Emotional and behavioural problems in children with Developmental Coordination Disorder: Exploring parent and teacher reports

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\textbf{A B S T R A C T}

\textbf{Background:} Although characterised by motor impairments, children with Developmental Coordination Disorder (DCD) also show high rates of psychopathology (anxiety, depression, low self-esteem). Such findings have led to calls for the screening of mental health problems in this group. 

\textbf{Aims:} To investigate patterns and profiles of emotional and behavioural problems in children with and without DCD, using the Strengths and Difficulties Questionnaire (SDQ). 

\textbf{Methods and procedures:} Teachers and parents completed SDQs for 30 children with DCD (7–10 years). Teacher ratings on the SDQ were also obtained from two typically-developing (TD) groups: 35 children matched for chronological age, and 29 younger children (4–7 years) matched by motor ability. 

\textbf{Outcomes and results:} Group and individual analyses compared parent and teacher SDQ scores for children with DCD. Teacher reports showed that children with DCD displayed higher rates of emotional and behavioural problems (overall, and on each subscale of the SDQ) relative to their TD peers. No differences were observed between the two TD groups. Inspection of individual data points highlighted variability in the SDQ scores of the DCD group (across both teacher and parent ratings), with suggestions of elevated hyperactivity but comparably lower levels of conduct problems across this sample. Modest agreement was found between teacher and parent ratings of children with DCD on the SDQ. 

\textbf{Conclusions and implications:} There is a need to monitor levels of emotional and behavioural problems in children with DCD, from multiple informants.

What this paper adds

In this study, we present a detailed investigation of emotional and behavioural problems in children with Developmental Coordination Disorder (DCD), using parent- and/or teacher-report versions of the Strengths and Difficulties Questionnaire (SDQ). We used both group and individual analysis, which enabled us to compare teacher-ratings of children with DCD to typically developing children (those who were matched for age, as well as younger children matched for motor ability), and to each other. Results demonstrated that there was variability in the SDQ scores of DCD children (across both parents and teacher ratings), but also some

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broad patterns; for example, individually, children with DCD tended to show high levels of hyperactivity, but comparably lower levels of conduct problems. For children with DCD, levels of agreement between parent and teacher ratings on the SDQ were modest. This suggests that information on emotional and behavioural problems in DCD should be collected from multiple informants.

1. Introduction

Developmental Coordination Disorder (DCD, sometimes referred to as dyspraxia) affects between 2 and 6% of children (American Psychiatric Association [APA], 2013; Lingam, Hunt, Golding, Jongmans, & Emond, 2009) and is characterised by motor skills that are significantly below age-expectated levels, persisting despite opportunities to acquire and develop these skills. These motor impairments must: have a significant impact on activities of daily living and academic achievement; occur early in development; and not be better accounted for by an alternative explanation (e.g., general medical conditions, intellectual disabilities, visual impairments) (APA, 2013).

There are several reasons why children with DCD may present with emotional and behavioural difficulties. Despite being of average or above average intelligence (APA, 2013; Sumner, Pratt, & Hill, 2016), children with DCD often experience problems with school-related tasks (e.g., handwriting, organising their workload, completing tasks on time) (Zwicker, Missiuna, Harris, & Boyd, 2012). DCD also negatively affects leisure participation (Zwicker et al., 2012), meaning that children may become less likely to engage in group activities with peers (Chen & Cohn, 2003), potentially leading to social isolation and loneliness (Missiuna, Moll, King, Stewart, & MacDonald, 2008; Poulsen, Ziviani, Cuskelly, & Smith, 2007). Further, high rates of psychopathology – including anxiety (Pratt & Hill, 2011) as well as depression and low self-esteem (Lingam et al., 2012; Piek et al., 2007) – have been reported in children with DCD. DCD also commonly co-occurs with other conditions, such as attention-deficit-hyperactivity disorder (ADHD), which is often associated with emotional and behavioural problems (Missiuna et al., 2014).

