# Structural, interpersonal, psychosocial, and behavioral risk factors for HIV acquisition among female bar workers in Dar es Salaam, Tanzania

Dale A. Barnhart<sup>1</sup> Department of Epidemiology, Harvard T.H. Chan School of Public Health, Boston, USA

Guy Harling Department of Epidemiology, Harvard T.H. Chan School of Public Health, Boston, USA Institute for Global Health, University College London, London, UK Africa Health Research Institute, KwaZulu-Natal, South Africa

Aisa Muya Amref Health Africa, Dar es Salaam, Tanzania Management and Development for Health, Dar es Salaam, Tanzania

Katrina F. Ortblad Department of Global Health, University of Washington, Seattle, USA

Irene Mashasi Management and Development for Health, Dar es Salaam, Tanzania

Peter Dambach Institute of Public Health, University of Heidelberg, Heidelberg, Germany

Nzovu Ulenga Management and Development for Health, Dar es Salaam, Tanzania

Eric Mboggo Management and Development for Health, Dar es Salaam, Tanzania

Catherine E. Oldenburg

Francis I. Proctor Foundation, University of California, San Francisco, USA Department of Ophthalmology, University of California, San Francisco, USA Department of Epidemiology and Biostatistics, University of California, San Francisco, USA

Till W. Bärnighausen Department of Global Health and Population, Harvard T.H. Chan School of Public Health, Boston, USA Institute of Public Health, University of Heidelberg, Heidelberg, Germany Africa Health Research Institute, KwaZulu-Natal, South Africa

Donna Spiegelman

Departments of Epidemiology, Biostatistics, Nutrition, and Global Health and Population, Harvard T.H. Chan School of Public Health, Boston, USA Center for Methods in Implementation and Prevention Science, Yale School of Public Health, New Haven, USA

# **Address for Correspondence**

Dale Barnhart Department of Epidemiology 677 Huntington Avenue Boston, Massachusetts 02115

Phone: 724-504-5476 Email: <u>dab000@mail.harvard.edu</u> Fax: 617-566-7805

# Funding

This study was supported by the National Institutes of Health (R01-AI112339). DAB was supported by the National Institutes of Health (1DP1ES025459). KFO was supported in part by the National Institute of Allergy and Infectious Disease (T32-AI007535). CEO was supported in part by the National Institute on Drug Abuse (T32-DA013911) and the National Institute of Mental Health (R25-MH083620). TB was supported by the Alexander von Humboldt Foundation through the Alexander von Humboldt professor award, which is funded by the German Federal Ministry of Education and Research; the Wellcome Trust; the European Commission; the Clinton Health Access Initiative; and the National Institutes of Health through the National Institute of Child Health and Human Development (R01-HD084233), the National Institute on Aging (P01-AG041710), the National Institute of Allergy and Infectious Diseases (R01-AI124389) and the Fogarty International Center (D43-TW009775).

This is an Accepted Manuscript of an article published by Taylor & Francis in AIDS Care on 12 May 2019, available online:

http://www.tandfonline.com/10.1080/09540121.2019.1612018.

# Structural, interpersonal, psychosocial, and behavioral risk factors for HIV acquisition among female bar workers in Dar es Salaam, Tanzania

In sub-Saharan Africa where sex work is often criminalized and highly stigmatized, female bar workers (FBWs) often serve as informal sex workers. However, little is known about the prevalence of HIV and HIV-related risk factors among FBWs in Dar es Salaam (DSM), Tanzania. Using an adapted Structural HIV Determinants Framework, we identified structural, interpersonal, psychosocial, and behavioral risk factors for HIV acquisition. We compared the prevalence of these risk factors and the prevalence of HIV among a random sample of 66 FBWs from DSM to an age-standardized, representative sample of female DSM-residents using data from the Tanzanian 2016 Demographic and Health and 2011-2012 AIDS Indicator Surveys. We found that, compared to other women in DSM, FBWs had elevated prevalence of all four groups of risk factors, often substantially so. Key risk factors included gender and economic inequalities (structural); sexual violence and challenges negotiating condom use (interpersonal); depression, post-traumatic stress disorder, and low social support (psychosocial); and history of unprotected sex, multiple sex partners, and frequent high alcohol consumption (behavioral). However, the HIV prevalence did not differ between FBWs (7.1%, 95% CI 3.7-13.3%) and survey respondents (7.7%, 95% CI: 5.3-11.1%), perhaps due to FBWs' higher – but still sub-optimal - engagement with HIV prevention strategies including condom use and HIV testing. FBWs' elevated exposure to structural, interpersonal, psychosocial, and behavioral risk factors for HIV acquisition but low HIV prevalence suggests that economic, psychosocial, and biomedical interventions to prevent HIV acquisition among FBWs in DSM are warranted.

Keywords: Tanzania, Female Bar Workers, Sex risk behaviors, HIV prevalence, HIV prevention

# Introduction

Reducing HIV incidence in key populations, (e.g. men who have sex with men, transgender individuals, and female sex workers (FSW) is critical to controlling HIV epidemics (Beyrer et al., 2014). Key populations' vulnerability to HIV stems from both structural and interpersonal risk factors that operate beyond individuals' control (e.g. poverty, stigma, and intimate partner violence) and individual-level psychosocial and behavioral risk factors (e.g. drug use and participation in high-risk sex) (Rhodes et al., 2012; Shannon, Goldenberg, Deering, & Strathdee, 2014). These structural, interpersonal, psychosocial, and behavioral risk factors generate specific HIV prevention and treatment needs among key populations. In Sub-Saharan African countries facing generalized HIV epidemics, these needs are often overlooked, leaving members of key populations vulnerable to HIV acquisition and undermining national efforts to reduce HIV incidence (Djomand, Quaye, & Sullivan, 2014; Mpondo, Gunda, & Kilonzo, 2017).

