1	Alpha-motoneurons maintain biophysical heterogeneity in obesity and diabetes in Zucker rats.
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29 ABSTRACT

30 Small diameter sensory dysfunction resulting from diabetes has received much attention in the 31 literature, while the impact of diabetes on alpha-motoneurons (MN) has not. In addition to this, the 32 chance of developing insulin resistance and diabetes is increased in obesity. No study has examined the 33 impact of obesity or diabetes on the biophysical properties of MN. Lean Zucker rats and Zucker Diabetic 34 Fatty (ZDF) rats were separated into Lean, Obese (ZDF fed standard chow) and Diabetic (ZDF fed high fat 35 diet that led to diabetes) groups. Glass micropipettes recorded hind-limb motoneuron properties from 36 identified flexor and extensor motoneurons. Motoneurons were separated within their groups based on 37 input conductance, which created high and low input conductance subpopulations for each. A 38 significant shorter (20%) afterhyperpolarization half-decay (AHP1/2) was found in low conductance 39 motoneurons for the diabetic group only, while the AHP1/2 tended to be shorter in the Obese group 40 (19%). Significant positive correlations were found among Rheobase and input conductance for both 41 lean and obese animals. No differences were found between the groups for the afterhyperpolarization 42 amplitude (AHPamp), input conductance (IC), rheobase or any of the rhythmic firing properties 43 (Frequency-Current slope and spike frequency adaptation index). Motoneuron properties continue to 44 be heterogeneous in obese and diabetic animals. Obesity does not seem to influence lumbar motoneurons. Despite the motoneurons resistance to the impact of diabetes, the reduced AHP $\frac{1}{2}$ decay 45 46 and the tendency for a reduction in AHPamp may be the first sign of change to motoneuron function.

47 **NEW & NOTEWORTHY**

48 Knowledge about the impact of obesity and diabetes on the biophysical properties of motoneurons is

- 49 lacking. We found that diabetes reduces the duration of the afterhyperpolarization and that
- 50 motoneuron function is unchanged by obesity. A reduced afterhyperpolarization may impact discharge
- 51 characteristics and may be the first sign of change to motoneuron function.

52 INTRODUCTION

- Health concerns related to obesity and diabetes are growing. In Canada, adults that are overweight or
 obese (BMI greater than 25) constitute 54% of the population (Statistics Canada, 2014). Further to this,
- obesity is associated with increased risk of developing diabetes in persons greater than 18 years of age
- 56 (Millar and Young, 2003). It has been shown by many that diabetes disrupts the normal physiological
- 57 function of small-diameter sensory nerves over time, leading to increased pain and/or loss of sensation
- 58 (see review, Duby et al. 2004). However, there are few studies that have examined how diabetes affects
- alpha-motoneurons (hereafter referred to as motoneuron) in the lumbar spinal cord.
- 60 A properly functioning sensory system seems to be necessary for producing optimal motor output. In a
- 61 spinal transected animal model, with either reduced or eliminated sensory feedback, basic and rhythmic
- 62 lumbar motoneuron properties show less excitability (Button et al. 2008; Beaumont et al. 2004).
- 63 However, when spinal transected rats go through a passive cycling exercise regime, proper spinal
- 64 motoneuron function is restored (Beaumont et al. 2004). Part of this restoration in function may be due
- to the sensory feedback created by the movement of the lower limbs. As such, any change in small
- 66 diameter sensory afferents via diabetes, may impact motoneuron output.
- 67 In humans, studies have shown that motor units from limb muscles in both Type I and II diabetics show
- 68 deficits when compared to non-diabetics. Motor axons were shown to have a decreased conduction
- 69 velocity, while compound muscle action potentials were smaller in amplitude and longer in duration in

70	diabetics (Brown and Feasby, 1974; Hansen and Ballantyne, 1977). In addition, motor unit number
71	estimates showed estimated decreases in the thenar and extensor digitorum brevis muscles of adult
72	diabetics (Brown and Feasby, 1974); a finding that has been confirmed in additional muscles in adults
73	(Hansen and Ballantyne, 1977; Allen et al. 2013;) and type I diabetic children (Toth et al. 2014).
74	Functionally, motor unit firing rates, peak force production and time to fatigue parameters were
75	reduced in human Type I diabetics (Almeida et al., 2008); while in type II diabetics, both motor unit firing
76	rate and the stability of the force signal was reduced during isometric contraction (Watanabe et al.
77	2013). Finally, a redistribution of muscle fiber type to a fast-twitch phenotype has been shown to occur
78	as a result of diabetes (Oberbach et al. 2006).
79	In Type I diabetic rodent models, similar changes in the neuromuscular system have been found.
80	Following streptozotocin (STZ) injection (Type I diabetes model), mice showed a decrease in motor unit
81	number estimates, increased single motor unit potentials (Souayah et al. 2009), decreased motor axonal
82	conduction velocity, and reduced compound muscle action potential (CMAP) amplitude (Ramji et al.
83	2007). In addition, neuromuscular junction numbers were reduced by 60% (Ramji et al. 2007) and
84	miniature endplate current amplitudes and acetylcholine quantal release were reduced in response to 1-
85	Hz nerve stimulation (Souayah et al. 2009). In Type II diabetic rodents, the Zucker Diabetic Fatty rat
86	(ZDF) model suffers from slowed motor nerve (Coppey et al., 2002) and sensory nerve conduction
87	velocity, as well as decreased CMAP and sensory nerve action potential amplitudes (Russell et al. 2008).
88	While Type I myosin heavy chain (MHC) content decreases, fast Type II MHC content increases (Kim et
89	al. 2015). Finally, changes to thermal and mechanical nociception occur (Sugimoto et al., 2008).
90	At the spinal motoneuron and motor nuclei level, available literature suggests that diabetes may impact
91	motor nuclei size and number. Dorfman et al., (2004) found a decrease in spinal nuclei volume and a
92	shift towards smaller nuclei area in the bulbocavernosuous motor nucleus of induced diabetic rats (4