There have been calls for the screening of mental health problems in children with DCD (Rigoli & Piek, 2016), with the Strengths and Difficulties Questionnaire (Goodman, 1997) being suggested as a suitable tool for assessing possible psychosocial problems; both generally (Goodman, Ford, Simmons, Gatward, & Meltzer, 2000) and in the DCD population (Rigoli & Piek, 2016). Using the parent-report version of the SDQ in a sample of 47 children with DCD, Green, Baird, and Sugden (2006) found that 62% of children with DCD showed ‘clinical’ levels of emotional and behavioural difficulties (13% = ‘borderline’, 15% = ‘normal’). Further, 85% of the sample showed ‘significant’ problems in at least one of the five SDQ subscales (Emotional symptoms, Conduct problems, Hyperactivity, Peer problems, Prosocial behaviours). Using the teacher-report version of the SDQ, Van den Heuvel, Jansen, Reijnveld, Flapper, and Smits-Engelsman (2016) reported children with DCD (n = 23) to have significantly greater emotional and behavioural problems than typically developing (TD) (chronological age matched) children. However, the proportion of children showing ‘clinical’ levels of the Total difficulties scores (36%) was much lower than the 62% reported by Green et al. (2006). Indeed, mean scores across all subscales of the SDQ were lower in Van den Heuvel et al.’s (2016) sample, relative to Green et al.’s (2006) sample. This could be due to Green et al. (2006) recruiting their sample from a clinic, whereas Van den Heuvel et al. (2016) recruited their sample by screening large numbers of children and identifying those with significant motor impairments (from a community-based school sample). Alternatively, it could be due to the studies differing in their use of parent- versus teacher-report, with teachers potentially rating the children’s difficulties as less severe. This may be because teachers are less familiar with each child’s capabilities (relative to the parents), therefore underestimating the child’s difficulties. Or, it could be because teachers have a greater understanding of what typical performance is (due to working with a large range of children) and are, therefore, less likely to overestimate any difficulties. Indeed, a review of the psychometric properties of the SDQ highlighted only modest agreement between parent- and teacher-reported scores on the SDQ (Stone, Otten, Engels, Vermulst, & Janssens, 2010). The aim of the current investigation was to explore emotional and behavioural difficulties using the SDQ in a sample of children with a confirmed clinical diagnosis of DCD. First, we sought to confirm previous reports of high levels of emotional and behavioural difficulties amongst children with DCD by comparing teacher SDQ ratings of children with DCD to two groups of TD children: (1) a group matched by chronological age (hereafter ‘CA’ group); and (2) a group matched based on motor ability (motor-match, hereafter ‘MM’ group). The latter group was comparable to the DCD group in terms of performance on a motor task but was, inevitably, younger than the DCD group. Comparisons between these two groups provide an indication of whether the observed profile of children with DCD reflects a level of immaturity, to some extent. The second aim, focusing on the DCD group only, was to investigate levels of agreement between parent- and teacher-report on the SDQ (unfortunately, we were not able to collect parent-reported SDQ data from the TD children, to also explore this comparison in the CA and MM groups). A meta-analysis comprising 14,811 children between the ages of 3–17 years (from a range of typical and clinical populations), reported correlations between parent and teacher SDQ ratings to be between 0.26 and 0.47 (Stone et al., 2010). As such, only “modest” agreement was predicted in the current study. However, adopting group and individual analyses to explore this research question allowed more detailed analyses than has been undertaken in previous research. Further, it enabled us to explore individual profiles of emotional and behavioural problems across the DCD group.

1 Note: these figures only add up to 90%, as reported in the Green et al. (2006) paper.
Table 1
Demographics of the DCD, CA and MM groups.

