

Family	Plant Species*	Vernacular name	No. of citations	Information source **	Disease Category***	Origin	Total no. of citations
Asteraceae	<i>Taraxacum officinale</i> (L.) Weber ex F.H.Wigg.	Dandelion	1 1 1	P11O P3O P3O	C D U	Native species	3
Boraginaceae	<i>Symphytum officinale</i> L.	Comfrey	1 1	P9SC P9O	D D	Possibly native or introduced species	2
Polygonaceae	<i>Rumex</i> species	Dock Dock	1 1	P6O P1O	D D	Native species	2
Solanaceae	<i>Solanum tuberosum</i> L.	Potato Potato	1 1	P2O P3LM	R D	Introduced species	2
Poaceae	<i>Triticum</i> species or <i>Avena sativa</i> L. or <i>Hordeum vulgare</i> L.	Bread	1	P2O	U	Possibly native or introduced species	1
Numerous families		Briar	1	P9O	D	Possibility of multiple species	1
Grossulariaceae	<i>Ribes nigrum</i> L.	Blackcurrant	1	P7O	R	Introduced species	1
Gigartinaceae	<i>Chondrus crispus</i> Stackh.	Carrageen	1	P7O	R	Native species	1
Euphorbiaceae	<i>Ricinus communis</i> L.	Castor oil	1	P2O	U	Imported product	1
Apiaceae	<i>Apium graveolens</i> L.	Celery	1	P3LM	M	Native species	1
Caryophyllaceae	<i>Stellaria media</i> (L.) Vill.	Chicken weed	1	P9SC	M	Native species	1
Araliaceae	<i>Hedera helix</i> L. or <i>Hedera hibernica</i> (G.Kirchn.) Carrière	Ivy	1	P11O	D	Native species	1
Rosaceae	<i>Filipendula ulmaria</i> (L.) Maxim.	Meadowsweet	1	P11O	G	Native species	1
Numerous families	(not defined culturally at the level of a botanical species)	Moss	1	P2O	UR	Possibility of multiple species	1
Poaceae	<i>Avena sativa</i> L.	Oatenmeal	1	P9O	D	Possibly native or introduced species	1
Amaryllidaceae	<i>Allium cepa</i> L.	Onion	1	P9O	R	Introduced species and imported food product	1
Rosaceae	<i>Rosa</i> species	Red Rose	1	P11O	E	Native species	1
Saxifragaceae	<i>Saxifraga spathularis</i> Brot.	St. Patricks Cabbage	1	P9SC	D	Native species	1
Amaranthaceae	<i>Beta vulgaris</i> L.	Sugar	1	P7O	R	Imported food product	1
Theaceae	<i>Camellia sinensis</i> (L.) Kuntze	Tea	1	P2O	U	Imported food product	1

*Here we give the most likely botanical species based on the common name of the taxon. Clearly, since these are based on historical documents no authentication is feasible. **P (1-11) = Participant (1-11); O = Oral recollection; SC = Personal contribution in the SC; LM = Personal contribution in the LM

*** C = Circulatory, D = Dermatological, E = Eye, G = Gastrointestinal, I = Infectious Disease, M= Musculoskeletal, N = Nervous system, R = Respiratory,

T = Teeth, U = Unknown or unspecified, UR = Urinary system, V = Veterinary