93 weeks post STZ). However, Ramji et al. (2007) found no difference in either the number or 94 morphological characteristic of motor nuclei in the lumbar spinal cord of mice (8 months post STZ) but 95 did find an increase in cellular markers of neuronal stress and protection. In addition, Muramatsu et al., 96 (2011) found that both size and number of presumed gamma-motoneurons were reduced (22-weeks 97 post STZ) in rats, but later reported (Muramatsu et al., 2017) that large (presumed alpha) and small 98 motoneurons of the MG nucleus had less cross-sectional area (12 weeks post) and were fewer in 99 number (12 and 24 weeks post STZ). Although slightly variable, the balance of results from the available 100 literature suggests motoneurons are susceptible to the effects of diabetes in a Type I diabetic model. 101 A strong association exists between obesity and insulin resistance that leads to type II diabetes, 102 which is likely mediated by widespread chronic inflammation (Hotamisligil et al. 1993; Hotamisligil,

103 2006). Given the association between obesity and diabetes, any change in motoneuron function may 104 exist along a continuum and therefore be evident in obese non-diabetics. In the ZDF model, decreased 105 oxidative capacity and increase in fast Type II muscle fibers have been found compared to control rats 106 (Acevedo et al., in press). In humans, with regard to obesity and the neuromuscular system, the 107 reported impact of being overweight or obese on motoneuron function is limited to voluntary activation 108 assessed via the twitch interpolation technique and muscular strength. Blimkie et al. (1990) showed 109 voluntary activation in adolescent obese males to be lower during isometric knee extensor contractions 110 compared to age-matched lean adolescents. In contrast, Garcia-Vicencio et al. show that adolescent 111 girls have increased voluntary activation of knee extensors during fatiguing isometric contractions 112 (2015) and during isometric contractions (2016) in both knee extensor and plantar flexor muscle groups. 113 In addition, greater absolute knee extensor strength has been shown in obese adolescent males 114 (Abdelmoula et al., 2012) and females (Garcia-Vicencio et al. 2015) compared to lean individuals, while 115 relative strength has been shown to be higher (Abdelmoula et al., 2012) less (Maffiuletti et al., 2008) or 116 similar (Blimkie et al. 1990) compared to lean adolescents. Relative plantar flexor strength has been

117 evaluated only in females and was recently shown to be greater in obese adolescent girls (Garcia-

118 Vicencio et al. 2016). Although variable, these results may imply that increased body mass may confer

a neuromuscular overload effect consistent with changes seen in the neuromuscular system as a result

120 of increased activity in an animal model (wheel and treadmill running; Beaumont and Gardiner, 2002;

121 2003).

122 Healthy motoneurons have distinct heterogeneous properties that operate over a continuum and relate 123 to the type of muscle fiber innervated. For example, motoneuron afterhyperpolarization amplitude and 124 duration are greater, rheobase current is less, and input resistance is larger in motoneurons that 125 innervate slow twitch muscle fibers compared to those that innervate fast twitch muscle fibers (Eccles et 126 al. 1958; Gardiner and Kernell, 1990; Zengel et al. 1985; Fleschman et al. 1981). Motoneuron 127 biophysical properties are also not static and respond to exercise (Beaumont and Gardiner, 2002, 2003; 128 Beaumont et al. 2004; MacDonell et al., 2012), sedentary activity (Cormery et al. 2005), as well as 129 eliminated descending and afferent input (Button et al., 2008). To our knowledge, no studies have 130 examined the impact of diabetes or obesity on motoneuron biophysical function. The purpose of this 131 investigation was to establish the impact of diabetes and obesity on flexor and extensor lumbar 132 motoneurons in diabetic and obese rats. Given the reported changes in motor units and reduced 133 motoneuron number and area (Muramatsu et al. 2017; Dorfman et al., 2004), altered 134 electrophysiological properties mentioned above should be evident from the sampled motoneuron 135 pool. In addition, with obesity, the extra mass may confer a training overload effect that would 136 translate to changes in motoneuron properties similar to that seen with exercise trained rats (Beaumont 137 and Gardiner, 2002, 2003).

