

1 **Epileptiform activity contralateral to unilateral hippocampal sclerosis does not**
2 **cause the expression of brain damage markers**

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4 Francesco Noè *¹, Alessandro Cattalini *¹, Camilla Alessi*¹, Diogo Vila Verde¹, Matteo Figini²,
5 Ileana Zucca² and Marco de Curtis¹

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7 ¹ Epilepsy Unit and ² Scientific Direction Department, Fondazione IRCCS Istituto Neurologico *Carlo*
8 *Besta*, via Celoria 11, Milano, Italy

9

10 (*)FN, AC and CA equally contributed to the realization of the manuscript

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18 **Corresponding author:** Marco de Curtis, MD - Epilepsy Unit, Fondazione IRCCS Istituto
19 Neurologico *Carlo Besta*, via Celoria 11, 20133 Milano, Italy.

20 Tel. +39 0223942280; e-mail: marco.decurtis@istituto-besta.it

21 **Abstract**

22 **Objective:** Patients suffering from epilepsy often ask if recurrent seizures harm their brain and aggravate
23 their epileptic condition. This crucial question has not been specifically addressed by dedicated
24 experiments. We analyze here if intense bilateral seizure activity induced by local injection of kainic acid
25 (KA) in the right hippocampus produces brain damage in the left hippocampus.

26 **Methods:** Adult guinea pigs were bilaterally implanted with hippocampal electrodes for continuous video-
27 EEG monitoring. Unilateral injection of 1 μ g KA in the dorsal CA1 area induced non-convulsive status
28 epilepticus (ncSE) characterized by bilateral hippocampal seizure discharges. This treatment resulted in
29 selective unilateral sclerosis of the KA-injected hippocampus. Three days after KA injection, the animals
30 were sacrificed, brains were submitted to *ex vivo* magnetic resonance imaging (MRI) and were processed
31 for immunohistochemical analysis.

32 **Results:** During ncSE, epileptiform activity was recorded for 27.6 ± 19.1 hours in both the KA-injected and in
33 the contralateral hippocampus. Enhanced T1-weighted MR signal due to gadolinium deposition, mean
34 diffusivity reduction, neuronal loss, gliosis and blood-brain barrier permeability changes were observed
35 exclusively in the KA-injected hippocampus. Despite the presence of a clear unilateral hippocampal
36 sclerosis at the site of KA injection, no structural alterations were detected by MR and immunostaining in
37 the hippocampus contralateral to KA injection three days and two months after ncSE induction.

38 **Significance:** We demonstrate that intense epileptiform activity during ncSE does not cause obvious brain
39 damage in the hippocampus contralateral to unilateral hippocampal KA injection. These findings argue
40 against the hypothesis that epileptiform activity *per se* contributes to focal brain injury.

41

42 **Abbreviations:** blood-brain barrier = BBB; dentate gyrus = DG; diffusion tensor imaging = DTI; fractional
43 anisotropy = FA; glial fibrillary astrocytic protein = GFAP; kainic acid = KA; immunoglobulines = IgG; left
44 hippocampus = LH; magnetic resonance = MR; mean diffusivity = MD; mesial temporal lobe epilepsy =
45 mTLE; microtubule-associated protein 2 = MAP2; neuronal nuclei = NeuN; non-convulsive status epilepticus
46 = ncSE; region of Interest = ROI; right hippocampus = RH.

47 **Introduction**

48 Patients suffering from epilepsy often ask if recurrent seizures harm their brain and aggravate epilepsy.
49 Seizures and brain damage develop in parallel in many epilepsies and a definite answer to this question is
50 missing ^{1,2}. In focal epilepsies due to structural and metabolic causes ³, the progression of brain damage and
51 the organization of an epileptogenic network could either be the consequence of the acute brain injury (as
52 in post-traumatic epilepsy ⁴) or may result from a persistent pathogenic condition, as in epileptic
53 encephalopathies ^{3,5}. Since seizure frequency usually intensifies in parallel with brain injury worsening, it
54 has been suggested that seizure activity by itself may have a direct pathogenic action on tissue
55 reorganization and may possibly worsen brain damage ⁶. Nevertheless, a *correlation* between seizure
56 activity and brain damage does not necessarily demonstrate a cause–effect relationship. It is not clear,
57 indeed, whether the evolution of brain damage is either the natural consequence of the local structural
58 changes triggered by the primary injury or is it due to seizure activity, or both.

59 Experimental studies do not help to clarify if simple seizures by themselves damage the brain. Brain injury
60 progression has been documented during the life span of animals that develop mesial temporal lobe
61 epilepsy (mTLE) with hippocampal sclerosis as consequence of status epilepticus ⁷⁻¹⁰, and was
62 demonstrated in rodents after brain concussion ^{7,11}. The core of the question here addressed is to
63 understand if brain damage is produced by the seizure activity *per se*. To this end, we utilized a guinea pig
64 model of unilateral mTLE ^{12,13} induced by local injection of the excitatory glutamate receptor agonist, kainic
65 acid (KA), in one hippocampus ¹⁴⁻¹⁶. In this mTLE model, the unilateral intrahippocampal KA injection
66 induces a non-convulsive status epilepticus (ncSE) characterized by bilateral epileptiform discharges and
67 seizures. In a previous report, we observed that animals showed a clear damage in the KA-injected
68 hippocampus, whereas the limbic regions contralateral to the KA-injected hemisphere were not apparently
69 altered, despite their obvious epileptic activation during KA-induced ncSE ¹². These observations confirm
70 the injuring capability of the neurotoxin KA, a drug known to induce within 24 h an acute
71 neurodegeneration by triggering calcium-dependent neuronal apoptosis ¹⁷, and suggest that seizure activity
72 does not damage the hippocampus contralateral to KA injection. We further investigated this aspect by
73 quantifying brain changes in the hippocampi ipsi- and contralateral to KA injection with neurophysiological,

74 neuropathological and imaging techniques. It is worth to point out that we do not aim at investigating the
75 role of seizure activity in the induction of brain damage at the site of KA injection. Since KA-induced brain
76 damage is established within a few days after SE¹⁸⁻²⁰, we focused the analysis of brain tissue at three days
77 after ncSE, when gliosis, neuroinflammation^{21,21} and blood-brain barrier (BBB) permeability changes²³ are
78 maximal, and other confounding factors (such as spontaneous seizures) are not established yet. We further
79 validated the findings at a later time point, 2 months after ncSE, when an active epileptic condition
80 associated with the unilateral KA-induced hippocampal sclerosis is established.