<table>
<thead>
<tr>
<th>Group</th>
<th>DCD (n = 30)</th>
<th>CA (n = 35)</th>
<th>MM (n = 29)</th>
<th>Group differences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age in years</td>
<td>8.61 (1.16)</td>
<td>9.12 (.96)</td>
<td>6.19 (.65)</td>
<td>H(2) = 61.29, p &lt; 0.001 DCD = CA &gt; MM</td>
</tr>
<tr>
<td>FSIQ standard score</td>
<td>96.43 (13.14)</td>
<td>110.23 (10.13)</td>
<td>109.34 (11.82)</td>
<td>F(2,91) = 13.48, p &lt; 0.001 MM = CA &gt; DCD</td>
</tr>
<tr>
<td>MABC-2 percentile</td>
<td>3.48 (4.82)</td>
<td>64.80 (22.08)</td>
<td>45.21 (19.73)</td>
<td>H(2) = 66.41, p &lt; 0.001 DCD &lt; MM &lt; CA</td>
</tr>
<tr>
<td>Maternal education</td>
<td>5.14 (1.19)*</td>
<td>4.86 (1.46)</td>
<td>4.86 (1.36)*</td>
<td>F(2,90) = 0.77, p = 0.65</td>
</tr>
<tr>
<td>Paternal education</td>
<td>4.86 (1.55)*</td>
<td>5.18 (1.31)*</td>
<td>4.86 (1.46)</td>
<td>F(2,88) = 1.08, p = 0.60</td>
</tr>
</tbody>
</table>

Note: Parental education was scored based on the education system on a scale from 1 (no qualifications) to 7 (qualified to doctoral level). Scores of 4 and 5 represent further education and degree level status, respectively.

* = one missing data point.

b = two missing data points.

2. Method

2.1. Participants

As part of a broader study exploring the cognitive and behavioural profiles of children with DCD (see Sumner, Hutton, Kuhn, & Hill, 2016; Sumner, Leonard, & Hill, 2016), 30 children with a diagnosis of DCD (21 boys, 9 girls, all aged 7–10 years) were recruited through primary schools, as well as advertisements via a charitable organization (the Dyspraxia Foundation, UK). Prior to taking part in the study (and independent of the research study itself), children had received a diagnosis of DCD from a multi-disciplinary team of clinicians who were external to the research team. The second edition of the Movement Assessment Battery for Children (MABC-2; Henderson, Sugden, & Barnett, 2007) was used to confirm a DCD diagnosis, and all children scored at or below the 16th percentile on this measure. Additionally, on an initially screening questionnaire, parents confirmed that there was no history of additional diagnoses or medical conditions that might explain the child’s motor difficulties.

The CA group comprised 35 children (26 boys, 9 girls, aged 7–10 years), whilst the MM group comprised 29 children (19 boys, 10 girls, aged 4–7 years), all recruited from primary schools in South London. In a screening questionnaire, their parents reported no identified diagnosis of a neurodevelopmental condition, including DCD. The MM group were screened based on the time taken to complete a peg placing task as part of the MABC-2 (in which they had to place 12 pegs into a board as quickly and accurately as possible, using both their preferred and non-preferred hands); as reported in Sumner, Hutton et al. (2016) and Sinani, Sugden, & Hill (2011), who have adopted similar approaches to matching. Raw scores were used for the motor matching process (i.e., number of seconds taken) of children in the MM and DCD groups. After screening peg placing time, all children in the MM group completed a standardised assessment of their fine and gross motor skills to determine age-appropriate motor skills (at or above the 25th percentile on the MABC-2), detailed below. Similarly, all children in the CA group had to score at or above the 25th percentile on the MABC-2. Background characteristics of the groups are presented in Table 1. This included a measure of parental education, which has been used as a measure of socio-economic status in similar studies (Fernald, Marchman, & Weisleder, 2013; LeBarton & Iverson, 2013), and was found to be comparable across the groups.

