

**Inhibition of P2X7 receptors improves outcomes after traumatic brain injury in  
rats**

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Abstract: Traumatic brain injury (TBI) is the leading cause of death and disability for people under the age of 45 years worldwide. Neuropathology after TBI is the result of both the immediate impact injury and secondary injury mechanisms. Secondary injury is the result of cascade events, including glutamate excitotoxicity, calcium overloading, free radical generation and neuroinflammation, ultimately leading to brain cell death. In this study, the P2X7 receptor (P2X7R) was detected predominately in microglia of the cerebral cortex and were up-regulated on microglial cells after TBI. The microglia transformed into amoeba-like and discharged many microvesicle (MV)-like particles in the injured and adjacent regions. A P2X7R antagonist (A804598) and an immune inhibitor (FTY720) reduced significantly the number of MV-like particles in the injured/adjacent regions and in cerebrospinal fluid, reduced the number of neurons undergoing apoptotic cell death and increased the survival of neurons in the cerebral cortex injured and adjacent regions. Blockade of the P2X7R and FTY720 reduced interleukin-1  $\beta$  expression, P38 phosphorylation and glial activation in the cerebral cortex, and improved neurobehavioral outcomes after TBI. These data indicate that MV-like particles discharged by microglia after TBI may be involved in the development of local inflammation and secondary nerve cells injury.

Key words: Traumatic brain injury; P2X7R; Microglial cells; Microvesicles; neuroinflammation

## Introduction

Traumatic brain injury (TBI) is the leading cause of death and disability for people under the age of 45 years [1]. Worldwide, about 10 million people are annually admitted to hospital after TBI. An estimated 57 million people have survived brain injury [2]. Neuropathology after TBI is the result of both the immediate impact injury and secondary injury mechanisms [3]. The immediate impact injury occurs at the time of exposure to the external force [4,5]. Secondary injury occurs from minutes to months after TBI and is the result of cascade events that ultimately lead to brain cell death, tissue damage and atrophy [6]. These cascade events include glutamate excitotoxicity, perturbation of cellular calcium homeostasis, increased free radical generation and lipid peroxidation, mitochondrial dysfunction, neuroinflammation [7]. The relative contributions of these different cascade events to the secondary injury remain to be determined. In addition to the excitatory amino acid glutamate, extracellular ATP acts as an important signal molecule in the processes of central nervous system (CNS) injury and is currently attracting more attention [8, 9, 10, 11, 12]. There is a high concentration of extracellular ATP at the injured and adjacent regions of TBI that may be involved in the secondary injury after TBI. There is currently no information available about this.

Microvesicles (MV) are small (0.1–1 $\mu$ m) vesicles which bud directly from the plasma membrane of many brain cell types and are released into the extracellular environment and regulate the functional activity of other cells. This is a novel method of cell-to-cell communication [13,14]. Previous data showed that ATP can trigger MV

shedding and interleukin (IL)-1 $\beta$  release from both microglia and astrocytes in vitro through a pathway which involves the P2X7 receptor (P2X7R), p38 MAPK cascade and lysosomal acid sphingomyelinase (A-SMase) [15]. As such, P2X7R antagonists and inhibitors of p38 MAPK and A-SMase can regulate MV shedding and IL-1 $\beta$  release from glial cells. FTY720 (Gilenya), an immunomodulator drug marketed as the first oral sphingosine-1-phosphate receptor modulator for treatment of multiple sclerosis, also inhibits lysosomal A-SMase [16].

The aim of this study was to study the roles of extracellular ATP via the P2X7R-p38 MAPK-A-SMase pathway in secondary injury after TBI. In this study, P2X7R was detected predominately in microglia of the cerebral cortex. After TBI, the microglia transformed into the amoeba-like form, shedding many MV-like particles at the injured and adjacent regions. The P2X7R antagonist, A804598, and FTY720 reduced significantly the number of MV-like particles in the injured/adjacent regions and in cerebrospinal fluid (CSF) and improved the outcomes of TBI. These data indicate that MV-like particles discharged by microglia after TBI, may be involved in the development of local inflammation and secondary nerve cells injury.

## **Material and Methods**

### **Animals and surgical procedures**

Male Sprague–Dawley rats weighing 250–300 g were provided by the Animal Center of Second Military Medical University. All experimental procedures were approved by the Institutional Animal Care and Use Committee at Second Military Medical University and conformed to the UK Animals (Scientific Procedures) Act

1986 and associated guidelines on the ethical use of animals.