In Tanzania, one population likely facing elevated HIV risk is female bar workers (FBWs) (Hoffmann et al., 2004; Mgalla and Pool, 1997; Talle, 1995, 1998). . FBWs, also known as barmaids, sell or deliver drinks to customers in commercial bars and, in sub-Saharan Africa (SSA), where formal sex work is often criminalized and stigmatized, often serve as informal sex workers (Harcourt and Donovan, 2005). Although similar to formal FSW in many respects, FBWs typically do not self-identify as sex workers, have fewer sexual partners, necessarily encounter partners in environments with alcohol consumption, and exchange sex for material goods and other benefits, blurring the line between commercial sex work and non-commercial transactional sex (Dambach et al., 2018; Harcourt and Donovan, 2005; Stoebenau, Heise, Wamoyi, & Bobrova, 2016). Tanzanian policy is to prioritize HIV prevention and treatment among FSW and other key populations (Ministry of Health, Community Development, Gender, Elderly and Children [MoHCDGEC] and National AIDS Control Programme [NACP], 2017); however, criminalization of sex work limits the scope and number of HIV prevention and treatment interventions targeted at FSW (Mpondo, et al., 2017). To our knowledge, no HIV programs are currently targeting FBWs. Understanding the specific HIV risk profiles faced by FBWs could inform the development of future HIV prevention and treatment programs that target these potentially vulnerable women.

Previous research indicates that Tanzanian FBWs often engage in behaviors placing them at risk of HIV acquisition, including having multiple sexual partners (Ostermann et al., 2015), having unprotected sex (Ao, Sam, Masenga, Seage, & Kapiga, 2006; Riedner et al., 2003; Rosenheck, Ngilangwa, Manongi, & Kapiga, 2010; Tassiopoulos et al., 2006), and high alcohol consumption (Akarro, 2009; Ao, et al., 2006). FBWs are also exposed to structural and interpersonal risk factors including poverty, gender inequality, and interpersonal violence (Beckham, 2013; Talle, 1995, 1998). HIV prevalence among FBWs has been correspondingly high (19-68%) with precise estimates varying by geography, year, and the extent to which FBWs were distinguished from other high-risk groups (Ao, et al., 2006; Kapiga et al., 2002; Mhalu et al., 1987; Mhalu et al., 1991; Riedner, et al., 2003; Vallely et al., 2007). However, with few exceptions (Beckham, 2013; Ostermann, et al., 2015), research on Tanzanian FBWs has been based on data gathered before 2005. In Dar es Salaam (DSM), one of the largest cities in Africa, the most recent estimate of HIV prevalence among FBWs (52%), is from 1991 (Mhalu, et al.), so little is known about the HIV risks currently faced by this population.

In this paper, we use data from a random sample of FBWs working in DSM to describe the structural, interpersonal, psychosocial, and behavioral HIV-related risk factors faced by FBWs. We contextualize these results by comparing FBWs' HIV risk profile and HIV prevalence to an age-standardized, representative sample of women from DSM. By better understanding FBWs' HIV risk profile, we hope to identify strategies to prevent HIV among FBWs.

#### Methods

#### **Participants**

Data on FBWs came from a two-stage cross-sectional study conducted in January 2017. We randomly selected eight bars from a book provided by the Kinondoni District Medical Officer, which listed over all licensed bars in DSM's Kinondoni district. Field workers scheduled interviews with each bar's licensee and explained the study to bar managers and FBWs. After arriving at the bar and obtaining approval from the bar manager, we created a list of all women who were 18 years or older and working as a FBW at the time of study visit. Between 6 and 12 FBWs – depending on the time available at the bar and the length of each interview – were chosen at random from that list to participate in an interview that collected data on socio-demographics and HIVrelated risk factors followed by optional HIV counselling and testing (HCT). Each participant provided written informed consent. To ensure privacy, interviews were conducted in a nearby three-wheel taxi (bajaji) with closed sides. Ethics approval was granted by the Tanzanian National Institute for Medical Research and Harvard T.H. Chan School of Public Health. As the primary aim of the original study was to prove the feasibility of working with barmaids in Dar es Salaam, no formal power calculations were conducted for this study.

Data on our comparison group comes from the Tanzanian 2016 Demographic and Health Survey (TDHS) (MoHCDGEC, Ministry of Health [MoH], National Bureau of Statistics [NBS], Office of the Chief Government Statistician [OCGS], & ICF, 2016) and the Tanzanian 2011-12 AIDS Indicator Survey (TAIS) (Tanzania Commission for AIDS [TACAIDS], Zanzibar AIDS Commission [ZAC], NBS, OCGS, & ICF International, 2013). These cross-sectional surveys were designed to calculate representative statistics for DSM. We compared FBWs to the subpopulation of survey respondents who were female, residing in urban DSM, and, to mirror the age distribution of the FBWs, aged 18-44 (Graubard and Korn, 1996).

### Measures

#### HIV risk factors

Using a version of the Structural HIV Determinants Framework (Shannon, et al., 2014) we identified variables collected among the FBWs that reflected structural, interpersonal, psychosocial, and behavioral risk factors for HIV (Figure 1). Structural risk factors included socioeconomic characteristics, access to reproductive healthcare, and workplace environment. Interpersonal risk factors included exposure to violence and condom negotiation with clients. Psychosocial risk factors included depression, PTSD, social support, and stigmatizing attitudes about HIV/AIDS. Behavioral risk factors included sexual behaviors, HIV testing, and substance use. Whenever possible, we harmonized variables collected among FBWs to those collected in the TDHS, or, if comparable data was unavailable from the TDHS, the TAIS (details in Supplemental Table 1). We defined unmet need for modern contraception, a marker for access to reproductive healthcare, as the proportion of women not using barrier methods, hormonal contraception, Long-Acting Reversible Contraception (LARCs), or sterilization among those who reported sexual activity in the past 12 months and were not pregnant or seeking to become pregnant. Psychosocial risk factors were assessed using the PHQ-9 depression scale with moderate to severe depressive symptoms defined using a cut-off of  $\geq 10$  (Kroenke, Spitzer, & Williams, 2001); the primary care PTSD

screen, which uses a cut off of  $\geq$ 3 (PC-PTSD) (Prins et al., 2003); a version of the Duke-UNC Functional Social Support Questionnaire adapted for Tanzanian women, which uses a cut-off of <3 (Antelman et al., 2001); and an 8-item version of the AIDSrelated stigma scale with scores ranging from 1 (low stigma) to 5 (high stigma) (Kalichman et al., 2005). Questions about unintended pregnancies and, because Tanzania criminalizes induced abortion, pregnancies ending in either a termination or a miscarriage were used as a marker for a history of unprotected sex. We defined binge drinking as consuming  $\geq$ 6 drinks on a single occasion (Bush, Kivlahan, McDonell, Fihn, & Bradley, 1998). Statistics on monthly income were converted into 2016 international dollars.

