



Original article

Oral health-related quality of life of children and teens with sickle cell disease



Maria Luiza da Matta Felisberto Fernandes^{a,*}, Ichiro Kawachi^b,
Alexandre Moreira Fernandes^a, Patrícia Corrêa-Faria^a, Saul Martins Paiva^a,
Isabela Almeida Pordeus^a

^a Universidade Federal de Minas Gerais (UFMG), Belo Horizonte, MG, Brazil

^b Harvard School of Public Health, Boston, United States

ARTICLE INFO

Article history:

Received 24 June 2015

Accepted 19 January 2016

Available online 13 February 2016

Keywords:

Sickle cell

Quality of life

Child

Oral health

Malocclusion

ABSTRACT

Background: Children with sickle cell disease may have their quality of life affected by oral alterations. However, there is still little data on oral health-related quality of life in these children. The aim of this study was to investigate the influence of sickle cell disease, socio-economic characteristics, and oral conditions on oral health-related quality of life of children and teens.

Method: One hundred and six children and teens with sickle cell disease were compared to a similar sample of 385 healthy peers. Data were collected through oral examinations, interviews to assess quality of life (Child Perceptions Questionnaire for children aged 8–10 and 11–14) and questionnaires containing questions on socioeconomic status.

Results: There were no statistically significant differences in the total scores of the Child Perceptions Questionnaires or domain scores comparing sickle cell disease patients to control subjects. When sub-scales were compared, oral symptoms and functional limitations had a greater negative impact on the quality of life of adolescents with sickle cell disease (p -value <0.001 and p -value <0.01 , respectively) when compared to healthy controls. The only statistically significant determinants of negative impact on oral health-related quality of life in the overall sample was home overcrowding (more than two people/room) in the younger children's group, and dental malocclusion among teens.

Conclusion: There was no significant difference in the negative impact on the oral health-related quality of life between the group with sickle cell disease and the control group. Of the oral alterations, there was a significant difference in the oral health-related quality of life between adolescents with sickle cell disease and controls only in relation to malocclusion. Among the socioeconomic characteristics, only overcrowding was significantly associated with a negative impact on oral health-related quality of life.

© 2016 Associação Brasileira de Hematologia, Hemoterapia e Terapia Celular. Published by Elsevier Editora Ltda. All rights reserved.

* Corresponding author at: Faculdade de Odontologia, Universidade Federal de Minas Gerais (UFMG), Av. Antônio Carlos, 6627, Campus Universitário, 31270-901 Belo Horizonte, MG, Brazil.

E-mail address: marialuizadamatta@gmail.com (M.L. da Matta Felisberto Fernandes).

<http://dx.doi.org/10.1016/j.bjhh.2016.01.004>

1516-8484/© 2016 Associação Brasileira de Hematologia, Hemoterapia e Terapia Celular. Published by Elsevier Editora Ltda. All rights reserved.

Introduction

Sickle cell disease (SCD) is an inherited autosomal recessive blood disease. The inheritance of one sickle cell gene from each parent (SS) is the most common and the severest form of the disease, affecting around 280,000 newborns per year. This disease, in addition to thalassemia, is responsible for 3.4% of all deaths of children under five years of age.¹ Each year, 3500 children in Brazil are born with SCD.²

Children with SCD are at risk for serious morbidities related to vascular occlusion, hemolysis, and infection, which can impair their quality of life (QoL) and lead to early death. The pathological effects of SCD, seen in mineralized connective tissues, also occur in dental tissues and the oral cavity, usually in late childhood and during adolescence.³ The most commonly described findings in the oral cavity, which are not pathognomonic but may be characteristic of the disease, are pallor of the oral mucosa due to a low hematocrit and depapillated tongue.⁴ There are reports of delayed tooth eruption, hypoplasia and hypomineralization, hypercementosis, pulp stones and asymptomatic pulp necrosis due to thrombosis in the blood vessels.⁵⁻⁷

Individuals with SCD experience a lower QoL compared to healthy peers.^{8,9} Due to the clinical course of the disease, SCD is thought to affect the QoL in multiple dimensions. The most serious organic changes result in emotional and physical stress for children and their families.¹⁰ The frequency of episodes of fever, hospitalizations, and pain can trigger anger and sadness.¹¹ Moreover, lower health-related QoL in children with SCD is associated with a socioeconomic disadvantage,¹² a low level of education and not living with both biological parents.¹³ Religion and spirituality have been identified by individuals with SCD as an important factor in coping with stress and in determining the QoL.¹⁴