### **Rat TBI model**

The rats were anesthetized by an intraperitoneal injection of 10% Chloral hydrate, 0.3ml/100g. A rectal probe was inserted and the animals were positioned on a thermistor controlled heating pad. All surgery was done under sterile conditions. The rats were randomly allocated into four groups as follows; a control (sham-operated) group, a TBI group, a group of TBI treated with A804598 and a group of TBI treated with FTY720, each group having 40 rats. The control group underwent craniotomy alone and received no medication. The TBI group underwent craniotomy followed by brain injury and received a physiological saline injection. The TBI group treated with A804598 underwent craniotomy followed by brain injury and then received A804598. The group of TBI treated with FTY720 underwent craniotomy followed by brain injury and then received FTY720 injection.

For the production of brain injury, a modified weight drop technique was used according to the protocol of Feeney's [17]. A craniotomy (6×6 mm<sup>2</sup>), centered over the right parietal cortex at bregma -3.5 and 3.5 mm lateral to the midline, was done using a dental drill. A 20 g weight was dropped from a height of 20 cm onto 4.5 mm diameter piston resting on the exposed dura. The device was constructed to prevent bouncing of the weight thus allowing only a single compression.

The P2X7R antagonist A804598 (Tocris) and FTY720 (Santa Cruz) were prepared freshly by dissolving in 0.9% physiological saline and were administered intraperitoneally immediately after trauma. The dosages of A804598 and FTY720

were 10mg/kg and 0.2mg/kg respectively, once daily for the continuous five days.

### **Immunohistochemistry**

The rats were anesthetized and perfused intracardially with saline, followed by 4% (w/v) paraformaldehyde in 0.1 mol/L PBS, pH7.4. Brains were removed and fixed overnight in 4% (w/v) paraformaldehyde, then transferred to 25% sucrose in phosphate-buffered saline (PBS) and kept in the solution until they sank to the bottom. Thereafter, the tissue blocks were rapidly frozen and coronal sections (20µm in thickness) were cut with a Leica cryostat and floated them in PBS. The following protocol was used for immunofluorescence. The sections were washed 3-5min in PBS, and then preincubated in a blocking solution (10% normal bovine serum, 0.2% Triton X-100, 0.4% sodium azide in 0.01 mol/l PBS pH 7.2) for 30 min followed by incubation with the primary antibodies (P2X7 (1:1000), Alomone, rabbit polyclonal, APR-004; NeuN (1:500), Millipore, mouse monoclonal, clone A60; Iba-1 (1:500), Abcam, goat polyclonal, ab107159, biotin-conjugated IB4 (1:200), Sigma, L3019; GFAP (1:400), Boster (1:400), mouse monoclonal, BM0055) at room temperature overnight. Subsequently, the sections were incubated with Cy3-conjugated donkey anti-rabbit IgG (Jackson, 711-165-152) diluted 1:400 for P2X7, FITC-conjugated donkey anti-mouse IgG (Jackson, 705-475-151) 1:200 for NeuN and GFAP, FITC-conjugated donkey anti-goat IgG (Jackson, 715-475-003) 1:200 for Iba-1, Fluorescein-conjugated streptavidin (Jackson, 016-010-018) 1:200 for IB4. All incubations were separated by 5 -10 min washes in PBS.

### **TUNEL Method and Double Labelling of TUNEL and**

## **Immunohistochemistry**

In situ labeling of DNA fragmentation (terminal deoxynucleotidyl transferase-mediated UTP nick end labeling (TUNEL)) was carried out with an in situ cell death detection kit, Fluorescein (Roche, Mannheim, Germany, catalog number: 11684795910) according to the manufacturer's instructions. The apoptotic cells were labeled with green fluorescence.