### Data analysis

We generated descriptive statistics on employment and workplace environment for all FBWs, and calculated additional statistics among FBWs reporting ever participating in bar-based sex work. We calculated proportions for categorical variables and means and standard errors for continuous variables, with standard errors accounting for bar-level clustering using Taylor series linearization (Wolter, 2007).

When comparing FBWs to TDHS or TAIS respondents, we adjusted for the survey design of the TDHS or TAIS and accounted for clustering within either sampling clusters (among TDHS or TAIS respondents) or bars (among FBWs). We used sampling weights provided by the TDHS or TAIS to create a representative comparison group of women in DSM. All FBWs received a weight of one since they were randomly selected from the Kinondoni FBW population. To control for confounding, we directly standardized statistics to the age distribution of the FBWs. We compared FBWs to TDHS or TAIS respondents using Rao-Scott corrected F-statistics for categorical variables and Wald tests for continuous variables. For HIV prevalence, we conducted sensitivity analyses where all and none of the women who declined HCT were HIVpositive. All analyses were conducted in STATA 14.2 (StataCorp. 2015, College Station, TX, USA).

## Results

All 66 FBWs approached to participate in the study agreed. Our comparison groups of non-FBWs consisted of 679 female respondents to the TDHS and 497 female respondents to the TAIS (Figure 2).

### Structural risk factors

FBWs had similar educational attainment and food security to non-FBWs (Table 1). FBWs were more likely to have been born outside of DSM (91% vs. 69%) but not outside of Tanzania. While both groups were equally likely to have living children, FBWs were usually unmarried and four times more likely to be single mothers. Access to reproductive health care was limited in both groups and, although unmet need for modern contraception was greater among non-FBWs (54%) than among FBWs (42%), fewer FBWs had heard of cervical cancer (70% vs. 95%).

Most FBWs had worked as a FBW for less than two years and only 5% planned to continue for over a year (Table 2). FBWs' mean monthly income was \$320. Thirtytwo percent had no previous employment, but others had worked as a street food vendor (*mamalishe*), petty vendor, housemaid, or in other food service positions. Most FBWs believed that at least some FBWs, both within DSM (97%) and within their bar (84%), engaged in bar-based sex work. Half of FBW reported engaging in commercial sex work themselves, and 35% reported engaging in bar-based sex work.

## Interpersonal Risk Factors

FBWs reported experiencing physical abuse as both children (35%) and adults (39%). However, non-FBWs were equally likely to have been physically abused as an adult (Table 3). All FBWs reporting physical abuse at work were abused by clients, rather than managers or other FBWs. FBWs were seven times more likely to have experienced sexual violence than non-FBWs as children (14% vs. 2%), and almost three times more likely as adults (32% vs. 12%).

Among FBWs engaging in bar-based sex work, we observed high concordance between the average number of nightly clients and the average number of nightly clients with whom condoms were used (91%). However, FBWs did not consistently negotiate condom use with their clients. Only 13% always requested that clients use condoms, and 65% of FBWs would agree to forgo condoms in at least some circumstances (Table 4).

#### **Psychosocial risk factors**

Using the PHQ-9, 20% of FBWs screened positive for depressive symptoms and 21% screened positive on the Primary Care PTSD screening tool. Additionally, 58% of FBWs reported low social support on the adapted Duke-UNC Functional Social Support Questionnaire. FBWs reported low levels of stigmatizing attitudes on the AIDS-related stigma scale with an average score of 1.5 (SE=0.05).

## **Behavioral risk factors**

FBWs had the same age of sexual debut, were equally likely to have been pregnant, and had the same age at first pregnancy as non-FBWs. However, they were substantially more likely to have had an unintended pregnancy (52% vs. 34%), significantly more likely to have had a pregnancy end in a termination or miscarriage (46% vs. 22%), and had over twice as many non-commercial sex partners in the last 12 months (Table 5). FBWs consumed alcohol more frequently than non-FBWs, and 32% of FBWs who drank reported binge drinking at least once per month. Only one FBW used drugs other than alcohol in the past 12 months. Despite elevated behavioral risk factors, FBWs reported greater engagement in HIV prevention activities than non-FBWs, including using barrier methods for contraception (59% vs. 33%, Table 1), having ever received an HIV test (97% vs. 85%, Table 5), and having received an HIV test in the past 12 months (72% vs. 48%).

#### HIV prevalence

Among the 56 FBWs participating in HCT, HIV prevalence was 7.1% (95% CI: 3.7-13.3%), which was not significantly different from the age-standardized HIV prevalence of the general population, 7.7% (95% CI: 5.3-11.1%). We would have observed an HIV prevalence of 6.1% if all the FBWs who declined testing were HIVnegative and 21% if all FBWs who declined testing were HIV-positive.

## Discussion

FBWs in DSM tend to be unmarried migrants to DSM. Similar findings have been reported elsewhere in Tanzania (Ao, et al., 2006; Hoffmann, et al., 2004; Kapiga, et al., 2002; Vallely, et al., 2007), suggesting that bar work can provide economic independence to unmarried women living away from their families (Mgalla and Pool, 1997; Talle, 1995). However, the FBWs' in this study reported a short duration of employment and were disinterested in working as a FBW for over a year. Their entry into bar work may reflect the fact that many alternative jobs listed in their employment histories have also been associated with low wages, informal sex work, and elevated HIV risk (Vallely, et al., 2007). Although the FBWs' mean monthly income (\$320) is similar to that of other self-employed female workers in DSM (\$322), it is lower than that of paid female employees in DSM (\$435) and much lower than the mean monthly incomes of self-employed or paid male employees in DSM (\$641 and \$692, respectively) (NBS, 2014). These results suggest unmarried women in DSM lack viable employment opportunities and that economic and gender inequality are important structural risk factors for HIV acquisition among FBWs.