QoL may be affected by oral conditions. Oral conditions such as dental caries and malocclusions affect self-esteem, the ability to chew and speak, and may be associated with absenteeism from school and psychological problems.^{15,16} Although there have been studies on the QoL of patients with hematological diseases with regard to their behavioral and psychological impacts, emphasis on oral health has remained relatively underexplored. Only recently, the oral health-related QoL (OHRQoL) of 54 teenagers with SCD was evaluated by an adolescent medicine clinic in Columbus, Ohio, comparing them with adolescents with other chronic diseases. There was no statistically significant difference in the OHRQoL between the two groups.¹⁷

The objective of this study was to investigate the influence of SCD and factors related to the disease, oral conditions, resources and individual characteristics on the OHRQoL of children with this disease.

Methods

Ethical approval

This study received approval from the Ethics Committees of the Fundação de Hematologia e Hemoterapia do Estado de Minas Gerais (Hemominas) and the Universidade Federal de

Minas Gerais (UFMG), Brazil. Written informed consent was obtained from the participants or parents/guardians of the participants of this study. This research was conducted in accordance with the Helsinki Declaration as revised in 2008.

Participants and recruitment

The study was conducted in the city of Belo Horizonte, the capital of the state of Minas Gerais, Southeast Brazil. The study sample was made up of children with SCD, residing in the metropolitan region of Belo Horizonte, aged from 8 to 14 years old, sampled from the patient registry of the referral center, Hemominas. A control group of healthy children and teens was recruited from the same schools attended by the children with SCD. A total of 450 children and adolescents with SCD aged 8-14 years were registered as receiving services from Hemominas in 2012. Among these, 196 children and teenagers resided in the metropolitan region of Belo Horizonte.¹⁸

The sample size was calculated from the expected standard deviations (SDs) of the QoL scales to evaluate the OHRQoL: the Child Perceptions Questionnaire for children aged 8-10 (CPQ₈₋₁₀) (SD=10.7) and 11-14 years (CPQ₁₁₋₁₄) (SD=10.1) investigated in a pilot study. The pilot study was conducted using a random sample of 34 children and 35 teens with SCD registered in Hemominas. The required sample size ($n=51$ children aged 8-10 years, and $n=45$ adolescents aged 11-14 years) was calculated based on the ability to detect a five-point difference in QoL scores on comparing SCD patients to apparently healthy controls, assuming an $\alpha=0.05$ and $\beta=0.10$. The program SPSS version 20.0 was used for all statistical analyses. One hundred and eighty healthy adolescents and 205 healthy younger children who were enrolled at the same schools and in the same classes as those with SCD were selected, and matched by age and gender. The option to match one case to at least every three controls was because healthy controls could be less motivated to participate than individuals in a health-care setting.¹⁹

Eligibility criteria for inclusion in the SCD group were as follows: diagnosis of SCD hemoglobin (Hb) SS in their medical records, not suffering from a painful crisis at the time of the survey, no medical conditions other than SCD, no emergency dental appointment within the previous three months and no intellectual disability. Eligibility of the members of the control group included: no organic, physiological, or psychiatric disorders and no intellectual disability, apparently healthy with no dental appointment within the previous three months.

Calibration exercise

Prior to the fieldwork, the examiner was calibrated and trained in respect to the diagnosis of oral diseases (dental caries and malocclusion). This consisted of two stages. The theoretical stage involved a discussion of the criteria for diagnosis of oral alterations. The second stage involved an oral clinical examination of children and adolescents not included in the study. Participants were examined in two sessions with a nine-day interval between. Data analysis involved the calculation of Kappa coefficients for inter-examiner agreement (malocclusion: $k=0.91$; dental caries: $k=0.92$; gingival bleeding: $k=0.89$) and intra-examiner agreement (malocclusion:

$k = 0.92$; dental caries: $k = 0.92$; gingival bleeding: $k = 0.91$). The test-retest of instruments was also carried out. At this stage, the participants answered the appropriate instrument for age (CPQ₈₋₁₀ or CPQ₁₁₋₁₄) in two sessions at an interval of nine days. The agreement value obtained for both instruments was a Kappa = 0.82.

