0% (0) Abstain: 7.5% (3)
<b>Recommendation 1.5:</b> the use of uniform criteria is important in site assignment in extrauterine HGSC for cancer registry and epidemiological reasons. The use of ICCR and CAP guidelines is recommended.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 1.6:</b> correct and uniform use of site assignment criteria is particularly important for accurate staging of early HGSC.	III	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 1.7:</b> STIC should count as a disease site for staging purposes; for example, a case with a STIC and HGSC confined to the ovary should be staged as stage IIA fallopian tube HGSC.	IV	A	Yes: 95% (38) No: 0% (0) Abstain: 5% (2)
<b>Recommendation 1.8:</b> true primary peritoneal HGSC is extremely rare.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 1.9:</b> multifocal origin of extrauterine HGSC is exceptionally rare and thus HGSC currently staged as IB should be considered as stage IIA.	IV	A	Yes: 95% (38) No: 5% (2) Abstain: 0% (0)

## 2. How to identify tumours that will respond to targeted therapies, including poly-(adenosine diphosphate-ribose) polymerase inhibitors and immune checkpoint inhibitors?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 2.1:</b> there are no validated predictive molecular biomarkers of bevacizumab benefit.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 2.2:</b> PARP inhibitors have greatest activity in patients with <i>BRCA1/2</i> mutations.	I	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 2.3:</b> testing for <i>BRCA1/2</i> mutations is recommended for all patients with non-mucinous ovarian cancer.	I	A	Yes: 95% (38) No: 0% (0) Abstain: 5% (2)
<b>Recommendation 2.4:</b> testing for mutations in other HR genes, in particular <i>RAD51C/D</i> , <i>BRIP1</i> and <i>PALB2</i> , should be considered.	III	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 2.5:</b> current assays of HR function cannot be used to exclude patients from PARP inhibitor therapy.	I	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 2.6:</b> moderate-strong ER staining may be a predictor of response to hormone therapy.	III	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 2.7:</b> there are currently no prospectively validated predictive biomarkers of response to immune checkpoint inhibitors that are specific to ovarian cancer.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)

## 3. How to identify patients with acquired/intrinsic resistance to chemotherapy?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 3.1:</b> there are no validated predictive markers of primary platinum refractory or resistant disease.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 3.2:</b> defects in HR repair are associated with improved outcome/PFS following platinum-based chemotherapy.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 3.3:</b> the time elapsed since last platinum chemotherapy represents a continuum of probability of response to further chemotherapy.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)

#### 4. Can we develop accurate and sensitive circulating and tissue biomarkers both of response and relapse?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 4.1:</b> the CA-125 criteria for response and progression as agreed by GCIG have utility in routine practice but should be used in combination with radiological and clinical assessment.	III	A	Yes: 97.5% (39) No: 0% (0) Abstain: 2.5% (1)
<b>Recommendation 4.2:</b> the role of CA-125 as a marker of response and progression in non-HGSC is less clear.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 4.3:</b> the use of CA-125 in assessing response and progression to targeted therapies is not yet proven; thus, radiological and clinical assessment should be used.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 4.4:</b> HE4 should not be used routinely to assess response and progression due to conflicting results.	IV	A	Yes: 97.5% (39) No: 0% (0) Abstain: 2.5% (1)
<b>Recommendation 4.5:</b> quantification of circulating cfDNA has not been established as a tool to assess response and relapse.	IV	A	Yes: 97.5% (39) No: 0% (0) Abstain: 2.5% (1)
<b>Recommendation 4.6:</b> pathological CRS after NACT may provide an objective and reproducible prognostic measure of outcome in HGSC.	IV	A	Yes: 82.5% (33) No: 12.5% (5) Abstain: 5% (2)

#### 5. What are the morphological criteria useful in separating borderline from invasive ovarian neoplasia?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 5.1:</b> destructive stromal invasion is no longer necessary for carcinoma diagnosis (carcinomas may exhibit expansile invasion).	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 5.2:</b> according to the 2014 WHO classification, extraovarian invasive implants in association with a sBOT are synonymous with extraovarian LGSC. The group does not support this terminology because it may be misleading for clinical management.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 5.3:</b> in the 2014 WHO classification, the micropapillary variant of sBOT is also termed non-invasive LGSC but the group does not support this terminology because it may be misleading for clinical management.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 5.4:</b> microinvasion (<5mm) can be seen in borderline tumours but these cases should still be regarded as borderline for classification and management purposes.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 5.5:</b> the term implant should not be used in the context of mBOTs; extraovarian disease in association with a mBOT should be considered as metastasis (from ovary or another organ).	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 5.6:</b> borderline endometrioid tumours can be differentiated from grade I endometrioid carcinoma using similar criteria as used to differentiate atypical hyperplasia from grade I endometrioid carcinoma in the uterine corpus.	V	A	Yes: 97.5% (39) No: 0% (0) Abstain: 2.5% (1)