Relative to other women in DSM, FBWs were also exposed to more interpersonal, behavioral, and psychosocial risk factors for HIV acquisition. These risk factors include sexual violence, participation in commercial sex work, a history of unprotected sex, multiple non-commercial sex partners, and frequent heavy alcohol consumption. Although data on psychosocial risk factors was not available from the TAIS or TDHS, the prevalence of depressive symptoms (20%) and PTSD (21%) among FBW is higher than the prevalence of common mental disorders among women living in a nearby DSM demographic surveillance site (3.1%) (Jenkins, Mbatia, Singleton, & White, 2010). However, FBWs are more also engaged with HIV prevention interventions, including condom use and HIV testing, than the general DSM population. Their engagement is underscored by low levels of stigmatizing attitudes about HIV and high participation (85%) in the HCT services offered as part of the study. Engagement with HIV prevention services may explain why, despite facing many risk factors for HIV acquisition, FBWs did not have a higher HIV prevalence than the general population. This engagement with preventative services may also indicate that FBWs are aware of their elevated risk for HIV acquisition, willing to engage in additional preventative strategies to compensate for this risk, and poised to benefit from additional HIV preventative services.

12

The HIV prevalence among the FBWs (7.1%) was much lower than that reported among FBWs working in DSM in 1991 (52%) (Mhalu, et al., 1991) or among FBWs working in transportation corridors and border towns in the early-to-mid 2000s (19-68%) (Ao, et al., 2006; Kapiga, et al., 2002; Riedner, et al., 2003; Vallely, et al., 2007). Even if all the FBWs in this study who declined HCT had been HIV-positive, the prevalence (21%) would have been lower than most previous estimates. This decline in HIV prevalence likely reflects several factors. First, overall HIV prevalence in DSM declined between 2003 (10.9%) and 2017 (4.7%) (MoHCDGEC, MoH, NBS, OCGS, & ICAP, 2017; TACAIDS, NBS, & ORC Macro, 2005). Second, FBWs in DSM may be at lower risk of HIV acquisition than FBWs working in transportation corridors and border towns, who engage with a transient client population and may consequently belong to a broader sexual network with more HIV-positive partners. Third, FBWs and their clients appear to have adopted risk-reduction strategies: while studies from the mid-2000s found that approximately half of FBWs were never using condoms (Ao, et al., 2006; Kapiga, et al., 2002), we found a high concordance between the average number of nightly clients and the average number of nightly clients with whom condoms were used.

The prevalence of HIV among FBWs (7.1%) was also lower than a recent estimate of HIV prevalence among FSWs in DSM (32%) (Vu and Misra, 2018). Relative to Tanzanian FSWs, the FBWs in our study reported fewer commercial partners, less drug and alcohol use, less exposure to physical or sexual violence, and increased HIV testing (Ministry of Health and Social Welfare & NACP, 2014), . Although bar work is sometimes viewed as synonymous with (Talle, 1995) or a gateway to (Ingabire et al., 2012; Mbonye et al., 2012) commercial sex work, these results and the results of others (Hoffmann, et al., 2004; Messersmith et al., 2014) support the idea that FSWs and FBWs are not homogenous groups and may have different HIV prevention and treatment needs.

Although HIV prevalence was lower than expected, FBWs are still a key population for HIV prevention. First, FBWs' short employment duration could obscure high HIV incidence in this population. Second, FBWs have multiple commercial and non-commercial sex partners, so a large portion of new HIV infections may occur among sexual partners of HIV-positive FBWs. Third, despite FBWs' engagement in HIV prevention services, condom use remains imperfect and appears to depend on the preferences of male clients.

Our findings suggest several opportunities for HIV prevention among FBWs. Structural risk factors of economic and gender inequality could be addressed through political advocacy, economic empowerment, and occupational training. Because many FBWs are single mothers, economic interventions could also include support for childcare and education fees. The high prevalences of binge drinking, depression, PTSD, sexual and physical abuse, and low social support suggest FBWs may also benefit from access to mental health care and other social support. In addition to preventing HIV, these interventions could promote general well-being. Finally, as has been noted elsewhere (Lees et al., 2009), FBWs struggle to negotiate condom use with clients and are strong candidates for HIV prevention strategies over which they can exercise direct control, such as pre-exposure prophylaxis (PrEP). Fifty-four percent of FBWs in this study expressed interest in oral PrEP, suggesting that FBWs may be an ideal population for conducting PrEP demonstration projects (Harling et al., in press). While interventions that simultaneously address multiple levels of risk may be most effective at HIV prevention (Shannon, et al., 2014), the broad scope of possible interventions suggests that government agencies, healthcare workers, non-governmental groups, and FBWs themselves could all contribute to the reduction of risk among FBWs.

Our study also has some limitations. Although the FBWs reflect a random sample drawn from a full enumeration of licensed bars in DSM's Kinondoni district and can be assumed to be representative of FBWs in this region, our small sample size limits our study's power. Additionally, data was self-reported and may suffer from social desirability bias. We sought to minimize this bias by conducting interviews in private and would not expect differential bias across the surveys; however, some findings could be explained if FBWs were more willing to discuss stigmatizing behaviors than survey respondents. Finally, some variables collected among FBWs could not be perfectly harmonized to the TDHS or TAIS. While imperfect, we did manage to make meaningful comparisons for all variables presented and have clearly described possible discrepancies in the supplemental material.

Despite facing many structural, interpersonal, psychological, and behavioral risk factors for HIV acquisition, FBWs working in DSM did not have a significantly higher HIV prevalence than other women in the city. We observed a substantially lower HIV prevalence than seen in previous FBW studies, which may be explained by FBWs' high engagement in HIV prevention as well as the general decline in HIV prevalence in DSM. Despite this encouraging finding, targeted HIV prevention strategies among FBWs, including economic and psychosocial interventions and the provision of PrEP, are still warranted.

# Acknowledgements

We would like to thank the Kinondoni District Medical Officer as well as the bar owners, bar managers and female bar worker participants for their assistance conducting this study.