Clinical oral examination

Dental examinations of patients with SCD were performed at Hemominas and healthy controls were examined in schools. A qualified dentist performed an intra-oral exam on each patient using a disposable mirror, community periodontal index (CPI) probes and gauzes. The World Health Organization (WHO)²⁰ norms were used to evaluate the following: the Decayed, Missing and Filled Teeth index (DMFT), the Dental Aesthetic index (DAI) and the Gingival index. The DAI identifies clinical and aesthetic components and mathematically derives a single score. This score has been found to be significantly associated with the perception of treatment needed by students and parents.²⁰ The research team was made up of one dentist and four trained and certified dental researchers.

Non-clinical examination

Through interviews with parents, information was gathered on socioeconomic aspects, religiosity (never, sometimes, frequently), race (White, Black, other), children living with both parents and medical information (disease severity, age at diagnosis of SCD). The following socioeconomic aspects were evaluated: home overcrowding (number of people/room), years of schooling of the mother and father, house ownership, car ownership, family income (US\$/month).

Oral health-related quality of life instrument

The Brazilian version of the Child Perceptions Questionnaires (CPQ) for children aged 8–10 years (CPQ₈₋₁₀)²¹ and for children aged 11–14 years (CPQ₁₁₋₁₄)²¹ were used to assess the OHRQoL. These questionnaires were translated and validated for the Brazilian population, and proved to have good psychometric properties. The CPQ₈₋₁₀ contains 25 questions²¹ and the short version of the CPQ₁₁₋₁₄²² contains 16 questions. The instruments encompass four health domains: oral symptoms, functional limitations, emotional well-being, and social well-being related to oral health conditions. These are two of the four questionnaires comprising the OHRQoL measures developed by Jokovic et al.²³ All items consider the frequency of events in relation to the condition of the mouth and teeth over the previous three months. The responses to questions were scored on a frequency scale using the following response options and associated codes: 'Never = 0'; 'Once/twice = 1'; 'Sometimes = 2'; 'Often = 3', and 'Everyday/Almost every day = 4'. The questionnaires also contained two single-item global ratings. The CPQ sub-scale scores were calculated by summing responses. The overall CPQ₈₋₁₀ score, which may range from 0 to 100, and the overall CPQ₁₁₋₁₄ score, which may range from 0 to 64, was the sum of

all domain scores. Higher scores translate to a greater negative OHRQoL.

Statistical analysis

Descriptive and univariate analyses were performed separately for the overall sample (SCD and healthy children and adolescents) and only for SCD patients (children and adolescents). The responses to categorical questions by each group were compared using either the Chi-square test or the Fisher's exact test for contingency tables with small cell counts. The nonparametric Mann-Whitney test was used to compare medians of continuous variables between the SCD and control groups. The age, gender and school location, which were recorded at the time of the interview, were controlled in the multivariable linear regression analyses of OHRQoL.

Results

Excellent inter-rater reliability was found for the oral exams: Kappa value = 0.89 (inter-examiner) and Kappa value = 0.92 (intra-examiner). The correlation of responses to interviews was also tested (Kappa value = 0.82). The agreement in the recalibration of clinical exams, which was carried out every two months, consistently achieved a Kappa value ≥ 0.87 .

The response rate was 100% in both case and control groups. In the SCD group, there were 106 participants: 56 children (31 boys and 25 girls) with an average age of 8.9 (SD = 0.87) years and 50 teens (30 boys and 20 girls) with an average age of 12 (SD = 1.08) years. There were 385 individuals in the control group. In this group, there were 205 children (112 boys and 93 girls) with an average age of 8.9 (SD = 0.8) years and 180 adolescents (106 boys and 74 girls) with an average age of 11.9 (SD = 1.0) years.

In the group of children (Table 1), both maternal and paternal educational levels were lower in the SCD group (p -value < 0.001 and < 0.01 respectively). More children with SCD came from homes with no car (p -value < 0.01). Malocclusion (DAI) was worse in children with SCD (p -value < 0.001). However, dental caries (DMFT) were more prevalent in the children in the control group (p -value < 0.05). In the group of children (aged 8–10 years), there were no statistical differences in total scores of the CPQ₈₋₁₀ or domain scores when SCD individuals were compared to control subjects (Table 2).