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3 **6. Are there exceptions to the standard surgical management for early-stage ovarian carcinoma?**  
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Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 6.1:</b> laparotomy is the standard surgical approach to treat and stage patients with apparent early-stage ovarian carcinoma.	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 6.2:</b> minimally invasive surgery can be performed for restaging.	IV	B	Yes: 75% (30) No: 12.5% (5) Abstain: 12.5% (5)
<b>Recommendation 6.3:</b> whatever the approach used, rupture of an intact tumour with spillage of cancer cells at the time of surgery must be avoided.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 6.4:</b> peritoneal restaging surgery is mandatory even if it does not alter the indication for adjuvant chemotherapy.	V	B	Yes: 92.5% (37) No: 2.5% (1) Abstain: 5% (2)
<b>Recommendation 6.5:</b> peritoneal restaging should be considered in cases of incidentally detected, apparently isolated STIC lesions.	IV	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 6.6:</b> the standard surgical staging of apparent early EOC includes systematic LN dissection of the pelvic and the para aortic regions up to the left renal vessel origin.	IV	A	Yes: 77.5% (31) No: 22.5% (9) Abstain: 0% (0)
<b>Recommendation 6.7:</b> LN dissection for restaging purposes may be avoided if the nodal status does not alter the patient management.	V	B	Yes: 95% (38) No: 0% (0) Abstain: 5% (2)

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31 **7. What are the limits of fertility-sparing surgery (cancer and borderline ovarian tumour)?**  
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Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 7.1:</b> FSS can be safely offered to all stage IA and IC1 low-grade ovarian carcinomas.	IV	B	Yes: 94.74% (36) No: 2.63% (1) Abstain: 2.63% (1)
<b>Recommendation 7.2:</b> there is no place for ovarian preservation for invasive EOC greater than fully staged FIGO stage I.	V	A	Yes: 94.9% (37) No: 0% (0) Abstain: 5.1% (2)



## 8. Should all stage I carcinomas receive adjuvant chemotherapy and, if not, which ones?

Recommendations	LoE	GoR	Consensus (Nb voters)
<p><b>Recommendation 8.1:</b> adjuvant chemotherapy should be offered to patients with early-stage ovarian cancer (stage I-IIA) with the exception of fully staged patients with the following:</p> <ul style="list-style-type: none"> <li>• Low-grade serous IA</li> <li>• Grade 1 and 2 endometrioid IA</li> <li>• Grade 1 and 2 mucinous IA (expansile invasion)</li> </ul>	II	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<p><b>Recommendation 8.2:</b> adjuvant chemotherapy is not recommended in the management of incidentally detected isolated STIC lesions.</p>	V	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<p><b>Recommendation 8.3:</b> the benefit of adjuvant chemotherapy is uncertain for patients with the following cancers and should be discussed on an individual patient basis:</p> <ul style="list-style-type: none"> <li>• Clear cell carcinoma stage IA and IB/IC1</li> <li>• Grade 1 and 2 endometrioid IB/IC</li> <li>• Low-grade serous IB/IC</li> <li>• Grade 1 and 2 mucinous IC (expansile invasion)</li> <li>• Mucinous IA (infiltrative invasion)</li> </ul>	III	C	Yes: 92.5% (37) No: 7.5% (3) Abstain: 0% (0)
<p><b>Recommendation 8.4:</b> for patients with early-stage disease requiring adjuvant chemotherapy, acceptable treatment regimens are:</p> <ul style="list-style-type: none"> <li>• carboplatin alone</li> <li>• carboplatin/paclitaxel</li> </ul>	I II	A A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<p><b>Recommendation 8.5:</b> for patients receiving single-agent adjuvant carboplatin, 6 cycles are recommended.</p>	I	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<p><b>Recommendation 8.6:</b> for patients receiving carboplatin and paclitaxel, a minimum of 3 cycles is recommended except for the high-grade serous subgroup or stage IC (any histological type), for whom 6 cycles are recommended.</p>	II	B	Yes: 77.5% (31) No: 0% (0) Abstain: 22.5% (9)

## 9. Are non-serous borderline ovarian tumours managed according to the same standard as serous borderline ovarian tumours?