# **Disclosure statement**

The authors declare that they have no conflict of interest

#### References

- Akarro, R. R. (2009). Some factors associated with condom use among bar maids in Tanzania. *J Biosoc Sci*, 41(1), pp. 125-137. doi:10.1017/S0021932008002897
- Antelman, G., Fawzi, M. C. S., Kaaya, S., Mbwambo, J., Msamanga, G. I., Hunter, D. J., & Fawzi, W. W. (2001). Predictors of HIV-1 serostatus disclosure: a prospective study among HIV-infected pregnant women in Dar es Salaam, Tanzania. *AIDS*, 15, pp. 1865-1874.
- Ao, T. T., Sam, N. E., Masenga, E. J., Seage, G. R., 3rd, & Kapiga, S. H. (2006). Human immunodeficiency virus type 1 among bar and hotel workers in northern Tanzania: the role of alcohol, sexual behavior, and herpes simplex virus type 2. Sex Transm Dis, 33(3), pp. 163-169. doi:10.1097/01.olq.0000187204.57006.b3
- Beckham, S. W. (2013). "Like any other woman?" Pregnancy, motherhood, and HIV among sex workers in southern Tanzania (Ph.D. Johns Hopkins University.
- Beyrer, C., Baral, S. D., Weir, B. W., Curran, J. W., Chaisson, R. E., & Sullivan, P. S. (2014). A call to action for concentrated HIV epidemics. *Curr Opin HIV AIDS*, 9(2), pp. 95-100. doi:10.1097/COH.000000000000043
- Bush, K., Kivlahan, D. R., McDonell, M. B., Fihn, S. D., & Bradley, K. A. (1998). The AUDIT alcohol consumption questions (AUDIT-C): An effective brief screening test for problem drinking. Ambulatory Care Quality Improvement Project (ACQUIP). Alcohol use disorders identification test. *Arch Intern Med*, 158(16), pp. 1789-1795.
- Dambach, P., Mahenge, B., Mashasi, I., Muya, A., Barnhart, D., Bärnighausen, T. W., . . . Harling, G. (2018). Socio-demographic characteristics and risk factors for HIV transmission in female bar workers in Sub-Saharan Africa: a systematic literature review. Manuscript submitted for publication.
- Djomand, G., Quaye, S., & Sullivan, P. S. (2014). HIV epidemic among key populations in west Africa. *Curr Opin HIV AIDS*, 9(5), pp. 506-513. doi:10.1097/COH.0000000000000000
- Graubard, B. I., & Korn, E. L. (1996). Survey inference for subpopulations. Am J Epidemiol, 144(1), pp. 102-106.
- Harcourt, C., & Donovan, B. (2005). The many faces of sex work. *Sex Transm Infect,* 81(3), pp. 201-206. doi:10.1136/sti.2004.012468
- Harling, G., Aisa, M., Ortblad, K. F., Mashasi, I., Dambach, P., Ulenga, N., . . . Spiegelman, D. (in press). HIV risk and Pre-exposure Prophylaxis interest among female bar workers in Dar es Salaam: a cross-sectional survey. *BMJ Open*
- Hoffmann, O., Zaba, B., Wolff, B., Sanga, E., Maboko, L., Mmbando, D., . . .
  Hoelscher, M. (2004). Methodological lessons from a cohort study of high risk women in Tanzania. Sex Transm Infect, 80 Suppl 2, pp. ii69-73. doi:10.1136/sti.2004.011908
- Ingabire, M. C., Mitchell, K., Veldhuijzen, N., Umulisa, M. M., Nyinawabega, J., Kestelyn, E., . . . Pool, R. (2012). Joining and leaving sex work: experiences of women in Kigali, Rwanda. *Cult Health Sex*, 14(9), pp. 1037-1047. doi:10.1080/13691058.2012.713120
- Jenkins, R., Mbatia, J., Singleton, N., & White, B. (2010). Common mental disorders and risk factors in urban Tanzania. *Int J Environ Res Public Health*, 7(6), pp. 2543-2558. doi:10.3390/ijerph7062543

- Kalichman, S. C., Simbayi, L. C., Jooste, S., Toefy, Y., Cain, D., Cherry, C., & Kagee, A. (2005). Development of a brief scale to measure AIDS-related stigma in South Africa. *AIDS Behav*, 9(2), pp. 135-143. doi:10.1007/s10461-005-3895-x
- Kapiga, S. H., Sam, N. E., Shao, J. F., Renjifo, B., Masenga, E. J., Kiwelu, I. E., ... Essex, M. (2002). HIV-1 epidemic among female bar and hotel workers in northern Tanzania: risk factors and opportunities for prevention. *J Acquir Immune Defic Syndr, 29*(4), pp. 409-417. doi:10.1097/00126334-200204010-00013
- Kroenke, K., Spitzer, R. L., & Williams, J. B. W. (2001). The PHQ-9: Validity of a brief depression severity measure. *Journal of General Internal Medicine*, 16(9), pp. 606-613. doi:10.1046/j.1525-1497.2001.016009606.x
- Lees, S., Desmond, N., Allen, C., Bugeke, G., Vallely, A., & Ross, D. (2009). Sexual risk behaviour for women working in recreational venues in Mwanza, Tanzania: Considerations for the acceptability and use of vaginal microbicide gels. *Cult Health Sex, 11*(6), pp. 581-595. doi:10.1080/13691050902721846
- Mbonye, M., Nalukenge, W., Nakamanya, S., Nalusiba, B., King, R., Vandepitte, J., & Seeley, J. (2012). Gender inequity in the lives of women involved in sex work in Kampala, Uganda. *J Int AIDS Soc, 15 Suppl 1*, pp. 1-9. doi:10.7448/IAS.15.3.17365
- Messersmith, L., Beard, J., Agyarko-Poku, T., Longobardi, D., Asafo, M., Corneliess, C., . . Adu-Sarkodie, Y. (2014). *I can decide to use the property I have to make money: HIV vulnerability of bar workers and bar patrons in Kumasi, Ghana*. Operations research among key populations in Ghana. Center for Global Health and Development.
- Mgalla, Z., & Pool, R. (1997). Sexual relationships, condom use and risk perception among female bar workers in north-west Tanzania. *AIDS Care, 9*(4), pp. 407-416. doi:10.1080/713613167
- Mhalu, F., Bredberg-Rådén, U., Mbena, E., Pallangyo, K., Kiango, J., Mbise, R., . . . Biberfeld, G. (1987). Prevalence of HIV infection in healthy subjects and groups of patients in Tanzania. *AIDS*, 1(4), pp. 217-221.
- Mhalu, F., Hirji, K., Ijumba, P., Shao, J., Mbena, E., Mwakagile, D., . . . Bredberg-Raden, U. (1991). A cross-sectional study of a program for HIV infection control among public house workers. *J Acquir Immune Defic Syndr*, 4(3), pp. 290-296.
- Ministry of Health, Community Development, Gender, Elderly and Children (MoHCDGEC) [Tanzania Mainland], Ministry of Health (MoH) [Zanzibar], National Bureau of Statistics (NBS) [Tanzania Mainland], Office of the Chief Government Statistician (OCGS) [Zanzibar], & ICAP. (2017). *Tanzania HIV Impact Survey 2016-2017, Summary Sheet: Preliminary Findings*. MoHCDGEC, MoH, NBS, OCGS, and ICAP. Retrieved from <u>https://phia.icap.columbia.edu/wp-</u> content/uploads/2017/11/Tanzania SummarySheet A4.English.v19.pdf
- Ministry of Health, Community Development, Gender, Elderly and Children (MoHCDGEC) [Tanzania Mainland], Ministry of Health (MoH) [Zanzibar], National Bureau of Statistics (NBS) [Tanzania Mainland], Office of the Chief Government Statistician (OCGS) [Zanzibar], & ICF. (2016). Tanzania Demographic and Health Survey and Malaria Indicator Survey 2015-2016. Dar es Salaam, Tanzania: MoHCDGEC, MoH, NBS, OCGS, and ICF.
- Ministry of Health, Community Development, Gender, Elderly and Children (MoHCDGEC) & National AIDS Control Programme (NACP). (2017). Fourth