In the group of teens (Table 3), individuals with SCD were less likely to be living with both biological parents when compared to healthy controls (p -value < 0.001). The family income (US\$/month) was higher in the group of adolescents with SCD (p -value < 0.001). Both maternal and paternal education levels were higher in the group of teenagers with SCD (p -value < 0.001). History of gum bleeding was more frequent in the group of teens with SCD (p -value < 0.001). However, there were no statistically significant differences in total scores of the OHRQoL between healthy and SCD adolescents. When the sub-scales were compared, oral symptoms and functional limitations had a greater negative impact on the QoL of adolescents with SCD (p -value < 0.001 and < 0.01 , respectively) when compared to healthy controls (Table 4).

Table 1 – Descriptive and comparative analysis of individual characteristics, factors related to the disease, resources, oral conditions, and negative impact on oral health-related quality of life between children suffering from sickle cell disease (SCD) and the control group.

	Children SCD (n = 56)	Children control group (n = 205)
Individual characteristics		
Gender – n (%)		
Male	31 (55.3)	112 (54.6)
Female	25 (44.7)	93 (45.4)
Child living with biological parents – n (%)		
No	21 (41.1)	46 (29.0)
Yes	30 (58.9)	113 (71.0)
Factors related to the disease		
Religiosity – n (%)		
No	6 (10.7)	
Sometimes	7 (12.5)	
Frequently	43 (76.8)	
Race – n (%)		
White	9 (16.0)	
Black	19 (34.0)	
Mixed	28 (50.0)	
Age at diagnosis of SCD – n (%)		
<7 months old	52 (95.5)	
7 months – 3 years	3 (5.0)	
Socioeconomic factors		
Home overcrowding – n (%)		
≤2 people/room	32 (57.0)	101 (49.3)
>2 people/room	24 (43.0)	104 (50.7)
Mother's education ^a – n (%)		
≤8 years	44 (86.0)	99 (66.5)
>8 years	7 (14.0)	57 (36.5)
Father's education ^a – n (%)		
≤8 years	35 (83.0)	89 (60.5)
>8 years	7 (17.0)	58 (39.5)
Own house – n (%)		
No	32 (63.0)	100 (62.9)
Yes	19 (37.0)	59 (37.1)
Own car ^a – n (%)		
No	47 (92.0)	117 (73.6)
Yes	4 (8.0)	42 (26.4)
Family income US\$/month – mean (SD)		
	584.4 (245.2)	615.8 (274.7)
Oral conditions		
DMFT/DMFT – mean (SD) ^b		
	1.3 (2.1)	1.8 (2.0)
Decayed – mean (SD)		
	0.9 (1.8)	1.1 (1.5)
Missing – mean (SD)		
	0	0.2 (0.6)
Filled – mean (SD)		
	0.4 (1.2)	0.5 (1.0)
DAI ^c		
	32.2 (10.6)	25.5 (7.4)
Gingival bleeding – n (%)		
No	47 (84.0)	182 (88.8)
Yes	9 (16.0)	23 (11.2)

SD: standard deviation.

^a p-value <0.01.^b p-value <0.05.^c p-value <0.001.**Table 2 – The Child Perceptions Questionnaire subscales for 8 to 10-year-old sickle cell disease (SCD) children and controls (CPQ₈₋₁₀).**

	Maximum score	Children SCD (n = 56) Mean (SD)	Children control group (n = 205) Mean (SD)
Score CPQ ₈₋₁₀	100	14.5 (12)	17.9 (15)
Oral symptoms	20	5.5 (3.6)	5.9 (3.8)
Functional limitation	20	2.8 (3.1)	3.5 (4.7)
Emotional well-being	20	3.3 (4.5)	3.9 (4.7)
Social well-being	40	2.9 (3.6)	4.6 (6.2)

SD: standard deviation.

Tables 5 and 6 show the results of multivariable-adjusted linear regression. Table 5 shows the results of combined analyses of SCD patients and healthy controls. In both younger children and adolescents, a diagnosis of SCD was not associated with a negative impact on OHRQoL. The only statistically significant determinants (*p*-value <0.05) of a negative impact on OHRQoL in the overall sample was home overcrowding (more than two people/room) for the younger children's group, and dental malocclusion (DAI) among teens.

Table 6 presents the findings restricted to SCD patients, stratified by age group. Among the younger children, the only factors that were significantly associated with a negative impact on the OHRQoL were religiosity and race (with Black people having a higher QoL). No clinical factors were associated with a negative impact on the OHRQoL in the group of teens with SCD; the only factor related to a negative impact on the OHRQoL was religiosity, the frequency of church attendance (*p*-value <0.05). Living with both biological parents was marginally associated with a negative impact on the OHRQoL, but in an unexpected direction; children living with only one parent reported higher QoL (*p*-value = 0.056).