81

82 **Methods**

83 The study is based on a cohort of 32 adult male Hartley guinea pigs (200-250 g weight, 3 postnatal weeks
84 of age; Charles River, Calco, Italy) housed in a 12 h light-dark controlled cycle environment with *ad libitum*
85 food and water supply. Four different experimental groups were utilized: naïve guinea pigs (n=10; 6 for the
86 acute experiments and 4 for the chronic condition – see below); sham-operated and sham-treated animals
87 (n=5); guinea pigs unilaterally injected with KA in the right dorsal hippocampus sacrificed three days (n=11)
88 and at 2 months (n=6) after ncSE. The experimental protocol was reviewed and approved by the
89 Committee on Animal Care and Use and by the Ethics Committee of the Fondazione Istituto Neurologico
90 and was approved by the Animal Welfare Office of the Italian Health Ministry (Authorization n. 36/2016-
91 PR, released on January 18th, 2016), in accordance with the European Committee Council Directive
92 (2010/63/EU). Efforts were made to minimize the number of animals used and their suffering. This study
93 complies with the 3Rs principle recommended by the EU directives²⁴.

94 *Implantation of electrodes and injection cannula.* Twenty-two animals were surgically implanted with
95 bilateral depth (intrahippocampal) and superficial (epidural) EEG recording electrodes. The procedures for
96 electrode implantation and KA injection have been previously published¹². Briefly, 30 minutes before
97 surgery, animals were subcutaneously treated with 4.2 mg/kg flunixin (Finadyne; Schering Ploug,
98 Kenilworth, NJ, US) and 10 mg/kg dexamethasone (Soldesam; Laboratorio Farmacologico Milanese,
99 Caronno, Italy). Thereafter, animals were deeply anesthetized with 5% isoflurane (Furane; Abbott
100 Laboratories, Abbott Park, IL, US; flow rate of 1 L/min) and were fixed on a stereotaxic frame (David Kopf

101 Instruments, US). During surgery, isoflurane levels were maintained at 1.5-2.0 %. Two stainless steel screws
102 of 1.1 mm diameter were implanted as epidural electrodes into the bone above the cerebellum, as
103 reference and neutral electrodes, respectively. Two other epidural electrodes were bilaterally placed over
104 the frontal neocortex. Two polyamide-coated stainless steel wires (0.175 mm diameter; Advent, Eynsham,
105 Oxford, United Kingdom) were bilaterally positioned in the dorsal CA1 area of the hippocampus
106 (stereotaxic coordinates relative to Bregma: anteroposterior -3 mm, mediolateral \pm 3 mm, dorsoventral -
107 3.25 mm). A stainless steel guide cannula (23 gauge; Cooper Needle Works Ltd, Birmingham, West
108 Midlands, UK) was glued to the right hippocampal electrode for intrahippocampal KA injection. The distance
109 between the electrode tip and the cannula was 3.25 mm. All electrodes were inserted in a pedestal
110 connector (Plastic One, Roanoke, VA, US) and were fixed on the skull with acrylic cement (Paladur;
111 Heraeus, South Bend, IN, US). After surgery, animals were housed in individual cages and were treated with
112 subcutaneous injection of 5 mg/kg/day enrofloxacin (Baytril; Bayer, Leverkusen, Germany) for 5 days, and
113 with intramuscular dexamethasone (1 mg/kg) and flunixin (2.2 mg/kg) every 12 hours for 48 hours. All
114 implanted animals survived the surgery procedure.

115 *Video-EEG recordings.* Video-EEG monitoring started one week after surgery; implanted pedestals were
116 connected to a cable mounted on a swivel coupled to the preamplifier stage of a Brain Quick EEG System
117 (Micromed, Mogliano Veneto, Italy). After 24 h of adaptation, video-EEG was continuously recorded for 5
118 days, including 48 h before (baseline) and 3 days after either KA or NaCl hippocampal injection. EEG data
119 were recorded wide-band (0.1-1.0 kHz at 2064 Hz sampling rate, with 16-bit precision) using the System
120 Plus Evolution software (Micromed).

121 *Unilateral intra-hippocampal KA and saline injection.* Nine days after electrode implantation, 22 animals
122 were injected in the CA1 area of the right hippocampus with either KA (n=11+6) or 0.9% NaCl saline
123 solution (sham operated animals; n=5), respectively, under continuous video-EEG recording. A 30-gauge
124 needle, connected to 5 μ l Hamilton syringe via a polyethylene tube, was lowered through the guide
125 cannula in the right hippocampus to slowly inject 1 μ l of 1 μ g KA (Sigma, St. Louis, MO, US) diluted in 0.9%
126 NaCl solution. Within 15 minutes after KA injection, epileptiform activity was recorded in all animals.
127 Video-EEG was monitored for 3 days after KA (or NaCl) injection. None of the sham operated/injected

128 guinea pigs showed epileptiform activity on the EEG. Six chronic mTLE animals were video-EEG recorded 7
129 days every other week for at least two months after ncSE to verify the presence of spontaneous
130 epileptiform discharges and seizures^{12,13}. Surgeries, animal shuffle in the different experimental groups,
131 and intrahippocampal injections were performed by FMN (acute ncSE) and AC (chronic mTLE animals).
132 *Video-EEG data analysis.* Continuous 24-hour video-EEG recorded 2 days before and 3 days after KA (or
133 saline) injection was analyzed off-line. Hippocampal EEG patterns during and after KA injection were
134 identified and quantified for each animal. The EEG activity recorded in the frontal cortex was utilized to
135 identify the presence of a diffuse EEG pattern and was not analyzed/quantified in the present study. KA-
136 induced epileptiform activity was characterized by seizures combined with continuous rhythmic spiking
137 activity at 1-3 Hz (Figure 1). Seizure events during KA-induced ncSE were defined by large amplitude spiking
138 activity with clear tonic and bursting phases longer than 20 seconds, followed by post-ictal depression
139 (Figure 1B). The time spent in seizure during ncSE was quantified for both right and left hippocampal
140 recordings in the 11 animals sacrificed 3 days after KA. Seizure discharges were identified as focal
141 unilateral or bilateral, based on the EEG pattern distribution. Bilateral epileptiform discharges during ncSE
142 were previously described in the 6 chronic animals¹³. Extracellular population spike number and
143 distribution (Figure 2) were quantified in both hippocampi by setting a threshold 2.5 standard deviation
144 above the baseline amplitude, as calculated on the pre-KA injection EEG recording. Extracellular population
145 spikes have been defined as sharp transient with a duration included between 70 and 200 msec. Seizure
146 activity and spike counts during ncSE were blindly analyzed by CA and FMN. In the 6 chronic animals,
147 spontaneous seizures during the chronic phase were identified with 7 days video-EEG recordings
148 performed every other week for 2 months^{12,13}. Details on the seizures and on the epileptic phenotype of
149 the chronic epileptic animals are reported in previous manuscripts^{12,13}. In these animals, ncSE duration
150 values were similar to those calculated for the animals sacrificed at 3 days.