After detection of TUNEL, the sections were washed 3-5min in PBS, and then preincubated in a blocking solution for 30 min followed by incubation with the primary antibodies (NeuN (1:500), Millipore, mouse monoclonal, clone A60; Iba-1 (1:500), Abcam, goat polyclonal, ab107159, mouse monoclonal GFAP (1:400), Boster, mouse monoclonal MBP (1:400), Boster and olig2, milipore, rabbit polyclonal, ab9610) at room temperature overnight. Subsequently, the sections were incubated with Cy3-conjugated donkey anti-rabbit IgG (Jackson, 711-165-152) diluted 1:400 for Olig2, Cy3-conjugated donkey anti-mouse IgG (Jackson, 715-165-150) 1:400 for NeuN and GFAP and Cy3-conjugated donkey anti-goat IgG (Jackson, 705-165-147) 1:400 for Iba-1. All incubations were separated by 5 -10 min washes in PBS.

## **Flow Cytometry**

Rats were anaesthetized by intraperitoneal injection with 4% chloral hydrate; cerebral spinal fluid (CSF) was sampled from the cisterna magna using a glass capillary and checked for the absence of blood contamination. CSF pooled from 3 rats was diluted with ice-cold phosphate-buffered saline (PBS) and subjected to differential centrifugation to obtain microvesicles at 16,000 g for 1 hour. The resulting



pellets were resuspended in 1x binding buffer and were then stained using the Annexin V-FITC/PI detection kit. The labelled samples were analyzed by flow cytometry (BD Biosciences, San Jose, CA, USA).

### **Photomicroscopy**

Images were taken with a Nikon digital camera DXM1200 (Nikon, Japan) attached to a Nikon Eclipse E600 microscope (Nikon). Images were imported into a graphics package (Adobe Photoshop 5.0, USA).

### **Western Blot**

For Western blotting, the rats were killed after 6h, 12h, 24h, 48h, 4d, 7d of TBI. The injured/adjacent cerebral cortexes and contralateral cortexes were removed immediately and lysed with 20 mM Tris-HCl buffer, pH8.0, containing 1% Nonidet P 40, 150 mM NaCl, 1 mM EDTA, 10% glycerol, 0.1% L-mercaptoethanol, 0.5 mM dithiothreitol, and a mixture of proteinase and phosphatase inhibitors (Sigma). Protein concentration was determined by the BCA protein assay method using bovine serum albumin (BSA) as standard. One hundred micrograms of protein samples was loaded per lane, separated by SDS-PAGE (10% polyacrylamide gels) and then was electrotransferred onto nitrocellulose membranes. The membranes were blocked with 10% non-fat dry milk in Tris-buffered saline for 1 h and incubated overnight at 4 °C with P2X7 (1:1000, Alomone, rabbit polyclonal), p-p38(1:1000, CST, rabbit polyclonal), Tubulin (1:1000, Beyotime, mouse monoclonal) and GAPDH (1:1000, Beyotime, mouse monoclonal) diluted in 2% BSA in PBS. The membranes were then incubated with alkaline phosphatase-conjugated goat anti-rabbit IgG (Sigma) or goat

anti-mouse IgG (Sigma) diluted 1:5000 in 2% BSA in PBS for 1 h at room temperature. The colour development was performed with 400µg/ml nitro-blue tetrazolium, 200µg/ml 5-bromo-4-chloro-3-indolyl phosphate and 100 mg/ml levamisole in TSM2 (0.1 mol/l Tris-HCl buffer, pH 9.5, 0.1 mol/l NaCl and 0.05 mol/l MgCl<sub>2</sub>) in the dark. Bands were scanned using a densitometer (GS-700; Bio-Rad Laboratories)

### **ELISA for Tissue IL-1β levels**

Protein samples from the different groups of rats were collected as for the Western blot protocol described above. The samples were stored at -20°C until analyzed for IL-1β using the rat IL-1β ELISA kit from Multisciences. Assays were carried out according to the manufacturer's instructions and the Optical Density (O.D.) was read at 450 nm using a Bio-Rad Model 680 Microplate Reader within 15 minutes. The standard curve was used to determine the amount of protein in the samples from the different groups of rats. IL-1β levels in the rat cerebral cortex tissue were expressed as picograms per milligram of protein sample.