2.2. Materials

2.2.1. Wechsler intelligence scale for children (WISC-IV) and wechsler preschool and primary scale of intelligence (WPPSI-IV)

The WISC-IV (Wechsler, 2003) and WPPSI-IV (Wechsler, 2012) were used to determine inclusion in the study, which required a Full-Scale IQ (FSIQ) > 70 for all groups. FSIQ calculated from the WISC-IV comprises four indices and ten subtests (items per index shown in brackets): verbal comprehension (3 items), perceptual reasoning (3 items), working memory (2 items), and processing speed (2 items). From the WPPSI-IV, FSIQ is calculated from five indices and 6 subtests: verbal comprehension (2 items), visual spatial (1 item), fluid reasoning (1 item), working memory (1 item) and processing speed (1 item). Participants completed all subtests. The DCD and CA groups completed the WISC-IV, while the younger MM group completed the WPPSI-IV. The psychometric properties of these tests have been established from large, representative samples which confirm good reliability (including internal consistency above 0.88 for the four indices of the WISC-IV, and above 0.89 for the WPPSI-IV indices; and test-retest stability above 0.86 for the WISC-IV, and above 0.84 for the WPPSI-IV).

2.2.2. Movement Assessment Battery for Children (MABC-2)

Children completed the age-appropriate assessments (age band 1: 4–6 years; age band 2: 7–10 years) of the second edition of the MABC-2 (UK norms; Henderson et al., 2007). Each age band comprises three components: manual dexterity (3 items), aiming and catching (2 items), and static and dynamic balance (3 items). Scores from the eight items are summed to provide a total standard score (Mean = 10, SD = 3) and percentile rank. The MABC-2 was used to confirm the diagnostic status of the DCD (i.e., at or below the 16th percentile) and to confirm age-appropriate abilities in both TD (i.e., at or above the 25th percentile) groups. Across studies that have addressed the psychometric properties of the MABC-2, reliability is considered good. Intra class correlations (ICCs) for test-
whether the items are positively or negatively phrased). A question on a three-point scale (‘Certainly True’, ‘Somewhat True’, ‘Not True’) and scores of 0, 1 or 2 are assigned (depending on whether the items are positively or negatively phrased). A ‘Total Difficulties’ score (ranging from 0 to 40) is generated by summing scores from all of the scales except the Prosocial behaviours scale (as this reflects positive behaviours). As well as using SDQ scores as continuous variables, scores can be classified into ‘normal’, ‘borderline’ and ‘clinical’ categories, and risk factors can be determined regarding Emotional disorders, Behavioural disorders and Hyperactive disorders (‘low risk’, ‘medium risk’, and ‘high risk’) (see www.sdqinfo.org). Data from a large, representative sample has confirmed satisfactory reliability (mean Cronbach α = 0.73; mean cross-informant correlation = 0.34; mean retest stability after 4–6 months = 0.62) and validity (as assessed by comparing SDQ scores against independent psychiatric diagnoses) (Goodman, 2001).

2.2.3. Strengths and Difficulties Questionnaire (SDQ)

The SDQ (Goodman, 1997) is a 25-item questionnaire that can be completed by parents or teachers (note: the questions asked are the same in both formats but the opening statement differs very slightly from ‘your child’ to ‘the child’, respectively). It comprises five scales (of five items each): Emotional symptoms (e.g., “Often unhappy, down-hearted or tearful”); Conduct problems (e.g., “Often has temper tantrums or hot tempers”); Hyperactivity (e.g., “Constantly fidgeting or squirming”); Peer problems (e.g., “Rather solitary, tends to play alone”); and Prosocial behaviours (e.g., “Considerate of other people’s feelings”). Ten of the questions are designed to tap the child’s strengths; 14 represent difficulties; and 1 item is neutral. Parents or teachers (depending on the informant) rate each question on a three-point scale (“Certainly True”, “Somewhat True”, “Not True”) and scores of 0, 1 or 2 are assigned (depending on whether the items are positively or negatively phrased). A ‘Total Difficulties’ score (ranging from 0 to 40) is generated by summing scores from all of the scales except the Prosocial behaviours scale (as this reflects positive behaviours). As well as using SDQ scores as continuous variables, scores can be classified into ‘normal’, ‘borderline’ and ‘clinical’ categories, and risk factors can be determined regarding Emotional disorders, Behavioural disorders and Hyperactive disorders (‘low risk’, ‘medium risk’, and ‘high risk’) (see www.sdqinfo.org). Data from a large, representative sample has confirmed satisfactory reliability (mean Cronbach α = 0.73; mean cross-informant correlation = 0.34; mean retest stability after 4–6 months = 0.62) and validity (as assessed by comparing SDQ scores against independent psychiatric diagnoses) (Goodman, 2001).