138 **METHODS**

139 Experimental Animals

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Female Zucker Diabetic Fatty (ZDF) and Zucker Lean rats were received from Charles River at six weeks of age. The animals were divided into three groups: 1) Zucker Lean (Lean) group that were fed standard chow, 2) Zucker Obese (Obese) group that were of the ZDF strain but were fed standard chow and 3) Zucker Obese-Diabetic (Diabetic) group that were fed a high fat diet (D12468, Research Diets Inc., NJ, USA) that has been shown to consistently induce a diabetic phenotype (Mulder et al., 2010). Rats were caged in pairs in the Animal Care facility at the University of Manitoba.

147 A subset of animals had their blood glucose tested (Table 1) at the beginning of the experiment, 148 immediately after induction of a surgical plane using a mixture of Isoflurane (5%) and pure oxygen. 149 Following induction, anesthesia was maintained (1-2.5% Isoflurane), and verified by monitoring heart 150 rate and testing bilateral toe-pinch and eye-lash reflexes. Isoflurane delivery occurred until the 151 completion of a precollicular-postmamillary decerebration, after which ventilation of the animal 152 occurred with pure oxygen until the termination of the experiment. The animals had a mean age of 9.2 153 months at the time of data collection. In accordance with the University of Manitoba animal ethics, at 154 the termination of data collection, animals were killed by an IV injection of potassium-chloride and a 155 bilateral pneumothorax. The authors confirm that the present research was carried out in accordance to 156 the animal ethics committee for the University of Manitoba, which met the guidelines set forth by the Canadian Council of Animal Care. 157

158 Surgical Procedures

159 Immediately following the induction of anaesthesia and glucose testing, an IP injection of 160 atropine (0.05 mg·kg⁻¹ atropine within 5% dextrose physiological saline) was administered to minimize 161 airway secretions. Following atropine administration bilateral toe-pinch reflexes were re-assessed to

ensure the animal was in a surgical plane of anaesthesia. The surgical procedures, in order included: 1) 162 163 left tibial (extensor) and peroneal (flexor) nerves exposure for antidromic stimulation, 2) insertion of a tracheal tube for ventilation (Harvard Apparatus, CA; rate: 60-80 strokes min⁻¹; tidal volume range 2.0 to 164 165 2.5 mL), and expired CO₂ monitoring (levels ranged 3-4%; CAPSTAR 100 CO₂ analyzer, CWE Inc., USA); 3) 166 cannulization of the right carotid artery to monitor mean arterial blood pressure (MAP) and provide an 167 infusion port; 4) dexamethasone administration (0.1 mL) via the carotid artery cannula to reduce 168 swelling of the brain; 5) occlusion of left carotid with a suture (2-0) prior to dissection of the back 169 musculature in preparation for a laminectomy (T12 to S1); and 6) laminectomy within a stereotaxic 170 frame. Upon completion of the laminectomy, the dorsal roots were brushed aside, a mineral oil bath 171 was formed and the parietal bones of the skull were exposed and excised to prepare for a precollicular-172 postmamillary decerebration.

173 In an attempt to reduce bleeding, both carotid arteries were previously tied off. The skull was removed 174 bilaterally, leaving the central and inter-parietal sutures intact. This resulted in small oval holes in the 175 skull superior to the zygomatic arches with the inter-parietal suture, the central suture and 2mm rostral 176 of bregma as the borders. The sutures and dura were cauterized to reduce bleeding. Under low suction 177 the cortex was removed in the parietal regions while controlling bleeding with a combination of Surgicel, 178 (Johnson and Johnson USA); Instat, (Johnson and Johnson, USA); Gelfoam, (Pharmacia and Upjohn, 179 USA); and Surgi absorbent swabs, (Kettenbach GmbH and Co., DE). The remaining skull along the central 180 suture was removed and the remaining tissue was aspirated until the superior colliculi and thalamus 181 were exposed. At this point, a pre-collicular cut was made and the hypothalamus, thalamus, and forebrain removed. Absorbable hemostat was applied to control bleeding throughout the procedure. 182 183 Typically, MAP decreased to 50 mmHg during the procedure, but rebounded to 80 mmHG or more 184 within minutes. However, if MAP did not restore due to excessive hemorrhaging, a saline-alginate 185 (0.07%) solution was administered intravenously to expand plasma volume and restore MAP (Cabrales

et al. 2004). Following decerebration, isoflurane delivery was discontinued and the animal ventilated
with pure oxygen for data collection. To eliminate movement of the animal from antidromic
stimulation of the peripheral nerves a neuromuscular junction blocker (Pancuronium bromide, 2mg/mL)
was administered to paralyze the animal and a unilateral pneumothorax helped reduce movement of
the spinal cord related to ventilation. Following the pneumothorax, both tibial and peroneal nerves
were mounted using silver-chloride hook electrodes and the micropipette was positioned along the L3L4 dorsal root.