151 *Brain preparation for MR imaging and anatomy.* At the end of video-EEG recording sessions, animals were
152 deeply anesthetized with sodium thiopental (125 mg/kg i.p., Farmotal; Pharmacia, Milano, Italy) and were
153 trans-cardially perfused for 5 min with 0.9% NaCl solution, followed by 4% paraformaldehyde in phosphate
154 buffer 0.1 M for 15 min. Four percent gadolinium (Magnevist, Bayer, Italy) was added to the perfusion

155 solution to evaluate the BBB integrity during later magnetic resonance (MR) analysis. After fixation, brains
156 were carefully removed from the skull and were immersed in 4% paraformaldehyde for 24 hours at room
157 temperature. Fixed brains were embedded in agar solution (4% in PBS) for the MR session. Naïve animals
158 were perfused and post-treated following the same time course of the EEG-implanted and recorded
159 animals.

160 *Magnetic resonance imaging.* MR imaging was performed on isolated and fixed guinea pig brains using a
161 7T horizontal-bore scanner (BioSpec 70/30 USR; Bruker, Ettlingen, Germany), equipped with actively
162 shielded gradient/shim coil with a maximum gradient strength of 440 mT/m, and a 38 mm
163 transmit/receive birdcage volume quadrature coil. The magnetic field homogeneity was optimized by a
164 localized second-order shimming procedure featured on a volume of interest covering the whole field of
165 view. Axial T1-weighted images were acquired with the following parameters: field of view = 35x35 mm²;
166 in-plane resolution = 137x137 μm²; slice thickness = 400 μm; 17 slices; echo Time = 7 ms; repetition time =
167 619 ms; number of averages = 200; number of repetitions = 1; acquisition time = 1h 39min. This sequence
168 was repeated three times to cover the whole brain. Diffusion tensor imaging (DTI) was acquired by using
169 an echo planar imaging sequence with the following parameters: field of view = 30x30 mm²; in-plane
170 resolution = 333x333 μm²; slice thickness = 328 μm; 60 slices; echo time = 60 ms; repetition time = 6000
171 ms; number of averages = 40; number of repetitions = 1; δ = 5 ms; Δ = 12 ms; 5 b = 0 volumes; 30 diffusion
172 weighted volumes acquired in non-collinear directions with the following diffusion weightings: b = 500,
173 1000, 1500, 2000, 2500 s/mm²; acquisition time = 10h 20min. On T1-weighted images, Regions of Interest
174 (ROIs) were manually delineated on the whole hippocampi using ITK-SNAP (www.itksnap.org) and their
175 volume was computed. ROIs were also drawn on the dorsal part of the hippocampi and the ratio between
176 their mean signal intensity and the mean signal in a reference ROI placed in the unaffected cortex was
177 considered as an index of gadolinium enhancement. DTI images were corrected for motion and eddy
178 current distortions with FMRIB's Linear Image Registration Tool in FSL (<http://www.fmrib.ox.ac.uk/fsl/>).
179 The diffusion tensor in each voxel was estimated from the DTI raw data, and Mean Diffusivity (MD) and
180 Fractional Anisotropy (FA) maps²⁵ were computed using Diffusion Toolkit (<http://www.trackvis.org>²⁶). The

181 mean MD and FA were calculated in ROIs manually delineated in the hippocampi and frontal cortices.
182 Chronic mTLE animals were not submitted to MRI. MRI data were blindly analyzed by MF and IZ.
183 *Immunohistochemical study.* After the completion of the MRI study, brains were cut into 50 μm coronal
184 sections for immunohistochemical processing. The following histological parameters were investigated: (a)
185 hippocampal neurodegeneration using neuronal nuclei NeuN immunostaining and thionine staining; (b)
186 reactive astrogliosis by glial fibrillary acid protein (GFAP) staining; (c) acute neuronal injury by microtubule
187 associated protein 2 (MAP2) staining, that concentrates in soma in the course of cytotoxic edema²⁷ and
188 during reversible neuronal suffering^{28,29}; (d) BBB permeability alteration by evaluating the presence of
189 endogenous guinea pig IgG that are not present in the brain tissue in normal conditions. Serial coronal
190 sections rostral and caudal to the KA injection local damage were selected and were blindly analyzed by AC
191 and CA.

192 A standardized protocol has been used for immunohistochemical staining. Briefly, after endogenous
193 peroxidase inactivation (3% H_2O_2 in PBS) and non-specific antigen binding sites blocking (1% BSA/0.2%
194 Triton-X 100 in PBS), free-floating sections were incubated overnight at 4° C with the following primary
195 antibodies in 0.1% BSA/0.2% Triton-X 100 at 4° C: (a) monoclonal mouse anti-neuronal nuclei (NeuN,
196 1:1000 - Millipore, Darmstadt, Germany); (b) polyclonal rabbit anti-glial fibrillary acid protein (GFAP, 1:500
197 - DAKO, Glostrup, Denmark); (c) mouse anti-microtubule associated protein 2 (MAP2, 1:1000 - Neomarker,
198 CA, US). On the following day, sections were incubated for 75 min in biotinylated secondary antibody
199 (1:200) diluted in 0.1% BSA. The tissue was washed in PBS 3 times and then processed for 75 min with
200 avidin-biotin-peroxidase protocol (ABC; Vector Laboratories, Burlingame, CA, US). Visualization of labeling
201 was achieved using 3,3'-diaminobenzidine tetra hydrochloride (DAB, 0.075% in 0.05 M Tris-HCl/ 0.02%
202 H_2O_2 ; Sigma, Milano, Italy). Slices were rinsed, mounted, dehydrated and cover-slipped with distyrene
203 plasticizer xylene. For endogenous guinea-pig IgG immunostaining (d), slices were treated only with the
204 secondary antibody. The IgG immunostaining and the amplification of the primary-antibody labeling were
205 obtained by 75 min incubation with biotinylated goat anti-guinea pig IgG diluted 1:200 (Vector
206 Laboratories). Thionine and GFAP staining was performed in the 6 chronic mTLE guinea pigs and in
207 additional 4 naïve guinea pigs.