Discussion

In this study, an overall negative impact of SCD on the OHRQoL was not found. Clinical dental characteristics such as a history of gingival bleeding and experience with caries did not adversely affect the OHRQoL with the only exception being malocclusion (DAI) among adolescents. The main determinant of the OHRQoL was a socioeconomic factor (home overcrowding).

To the best of our knowledge, there is no reported data about the impact of malocclusion on the OHRQoL in SCD patients. In these patients, bone marrow hyperplasia causes a depression of the nasal bridge, midfacial overgrowth and malocclusion.^{24,25} The craniofacial bone abnormalities can determine the existence of dental malocclusion and the development of abnormalities of the teeth and arches, which cause aesthetic discomfort in the mildest cases and functional disorders or disabilities in the most severe cases.^{5,26,27} Despite the high frequency of craniofacial bone abnormalities and dental malocclusion among SCD patients, there is insufficient evidence to show that this disease is a risk factor for the occurrence of these clinical manifestations.²⁸

Table 3 – Descriptive and comparative analysis of individual characteristics, factors related to the disease, resources, oral conditions, and negative impact on oral health-related quality of life between teenagers suffering from sickle cell disease (SCD) and the control group.

	Teens SCD (n=50)	Teens control-group (n=180)
Individual characteristics		
<i>Gender – n (%)</i>		
Male	30 (60.0)	106 (58.9)
Female	20 (40.0)	74 (41.1)
<i>Child living with biological parents^a – n (%)</i>		
No	30 (73.0)	56 (38.9)
Yes	11 (27.0)	88 (61.1)
Factors related to the disease		
<i>Religiosity (frequent church) – n (%)</i>		
Never	9 (18.0)	
Sometimes	14 (28.0)	
Frequently	27 (54.0)	
<i>Race – n (%)</i>		
White	6 (12.0)	
Black	19 (38.0)	
Mixed	25 (50.0)	
<i>Age at diagnosis of SCD – n (%)</i>		
<7 months old	47 (94.0)	
7 months – 3 years	3 (6.0)	
Socio-economic factors		
<i>Home overcrowding – n (%)</i>		
<2 people/room	25 (64.0)	90 (62.0)
>2 people/room	14 (36.0)	55 (38.0)
<i>Mother's education^a – n (%)</i>		
≤8 years	22 (58.0)	132 (91.7)
>8 years	16 (42.0)	12 (8.3)
<i>Father's education^a – n (%)</i>		
≤8 years	14 (61.0)	120 (83.3)
>8 years	9 (39.0)	24 (16.7)
<i>Own house – n (%)</i>		
No	31 (76.0)	91 (85.9)
Yes	10 (24.0)	53 (41.1)
<i>Own car – n (%)</i>		
No	40 (98.0)	128 (88.9)
Yes	2 (1.0)	18 (11.1)
Family income	1463 (671)	628 (257)
US\$/month		
(mean ± SD) ^a		
Oral conditions		
DMFT/DMFT – mean	1.5 (1.9)	2.1 (2.8)
(SD) ^b		
Decayed – mean (SD)	1.0 (1.4)	1.0 (1.7)
Missing – mean (SD)	0.1 (0.6)	0.2 (0.7)
Filled – mean (SD)	0.4 (0.8)	0.8 (1.7)
DAI	32 (10.3)	29.2 (10.6)
<i>Gingival bleeding^a – n (%)</i>		
No	23 (46.0)	152 (84.4)
Yes	27 (54.0)	28 (15.6)

SD: standard deviation.
^a p-value <0.001.
^b p-value <0.05.

In this study, SCD children and adolescents did not have a more negative overall profile of QoL when compared to the control group. Although this finding is somewhat unexpected, it agrees with previously reported results.¹⁸ The reason given in the previous study was that the control group also

Table 4 – The Child Perceptions Questionnaire subscales for 11 to 14-year-old sickle cell disease (SCD) teens and controls (CPQ₁₁₋₁₄).

Domains – CPQ ₁₁₋₁₄	Total possible score	SCD teens (n=50) Media (SD)	Control teens (n=180) Media (SD)
Oral symptoms	16 ^a	5.38 (3.40)	4.89 (2.82)
Functional limitations	16 ^b	4.68 (3.62)	3.33 (2.96)
Emotional well-being	16	3.22 (3.23)	3.71 (3.95)
Social well-being	16	2.78 (3.49)	2.52 (3.43)
Overall CPQ ₁₁₋₁₄	64	16.06 (11.65)	14.37 (9.73)

SD: standard deviation.
^a p-value <0.001.
^b p-value <0.01.