193 Intracellular Recordings

194 Glass micropipettes (1.0 mm thin-walled, World Precision Instruments, USA) were formed with a 1-2 μ m 195 diameter (resistance 7 – 12 M Ω ; Kopf Vertical Pipette Puller, David Kopf Instruments, USA) and filled 196 with a two-molar solution of K+ Citrate. The use of bilateral flexor (peroneal) and extensor (tibial) silver-197 chloride hook electrodes allowed for peripheral nerve stimulation to identify spinal motoneurons 198 antidromically. Stimulation of the peroneal and tibial nerves occurred at a frequency of 2 - 3 Hz (0.1-0.2 199 mA for 0.1 ms) whereby the field potentials produced were monitored continuously during micropipette 200 advancement through the spinal cord. Intracellular motoneuron records were collected at 20 KHz by an 201 Axoclamp intracellular amplifier system (Axoclamp 2B, Axon Instruments Inc., USA) used either in bridge 202 or discontinuous current-clamp mode (DCC; 3-10 kHz switching), with capacitance maximally 203 compensated. Evidence of successful motoneuron impalement included a sudden increase in 204 membrane potential to at least 50 mV, an antidromic action potential (AP) spike amplitude greater than 205 55 mV with a positive overshoot and a reproducible latency of less than 2.5 ms from the stimulation 206 artifact. Upon completion of data collection from a motoneuron, confirmation of the resting membrane 207 potential occurred by backing the micropipette out of the cell using steps of five-µm.

208 Intracellular Data

209 The following intracellular data were collected in DCC mode (3-8 kHz) from antidromically identified hindlimb motoneurons: 1) rheobase, defined as the current amplitude of a 50-ms depolarizing 210 211 pulse that caused an action potential 50% of the time; 2) input conductance, defined as the reciprocal of 212 the motoneuron input resistance calculated from the average membrane response to 25 or more 150-213 ms 1-nA hyperpolarizing current pulses, 3) the discharge response to a ten-second triangular 214 depolarizing ramp current injection, to calculate the frequency-current (F/I) slope to slow input; 4) a 215 series of 500-ms depolarizing current pulse injections to calculate the F/I slope to a fast input and 5) an adaptation index from the F/I slope calculated from the reciprocal of the averaged last 3 ISI to the first 216 217 ISI (see below). In addition, resting membrane potential was measured before a short 0.5 ms 218 intracellular depolarizing pulse in bridge mode. An average of at least 30 of the resulting action 219 potentials, the afterhyperpolarization (AHP) amplitude (AHPamp), AHP half-decay ($AHP_{1/2}$), spike height, and spike duration were measured. Except for the adaptation index and frequency-current slope 220 221 relationship (described below), the groups were subdivided into high and low conductance subpopulations based on the 50th percentile value of each group (Figure 1) Those motoneurons with an 222 IC greater than the 50th percentile were designated as high input conductance motoneurons, while 223 those less than or equal to the 50th percentile were designated as low input conductance motoneurons. 224

225 Frequency-Current Relationship Slope

The slope of the frequency current (F/I) relationship was calculated by applying linear regression to the data obtained from a slow depolarizing triangular (5-s ascending and 5-s descending) intracellular current injection and a fast depolarizing (500-ms) intracellular current injection.

229 *Slow depolarizing triangular current injection (slow F/I)*: The reciprocal of the inter-spike interval from 230 action potentials produced by current injection were plotted against current amplitude to obtain the

231 slow F/I relationship, wherefrom the slow F/I slope was calculated.

500-ms depolarizing current injection (fast F/I): A series of increasing amplitude 500-ms depolarizing
current steps were delivered (0.3 Hz) until the motoneuron failed to discharge the entire 500-ms epoch.
The reciprocal of the first inter-spike interval produced from each current step (with exception of the
step where discharge failed) was plotted against the current amplitude to obtain the F/I relationship,
wherefrom the fast F/I slope was calculated.

237 Spike Frequency Adaptation Index

Spike frequency adaptation (SFA) is the time dependent decrease in discharge rate during a constant depolarizing current injection (Granit et al. 1965). SFA was assessed by creating an index of the F/I slopes calculated from the initial firing frequency and steady-state firing frequency of the action potentials collected during a series of 500-ms depolarizing current injections. The initial firing frequency comprised the first two spikes (Initial), while the steady-state firing frequency (SSFF) contained the last four spikes. As done previously (MacDonell et al., 2012), the ratio of the SSFF F/I slope to the Initial F/I slope yielded the SFA adaptation index (AI).

245 *Statistics*

All statistical tests were computed in MATLAB (R2013a, Mathworks Inc., MA) and figures were created with Origin (version 7, OriginLab Corp., MA). The first step in statistical analysis was to determine whether the dependent variables were distributed normally. For the normality test and subsequent analyses, a p-value of less than or equal to 0.05 determined significance.

The following variables were found to be not normally distributed according to the Kolmogorov-Smirnov normality test: $AHP_{1/2}$, AHPamp, AI, IC, rheobase, fast F/I and slow F/I (p-values < 0.0001). Due to the decision to separate the motoneurons into high and low conductance groups, the Kolmogorov-Smirnov two sample test was used to determine if the distribution of IC values were different between the groups. The Kolmogorov-Smirnov test returned non-significant probability values for each comparison (Lean-Obese, p = 0.184; Lean-Diabetic, p = 0.452; Obese-Diabetic, p = 0.1334). Given the above, non-parametric statistics were chosen to determine if differences existed between Lean, Obese and Diabetic hindlimb motoneuron properties. Kruskal-Wallis analysis of variance (KW-ANOVA) on ranks tested whether the dependent variables (see above) were significantly different between the groups (Lean, Obese and Diabetic) but is limited to one level. Ranksum tests evaluated which groups differed following a significant KW-ANOVA test and were also used to determine significance between two groups. Spearman's Rho (ρ) tested the magnitude and direction of any correlation between variables.