2.3. Procedure

Ethical approval was obtained from Goldsmiths, University of London. Written informed consent was provided by all schools and parents/carers, while verbal assent was obtained from the children that took part in the study. Children completed the cognitive and motor assessments in two separate sessions either in their school (for the TD groups) or during a visit to the research lab (for the DCD group). They were seen individually in a quiet room. Parents of children with DCD completed the questionnaire during the visit to the research lab, while teachers of children with DCD were sent a copy of the questionnaire and asked to post the completed copy back to the research team. Teachers of the TD groups completed the questionnaires during school time and returned them to a member of the research team.

2.4. Statistical analyses

Tests of normality and homogeneity were conducted prior to test selection. Parametric (paired samples t-test, ANOVA) and non-parametric equivalents (Kruskall-Wallis) were used to investigate differences at the group level and when comparing teacher and parent responses. Intra class correlations (ICCs) were also used, when comparing agreement between teacher and parent ratings on the SDQ.

3. Results

Relating to the inclusion criteria for the study, Table 1 presents the background characteristics of the three groups. The DCD and CA groups were significantly older than the MM group. No significant differences were found between the CA and MM groups on FSIQ, but the DCD were shown to have slightly lower FSIQ scores (although still scoring within the average range for this test). FSIQ was not found to be correlated with any of the SDQ measures (ps > 0.18) and, therefore, is not included in subsequent analyses. Finally, the inclusion criteria for motor abilities were met for all three groups. Of note, 2 (7%) children with DCD scored on the 16th percentile, while the remaining DCD participants scored on the 9th (n = 6, 20%) or at or below the 5th percentile (n = 22, 73%).

3.1. Teacher ratings of emotional and behavioural difficulties in children with and without DCD

Data screening highlighted that SDQ Total Difficulties scores, as well as three SDQ subtest scores (Emotional symptoms, Conduct problems, and Peer problems), were not normally distributed (skewness values > 1). Applying transformations to these data did not result in the assumptions of normality being met, so non-parametric (Kruskall-Wallis) tests were used. For the normally distributed variables (Hyperactivity, and Prosocial behaviour), one way ANOVAs were used. Results demonstrated that teachers rated the DCD group as showing greater levels of emotional and behavioural problems than their TD peers (CA and MM matched) on all subscales of the SDQ, and in their overall scores (see Table 2).

As can be seen in Table 2, the TD average scores were low in each subtest, except for in the Prosocial behavior ratings where a higher score reflects more positive, prosocial behaviour. Notably, none of the children in the two TD groups (CA or MM) scored in the ‘borderline’ or ‘clinical’ ranges on the SDQ Total Difficulties component (all scoring in the ‘normal range’). Further, in relation to the subtest scores, teacher ratings demonstrated only one ‘borderline’ case from the CA group in each of the following categories: Emotional symptoms, Hyperactivity and Prosocial behaviour; in addition to, two ‘clinical’ scores on the Hyperactivity scale, three
A tally at the end of each row or column indicates the number of parent-teacher classifications for children with DCD on the SDQ. For example, on the Total difficulties scale, children with DCD were rated as having a slightly raised problem level, with correlations approaching significance for the Total difficulties score (see Table 3).