### **Morris water maze**

At 8 days, spatial learning and memory were tested with the Morris water maze [18] which was a circular black tank of 130 cm in diameter and 60 cm in height. The tank was filled to a depth of 30 cm water at 25 ± 1°C. The maze was divided into four equal quadrants. The trials were performed according to Vorhees' method [19]. Spatial acquisition: all rats received a training trial consisting of daily sessions of four consecutive trials for five days. The hidden platform (diameter 10 cm, 1.5 cm below

the water surface) was positioned in the middle of the southwest (SW) quadrant for all rats. The rats were released into the tank facing the maze wall at north (N), west (W), south (S), or east (E) quadrants in a predetermined pseudorandom order. A trial was terminated as soon as the rat found the platform; if the rat did not succeed within 120 seconds, it was guided onto the platform with a stick. The rat was allowed to stay on the platform for 20 seconds before being removed. Probe trial: Immediately after the final training trial, the platform was removed. Rats were released into the pool at the NE position and allowed to swim freely for 2 minutes. The time needed to find the platform (escape latency) in the training trials and time spent in the SW quadrant in the probe trial were recorded. The mean value of four escape latencies in the daily four training trials was taken as the escape latency for the rat. Values from eight rats in the same group were averaged to generate a mean escape latency for that day.

### **Quantitative analysis**

Neuronal damage, apoptosis and MV-like particles were quantified by counting the number of surviving neurons, positive neurons for TUNEL and MV-like particles with P2X7-ir ( $< 2.0\mu\text{m}$ ) in the images at high magnification ( $\times 400$ ) from the injured and adjacent regions. The numbers of surviving/TUNEL-positive neurons and total neurons in the regions were counted and analyzed by NIS-elements D3.1 system (Nikon, Japan). Ten sections were used for each rat and the mean number of these ten sections was calculated. Six rats were used for each experimental group.

To quantify glial activation, we measured the value of the average area optical density (AAOD) for immunohistochemistry images from the injured region stained

with antibodies against GFAP using NIS-elements D3.1 system (Nikon, Japan). Pictures were taken using the same method as mentioned above. Ten images (200×) were randomly selected for each animal, and the mean AAOD of these ten fields was considered as the AAOD of the animal.

### **Statistical analysis**

Results are expressed as mean  $\pm$  SEM (n=5-6). Values were analyzed using a one-way analysis of variance (ANOVA) followed by Dunnett's post hoc test.  $p < 0.05$  was considered to be statistically significant.

### **Results**

#### **The number of TBI-induced microglial MV-like particles in the cerebral cortex after TBI were reduced by a P2X7R antagonist and the immune modulator FTY720**

In the normal conditions, P2X7R immunoreactivity (P2X7R-ir) was detected only in the cells that were also labeled with Iba-1 (a microglial marker) antibody (Figure 1 A, D). This result implied that the P2X7R is predominately expressed in microglial cells in the cerebral cortex of adult rats. After TBI, the microglial cells with P2X7R-ir transformed into amoeboid-like cells in the injured and adjacent regions. There were numerous MV-like particles with P2X7R-ir around the amoeboid cells, the number of these particles reached a peak at 12 hours after TBI and disappeared after 48 hours (Figure 1 B, C, G, H, Figure 2A). The number of amoeboid-like cells with P2X7R-ir increased 48 hours after TBI (Figure 1, 2). A804598 and FTY720 inhibited significantly the number of MV-like particles and amoeboid-like cells with

P2X7R-ir (Figure 1E-L, Figure 2B). In order to analyze the source of the MV-like particles, a double immunofluorescence technique was carried out. The results showed that almost all the MV-like particles were also labeled with Iba-1, but not with GFAP or MBP (Figure 3). The results confirmed that these MV-like particles predominately originated from microglial cells.

CSF samples were collected from TBI, TBI+A804598 and TBI+FTY720 group rats, and analyzed by flow cytometry. The results showed that the number of particles with Annexin V-FITC reached a peak value 12 hours after TBI. A804598 and FTY720 inhibited significantly the number of particles with Annexin V-FITC (Figure 4). The particles were further analyzed by immunocytochemistry. The results showed that 85% of the particles were both P2X7R-ir and Iba1-ir (Figure 4F), which implies that most of the particles in the CSF samples originated from microglial cells.

Western blot analysis showed that expression of P2X7R protein in the injured areas and adjacent cerebral cortex increased gradually after TBI (Fig. 5). A804598 and FTY720 did not inhibit P2X7R protein expression significantly, as shown in Figure 5. The molecular weight of the three bands with P2X7R-ir were located around 72kd. The bands disappeared after the antibody was preincubated with the control peptide antigen (supplementary Figure 1).