208 Immuno-stained sections were visualized using the Scanscope software (Aperio Technologies, CA, US).
209 Hippocampal and cortical staining for NeuN, GFAP, MAP2 and IgG were analyzed in the three different
210 experimental conditions (naïve, sham-treated and KA-injected animals). Quantitative field fraction
211 estimates of NeuN, GFAP, MAP2 and IgG immunostaining was carried out in both hippocampi using Image-
212 Pro Plus 7 software (Media Cybernetics, Inc. MD, US). The percentage of neuronal occupancy (specific
213 immunostaining density) had been estimated in previously determined regions of interest (ROIs)
214 positioned in CA1 and CA3 hippocampal subfields, in the granular layer of DG and in the hilus (see upper
215 left panel in Figure 4). The size of NeuN and thionine measurements ROI was arbitrary established at 0.043
216 mm² for CA1, 0.086 mm² for CA3, 0.035 mm² for DG and 0.35 mm² for the hilus region. For GFAP, MAP2
217 and IgG, measurements ROIs of 0.078 mm² were positioned on the different subfields in each analyzed
218 section magnified at 5x; a threshold of staining intensity was defined with respect to background signal.
219 Neuronal density in each ROI was automatically calculated by the software on two adjacent slices in each
220 hippocampal subfield, after symmetry between right and left hippocampi was verified. For each slice in
221 each experimental group, mean NeuN density was calculated on 4 ROIs in CA1, 2 in CA3, 4 in DG and 1 in
222 hilus for each slice. To avoid inclusion in the analyses of electrode-related tissue alterations, densitometric
223 ROIs in KA-injected and sham-treated guinea-pigs were positioned at least 0.5 mm away from the
224 electrode tracks (arrows in the lower middle panel in Figure 4). CA and AC performed GFAP, MAP2-
225 immunostaining analysis by blindly evaluating two ROIS on two different sections per animals in CA1, CA3
226 and hilus, using Image-Pro Plus 7 software. A single ROI in CA1 was analyzed on two sections from the
227 same brain to evaluate IgG staining. Densitometric data from the above mentioned ROIs were calculated in
228 both right and left hippocampi in naïve and sham-operated animals and were pooled together (black
229 columns in Figures 5 and 6).

230 *Statistical analysis.* Surgeries and KA-injections were performed by FMN and CA; MF and AC analyzed raw
231 EEG, MRI and IHC data in a blinded manner. Data were normally distributed and statistically analyzed with
232 Graph-Pad Prism 3.0 (GraphPad Software Inc., San Francisco, CA, US). Results are expressed as means ±
233 standard deviation (SD). Differences in number of seizures, time spent in seizures and number of spikes
234 between the different experimental groups were evaluated using Student *t*-test for unpaired data and

235 Tukey post hoc test. For each MRI measure (hippocampal volume, dorsal hippocampus signal intensity,
236 hippocampus MD, cortex MD, hippocampus FA and cortex FA) the difference between the left and right
237 (KA-injected) side and between RH(KA) from KA-injected animals and hippocampal values from control
238 animals (sham-operated and naïve) was evaluated using a non-parametric Wilcoxon signed-rank test;
239 differences between experimental groups of animals were assessed using Wilcoxon rank-sum test.
240 For densitometric immunohistochemical and thionine analysis, after running a Kolmogorov-Smirnov
241 Normality test, *ANOVA One Way* coupled with Tukey's post-hoc test was used to compare multiple groups
242 (RH(KA), LH and controls), as reported in Table 1. The tests are two-sided and significance was set at
243 $p < 0.05$. The datasets generated and analysed during the current study are available from the
244 corresponding author on reasonable request.

245

246 **Results**

247 *Non-convulsive SE activity after unilateral intrahippocampal KA injection.* Seizure-like EEG discharges
248 appeared in the injected hippocampus within 15 min from unilateral intra-hippocampal KA injection
249 both in the 11 guinea pigs sacrificed 3 days after KA and in the 6 chronic epileptic animals (for the latter
250 group, see ^{12, 13}). In the 11 acute animals, epileptiform activity propagated to both the ipsilateral neocortex
251 and the contralateral left hippocampus either immediately ($n=9$; Figure 1A and B, right panel) or within 10
252 min ($n=2$). The recorded epileptiform activity correlated with recurrent non-convulsive seizures ¹³
253 integrated in a continuous, irregular spiking activity (Figure 1C) that rapidly evolved in bilateral rhythmic
254 spiking at 1-3 Hz (Figure 1D). Non-convulsive seizures typically correlated with explorative behavior, tonic
255 immobility, lateralized facial and head myoclonias (for details, see ¹³). KA-induced non-convulsive SE (ncSE)
256 lasted from a minimum of 6 to a maximum of 70 hours (average 27.63 ± 19.17 hours – mean \pm SD), and
257 remitted spontaneously. The number of seizures recorded during ncSE varied from a minimum of 10 to a
258 maximum of 263 (Figure 1E), with an average of 5.45 ± 1.82 seizures per hour. As previously reported ¹³,
259 the large majority of non-convulsive seizures engaged both hippocampi (Figure 1E and F). The unilateral
260 EEG involvement at ncSE onset (left panel in Figure 1B) exclude the possibility that the bilateral activation

261 observed later during the ncSE is due to activity volume-conducted from the KA-injected hippocampus.

262 None of the 5 sham-operated animals injected with 0.9% NaCl solution showed EEG abnormalities during

263 the three days of video-EEG monitoring.

264 To verify the involvement of the KA-injected right hippocampus [RH(KA)] and of the contralateral left

265 hippocampus (LH) during ncSE, we quantified the number of EEG seizures (Figure 2A), the time spent in

266 seizures (Figure 2B) and the number of spikes (Figure 2C). As illustrated in the box plots on the right of

267 each panel in Figure 2, both RH(KA) and LH were equally involved in the generation of epileptiform activity.