Classifying DCD children's scores (overall, and for each subscale) into ‘normal’, ‘borderline’ or ‘clinical’ categories, we explored individual children's scores on the SDQ for those who had both parent and teacher reported scores (n = 26; one teacher and three parents did not return the SDQs). Table 4 presents the classification for each individual child, on each subscale and overall, as rated by both their parent and teacher: unshaded cells reflect ‘normal’ scores, grey cells reflect ‘borderline’ scores, and black cells reflect ‘clinical’ scores. For Total difficulties scores, as well as scores on each subscale, a tick after the parent and teacher ratings reflects agreement between the informants’ classifications (with ‘agreement’ being classified as both parent and teacher reporting the child’s behaviour to be either ‘normal’ or in the ‘borderline/clinical’ range) and a cross denotes disagreement (i.e., a parent rating the child’s behaviour in the ‘normal’ range and the teacher reporting the child’s behaviour to be in the ‘borderline/clinical’ range, or vice versa). A tally at the end of each row or column indicates the number of parent-teacher classification agreements for each child or across the subscales (including the overall total).

Table 2
Teacher reported SDQ scores in children with DCD and TD children (CA/MM).

<table>
<thead>
<tr>
<th>SDQ measure</th>
<th>Group</th>
<th>Group differences</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>DCD (n = 30)*</td>
<td>CA (n = 35)</td>
</tr>
<tr>
<td>Emotional symptoms</td>
<td>4.65 (2.69)</td>
<td>1.08 (1.70)</td>
</tr>
<tr>
<td>Conduct problems</td>
<td>1.62 (1.66)</td>
<td>0.14 (0.35)</td>
</tr>
<tr>
<td>Hyperactivity</td>
<td>6.21 (2.78)</td>
<td>1.46 (1.75)</td>
</tr>
<tr>
<td>Peer problems</td>
<td>3.76 (2.57)</td>
<td>0.28 (0.67)</td>
</tr>
<tr>
<td>Prosocial behaviour</td>
<td>6.14 (1.90)</td>
<td>8.68 (1.69)</td>
</tr>
<tr>
<td>Total difficulties</td>
<td>16.21 (6.65)</td>
<td>2.97 (2.65)</td>
</tr>
</tbody>
</table>

* Note: One missing data point. Higher scores indicate that more symptoms are endorsed in the respective SDQ measures.

‘borderline’ scores on the Prosocial behaviour and one on the Peer problems scale from the MM group. Analyses of borderline and clinical cases in the DCD group are discussed below.

3.2. Comparing parent and teachers SDQ scores in children with DCD

Focusing on the DCD group only, group analyses compared parent and teacher reports on the SDQ before examination of individual data points allowed us to: (a) look more closely at concordance between parent and teacher ratings on the SDQ; and (b) determine whether children with DCD presented with a specific profile of emotional and behavioural difficulties on the SDQ.

As seen in Table 3, a paired samples t-test revealed no significant difference between parent and teacher scores when considering the Total difficulties scores of children with DCD on the SDQ. However, paired samples t-tests exploring SDQ subscale scores indicated two key differences between parent and teacher ratings of the children with DCD. First, parents reported their DCD children’s hyperactivity to be more problematic than teachers did. Second, parents rated the prosocial behaviours of their children with DCD more highly (i.e., less problematic) than teachers did. There was also a non-significant trend towards parents rating their DCD children’s conduct problems to be more severe than teachers did. Across the other subscales, there was general agreement between parent and teacher ratings. Significant correlations between parent and teacher ratings were found for three of the five subscales (Emotional symptoms, Conduct problems and Peer problems), with correlations approaching significance for the Total difficulties score (see Table 3).

Table 3
Mean (SD) SDQ scores for children with DCD (n = 30), as reported by parents and teachers.