263 Differences between groups for mass and blood glucose levels were tested with parametric tests. 264 Significant differences were tested with separate one way independent ANOVA. Upon finding a 265 significant result, a student's t-test tested for any differences in means between the groups. Since the 266 variances between the groups were unequal, the unequal variance t-test determined the t-critical value. 267 The increase in familywise error rate due to multiple comparisons was not corrected for because it was 268 deemed that avoiding a type II error (failing to reject the null hypothesis when it should have been 269 rejected) was more important than inflating the type I error rate (rejecting the null hypothesis instead of 270 failing to reject the null hypothesis). Data are presented as the median with the interquartile range 271 (IQR) in brackets for non-parametric data and mean (SD) for parametric data.

272 **RESULTS**

273In total, data were collected from 195 hindlimb motoneurons from 50 animals (17 Lean; 17 Obese; 16274Diabetic). Motoneuron properties were collected from both flexor and extensor motoneuron pools. No275significant difference between motoneuron pools was evident. Therefore, flexor and extensor data was276pooled. Average mass and glucose levels for each group are displayed in Table 1. Significant main277effects for mass ($F_{(2,45)} = 3.2$, p < 0.00001) and blood glucose levels ($F_{(2,18)} = 3.5$, p = 0.00013) were found.278For blood glucose, all groups had a significantly different blood glucose level, where Lean (7.3 mmolL⁻¹) <</td>

279 Obese $(10.2 \text{ mmolL}^{-1}) < \text{Diabetic} (20.5 \text{ mmolL}^{-1}) (p < 0.001)$. For mass, Obese (359 g) and Diabetic (367 g) 280 animals had a similar mean mass, but both were heavier than lean (249 g) animals (p < 0.00001).

Figure 1 shows the cumulative distribution of the input conductance for each group, and the 50th percentile cut-off that separated the data into high and low conductance motoneuron groups. Those cells with an IC above the 50th percentile was categorized as high IC cells, while those at or below the 50th percentile was categorized as low IC cells. Table 2 contains median (IQR) biophysical properties for hindlimb motoneurons. Median values for IC, AI, fast F/I, slow F/I, and rheobase were found to be similar, whereas the AHP1/2 was shorter in low conductance cells in diabetic animals compared to control.

288 Figure 2 illustrates the AHP1/2 decay and amplitude for high IC and low IC motoneurons in each of the 289 three groups. The AHPamp and AHP1/2 for high IC cells showed no difference and the AHPamp of low 290 conductance cells tended to be smaller in amplitude (p=0.067). Significant main effects were found for the AHP1/2 ($\chi^2_{(2,76)}$ = 7.73, p = 0.021) in low conductance cells (Figure 3), whereby a longer duration 291 AHP1/2 was found in the Lean (15.35 \pm 6.9) group compared to the Diabetic group (12.3 \pm 3.8; Z = 2.67, 292 p = 0.0076). The AHP1/2 of the Obese (12.5 ± 8) group tended to be shorter than the lean group (p = 293 294 0.065), but did not differ from the Diabetic group. When motoneurons are separated into low IC and 295 high IC regardless of experimental group, the low IC group had a greater AHPamp ($1.7 \text{ mV} \pm 3.1 \text{ vs} 1.2$ 296 mV \pm 0.55; p = 0.018) and AHP1/2 durations (15.3 ms \pm 6.9 vs 12.2 \pm 2.8; p = 0.0009) than those of high 297 input conductance cells.

298 Moderate positive correlations (Figure 4) between IC and rheobase were found for Lean (ρ = 0.65, p < 299 0.00001), Obese (ρ = 0.46, p = 0.003) and Diabetic (ρ = 0.51, p = 0.0002) animals, indicating that the 300 relationship between excitability and ion conductance was not appreciably altered in the experimental 301 groups. Significant moderate negative correlations were also shown for Lean (ρ = -0.51, p = 0.00001) and 302 Obese ($\rho = -0.39$, p = 0.0109) animals for the relationship between AHP1/2 and IC, while Diabetic ($\rho = -$ 303 0.14, p = 0.3257) animals showed no correlation between AHP1/2 and IC (Figure 5). Diabetic animals 304 seem to lack the same number of long duration AHP1/2, compared to that seen in the Lean and Obese 305 animals, despite having a similar range of IC.