Recommendations	LoE	GoR	Consensus (Nb voters)
<p><b>Recommendation 9.1:</b> preservation of at least part of one ovary and the uterus is the standard approach in young patients with BOTs.</p>	III	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<p><b>Recommendation 9.2:</b> unilateral salpingo-oophorectomy is recommended with mBOTs to decrease the risk of invasive recurrence after cystectomy.</p>	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<p><b>Recommendation 9.3:</b> cystectomy is an acceptable management in sBOTs to preserve fertility.</p>	III	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)

## 10. How should serous borderline ovarian tumours with extraovarian implant be managed?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 10.1:</b> peritoneal staging surgery is recommended for sBOTs.	III	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 10.2:</b> the benefit of restaging is not clear but should be considered in patients with: <ul style="list-style-type: none"> <li>sBOTs with micropapillary pattern</li> <li>sBOTs with incomplete visual exploration of the peritoneal cavity</li> </ul>	IV III	B B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 10.3:</b> there is no role for appendectomy in BOTs.	V	A	Yes: 85% (34) No: 0% (0) Abstain: 15% (6)
<b>Recommendation 10.4:</b> all peritoneal implants must be removed.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 10.5:</b> there is no proven benefit of systematic LN dissection in stage II/III sBOTs.	IV	B	Yes: 97.5% (39) No: 0% (0) Abstain: 2.5% (1)
<b>Recommendation 10.6:</b> FSS could be considered in selected patients with stage II or III sBOTs.	V	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 10.7:</b> adjuvant systemic treatment is not recommended for primary treatment of sBOTs with extraovarian invasive/non-invasive implants.	III	B	Yes: 92.5% (37) No: 0% (0) Abstain: 7.5% (3)

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## 11. How to select patients for primary debulking surgery or neoadjuvant chemotherapy?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 11.1:</b> the selection of patients for primary debulking surgery or neoadjuvant treatment must be performed in a specialist ovarian cancer centre, according to the ESGO Quality recommendations 2016 [1] in a multidisciplinary setting.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 11.2:</b> complete tumour resection at upfront debulking is the most important prognostic factor for patients with advanced ovarian cancer and is the main goal of surgery.	IV	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 11.3:</b> when complete surgery with no macroscopic visible disease appears feasible (both spread of disease and general condition of the patient), primary upfront debulking should be offered.	IV	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 11.4:</b> diagnostic work-up with CT, (PET)-CT or diffusion-weighted whole-body MRI and expert ultrasound or diagnostic laparoscopy should be used to assess the extent of disease.	III	C	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 11.5:</b> patients are not candidates for primary surgery (according to ESGO 2017 recommendations [2]) if the following spread of disease, among other factors, is present: <ul style="list-style-type: none"> <li>• Diffuse deep infiltration of the root of small bowel mesentery</li> <li>• Diffuse carcinomatosis of the small bowel involving such large parts that resection would lead to a short bowel syndrome (remaining bowel &lt;1.5 m)</li> <li>• Diffuse involvement/deep infiltration of <ul style="list-style-type: none"> <li>• stomach/duodenum</li> <li>• head or middle part of pancreas</li> </ul> </li> <li>• Involvement of coeliac trunk, hepatic arteries, left gastric artery</li> <li>• Central or multisegmental parenchymal liver metastases</li> <li>• Multiple parenchymal lung metastases (preferably histologically proven)</li> <li>• Non-resectable LNs</li> <li>• Brain metastases</li> </ul>	III	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)

## 12. What is the current role of bevacizumab in first-line treatment?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 12.1:</b> bevacizumab (15 mg/kg or 7.5 mg/kg every 3 weeks for maximum of 15 months) improves PFS in patients with stage III-IV ovarian cancer and should be considered in addition to carboplatin and paclitaxel.	I	A	Yes: 97.5% (39) No: 0% (0) Abstain: 2.5% (1)
<b>Recommendation 12.2:</b> bevacizumab in the neoadjuvant setting can be considered, although additional improvement in efficacy is not proven with level I evidence.	II	B	Yes: 97.5% (39) No: 2.5% (1) Abstain: 0% (0)
<b>Recommendation 12.3:</b> bevacizumab can be safely administered in the neoadjuvant setting before and after IDS providing the interval between surgery and administration is at least 4-6 weeks.	II	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)