<table>
<thead>
<tr>
<th>SDQ measure</th>
<th>Parent report</th>
<th>Teacher report</th>
<th>Intra-class correlation</th>
<th>Paired samples t-tests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emotional symptoms</td>
<td>4.72 (2.42)</td>
<td>4.68 (2.59)</td>
<td>0.39 (p = 0.025)</td>
<td>t(24) = 0.07, p = 0.94</td>
</tr>
<tr>
<td>Conduct problems</td>
<td>2.56 (1.76)</td>
<td>1.80 (1.71)</td>
<td>0.39 (p = 0.03)</td>
<td>t(24) = 1.98, p = 0.06</td>
</tr>
<tr>
<td>Hyperactivity</td>
<td>7.64 (2.21)</td>
<td>6.28 (2.86)</td>
<td>0.15 (p = 0.23)</td>
<td>t(24) = 2.04, p &lt; 0.05</td>
</tr>
<tr>
<td>Peer problems</td>
<td>3.88 (2.62)</td>
<td>3.68 (2.66)</td>
<td>0.50 (p = 0.005)</td>
<td>t(24) = 0.38, p = 0.71</td>
</tr>
<tr>
<td>Prosocial behaviour</td>
<td>7.76 (1.83)</td>
<td>6.00 (1.87)</td>
<td>0.06 (p = 0.38)</td>
<td>t(24) = 3.47, p &lt; 0.005</td>
</tr>
<tr>
<td>Total difficulties</td>
<td>18.80 (5.59)</td>
<td>16.40 (6.95)</td>
<td>0.33 (p = 0.05)</td>
<td>t(24) = 1.65, p = 0.11</td>
</tr>
</tbody>
</table>
peer problems and emotional difficulties; only 12 DCD children (46.1%) were rated as having ‘normal’ levels of peer problems by both parents and teachers, with this figure falling to just eight children (30.8%) in relation to emotional difficulties.

4. Discussion

We used teacher and parent versions of the SDQ to explore reports of emotional and behavioural problems in children with DCD. Teachers reported that children with DCD displayed a higher number of emotional and behavioural difficulties than their TD peers (both those of a similar CA, and those with similar motor abilities). Further, exploring the profiles of emotional and behavioural problems in children with DCD more closely (using individual and group analyses), yielded two key findings. First, variability was noted amongst the SDQ profiles of individual children with DCD; there was a range of different combinations of typical and atypical presentations of emotional and behavioural problems, with some overarching themes (e.g., high levels of hyperactivity, comparatively lower levels of conduct problems). Second, agreement between parent and teacher reports of children’s emotional and behavioural difficulties was modest (as found by Stone et al., 2010), highlighting the need for clinicians to collect information from multiple informants when assessing a child with DCD.

The results are consistent with other studies that have used the SDQ in this population; finding high rates of difficulties overall, as well as on the individual subscales (e.g., Green et al., 2006; Van den Heuvel et al., 2016). The present study was unique in that it compared teacher-report SDQ scores of children with DCD against two TD comparison groups – those matched on CA, as well as younger children matched on motor ability (MM). Consideration of the profiles of the two TD groups from teacher ratings demonstrated that all children fell in the ‘normal’ boundary for the SDQ Total Difficulties score, with very few TD children from these two groups showing ‘borderline’ or ‘clinical’ profiles in the subtests. This is in stark contrast to a high number of children with DCD showing the latter profiles. The finding that the CA and MM groups scored equivalently – and showed lower levels of emotional and behavioural problems than the DCD group – suggests that the emotional and behavioural profile of the DCD group is not simply due to motor immaturity. Instead, it may be a repercussion of the core diagnostic characteristics: difficulties experienced in the motor domain (e.g., problems with acquiring proficient fine and gross motor skills having consequences for the development of other aspects of functioning such as social and emotional development).