*Health Sector HIV and AIDS Strategic Plan (HSHSP IV) 2017-2022* Dar es Salaam: MoHCDGEC & NACP.

- Ministry of Health and Social Welfare, & National AIDS Control Programme (NACP).
  (2014). HIV and STI biological and behavioral survey, 2013: A study of female sex workers in seven regions of Dar es Salaam, Iringa, Mbeya, Mwanza, Shinyanga, Tabora and Mara. Dar es Salaam: Ministry of Health and Social Welfare & NACP.
- Mpondo, B. C. T., Gunda, D. W., & Kilonzo, S. B. (2017). HIV epidemic in Tanzania: the possible role of the key populations. *AIDS Res Treat, 2017*, p 7089150. doi:10.1155/2017/7089150
- National Bureau of Statisitics (NBS) [Tanzania]. (2014). *Tanzania Integrated Labour Force Survey 2014* Dar es Salaam, Tanzania: NBS.
- Ostermann, J., Njau, B., Mtuy, T., Brown, D. S., Muhlbacher, A., & Thielman, N. (2015). One size does not fit all: HIV testing preferences differ among high-risk groups in Northern Tanzania. *AIDS Care*, *27*(5), pp. 595-603. doi:10.1080/09540121.2014.998612
- Prins, A., Oulmette, P., Kimerling, R., Cameron, R. P., Hugelshofer, D. S., Shaw-Hegwer, J., . . . Sheikh, J. I. (2003). The primary care PTSD screen (PD-PTSD): development and operating characteristics. *Primary Care Psychiatry*, 9(1), pp. 9-14.
- Rhodes, T., Wagner, K., Strathdee, S. A., Shannon, K., Davidson, P., & Bourgois, P. (2012). Structural violence and structural vulnerability within the risk environment: theoretical and methodological perspectives for a social epidemiology of HIV risk among injection drug users and sex workers. In P. O'Campo & J. R. Dunn (Eds.), *Rethinking Social Epidemiology: Towards a Science of Change* (pp. 205-230). Dordrecht: Springer.
- Riedner, G., Rusizoka, M., Hoffmann, O., Nichombe, F., Lyamuya, E., Mmbando, D., .
  Grosskurth, H. (2003). Baseline survey of sexually transmitted infections in a cohort of female bar workers in Mbeya Region, Tanzania. *Sex Transm Infect*, 79(5), pp. 382-387. doi:10.1136/sti.79.5.382
- Rosenheck, R., Ngilangwa, D., Manongi, R., & Kapiga, S. (2010). Treatment-seeking behavior for sexually transmitted infections in a high-risk population. *AIDS Care, 22*(11), pp. 1350-1358. doi:10.1080/09540121003758507
- Shannon, K., Goldenberg, S. M., Deering, K. N., & Strathdee, S. A. (2014). HIV infection among female sex workers in concentrated and high prevalence epidemics: why a structural determinants framework is needed. *Curr Opin HIV* AIDS, 9(2), pp. 174-182. doi:10.1097/COH.000000000000042
- Stoebenau, K., Heise, L., Wamoyi, J., & Bobrova, N. (2016). Revisiting the understanding of "transactional sex" in sub-Saharan Africa: A review and synthesis of the literature. *Soc Sci Med*, *168*, pp. 186-197. doi:10.1016/j.socscimed.2016.09.023
- Talle, A. (1995). "Bar Workers at the Border". In K.-I. Klepp, P. M. Biswalo & A. Talle (Eds.), Young People at Risk: Fighting AIDS in Northern Tanzania. Bergen, Norway: Scandanavian University Press.
- Talle, A. (1998). Sex for leisure: Modernity among female bar workers in Tanzania. In S. Abram & J. Waldren (Eds.), Antrhopological Perspectives of Local Development: Knowledge and Sentiments (pp. 36-54): Routledge.
- Tanzania Commission for AIDS (TACAIDS), National Bureau of Statistics (NBS) [Tanzania], & ORC Macro. (2005). *Tanzania HIV/AIDS Indicator Survey 2003-*04 Calverton, Maryland, USA: TACAIDS, NBS, & ORC Macro.