**The number of apoptotic cells was reduced and the number of neurons that survived was increased in the cerebral cortex after TBI by use of a P2X7R antagonist and the immune modulator FTY720**

Apoptotic cells were studied using the TUNEL technique. The results showed that many apoptotic cells were detected from 6 hour to 48 hours after TBI. A804598 and FTY720 decreased significantly the number of the apoptotic cells, as shown in Figure 6. The double labeling technique of TUNEL and immunohistochemistry showed that most of the apoptotic cells were NeuN positive, occasionally Iba-1 or GFAP positive, but never Olig2 positive (Figure 7). The result indicates that most of the apoptotic cells are neurons after TBI.

The neurons that survived were studied by NeuN immunostaining. The results showed that the number of NeuN-positive neurons decrease significantly in the TBI group, compared to the control group. Both A804598 and FTY720 increased the survival of neurons in the injured and adjacent regions (Figure 8). These results show that A804598 and FTY720 have neuroprotective roles after TBI.

### **P2X7R or FTY720 mediates IL-1 $\beta$ expression after TBI**

IL-1 $\beta$  expression was detected at a low level in the sham rat cerebral cortex. After TBI, the level of expression of IL-1 $\beta$  increased. 48 h after TBI, the level of expression of IL1 $\beta$  reached a peak. Treatment with A804598 or FTY720 significantly reduced the expression of IL-1 $\beta$  within the cerebral cortex, as assessed by ELISA (Figure 9).

The p38 signaling pathway has been shown to be involved in MV shedding and IL-1 $\beta$  secretion from microglia. Phosphorylated p38 was detected in the sham rat cerebral cortex at a low level. After TBI, the level of phosphorylated p38 increased. At 12 h after TBI, the level of phosphorylated p38 reached a peak (Figure 10).

Treatment with A804598 or FTY720 significantly reduced the level of phosphorylated p38 at 12 h and 24 h, as assessed by Western blotting (Figure 10).

### **Inhibition of the P2X7R FTY720 reduces TBI-induced glial activation**

Reactive astrogliosis was assessed by immunohistochemical analysis of the expression of GFAP (an astrocyte marker) in the injured and adjacent regions of cerebral cortex at 12 hours, 2 days, 4 days, 7 days and 14 days after TBI. The scattered GFAP-ir cells with thin and long processes were detected in the cerebral cortex region of the sham rat. However, both the immunostaining density and the number of GFAP-ir cells significantly increased in the saline group. Treatment with A804598 or FTY720 markedly attenuated the increase of immunostaining density and the number of GFAP-ir cells when compared to the saline group (Figure 11).

### **Inhibition of the P2X7R or FTY720 improves neurobehavioral outcomes after TBI**

Spatial memory was evaluated using the Morris water maze. During the 5-day hidden platform trial, escape latency of sham and the three experimental groups decreased in a day-dependent pattern. However, the sham group took significantly less time to find the platform than the saline group on all five days. In addition, the saline group required significantly more time to find the platform than the A804598 and FTY720 groups after the ninth day. In the probe trial, the saline group spent significantly less time than the other three groups in the SW quadrant. There was no significant difference among the sham, A804598 and FTY720 groups (Figure 12).

## **Discussion**

The main finding of this study is that the P2X7R antagonist A804598 and the immune modulator FTY720 reduced neuron apoptotic cell death and increased the survival of neurons in the injured cerebral cortex injured and adjacent regions after TBI. P2X7R expression was up-regulated on microglial cells after TBI. Inhibition of the P2X7R and FTY720 reduced TBI-induced microglial MV-like particles, IL-1 $\beta$  expression, P38 phosphorylation, glial activation in the cerebral cortex, and improved neurobehavioral outcomes after TBI.

ATP is an important signaling molecule mediating interactions among various cell types in the brain [10, 11,12, 20-26]. A low level of extracellular ATP is maintained in physiological conditions [25, 27], with the cytoplasmic ATP concentration is in the millimolar range. Activated immune cells [28], macrophages [29], microglia [30], astrocytes [31], platelets [32], and dying cells [33] may release high concentrations of ATP into the extracellular space. Massive release of ATP also occurs after metabolic stress and trauma, and high levels of ATP persist in the injured zone for an extended time [8, 20, 34-36]. ATP is not rapidly degraded during inflammation or oxidative stress conditions, as the enzymes for extracellular ATP degradation are inhibited [37].