306 **DISCUSSION**

307 This investigation is the first to report on biophysical motoneuron properties in diabetic and obese 308 animals. The main finding of this investigation is spinal lumbar motoneurons are not appreciably 309 impacted by diabetes or obesity, showing that motoneurons maintain their biophysical heterogeneity. A 310 decrease in the half-decay duration of the afterhyperpolarization in diabetic animals was the only 311 difference found among the animals and is discussed below. The finding that all other properties 312 measured were similar across groups suggests that changes in motor unit physiology are not necessarily 313 due to a widespread change in function of motoneurons, at least at the level of the lumbar spinal cord. 314 These finding do not preclude changes to motoneuron morphology but does indicate that most 315 electrophysiological parameters remain intact in the Zucker Type II diabetes model. As for obese rats, 316 motoneurons were not impacted by increased body mass. 317 Afterhyperpolarization 318 This investigation found the afterhyperpolarization half-decay to be reduced in Diabetic rats (3-ms

median reduction) and a tendency for the amplitude to be reduced in Diabetic animals (0.6 mV median reduction). When the motoneuron is driven to fire action potentials via depolarizing current injections, the AHP duration is correlated to the cells minimum rate of discharge (Kernell, 1965) and to the type (fast or slow) of motoneuron (Eccles et al. 1958; Gardiner 1993). When the motoneuron is driven to fire by way of mesencephalic locomotor region stimulation, the AHP is largely reduced (cats and rats) and motoneuron firing is more variable (Brownstone et al. 1992; MacDonell e al. 2015). These two scenarios, discharge during quiescence and discharge during motor output, represent two highly different states of synaptic drive but the average discharge rate between the two scenarios has been found to be similar (Brownstone et al. 1992), suggesting that the AHP may not govern discharge during motor behaviour. The faster AHP1/2 in diabetic motoneurons found herein, may represent a transition to more excitable state. This could allow for faster motoneuron discharge at lower levels of drive (a reduced AHP is known to increase the gain of the motoneuron; Lape and Nistri, 2000; Miles et al. 2007) and impact the ability of the motoneuron to maintain low rates of firing during fine motor movements/ low synaptic drive.

333 Another possibility is that muscle remodelling influenced the afterhyperpolarization duration of the 334 innervated muscle unit. While fiber-type distribution was not measured in this study, a shift in fiber 335 type distribution in human and animals has been shown. Humans with non-insulin dependent type II 336 diabetes show increased Type IIx muscle fibers and decreased Type I muscle fibers compared to control 337 (Marin et al., 1994; Oberbach et al., 2006). In both ZDF (Kim et al. 2015) and STZ rats (Snow et al. 2005), 338 increases in Type II MHC (associated with fast type muscle fibers) and decreases in the Type I MHC 339 (associated with slow type muscle fibers) compared to control rats have been shown to occur by 12 340 (STZ) and 13 weeks (ZDF). Finally, Russell et al. (2008) showed decreased sensory nerve conduction 341 velocities, CMAP amplitudes and sensory nerve synaptic potential amplitudes following 10 weeks of 342 hyperglycemia. Muscle and sensory changes documented above, all occurred before the mean age 343 (36.8 weeks) of the ZDF rat used in the current study.

If there were a similar re-organization of fiber type in the diabetic animals, motoneurons may have adapted to the change in phenotype due to the speed-match that exists between motoneurons and the muscle fibers they innervate (Gardiner and Kernell, 1990; MacDonell et al. 2008). A retrograde influence of muscle on motoneuron AHP following muscle denervation/reinnervation has been demonstrated (Foehring and Munson, 1990). In these experiments, Foehring and Munson (1990) cross-innervated the medial gastrocnemius and soleus nerves. The electrical properties of the medial gastrocnemius
motoneuron pool innervating the soleus muscle changed and became more *slow-like*. That is, the AHP
duration and input resistance increased and rheobase decreased. In addition, Cormery et al. (2000)
showed that AHP durations in slow motoneurons are shorter in rats after four weeks of tetrodotoxin
induced hindlimb paralysis. A change in muscle phenotype, therefore, may explain the change in AHP,
if a change in fiber type distribution occurred.

We used the input conductance 50th percentile value to separate the groups into high and low input 355 356 conductance subpopulations. This was done to ensure a change in the AHP parameters was not missed, 357 given that the AHP is mutable (Gardiner and Beaumont, 2002; 2003; Cormery et al. 2003). Had we used 358 the AHP ½ duration criteria to separate putative fast and slow motoneuron types used by Gardiner 359 (1993), any change in AHP may have been masked. Since the cumulative distribution of the input 360 conductance between Lean, Obese, and Diabetic groups did not differ (Figure 1.), and input conductance 361 is a robust measure that relates well with motoneuron type (Zengel et al., 1985), it provided a way to 362 compare motoneurons without missing any potential change in AHP parameters.

363 Unchanged motoneuron properties in diabetic animals

In a Type I diabetic animal model, Ramji et al. (2007) showed little change to motoneuron morphology 364 365 or number in the lumbar spinal cord but that the tibialis anterior muscle and NMJ were adversely 366 affected by diabetes. Similarly in a Type I diabetes model, Muramastu et al. (2012) also reported that 367 STZ did not alter alpha-motoneuron numbers but did suggest that gamma motoneurons were lost. 368 However, a follow-up study by the same group (Muramastu et al. 2017) showed evidence for reduced 369 motoneuron numbers in the gastrocnemius motor nuclei at 12 and 24 weeks, with both the smallest and 370 largest motoneurons being reduced in number, demonstrating variability in assessing motoneuron 371 changes in diabetic models. The ZDF rat is an animal model for Type II diabetes. The ZDF rat has been 372 shown to have elevated levels of blood glucose at 8 weeks that continues to increase up to 20 weeks

before plateauing (Sugimoto et al. 2008). In addition, at 16 weeks the ZDF rat developed an increased
sensitivity to thermal nociceptive stimuli and, at 18 weeks, a decreased response to mechanical
nociceptive stimuli occurred (Sugimoto et al. 2008). Other deficits, such as a decreased motor nerve
conduction velocity, decreased endoneural blood flow (Coppey et al., 2002), and, as mentioned above,
changes in muscle phenotype occur as early as 13 weeks in ZDF rats.