Individual analyses (using SDQ data collected from both parents and teachers) highlighted variability between the SDQ scores of the DCD group, with a range of combinations (of typical and atypical) emotional and behavioural problems noted. Wide variability is perhaps not so surprising in a group often shown to be heterogeneous in nature (Birotteau et al., 2016). Therefore, this method of exploring individual differences is an important approach when interpreting the performance of the DCD group. Despite this variability, there was some suggestion that children with DCD have elevated levels of hyperactivity, with only 2/26 children (7.69%) showing ‘normal’ levels of hyperactivity (as rated by both parents and teachers). This is consistent with studies suggesting a high degree of overlap between DCD and ADHD (Kadesjo & Gillberg, 1998) and highlights that clinicians should be astute to hyperactivity in children with motor difficulties. Individual analyses also showed that nearly two thirds of children with DCD demonstrate no conduct problems – 16/26 children (61.54%) showed ‘normal’ levels of conduct problems (as rated by both parents and teachers),
which is consistent with previous research (Gustafsson et al., 2014). Yet, it should be noted that conduct problems were reported in just over a third of this group. Finally, the slightly raised profile of emotional difficulties and peer problems in the children with DCD also confirms previous findings (e.g., King-Dowling, Missiuna, Rodriguez, Greenway, & Cairney, 2015; Wagner, Bös, Jascenoka, Jekauc, & Petermann, 2012).

Group and individual analyses demonstrated modest agreement between parent and teacher scores on the SDQ for children with DCD. Whilst previous studies have reported high levels of emotional and behavioural problems in children with DCD, findings from SDQ studies using parent or teacher reports have not yielded equivalent results; for example, teacher-reported SDQ scores of children with DCD (Van den Heuvel et al., 2016) have been reported to be lower than those reported by parents (Green et al., 2006). These previous studies have each used parent or teacher reports in isolation, whereas the present research compared parent and teacher ratings across the same group of children. Adopting this approach provides further, more solid evidence for subtle disparites between parent and teacher ratings on the SDQ. They also confirm previous studies (outside the field of DCD) showing only modest agreement between parent- and teacher-reported scores on this measure (Stone et al., 2010).

Analysis of parent and teacher reports also revealed that parents often rated their children with DCD to be more hyperactive than teachers did; however, the opposite was true for prosocial behaviours (with parents often reporting higher levels of prosocial behaviour than teachers). This could be accounted for by children behaving differently in school and at home, or could be related to teachers having a broader (and potentially more accurate) benchmark against which to compare the children. Irrespective of the reasons underlying these differences, it illustrates the importance of professionals obtaining reports from both teachers and parents when using the SDQ with children with DCD. In doing so, any bias ought to be removed, as well as ensuring no information is missing. This, in turn, will lead to a more comprehensive picture of the child’s difficulties.

Although a strength of this study is the inclusion of a younger MM comparison group, it is noted that the procedure of matching on a single measure of fine motor skill has its limitations. Future research may consider extending this approach to a larger sample of participants and to consider matching on fine and gross motor skill. In selecting samples, care was taken to exclude children with known co-occurring difficulties (based on parent and clinical reports) so that conclusions related to the core motor difficulty could be made. However, it is recognised that further screening of possible co-occurring difficulties would help further categorise the profiles seen here. In taking this research forward, direct comparison of both parent and teacher SDQ ratings in the TD (CA and MM) groups would be fruitful, to align to the present findings. Interestingly, our data show that teachers do not rate the TD children particularly highly on any aspect of the SDQ; nevertheless, parent perspectives would be valuable here.

Overall, the current findings highlight that a large proportion of children with DCD present with problems with attention (hyperactivity). In addition, albeit to a lesser extent, a number of DCD children had a raised profile of emotional difficulties and peer problems. As the sample did not have any confirmed co-occurring diagnoses (e.g., ADHD), it highlights the importance of exploring emotional and behavioural problems in a DCD population, to fully support these individuals. The findings also flag inconsistencies across parent and teacher ratings, stressing the importance of considering both perspectives. Moreover, the variability in SDQ scores across the DCD sample suggests that a tailored approach to intervention is necessary to support the emotional and behavioural needs of this group.

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