268 This is the pre-condition for the evaluation of the effects of epileptiform activity in the LH contralateral to

269 KA injection. Six animals were video-EEG monitored for two months, when hippocampal sclerosis and

270 chronic seizures develop, as described and characterized in two previous manuscripts^{12,13}.

271 *Magnetic resonance imaging (MRI) ipsi- and contralateral to KA injection.* Three days after ncSE induction,

272 animals were injected with a bolus of 4% gadolinium just before the transcardiac perfusion of

273 paraformaldehyde (see Methods). MR imaging was performed on fixed brains (9 KA-treated, 5 sham-

274 operated and 6 naïve) one week after sacrifice, to verify both brain damage and BBB permeability changes

275 to gadolinium. MRI was not performed in two guinea pigs due to an error in the gadolinium administration

276 protocol and was not implemented in the 6 chronic animals. The normalized T1-weighted signal measured

277 on manually delineated ROIs of whole hippocampi in both RH and LH was 1.21 ± 0.14 and 1.31 ± 0.16 in

278 KA-treated animals, 1.29 ± 0.21 and 1.27 ± 0.16 in naïve animals and 1.25 ± 0.13 and 1.26 ± 0.13 in sham-

279 operated animals. It was significantly higher in RH(KA) than in the LH in all KA-treated animals ($p < 0.05$),

280 whereas in the sham-operated and in the naïve groups no significant differences were found between the

281 left and the right hippocampi. The difference in T1-weighted signal between RH and LH was 7.95 ± 3.11 %

282 in the KA-injected group, as shown in Figure 3A. No significant difference in hippocampal volume was

283 observed between experimental groups or between the LH and RH within each group. The mean diffusivity

284 (MD) measures on whole hippocampal ROIs in RH and LH were $3.53 \pm 0.35 \times 10^{-4} \text{ mm}^2/\text{s}$ and $4.09 \pm 0.26 \times$

285 $10^{-4} \text{ mm}^2/\text{s}$ in KA-treated animals, $3.98 \pm 0.19 \times 10^{-4} \text{ mm}^2/\text{s}$ and $3.99 \pm 0.21 \times 10^{-4} \text{ mm}^2/\text{s}$ in naïve animals

286 and $4.08 \pm 0.18 \times 10^{-4} \text{ mm}^2/\text{s}$ and $4.07 \pm 0.22 \times 10^{-4} \text{ mm}^2/\text{s}$ in sham-operated animals. The difference

287 between RH and LH was significantly higher in KA-treated than in naïve or sham-operated animals ($p <$

288 0.0005). MD values in the RH (KA) were significantly lower than in the contralateral LH of the same
289 animals ($p = 0.001$), and also compared to the hippocampal measurements of naïve and sham animals ($p <$
290 0.005 ; Figure 3B). No statistical difference was found by comparing LH in KA-treated animals with
291 naïve/control MD measurements. MD reduction was also observed in the right frontal cortex in most KA-
292 injected animals, and the difference between the right and the left cortex was significant in the KA group
293 ($p < 0.05$) but not in the sham-operated and naïve groups. The analysis of FA values in the same
294 hippocampal ROIs did not show any statistically significant difference between hemispheres and between
295 animal groups (not shown).

296 *Immunohistochemical analysis in the hippocampi ipsi and contralateral to KA injection.* One week after
297 MRI scans, the brains were cut and sections including hippocampi were processed for NeuN, GFAP, MAP2
298 and IgG immunostaining (Figures 4 and 5) to retrospectively evaluate neuronal loss, astrogliosis, neuronal
299 suffering and BBB permeability alterations. In both naïve (left column in Figure 4) and sham-
300 operated/treated controls (middle column in Figure 4) no sign of brain damage was observed, with the
301 exception of GFAP and IgG staining in the tissue surrounding the hippocampal electrode tracks (arrows in
302 the lower middle photo in Figure 4), likely due to a local inflammatory reaction. Interestingly, MAP2
303 staining in control animals (both naïve and sham-operated) showed a peculiar pattern with no staining in
304 the pyramidal cell/radiatum layers of CA2 and CA3/4 regions (Figures 4 and Supplementary Figure 1B and
305 C). In KA-treated animals (right column in Figure 4), neuronal cell loss and astrogliosis were observed in KA-
306 injected hippocampi. A reduction of dendritic MAP2 signal in CA1-CA3 and hilus was observed, with a
307 typical staining of the neuronal soma at the boundaries of the lesional tissue. IgG staining was observed
308 exclusively around the KA injection site (lower right photo in Figure 4).

309 The qualitative evaluation suggested that the hippocampus contralateral to KA injection did not show
310 obvious expression of brain damage markers. To quantify this observation, we analyzed the density of
311 immunostaining in different hippocampal areas (CA1, CA3, DG and hilus) in the RH(KA) and in the
312 contralateral (LH) hippocampi (Figure 5) and compared these values with densitometric measurements
313 obtained from equivalent hippocampal subfields in both hemispheres of naïve and sham-operated control
314 animals. As illustrated in Figure 5A, the LH of KA-treated animals ($n=11$) showed NeuN densitometric

315 values in CA1 (44.04 ± 5.06 % density), CA3 (31.14 ± 3.35 %), DG (73.06 ± 4.59 %) and hilus (20.23 ± 3.52 %)
316 similar to control animals (43.84 ± 4.21 % in CA1; 36.12 ± 4.77 % in CA3, 66.02 ± 4.24 % in DG and $22.79 \pm$
317 3.77 % in the hilus; $n=11$ for each subfield – measured in both right and left hippocampi), suggesting that
318 NeuN immunostaining in non-KA-injected LH subfields were comparable to normal tissue. As expected, all
319 RH(KA) (left grey columns in Figure 5A) showed a clear cell loss in CA1 (19.94 ± 10.80 % density), CA3
320 (17.30 ± 11.25 %), DG (63.23 ± 12.25 %) and hilus (9.46 ± 7.27 %) compared to both controls and non-
321 injected LH (not significant for paired DG values). The statistical significance of NeuN findings is reported in
322 the first row of Table 1.