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3 **13. Should weekly regimens be used in first line?**  
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Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 13.1:</b> incorporation of weekly chemotherapy into first-line treatment for women with EOC does not improve PFS or OS in the population of western countries.	I	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 13.2:</b> the schedule of weekly chemotherapy with carboplatin (AUC2) and paclitaxel (60 mg/m <sup>2</sup> ) shows better QoL and reduced toxicity (e.g. alopecia, neuropathy) compared to the standard 3-weekly schedule and can be considered.	I	B	Yes: 95% (38) No: 0% (0) Abstain: 5% (2)
<b>Recommendation 13.3:</b> weekly chemotherapy cannot be regarded as a substitute for bevacizumab.	V	B	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 13.4:</b> 3-weekly carboplatin/paclitaxel remains the standard-of-care chemotherapy of first-line ovarian cancer treatment.	I	A	Yes: 100% (40) No: 0% (0) Abstain: 0% (0)

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21 **14. Is there a place for intraperitoneal chemotherapy and hyperthermic intraperitoneal**  
22 **chemotherapy?**  
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Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 14.1:</b> IP chemotherapy is not a standard of care as first-line treatment.	I	A	Yes: 95% (38) No: 0% (0) Abstain: 5% (2)
<b>Recommendation 14.2:</b> HIPEC is not a standard of care as first-line treatment.	II	A	Yes: 95% (38) No: 0% (0) Abstain: 5% (2)

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### 15. Is the standard of management of non-high-grade serous epithelial ovarian cancer different?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Advanced (FIGO III and IV) non-high-grade serous ovarian cancer in first line</b>			
<b>Recommendation 15.1:</b> primary debulking surgery with no macroscopic residual disease is of pivotal importance due the low chemosensitivity in low-grade serous, mucinous and clear cell ovarian carcinoma.	IV	A	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 15.2:</b> even debulking with residual disease <1cm in low-grade serous ovarian cancer may improve survival when complete cytoreduction is not feasible.	IV	C	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 15.3:</b> carboplatin in combination with paclitaxel is the standard chemotherapy. Addition of bevacizumab should be considered.	I	B	Yes: 97.4 (37) No: 0% (0) Abstain: 2.6% (1)
<b>Recommendation 15.4:</b> maintenance anti-oestrogen therapy after chemotherapy can be considered in low-grade serous ovarian cancer.	IV	C	Yes: 92.1% (35) No: 0% (0) Abstain: 7.9% (3)
<b>Recurrent non-high-grade serous ovarian cancer in first line</b>			
<b>Recommendation 15.5:</b> secondary debulking surgery should be considered with the aim of no macroscopic residual disease.	I	B	Yes: 100% (37) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 15.6:</b> in low-grade serous, low-grade endometrioid, mucinous and clear cell ovarian carcinoma, chemotherapy is an option but the magnitude of benefit is uncertain.	IV	B	Yes: 100% (37) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 15.7:</b> anti-oestrogen therapy can be considered in low-grade serous ovarian cancer and low-grade endometrioid ovarian carcinoma.	IV	B	Yes: 97.3% (36) No: 0% (0) Abstain: 2.7% (1)

### 16. What is a reasonable monitoring and follow-up strategy following treatment of ovarian cancer?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 16.1:</b> follow-up should be offered, and the value should be discussed individually with patients, as there is uncertainty about the benefit of early diagnosis and treatment of recurrent disease.	II	C	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)

### 17. What is the place of surgery for recurrent disease?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 17.1:</b> complete cytoreductive surgery followed by systemic treatment improves PFS and extends benefit to the next line of treatment in selected patients with first recurrence of ovarian cancer; OS data are not yet mature. Patients eligible for cytoreductive surgery should be informed about this option.	I	A	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 17.2:</b> complete cytoreductive surgery in second or later recurrence may provide benefit in selected patients and specialised centres.	V	A	Yes: 100% (37) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 17.3:</b> in recurrent ovarian cancer, HIPEC added to cytoreductive surgery has not been proven to be beneficial in appropriately designed prospective studies.	IV	A	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 17.4:</b> MBO should be managed on an individual basis. There is a lack of evidence for optimal management and a need for clinical trials to evaluate medical, endoscopic and surgical approaches.	V	A	Yes: 100% (37) No: 0% (0) Abstain: 0% (0)

## 18. How should molecularly targeted therapy be integrated into the management of recurrent ovarian cancer?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Recommendation 18.1:</b> bevacizumab in combination with platinum-based second-line chemotherapy (gemcitabine or paclitaxel) followed by bevacizumab maintenance has proven benefit with respect to tumour response rate and PFS, and could be recommended.	I	A	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 18.2:</b> bevacizumab in combination with second or third-line non-platinum chemotherapy (weekly paclitaxel, PLD, topotecan) has proven benefit with respect to tumour response rate and PFS, has been associated with improvement in QoL and could be recommended.	I	A	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 18.3:</b> PARP inhibitors (olaparib, niraparib and rucaparib) when given as maintenance therapy following a response to platinum-based second or higher line of treatment have proven benefit with respect to PFS and could be recommended. The benefit is greatest in, but is not limited to, patients with a <i>BRCA</i> mutation.	I	A	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 18.4:</b> PARP inhibitors (rucaparib*, olaparib) are active as monotherapy in patients with a <i>BRCA</i> mutation and could be considered <i>*In Europe, only rucaparib is licensed by the EMA as a monotherapy for patients with 'platinum-sensitive' disease.</i>	III	B	Yes: 100% (38) No: 0% (0) Abstain: 0% (0)