- Tanzania Commission for AIDS (TACAIDS), Zanzibar AIDS Commission (ZAC), National Bureau of Statistics (NBS) [Tanzania], Office of the Chief Government Statistician (OCGS) [Zanzibar], & International, I. (2013). *Tanzania HIV/AIDS* and Malaria Indicator Survey 2011-12 Dar es Salaam, Tanzania: TACAIDS, ZAC, NBS, OCGS, & ICF International.
- Tassiopoulos, K. K., Seage, G. R., 3rd, Sam, N. E., Ao, T. T., Masenga, E. J., Hughes, M. D., & Kapiga, S. H. (2006). Sexual behavior, psychosocial and knowledge differences between consistent, inconsistent and non-users of condoms: a study of female bar and hotel workers in Moshi, Tanzania. *AIDS Behav*, 10(4), pp. 405-413. doi:10.1007/s10461-006-9112-8
- Vallely, A., Kasindi, S., Hambleton, I. R., Knight, L., Chirwa, T., Balira, R., ... Hayes, R. J. (2007). Microbicides development program, Tanzania: Baseline characteristics of an occupational cohort and reattendance at 3 months. *Sexually Transmitted Diseases, 34*(9), pp. 638-643. doi:10.1097/01.olq.0000258431.18986.f3
- Vu, L., & Misra, K. (2018). High burden of HIV, syphilis and HSV-2 and factors associated with HIV infection among female sex workers in Tanzania: implications for early treatment of HIV and pre-exposure Prophylaxis (PrEP). *AIDS Behav, 22*(4), pp. 1113-1121. doi:10.1007/s10461-017-1992-2
- Wolter, K. (2007). *Introduction to variance estimation* (2nd ed.) New York: Springer Science & Business Media.

Table 1: Age distribution and structural risk factors for HIV acquisition among Female Bar Workers (FBWs) compared to respondents of the Tanzanian Demographic Health Survey (TDHS) or AIDS Indicator Survey (TAIS). All variables except age are standardized to the age distribution of the FBWs.

	FBWs (N=66)	TDHS (N=679) or TAIS (N=497) Respondents	p-value
AGE <sup>1</sup>			0.11
15-19	3%	12%	
20-24	35%	23%	
25-29	35%	20%	
30-34	17%	18%	
35-39	5%	17%	
40-44	6%	10%	
SOCIOECONOMIC CHARACTERISTIC	-	10/0	
Educational Attainment			0.13
No education	2%	3%	
Incomplete primary	6%	5%	
Complete primary	42%	46%	
Incomplete secondary	23%	7%	
Complete secondary	27%	33%	
Higher Education	0%	6%	
Migrant to DSM <sup>2</sup>	91%	69%	0.001
Migrant to Tanzania <sup>2</sup>	2%	2%	0.96
Difficulty meeting household food needs			
Never	62%	70%	0.14
Seldom	24%	16%	
Sometimes	12%	7%	
Often	2%	6%	
Always	0%	1%	
HOUSEHOLD STRUCTURE			
Marital Status			< 0.001
Never married	68%	27%	
Currently Married/cohabitating	12%	60%	
Separated/Divorced/Widowed	20%	13%	
Have any children	70%	72%	0.71
Single mother	64%	17%	< 0.001
ACCESS TO REPRODUCTIVE HEALTH	<b>CARE</b>		
Unmet need for modern contraception <sup>3</sup>	42%	54%	0.04
Barrier Method <sup>4</sup>	59%	33%	0.01
Combined hormonal contraception <sup>4</sup>	9%	16%	0.43
LARC Method <sup>4</sup>	47%	43%	0.66
Heard of cervical cancer <sup>2, 5</sup>	70%	95%	< 0.001
<sup>1</sup> Not age-standardized; <sup>2</sup> See appendix for deta barrier, combined hormonal contraception, or activity in the past 12mo. & not pregnant or se	ils on harmoniza LARC methods	tion; <sup>3</sup> Proportion no among those reporti	t using ng sexual
whose need for contraception was met; <sup>5</sup> Data			

Table 2. Workplace environment among Female Bar Workers (FBWs)

(N=66).

	% or
	mean <u>(SE)</u>
Length of employment as FBW	
<1 year	35%
1-2 years	26%
3-5 years	20%
$\geq$ 5 years	20%
Number of bars worked at	
1	39%
2	32%
$\geq 3$	29%
Plan to work as FBW for >1 year	5%
Previous employment	
None	32%
Street food vendor	11%
Other food service	17%
Petty vendor	18%
Housemaid	8%
Other	15%
Monthly income (2016 International Dollars)	320 (31)
Believe FBWs in DSM have sex with patrons	97%
Believe FBWs at this bar have sex with patrons	84%
Ever engaged in commercial sex work	50%
Ever engaged in bar-based sex work	35%

Table 3. Exposure to violence among Female Bar Workers (FBWs) compared to respondents of the Tanzanian Demographic Health Survey (TDHS). All variables are standardized to the age distribution of the FBWs and are reported as % or mean (SE).

	FBWs (N=66)	TDHS Respondents (N=679)	p-value
Physically abused age <15	35%		<b>P</b> ( <b>1</b> -1-1-1
Physically abused age $\geq 15$	39%	32%	0.59
Identity of physical abuser <sup>1</sup>			
Non-client Partner	38%	74%	0.0003
Parent	31%	16%	0.10
Sibling	8%	6%	0.70
Other relative	8%	1%	0.01
Someone at work	12%	0%	< 0.001
Other	27%	6%	0.07
Sexually abused age <15	14%	2%	< 0.001
Sexually abused, ever	32%	12%	< 0.001
Identity of sexual abuser <sup>2, 3</sup>			
Non-client partner	25%	40%	0.46
Relative	13%	1%	0.02
Male Friend/Acquaintance	44%	31%	0.35
Someone at work	5%	1%	0.29
Other	0%	11%	0.25
<sup>1</sup> Among those reporting physical abuse after age 15; <sup>2</sup> See appendix for details on harmonization; <sup>3</sup> Among those reporting sexual abuse;			

# Table 4. Condom negotiations with bar-based clients among FBWs

reporting bar-based sex work (N=23).