378 In relation to this, three reasons may be considered for the lack of widespread difference in the 379 biophysical properties of motoneurons in our study. First, our investigation used a Type II model of 380 diabetes, while the investigations noted above used a Type I model of disease. Second, the change in 381 cross-sectional area and motoneuron number found by Muramastu et al., (2017), although significant, 382 may be too modest to effect biophysical properties. Gardiner (1993) showed that rat motoneurons 383 have a considerable range of properties that include both slow and fast motor units. Given this wide 384 range, the effect of type II diabetes on motoneuron numbers may be too modest to detect and thus a 385 sampling of the available motor pool reveals little difference. Third, the full impact of diabetes on spinal 386 cord motoneurons might not be fully realized until much later. Diabetic neuropathy is polymodal and 387 the progression of diabetic neuropathy includes changes to both peripheral nerve fibers (Dyck et al., 388 1986) and ion channel changes at the DRG (Hong et al., 2004). The progression of neuronal dysfunction 389 in efferent somatic neurons may not be realized at a mean age of 9.2 months. As such, the reduced AHP 390 $\frac{1}{2}$ decay and the tendency for a reduction in AHPamp shown herein may be the first sign of change.

A probability value of 0.05 set the level of significance (i.e. Type I error rate); despite performing multiple comparisons, no adjustment to the probability value was made. As the number of comparisons increase, so does the likelihood of incorrectly rejecting the null hypothesis (false discovery). Given that this is the first report examining motoneuron biophysical properties in obese and diabetic animals, the authors chose a more liberal level of significance. Had we adjusted for the false discovery using the equation described by Hassard and Baker (1986), an adjusted p-value of 0.026 (20 comparisons) would
have been set. In relation to the data presented herein, this would have impacted only the tendency of
the AHP1/2 decay to be different between Obese and Lean groups. Although adjusting the false
discovery rate is an important practice, its use needs to be evaluated with the type of study being
conducted.

401 Lack of change in obese Zucker Rats

To our knowledge, this is the first study to examine the effects of obesity on motoneuron properties. 402 403 We hypothesized that the sampling distribution of electrophysiological properties may be shifted 404 towards those properties consistent with exercised (running) motoneurons (Beaumont and Gardiner, 405 2002, 2003). The only relevant literature known to the authors that examined how the neuromuscular 406 system responds to obesity looked at adolescent boys and girls. These studies suggest that the 407 neuromuscular system adapts to obesity (Garcia-Vicencio et. al., 2015; 2016; Abdelmoula et al. 2012). In 408 this, adolescent boys and girls tend to have increased muscle strength and total muscle activation; 409 although there is discrepancy in the literature (Blimkie et al. 1990; Maffiuletti et al., 2008). Testing 410 whether obesity changed motoneuron properties was important due to the association between obesity 411 and developing Type II diabetes (Hotamisligil, 2006). The lack of a significant results found in this 412 investigation may indicate obesity simply does not confer any benefit/detriment to motoneurons.

413

414 *Conclusion*

Motoneuron properties continue to be heterogeneous in obese and diabetic animals. While obesity did not influence motoneuron properties significantly, a tendency towards an altered AHP existed. Despite the motoneurons overall resilience, for diabetic neurons the reduced AHP ½ decay and the tendency for a reduction in AHPamp shown herein may be the first sign of change to motoneuron function.

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617 Table 1. Zucker rat mass and blood glucose level means (SD). Bold indicates a significant difference
618 from other groups. Data are presented as mean (SD).

Table 2. Motoneuron properties separated by group. Data are presented as the median value and
 interquartile range (IQR) in brackets. Bold indicates significant from Lean p < 0.05. <u>Underline</u> indicates a
 tendency to differ from Lean p < 0.07.

Figure 1. Cumulative Distribution function (CDF) of input conductance for the groups. Input conductance (IC) for Lean (solid line), Obese (dashed line) and Diabetic (dotted line) groups are shown. The 50th percentile is marked by the vertical hatched line. The 50th percentile, indicated above, for each group was used to separate motoneurons into high input conductance (H-IC) and low input conductance (L-IC) cells. Those motoneurons with an IC greater than the 50th percentile were designated as high input conductance motoneurons. No difference existed between the distributions of IC values between each group.

Figure 2. Post-spike afterhyperpolarization (AHP) amplitude and half-decay time. Data were separated into high and low input conductance (IC) categories according to the 50th percentile of the IC for each group (see Figure 1). The AHP ½ decay time (A) and AHP amplitude (B) for the low IC are shown on the left panels, while AHP ½ decay time (C) and AHP amplitude (D) for the high IC category are displayed on the right. Whiskers represent the range of values, the 25th and 75th percentile are indicated by the top and bottom of the box, the median is the horizontal line within the box, while the symbol in the centre indicates the mean. * denotes significant difference from diabetic p = 0.0026.