323 Densitometric measurements were also performed for GFAP, MAP2 and IgG immunostaining. Hippocampal
324 subfields densities in KA-treated guinea pigs (grey columns in Figure 5B-D) were compared to control
325 immunodensity values obtained by merging measurements from left and right hippocampi of sham-
326 operated and naïve animals (black columns). The GFAP staining intensity measured on two ROIs on two
327 slices per region in 8 KA-treated animals and in 11 controls (naïve and shams) showed a statistically
328 significant density increase in RH(KA) CA1 and hilus (3.35 ± 2.43 % and 1.36 ± 0.75 %, respectively)
329 compared to controls (0.56 ± 0.53 % and 0.08 ± 0.12 %, respectively). No difference was observed between
330 controls and LH of KA-treated animals in CA1 and hilus (1.03 ± 0.85 % and 0.44 ± 0.52 %, respectively;
331 Figure 5B). The low densitometric values ($< 0.1\%$) measured in CA3 did not consent a statistical comparison
332 between RH(KA), LH and controls (data rejected to Kolmogorov-Smirnov Normality test). MAP2 immune-
333 signal was measured in 10 KA-injected animals and in 11 control guinea pigs (Figure 5D). MAP2 density was
334 significantly lower in RH(KA) (14.48 ± 10.16 % in CA1; 20.18 ± 17.35 % in CA3 and 41.58 ± 21.11 % in the
335 hilus) compared to controls (72.20 ± 12.21 % in CA1, 57.25 ± 12.77 % in CA3 and 62.00 ± 25.12 % in the
336 hilus) and to the contralateral LH for CA1 (70.65 ± 20.09 %) and CA3 (44.69 ± 8.78 %); no significant
337 difference was observed by comparing RH(KA) and LH measurements in the hilus (52.96 ± 17.99 % in LH).
338 IgG immunostaining density was 31.33 ± 29.08 % in the CA1 region of RH(KA) and was 0.64 ± 0.18 % in the
339 LH CA1 area of KA-injected animals ($n=8$; Figure 5C). No IgG staining was found in CA1 areas of naïve
340 animals. The statistical significance of GFAP, MAP2 and IgG densitometric measurements is reported
341 respectively in the second, third and fourth rows of Table 1. These findings demonstrated that BBB

342 damage, cell loss and gliosis are not detectable in the hippocampus contralateral to KA injection, despite
343 the occurrence of intense epileptiform activity during the ncSE.
344 Densitometric measurements were also performed on brain sections obtained from the 6 KA-injected
345 animals recorded for two months after ncSE, when spontaneous seizures associated to unilateral
346 hippocampal sclerosis in the KA-injected hippocampus developed^{12,13}. Thionine density in CA1 and CA3
347 was 4.42 ± 3.95 % and 15.37 ± 11.67 % in RH(KA) and 15.05 ± 3.67 % and 24.34 ± 4.49 % in LH of KA-
348 treated guinea pigs; 15.40 ± 1.03 % in CA1 and 25.48 ± 3.95 % in CA3 of naïve animals (n=6; measured in 2
349 sections per animal). As illustrated in Figure 6B, mean densities were not significantly different when LH
350 values were compared to control animal hippocampi (p values in the fifth row in Table 1). GFAP intensity
351 staining measured on two slices in 6 KA-treated animals (Figure 6C and D) showed a statistically significant
352 increase in CA1 and CA3 density in RH(KA) (16.13 ± 6.01 % and 8.29 ± 6.28 %, respectively) compared to LH
353 (1.83 ± 2.00 % and 3.41 ± 3.52 %, in CA1 and CA3) and to naïve controls (2.12 ± 4.09 % and 3.51 ± 4.54 % in
354 CA1 and CA3, respectively; 2 sections each in 4 animals). No difference was observed between controls
355 and LH of KA-treated animals (Figure 6D). Statistical significance is reported in the bottom row in Table 1.

356

357 Discussion

358 The present study demonstrates that sustained recurrent seizure activity during non-convulsive status
359 epilepticus does not induce the expression of brain damage markers associated to neuronal death,
360 astrogliosis and altered BBB permeability in the hippocampus contralateral to KA injection in a model of
361 unilateral mTLE¹⁴⁻¹⁶ applied to guinea pigs^{12,13}. KA induces rapid excitotoxic neuronal death^{22,30,31} in the
362 CA1 region of the injected hippocampus and promotes epileptiform discharges that equally involve both
363 the KA-injected and the contralateral hippocampi. The absence of gliosis and cell loss contralateral to KA
364 injection is demonstrated three days after KA treatment and is confirmed two months after ncSE in chronic
365 mTLE guinea pigs.

366 In the unilateral KA mTLE model, acute focal seizures are characterized by immobility, followed by facial
367 clonus, masticatory movements and head nodding, and could develop into bilateral forelimb clonus and
368 rearing/falling^{12,13,32-34}. Seizure activity in the unilateral KA model is characterized by acute bi-hippocampal

369 discharges superimposed to a condition of continuous large-amplitude slow spikes at 1-3 Hz ^{12,13,14} that
370 involve the injected hippocampus and propagate to the contralateral amygdala, hippocampus and frontal
371 cortex ^{12,13,14,16}. Interestingly, periodic EEG slow spikes associated with focal seizures have been described
372 during ncSE induced by acute brain injury in humans ³⁵.

373 Our study confirms that intracerebral KA establishes a focal unilateral hippocampal sclerosis ¹² in the KA-
374 injected hippocampus characterized by neuronal loss, astrogliosis and altered BBB permeability. Enhanced
375 GFAP, MAP2 and IgG immunostainings are restricted to the ipsilateral CA1-CA3 region and to the DG. In
376 line with our findings, a rapid increase in GFAP-immunoreactivity was detected in the KA-injected
377 hippocampus in the mouse ²². MAP2 staining typically observed in large dendrites is abolished and/or
378 transferred to neuron soma in acutely injured brain tissue during excitotoxic damage ²⁷ and ischemia ²⁸. In
379 our experiments, MAP2 staining relocation to the soma at the boundary of the damaged areas was limited
380 to the KA-injected CA1/DG.