	% or
	<u>mean (SE)</u>
Number of clients per night	2.3 (.2)
Number of clients used condom with per night	2.1 (.1)
FBW requests condom use	
Always	13%
Often	61%
Sometimes	4%
Seldom	13%
Never	9%
Client requests to forgo condom	
Never	13%
Seldom	35%
Sometimes	35%
Often	17%
FBW agrees to forgo condom	
Never	35%
Seldom	35%
Sometimes	22%
Often	4%
Always	4%

Table 5. Exposure to behavioral risk factors for HIV acquisition and HIV prevalence among Female Bar Workers (FBWs) compared to respondents of the Tanzanian Demographic Health Survey (TDHS) or AIDS Indicator Survey (TAIS). All variables are standardized to the age distribution of the FBWs and are reported as % or mean (SE).

	FBWs	TDHS (N=679) or TAIS (N=497)	
	(N=66)	Respondents	p-value
SEXUAL & REPRODUCTIVE BEHAVIOF	RS		
Age at first sex	18 (.3)	18 (.2)	0.23
Ever pregnant	85%	78%	0.27
Age at first pregnancy <sup>1, 2</sup>	20 (.6)	20 (.2)	0.51
Ever unintended pregnancy <sup>1, 2</sup>	52%	34%	0.06
Ever terminated/miscarried pregnancy <sup>1, 2</sup>	46%	22%	< 0.001
Non-commercial sex partners in last 12 mo <sup>1, 3</sup>	2.2 (0.3)	0.9 (0.04)	< 0.001
SUBSTANCE USE			
Alcohol consumption			< 0.001
No alcohol	42%	82%	
Less than weekly	41%	13%	
More than weekly	17%	5%	
Binge drinking $\geq 1$ per month <sup>4</sup>	32%		
Number of drinks in the past 14 days <sup>4</sup>	8.6 (2.8)		
Any drug use in past 12mo.	2%		
HIV TESTING			
Ever received HIV test <sup>3</sup>	97%	85%	0.02
Months Since Last HIV test <sup>3, 5</sup>			0.02
0-<6mo	45%	25%	
6-<12mo	27%	22%	
12-<24mo	9%	17%	
$\geq 24mo$	19%	35%	
Received results of last HIV test <sup>3, 5</sup>	98%	96%	0.37
HIV Prevalence <sup>6</sup>	7.1%	7.7%	0.98
<sup>1</sup> See appendix for details on harmonization; <sup>2</sup> Calculated among ever pregnant women;			
<sup>3</sup> Data comes from TAIS 2012; <sup>4</sup> Among those who consume alcohol; <sup>5</sup> Among those ever			
receiving an HIV test; <sup>6</sup> Among those consenting to HIV testing			

Variable	Construction in the TDHS/TAIS	Construction among FBWs
	DHS respondents were considered	FBW were considered
Migrant to	migrants to DSM unless the	migrants to DSM if they
DSM	respondent reported having always	reported being born elsewhere.
	lived in the same city.	
	DHS respondents were considered	FBW were considered
Migrant to	migrants to TZ if they reported	migrants to TZ if they reported
Tanzania	having lived outside of TZ before	being born elsewhere.
	moving to DSM.	
	DHS respondents were considered	FBWs directly reported if they
Ever pregnant	"ever pregnant" if they report at least	had ever been pregnant
Ever pregnam	one living child, termination, or	
	miscarriage, or current pregnancy.	
Age at first	DHS respondents reported age of first	FBWs reported age of first
pregnancy	birth.	pregnancy
Ever	Asked only among TDHS	Asked of all women reporting
undesired	respondents who were currently	a pregnancy
pregnancy	pregnant or had been pregnant since	
pregnancy	2010.	
	The TAIS does not distinguish	FBWs reported number of
	between commercial and non-	partners excluding those who
Non-	commercial partners. However, as no	paid to have sex.
commercial	TAIS respondents in the sample	
sex partners	reported more than 4 sexual partners	
in last 12mo	in the past 12 months, we assumed	
	that all reported partners were non-	
	commercial	
Heard of	Respondents to the TDHS were	Respondents to the
cervical	provided with a description of	TDHS were not provided with
cancer	cervical cancer	a description of cervical cancer
Identity of	DHS respondents were asked to	FBWs were asked to report the
sexual abuser	report the identity of their first sexual	identity of any sexual abusers
	abuser	

# Supplemental Table 1: Comments on variable harmonization

Figure 1. Structural HIV Determinants Framework adapted from Shannon et al. (2014)

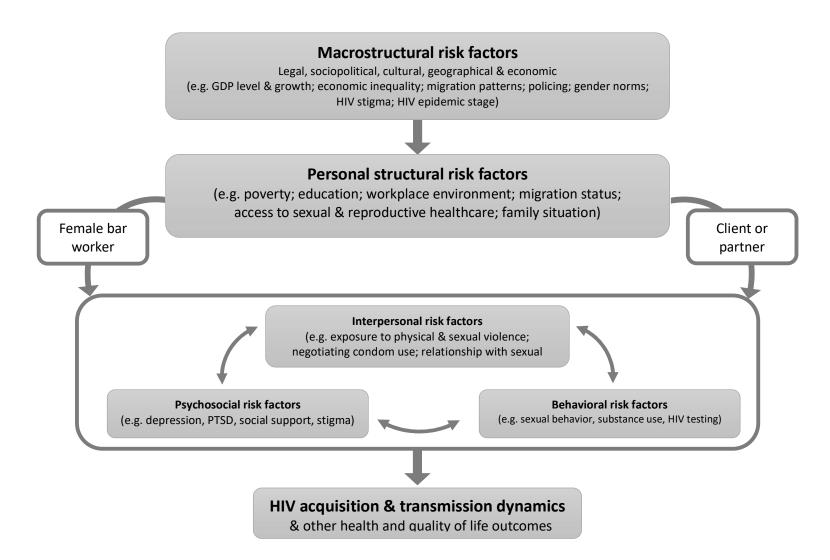


Figure 2. Flow chart describing analytic subpopulations of Female Bar Workers (FBWs), Tanzania Demographic and Health Survey (TDHS) respondents, and Tanzania AIDS Indicator Survey (TAIS) respondents