Table 5 – Beta coefficients of the negative impact on the oral health-related quality of life (OHRQoL) in children and teens with sickle cell disease (SCD) and control group by individual characteristics, factors related to the disease, resources, and oral conditions.

CPQ score (negative impact on OHRQoL) Predictors	Children SCD (n=56) Controls (n=205)		Teens SCD (n=50) Controls (n=205)	
	β	SE	β	SE
<i>Individual characteristics</i>				
Age (in years)	-1.35	1.2	-0.64	0.83
Gender boy (0/1)	0.197	2.03	2.34	1.72
Child living with both biological parents: No-0/Yes-1	-3.36	2.54	2.31	1.94
<i>Factors related to the disease</i>				
SCD (0/1)	-4.80	2.60	-2.41	3.69
<i>Resources</i>				
Family income (US\$/month)	0.004	0.004	0.003	0.89
Home overcrowding (>2 people/room): No/Yes	9.56	2.51 ^a	2.26	1.73
Mother education: >8/≤8 years	-1.33	2.43	-0.156	2.75
Father education: >8/≤8 years	-0.474	2.4	-3.05	2.27
Own house: No/Yes	0.629	2.46	-0.09	1.81
Own car: No/Yes	0.302	2.65	2.61	1.15
<i>Oral conditions</i>				
DAI	0.128	0.148	0.165	0.08*
DMFT	0.133	0.57	0.57	0.04
Gum bleeding: No-0/Yes-1	0.4	2.83	0.88	2.03

CPQ: Child Perceptions Questionnaire; β: beta coefficient; SE: standard error.
^a p-value <0.05.

Table 6 – Beta coefficients of the score with a negative impact on oral health-related quality of life (OHRQoL) in children and teens suffering from sickle cell disease (SCD) by individual characteristics, factors related to the disease, resources, and oral conditions.

Score CPQ (negative impact on OHRQoL) Predictors	Children SCD (n = 56)		Teens SCD (n = 50)	
	β	SE	β	SE
<i>Individual characteristics</i>				
Age (in years)	2.81	1.89	7.88	4.11
Gender boy (0/1)	-1.33	2.86	9.66	7.88
Child living with both biological parents: No/Yes	-2.36	3.45	19.92	7.46
<i>Factors related to the disease</i>				
Religiosity: Never/Sometimes/Frequently	-8.96	3.73 ^a	-21.09	10.78 ^a
Race: White/Mixed/Black	-4.52	2.12 ^a	-4.18	4.37
Age at diagnosis SCD: <7 months old/7 months-3 years	6.59	10.2	1.034	7.03
Disease severity	1.62	0.95	1.192	2.58
<i>Resources</i>				
Family income (US\$/month)	-0.006	0.06	-0.016	0.009
Home overcrowding (>2 people/room): No/Yes	0.941	3.48	16.7	7.43
Mother education: >8/≤8 years	-2.99	5.89	-10.2	10.35
Father education: >8/≤8 years	-4.1	5.83	-15.09	8.86
Own house: No/Yes	-2.2	3.15	-6.99	10.47
Own car: No/yes	-3.37	4.66	7.92	23.47
<i>Oral conditions</i>				
DAI	0.36	0.2	0.048	0.31
DMFT	0.27	0.88	5.049	2.32
Gum bleeding: No/Yes	5.41	4.36	13.99	10.31

CPQ: Child Perceptions Questionnaire; β : beta coefficient; SE: standard error.

^a *p*-value <0.05.

suffered from chronic diseases. In contrast, the control group of this study was composed strictly of apparently healthy children and adolescents. An interpretation of this finding is that children and adolescents with SCD are resilient, and that they adjust psychologically to their condition. Indeed, the main determinants of OHRQoL in this study were background socioeconomic circumstances (home overcrowding), religiosity, and aesthetic concerns (malocclusion) among teens.

Socioeconomic disadvantage impacts QoL by making access to health care more difficult.¹² According to a study conducted with a convenience sample of African-American children with SCD, the OHRQL was correlated to family income.⁹ In contrast, a significant association between socioeconomic variables and OHRQL in children with SCD was not observed in this study. This result may be justified by the

access to medical monitoring, as well as to treatment at the SCD health center. Monitoring and treatment results in better health care and consequently less impact on the OHRQL.