## 19. What defines platinum resistance and how does that influence subsequent treatment?

Recommendations	LoE	GoR	Consensus (Nb voters)
<p><b>Recommendation 19.1:</b> there are currently no molecular biomarkers to predict platinum response.</p> <ul style="list-style-type: none"> <li><u>Resistance to platinum</u> in recurrent ovarian cancer is a therapy-oriented definition:               <ol style="list-style-type: none"> <li>Proven platinum resistance: progression during platinum therapy</li> <li>Assumed/expected platinum resistance: early symptomatic relapse with low probability of response to platinum.</li> </ol> </li> </ul> <p>These patients should be treated with sequential non-platinum therapy adding bevacizumab if indicated.</p> <ul style="list-style-type: none"> <li><u>Sensitivity to platinum</u> in recurrent ovarian cancer is a therapy-oriented definition:               <ol style="list-style-type: none"> <li>Proven platinum sensitivity: response to platinum; these patients can receive maintenance PARP inhibitors</li> <li>Assumed/expected platinum sensitivity: previous response to platinum without early symptomatic relapse; these patients should be treated with platinum-based therapy adding bevacizumab or followed by maintenance PARP inhibitor therapy, if indicated. This group includes those who did not receive prior platinum or those who received adjuvant platinum post-surgery without any evaluable residual disease to assess chemotherapy response.</li> </ol> </li> </ul>	I-IV	A	Yes: 85.7% (30) No: 11.4% (4) Abstain: 2.9% (1)
<b>Recommendation 19.2:</b> platinum re-challenge following treatment with a non-platinum regimen (monotherapy or combination) could be considered if a patient had not progressed during prior platinum therapy.	IV	A	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 19.3:</b> early palliative care should be integrated into the management of patients with recurrent ovarian cancer.	V	A	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 19.4:</b> incorporating HRQoL tools in the care of patients with a low probability of response to platinum may identify patients for whom subsequent therapy is futile, and this information should be discussed with the patient.	III	A	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)

## 20. How long should therapy be continued in recurrent disease?

Recommendations	LoE	GoR	Consensus (Nb voters)
<b>Stopping chemotherapy</b>			
<b>Recommendation 20.1:</b> for platinum-based chemotherapy, 6 cycles are recommended. More or fewer cycles have not been shown to be beneficial, and consideration should be given to the toxicity.	V	B	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 20.2:</b> for non-platinum chemotherapies, treatment may be continued as long as there is clinical benefit and treatment is well-tolerated.	V	B	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)
<b>Stopping bevacizumab</b>			
<b>Recommendation 20.3:</b> recommended length of treatment remains unclear. Treatment is usually continued until disease progression. The continuation of bevacizumab beyond progression has not been evaluated in the recurrent setting.	V	B	Yes: 97.1% (33) No: 2.9% (1) Abstain: 0% (0)
<b>Stopping maintenance PARP inhibitors</b>			
<b>Recommendation 20.4:</b> recommended length of treatment remains unclear. Despite an increase in time to first subsequent treatment demonstrated for olaparib and niraparib, the benefit of continuing treatment beyond progression has not been demonstrated conclusively to date.	III	A	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 20.5:</b> PROs and HRQoL should be integrated into the decision-making and the evaluation of treatment efficacy in all patients with recurrent ovarian cancer.	V	A	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)
<b>Recommendation 20.6:</b> follow-up of QoL and symptoms should be integrated into routine practice.	V	A	Yes: 100% (34) No: 0% (0) Abstain: 0% (0)

Review

## References

1. Querleu D, Planchamp F, Chiva L et al. European Society of Gynaecologic Oncology Quality Indicators for Advanced Ovarian Cancer Surgery. *Int J Gynecol Cancer* 2016 26(7): 1354–1363.
2. Querleu D, Planchamp F, Chiva L et al. European Society of Gynaecological Oncology (ESGO) Guidelines for Ovarian Cancer Surgery. *Int J Gynecol Cancer* 2017 27(7): 1534–1542.

For Peer Review

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