Figure 3. Post-spike afterhyperpolarization (AHP) comparison between Lean and Diabetic groups.
Magnified AHP tracings representative of the median value from the significantly different (p < 0.007)
Lean (solid line) and Diabetic (dotted line) groups of low conductance cells. The inset shows the full

- 639 action potentials of each group (solid line, Lean; dotted line, Diabetic) generated from a supramaximal
- 640 orthodromic depolarizing pulse (0.5-ms).

641 **Figure 4. Rheobase versus input conductance according to groups.** Rheobase as a function of input

- 642 conductance for Lean (open triangle; ρ =0.65, p < 0.00001), Obese (shaded triangle; ρ =0.47, p = 0.0028),
- and Diabetic (square; ρ =0.51, p = 0.000217) groups. Inset shows the lines of best fit for each group.
- Figure 5. Input conductance as a function of the afterhyperpolarization half-decay. Spearman's rank correlation coefficients for Lean (ρ = -0.51, p < 0.0001), Obese (ρ = -0.39, p = 0.01), and Diabetic (ρ = -0.14, n.s.).
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- 648

Table 1.

Measure	Mass (g)	Glucose (mmolL ⁻¹)
Lean	249.2 (24.2)	7.26 (0.9)
Obese	358.6 (70.2)	12.0 (6.4)
Diabetic	367.6 (43.9)	20.5 (4.9)

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651

649

	Lean	Obese	Diabetic
Input Conductance $(10^{-6} S)$	0.48 (0.2); N = 66	0.53 (0.42) N = 43	0.48 (0.28) N = 54
IC-High (10 ⁻⁶ S)	0.56 (0.16) N = 34	0.78 (0.29) N = 20	0.67 (0.18) N = 27
$IC - Low (10^{-6} S)$	0.33 (0.11) N = 32	0.35 (0.16) N = 23	0.39 (0.19) N = 27
Rheobase (mV)	7.2 (7.3) N = 58	7.8 (8.1) N= 40	7.5 (6.6) N = 49
Rheobase – High IC (mV)	10.25(5.8) N = 29	10.7 (5.8) N = 19	8.5 (5.3) N = 25
Rheobase –Low IC (mV)	4.75 (3.0) N = 29	4.5 (6.8) N = 21	5.6 (7.8) N = 24
$AHP_{AMP} - High \ IC \ (mV)$	1.22 (0.55) N = 34	1.25 (0.60) N = 20	1.19 (0.70) N = 26
AHP _{1/2} -High IC (ms)	12.20 (2.8) N = 34	11.3 (2.8) N = 20	12.0 (2.4) N = 26
$AHP_{AMP} - Low IC (mV)$	1.8 (2.8) N = 32	1.5 (1.5) N = 22	1.2 (0.9) N = 25
$AHP_{1/2}$ – Low IC (ms)	15.35 (6.7) N = 32	<u>12.5 (8.0)</u> N = 22	12.3 (3.8) N = 25
Adaptation Index (a.u.)	0.21 (0.25) N = 25	0.15 (0.27) N = 21	0.19 (0.14) N = 27
F/I Fast	One linear range = 9 Two linear ranges = 15	One linear range = 9 Two linear ranges = 15	One linear range = 12 Two linear ranges = 16
F/I Slope (Hz·nA)	29.75 (12.43)	30.12 (24.33)	34.77 (16.35)
$I_{PK}(nA)$	12.87 (10.70)	11.10 (11.00)	14.96 (11.01)
$I_{MN}(nA)$	7.03 (7.04)	9.20 (9.59)	8.26 (11.12)
$Rate_{PK}(Hz)$	246.31 (194.84)	187.34 (200.15)	206.19 (187.34)
$Rate_{MN}(Hz)$	38.74 (56.27)	59.99 (84.22)	56.98 (60.88)
F/I Slow	N = 43	N = 30	N = 40
F/I Slope (Hz·nA)	9.71 (8.15)	11.05 (4.89)	10.38 (6.2)
$I_{PK}(nA)$	10.08 (9.76)	10.5 (8.93)	14.08 (9.14)
$I_{MN}\left(nA ight)$	7.17 (9.72)	7.75 (8.77)	11.28 (9.2)
$Rate_{PK}(Hz)$	48.40 (19.34)	50.53 (29.64)	56.61 (22.30)
$Rate_{MN}(Hz)$	10.87 (13.69)	9.54 (10.9)	9.23 (12.71)

Table	e 1.
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$I_{MN}(nA)$	7.03 (7.04)	9.20 (9.59)	8.26 (11.12)
$Rate_{PK}(Hz)$	246.31 (194.84)	187.34 (200.15)	206.19 (187.34)
$Rate_{MN}(Hz)$	38.74 (56.27)	59.99 (84.22)	56.98 (60.88)
F/I Slow	N = 43	N = 30	N = 40
F/I Slope (Hz·nA)	9.71 (8.15)	11.05 (4.89)	10.38 (6.2)
$I_{PK}(nA)$	10.08 (9.76)	10.5 (8.93)	14.08 (9.14)
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