The results show that practicing a religion is protective in maintaining the OHRQoL in both children and adolescents with SCD. Religion and spirituality have been previously reported by individuals with SCD as an important factor in coping with stress and in determining QoL.^{29,30} Involvement in a religion is an important means of individual coping, as well as a means of receiving social support from others.³¹

Comparisons between the findings obtained in this study and other studies need to be viewed with a degree of caution as most of these studies are based on small, convenience samples recruited in clinical settings. Although population-based studies can and have been used to compare the impact of common conditions such as dental decay, malocclusion and gingival bleeding in random samples of children, SCD is not as prevalent and recruitment from the clinics in which they are treated remains the only feasible option. Moreover, this cross-sectional design cannot address the trajectories of QoL over time and across the life course of SCD patients. Further studies with longitudinal follow-up of patients are needed. The use of OHRQoL should be considered an important tool in the clinical practice, and an invaluable guide to assess the psychosocial functioning of young patients affected with SCD.

There was no significant difference in negative impact on OHRQoL between the SCD and control groups. Of the oral alterations, there was a significant difference in the OHRQoL between adolescents with SCD and controls only in relation to malocclusion. Among the socioeconomic characteristics, only overcrowding was significantly associated with the negative impact on OHRQoL.

Funding

This study received support from the National Council for Scientific and Technological Development (CNPq), Ministry of Science and Technology, the State of Minas Gerais Research Foundation (FAPEMIG), Brazil, and the Lemann Institute, Brazil.

Conflicts of interest

The authors declare no conflicts of interest.

Acknowledgment

The authors would like to thank Hemominas.

REFERENCES

1. Hankis J. Toward high quality medical care for sickle cell disease: are we there yet? *J Pediatr.* 2010;86(4):256-8.
2. Brasil, Ministério da Saúde. Manual de Educação em Saúde: auto-cuidado na doença falciforme. Brasília (DF): Ministério da Saúde; 2009. Available from: http://www.saude.rs.gov.br/upload/1337789547_Linha_de_CuidadoDF_Manual_MS.pdf [cited 12.09.14].