381 We utilize the unilateral KA injection model as an instrument to test whether epileptiform activity in
382 regions remote from the KA injection area is sufficient to induce brain damage. The correlation between
383 seizures and tissue damage is controversial and can be verified exclusively in animal models characterized
384 by focal unilateral epileptogenic lesions, such as intracerebral KA injection and the local electrical
385 stimulation models; it cannot be analyzed in epilepsy models that result from systemic pilocarpine or KA
386 treatments, because these procedures induce diffuse bilateral alterations. The study by Arabadzisz and
387 colleagues ³⁶ demonstrated that unilateral KA injection into one dorsal hippocampus induced ncSE
388 followed by ipsilateral focal seizures and damage, whereas the contralateral hippocampus remained
389 structurally unaffected and seizure-free. In two studies, contralateral hippocampal alterations were
390 observed when a convulsive status epilepticus was promoted using either high doses of unilaterally
391 injected KA ³⁷ or repeated unilateral hippocampal stimulation ³⁸. In a recent report, unilateral hippocampal
392 electrical stimulation in rats demonstrated cell loss and changes in the expression of N-cadherin in the
393 hippocampus contralateral to stimulation ³⁹ exclusively in a subgroup of animals that developed seizures
394 four weeks after ncSE. Interestingly, contralateral neuronal loss was not observed in rats submitted to ncSE
395 that did not develop spontaneous seizures in the chronic phase. The study showed also a specific increase

396 in Iba and GFAP (but not S100) protein levels in the hippocampi of animals with and without chronic
397 spontaneous seizures; glial changes contralateral to the stimulated hippocampus are mentioned in the
398 study, but were not quantified. This report supports the evidence that ncSE activity does not induce
399 obvious damage markers in rats that do not develop a chronic spontaneous seizures. The differences
400 between these studies and our findings could be due to the very mild chronic epileptic phenotype
401 observed in guinea pigs two months after ncSE¹², characterized by an average of 1 behavioral seizure per
402 week. Unilateral mTLE models data suggest that the contralateral hippocampus is not obligatorily altered
403 after acute ncSE and support our findings that seizure and epileptiform activity during ncSE may not
404 damage regions far away from the original epileptogenic focus. In the rat kindling model, apoptosis and
405 neuronal loss were demonstrated in the DG, hilus, CA1 and CA3 and in the entorhinal cortex during
406 kindling acquisition^{40,41}. Nevertheless, spontaneous and stimulus-evoked seizures can reliably be induced
407 without detectable cell loss in adult^{42,43} kindled rats, suggesting that in this focal seizure model a
408 consistent correlation between seizure activity and tissue damage is not demonstrated.

409 Our MRI study on fixed brain tissue confirmed that brain damage is lateralized exclusively to the KA-
410 injected hippocampus. These data confirmed the results of the above mentioned study on ncSE model
411 induced by unilateral electrical stimulation of one hippocampus³⁹. We utilized post-fixed tissue because it
412 allows longer MR scanning times that improve imaging definition without altering the significance of the
413 recorded signals; apparent diffusion coefficient (ADC) measurements in fixed brains are characterized by
414 lower values compared to *in vivo* condition^{44,45}. T1-weighted MRI images showed signal changes
415 suggesting BBB disruption only in KA-injected hippocampus, although we cannot exclude minor,
416 undetectable BBB permeability changes on the contralateral side. DTI data showed a prominent MD
417 decrease in all the KA-injected hippocampi and in the ipsilateral frontal cortex. These changes are probably
418 caused by a reduction of the extracellular space due to cytotoxic edema, as suggested by DTI findings in
419 the acute stage of KA lesions^{46,47}. The IgGs extravasation observed exclusively in the tissue surrounding
420 the KA injection site confirmed the MRI findings. BBB permeability changes during KA-induced seizures are
421 expected to promote IgG extravasation three days after intense epileptiform activity, when neurons and
422 astrocytes incorporate BBB-leaked IgGs²³. The absence of IgG extravasation in the hippocampus

423 contralateral to KA injection contributes additional evidence on the absence of seizure-mediated damage
424 in areas contralateral to KA injection. The lack of contralateral seizure-induced BBB alterations conflicts
425 with the report that both permeability changes and inflammatory molecules expression is associated with
426 seizure activity^{21,48,49}. We can hypothesize that if seizure-dependent BBB permeability changes occur in the
427 hippocampus contralateral to KA injection, they are not severe enough to induce extravasation of IgGs and
428 other factors that are required to initiate the epileptogenic process that produces tissue damage.
429 The possibility that seizures induce alterations that are not detectable by the immunohistochemistry and
430 MRI utilized in our study should be considered. A molecular expression analysis could improve the
431 identification and the quantification of changes that occur contralateral to KA-induced mTLE.

432

433 In conclusion, our study utilized a ncSE model as an instrument to evaluate the effect of epileptiform
434 activity on brain tissue far from the primary epileptogenic lesion (the KA injection site). We provide
435 experimental evidence that markers commonly utilized for the neuropathological identification of
436 neuronal cell loss, gliosis and BBB permeability changes are not stimulated by seizure activity *per se*. These
437 findings are in line with our recent report that recurrent seizures do not induce the expression of brain
438 damage markers in peri-lesional epileptogenic cortex studied in postsurgical tissue from cryptogenic and
439 FCD patients⁵⁰. The demonstration that seizures as such do not contribute to brain damage does not imply
440 that seizures are not potentially dangerous events and that their control should not be pursued. It is
441 obvious, and it has to be clearly stated here, that the need to treat seizures in clinical setting is mandatory
442 because of the cognitive and functional impairment that seizures produce and imply.

443

444

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451

452 **Author's contributions**

453 MdC and FMN elaborated the conception and design of the study; FMN, CA, DVV, AC, MF and IZ
454 contributed to the acquisition and analysis of data; MdC, CA, FMN, MF and AC drafted a significant portion
455 of the manuscript and figures.

456 The Authors have no conflicts of interest or competing financial and non-financial interests to declare.

457 We comply to Data Availability rules of the Journal.

458

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570 **Figure Legends**

571

572 **Figure 1. Status epilepticus activity induced by unilateral intrahippocampal KA injection. A:**

573 compressed EEG 12 h recording in right (RH-KA) and left (LH) CA1 areas of the hippocampi and in the right
574 frontal neocortex (RFNc). KA was injected in the right hippocampus (vertical arrow on RH(KA) trace). **B:** the
575 first recorded focal EEG seizure (left panel) and the second bilateral EEG seizure (right panel), observed
576 after KA injection illustrated in panel A, are shown with expanded time scale. **C:** irregular spiking involving
577 both hippocampi. **D:** regular, rhythmic spikes at 1-3 Hz in the two hippocampi, which inconstantly project
578 to the RFNc. **E:** number of seizures characterized by unilateral (white columns) and bilateral (black
579 columns) hippocampal EEG discharge, for each of the 11 KA-treated guinea pigs sacrificed 3 days after KA
580 treatment (gp1-11). **F:** mean number of unilateral or bilateral EEG seizures observed in all animals. (*): $p <$
581 0.05 (by T-test).