3. Razmus TF, Fotos PG. Oral medicine in clinical dentistry: hematologic disorders. *Compendium*. 1987;8(3):214, 216-8, 221-2.
4. Franco BM, Gonçalves JC, Santos CR. Manifestações bucais da anemia falciforme e suas implicações no atendimento odontológico. *Arq Odontol*. 2007;43(3):92-6.
5. Onyeaso CO, da Costa OO. Dental aesthetics assessed against orthodontic treatment complexity and need in Nigerian patients with sickle-cell anemia. *Spec Care Dentist*. 2009;29(6):249-53.
6. Olivieri NF, Pakbaz Z, Vichinsky E. Hb E/beta-thalassaemia: a common and clinically diverse disorder. *Indian J Med Res*. 2011;134(4):522-31.
7. Luna AC, Rodrigues MJ, Menezes VA, Marques KM, Santos FA. Caries prevalence and socioeconomic factors in children with sickle cell anemia. *Braz Oral Res*. 2012;26(1):43-9.
8. Barakat LP, Patterson CA, Daniel LC, Dampier C. Quality of life among adolescents with sickle cell disease: mediation of pain by internalizing symptoms and parenting stress. *Health Qual Life Outcomes*. 2008;6:60.
9. Panepinto JA, Pajewski NM, Foerster LM, Sabnis S, Hoffmann RG. Impact of family income and sickle cell disease on the health-related quality of life of children. *Qual Life Res*. 2009;18(1):5-13.
10. Casey RL, Brown RT. Psychological aspects of hematologic diseases. *Child Adolesc Psychiatr Clin N Am*. 2003;12(3):567-84.
11. Mahdi N, Al-Ola K, Khalek NA, Almawi WY. Depression, anxiety, and stress comorbidities in sickle cell anemia patients with vaso-occlusive crisis. *J Pediatr Hematol Oncol*. 2010;32(5):345-9.
12. Palermo TM, Schwartz L, Drotar D, McGowan K. Parental report of health-related quality of life in children with sickle cell disease. *J Behav Med*. 2002;25(3):269-83.
13. Locker D, Jokovic A, Stephens M, Kenny D, Tompson B, Guyatt G. Family impact of child oral and oro-facial conditions. *Community Dent Oral Epidemiol*. 2002;30(6):438-48.
14. Harrison MO, Edwards CL, Koenig HG, Bosworth HB, Decastro L, Wood M. Religiosity/spirituality and pain in patients with sickle cell disease. *J Nerv Ment Dis*. 2005;193(4):250-7.
15. Peres KG, Cascaes AM, Leão AT, Côrtes MI, Vettore MV. Sociodemographic and clinical aspects of quality of life related to oral health in adolescents. *Rev Saude Publica*. 2013;47(3):19-28.
16. Schuch HS, Dos Santos Costa F, Torriani DD, Demarco FF, Goettens ML. Oral health-related quality of life of schoolchildren: impact of clinical and psychosocial variables. *Int J Paediatr Dent*. 2015;25(5):358-65.
17. Ralstrom E, da Fonseca AM, Rhodes M, Amini H. The impact of sickle cell disease on oral health-related quality of life. *Pediatr Dent*. 2014;36(1):24-8.
18. Hemominas. Plano Diretor Estadual de Sangue e Hemoderivados; 2012. Available from: <http://www.hemominas.mg.gov.br> [cited 12.09.14].
19. Marcos-Pinto R, Diniz-Ribeiro M, Carneiro F, Machado JC, Figueiredo C, Reis CA, et al. First degree relatives and familial aggregation of gastric cancer: who to choose for control in case-control studies? *Fam Cancer*. 2012;11(1):137-43.
20. World Health Organization. Oral Health Surveys: basic methods. 4th ed. Geneva: World Health Organization; 1997. Available from: http://www2.paho.org/hq/dmdocuments/2009/OH_st.Esurv.pdf [cited 12.09.14, Internet].
21. Martins MT, Ferreira FM, Oliveira AC, Paiva SM, Vale MP, Allison PJ, et al. Preliminary validation of the Brazilian version of the Child Perceptions Questionnaire 8-10. *Eur J Paediatr Dent*. 2009;10(3):135-40.
22. Goursand D, Paiva SM, Zarzar PM, Ramos-Jorge ML, Cornacchia GM, Pordeus IA, et al. Cross-cultural adaptation of the Child Perceptions Questionnaire 11-14 (CPQ₁₁₋₁₄) for the Brazilian Portuguese language. *Health Qual Life Outcomes*. 2008;6:2.
23. Jokovic A, Locker D, Stephens M, Kenny D, Tompson B, Guyatt G. Validity and reliability of a questionnaire for measuring child oral-health-related quality of life. *J Dent Res*. 2002;81(7):459-63.
24. Taylor LB, Nowak AJ, Giller RH, Casamassimo PS. Sickle cell anemia: review of the dental concerns and a retrospective study of dental and bony changes. *Spec Care Dentist*. 1995;15(1):38-42.
25. Javed F, Correa FO, Nooh N, Almas K, Romanos GE, Al-Hezaimi K. Orofacial manifestations in patients with sickle cell disease. *Am J Med Sci*. 2013;345(3):234-7.
26. da Costa OO, Kehinde MO, Ibadapo MO. Occlusal features of sickle cell anemia patients in Lagos, Nigeria. *Niger Postgrad Med J*. 2005;12(2):121-4.
27. Souza KC, Damião JJ, Siqueira KS, Santos LC, Santos MR. Acompanhamento nutricional de criança portadora de anemia falciforme na Rede de Atenção Básica de Saúde. *Rev Paul Pediatr*. 2008;26(4):400-4.
28. Costa CP, Carvalho HL, Thomaz EB, Sousa SF. Craniofacial bone abnormalities and malocclusion in individuals with sickle cell anemia: a critical review of the literature. *Rev Bras Hematol Hemoter*. 2012;34(1):60-3.
29. George LK, Larson DB, Koenig HG, McCullough ME. Spirituality and health: what we know, what we need to know. *J Soc Clin Psychol*. 2000;19(1):102-16.
30. McCullough ME, Hoyt WT, Larson DB, Koenig HG, Thoresen C. Religious involvement and mortality: a meta-analytic review. *Health Psychol*. 2000;19(3):211-22.
31. Strawbridge WJ, Shema SJ, Cohen RD, Kaplan GA. Religious attendance increases survival by improving and maintaining good health behaviors and social relationship. *Ann Behav Med*. 2001;23(1):68-74.