582

583 **Figure 2. Quantification of hippocampal EEG epileptiform activity ipsi and contralateral to KA**

584 **injection.** Comparison of the number of seizures (**A**), the time spent in seizures (**B**) and the number of
585 spikes (**C**) recorded in the KA-injected right hippocampal CA1 [RH(KA)] and in the contralateral left CA1 (LH)
586 in the 11 guinea pigs during the three days following ncSE induction. On the right column of each panel,
587 box plots represent the distribution of the mean values for the same parameters, as analyzed in each KA-
588 injected guinea pig sacrificed 3 days after KA treatment (n=11).

589

590 **Figure 3. Magnetic resonance features 3 days after KA-induced status epilepticus. A:** On the top,

591 representative T1-weighted images of a KA-treated (left) and a sham-operated (right) guinea pig brains.
592 Images were obtained with a 7T MR instrument in fixed brains from animals perfused with gadolinium
593 during sacrifice (see Methods). On the bottom: percentage T1-weighted signal differences between RH(KA)
594 and LH for each KA-injected animal (left panel); averaged values obtained in KA treated, sham and naive
595 animal groups are shown on the right panel. Positive values represent a higher T1-weighted signal in
596 RH(KA) due to the presence of gadolinium. **B:** Representative MD map in a KA-treated brain (left) and

597 difference between the MD in the RH(KA) and LH averaged in each group (right). (*): $p < 0.05$ by non-
598 parametric Wilcoxon test.

599

600 **Figure 4. Immunohistochemical features of naïve (left column), sham-operated (middle column)**
601 **and KA-injected guinea pigs (right column), three days after KA-induced ncSE.** KA was injected in the right
602 hippocampal CA1 region. For each panel, neuronal density (NeuN; first row), astrogliosis (GFAP, second
603 row), reversible neuronal sufferance (MAP2, third row) and blood-brain barrier permeability changes (Ig,
604 bottom row) are illustrated. Arrows mark the intrahippocampal recording electrode tracks. Calibration bar
605 = 1 mm. Left and right (KA-injected) hemispheres are marked by L and R. ROI samples utilized for the
606 densitometric quantification of immunostaining in CA1, CA3, DG and hilus (Figure 5) are illustrated in the
607 top left panel.

608

609 **Figure 5. Semi-quantitative analysis of NeuN, GFAP, MAP2 and IgG densitometry ipsi and**
610 **contralateral to KA injection, three days after status epilepticus. A:** Comparison between densitometric
611 measurements of NeuN (A). The grey columns illustrate the average percentage of densitometric changes
612 measured in CA1, CA3, DG and hilus in the LH and in the RH(KA) of KA-treated animals ($n=11$);
613 densitometric values obtained from the same areas in control animals (sham and naïve) are illustrated by
614 black columns ($n=11$). For the control group, the densitometric measures were performed in both the right
615 and left hippocampi (R+LH). (*): $p < 0.05$; and (**): $p < 0.001$ (by ANOVA One Way; see Table 1). Comparison
616 between densitometric GFAP (B), IgG (C) and MAP2 (D) measurements in KA-injected RH(KA) and
617 contralateral LH (grey columns) and in sham-operated and naïve guinea pigs (black columns; $n=11$). For
618 GFAP and MAP2 staining, ROIs were positioned in CA1, CA3 and hilus; for IgG staining, only CA1 ROIs were
619 analyzed. Eight animals were utilized for GFAP measurements in CA1, CA3 and hilus; 10 animals for MAP2
620 counts in CA1, CA3 and hilus and 8 guinea pigs for IgG staining in CA1. (*): $p < 0.05$; and (**): $p < 0.001$ (by
621 ANOVA One Way; see Table 1). As mentioned in the text, CA3 data were rejected to the Kolmogorov-
622 Smirnov Normality test.

623

624 **Figure 6. Semi-quantitative analysis of thionine and GFAP staining ipsi and contralateral to KA**
 625 **injection in guinea pigs that developed mesial temporal lobe epilepsy (mTLE), sacrificed 2 months after**
 626 **the induction of ncSE. A:** representative microphotographs of thionine-stained coronal sections of the left
 627 (LH) and the KA-injected right RH(KA) hippocampi and of naïve control animals. Higher magnification of the
 628 boxed area in the upper small photograph are illustrated in the lower panels. **B:** The grey columns illustrate
 629 the average percentage of densitometric thionine staining changes measured in CA1 (left panel) and CA3
 630 (right panel) of 6 chronically epileptic guinea pigs; densitometric values obtained from the same areas in
 631 control naïve animals are illustrated by black columns (n=4; calculated on both hemispheres). For the
 632 control group, the densitometric measures were performed in both the right and left hippocampi (R+LH).
 633 (*): p<0.05; and (**): p<0.001 (by ANOVA One Way; see fifth row in Table 1). **C:** representative
 634 microphotographs of GFAP immunostained coronal sections of the left (LH) and the KA-injected right
 635 RH(KA) hippocampi. Higher magnification of the boxed area in the upper small photograph are illustrated
 636 in the lower panels. **D:** Comparison of densitometric GFAP measurements in RH(KA) and LH (grey columns;
 637 n=6), and in naïve guinea pigs (black columns; n=4). GFAP staining was measured in CA1 and CA3. (*):
 638 p<0.05; and (**): p<0.001 (by ANOVA One Way; see bottom row in Table 1).

639

640 **Supplementary Figure 1. Immunohistochemical markers of damage in the KA-injected**
 641 **hippocampi, three days after KA-induced status epilepticus.** Details of GFAP (A) and MAP2 (B and C)
 642 staining in KA-injected RH(KA). CA = Cornu Ammonis; DG = dentate gyrus. Calibration bars = 100 µm (30
 643 µm in the insert in A).

644

645 **Table 1.** Statistical significance of densitometric values measured by ANOVA One Way in
 646 hippocampal areas of both acutely sacrificed guinea pigs (3 days after KA treatment; top 4 rows) and of
 647 chronic animals evaluated 2 months after KA treatment (bottom two rows), as illustrated in Figures 5 and
 648 6.