The receptors for extracellular ATP are termed P2 receptors, which have been divided into P2X and P2Y receptors on the basis of pharmacology and molecular cloning. Currently, seven subtypes of ionotropic P2X receptors (non-selective cation channels) and eight subtypes of metabotropic P2Y receptors (G protein-coupled receptors) have been characterised [38, 39]. The P2X7R is predominantly expressed



on microglia and ependyma of the CNS [40, 41]. P2X7R can be activated by high concentrations of ATP. Sustained stimulation of P2X7R on microglia leads to the activation of microglia, which produces reactive oxygen species and pro-inflammatory cytokines and is involved in neuroinflammation in many CNS diseases including, Alzheimer's disease [42], epilepsy [43], spinal cord injury [8, 44], multiple sclerosis (MS) [45] and traumatic brain injury [58].

Our previous data and other researchers have shown that high concentrations of extracellular ATP can stimulate microglial cells or macrophages to shed MVs [46, 47, 48]. MVs belong to the group of extracellular vesicles (EVs). Increasing evidence has shown that EVs play important roles in intercellular communications by serving as vehicles for transfer between cells of membrane and cytosolic proteins, lipids, and RNA. Those originating from endosomal membrane are called exosomes, and those originating from plasma membrane are called MVs [49].

The present data has shown that MV-like particles from the microglial cells were mainly detected during a short time period of 6-12h, and dramatically decreased at 24 hours, disappearing from 48h after TBI. The appearance and disappearance of these MV-like particles were accompanied by morphological changes of the microglial cells, as they ramified to amoeboid microglia. These data imply that MV-like particles are released during the processes of microglial morphological change. Increasing data has shown that purinoceptors are involved in the morphological changes of microglia [21, 50, 27] and MV shedding [13, 46, 47, 48]. Persistent high ATP release was also detected in the peritraumatic region during the early stage of 2-6 hours and returned to

the background level 24 hours after spinal cord injury [8]. The time course of the ATP concentration change was similar to that of shedding of the MV-like particles detected in this study. Thus, high ATP release might be expected to be evident during the early stages, 6-12 hours after TBI. These high concentrations of ATP may be involved in the MV-like particle shedding and morphological changes of microglial cells, although further experiments are needed to answer this issue.

Increasing evidence has shown that MVs discharged by activated microglia act as amplifying agents of inflammation and has identified MVs as a marker and therapeutic target of brain inflammation [13]. P2X7R-induced MV shedding acts as a secretory pathway for rapid release of IL-1 $\beta$  and may represent a general mechanism for secretion of leaderless secretory proteins from P2X7R-expressing myeloid cells [13, 46, 51]. P2X7R, P38 MAPK and A-SMase play key roles in MV shedding from microglia [13].

A report showed that mice, where microglia were p38-deficient (p38 KO), were protected against TBI-induced motor deficits and synaptic protein loss. In wild-type (WT) mice, TBI produced microglia morphological activation that lasted for at least 7 days; however, p38 KO mice failed to activate this response. The results showed that the p38 signaling pathway in microglia could be contributing to the secondary neuroinjury after TBI [52]. In this study, we also showed that phosphorylation levels of P38 protein increased after TBI. Both A804598 and FTY720 decreased this level. This result further confirmed that the P38 pathway plays a role in secondary neuroinjury after TBI

FTY720 (Gilenya) is an analog of the naturally occurring myriocin. The therapeutic action of FTY720 in MS is to inhibit the exit of autoreactive memory T-cells from secondary lymphoid organs to produce a peripheral lymphopenia [53]. FTY720 has been marketed as the first oral sphingosine-1-phosphate receptor modulator for the treatment of MS, but it also inhibits lysosomal A-SMase [16].

The present data has shown that both A804598 and FTY720 significantly decreased the number of MV-like particles in the injured/adjacent cerebral cortex regions and CSF after TBI and improved the outcomes of neuronal survival, gliosis and neurobehaviour after TBI. These data imply that A804598 and FTY720 could be used as drugs for treatment of secondary neuronal injury after TBI, as they target P2X7R and A-SMase, respectively. We believe that P2X7R and A-SMase could be used as new therapeutic targets for TBI.

Astrogliosis is the hypertrophy and increase in number of astrocytes due to the destruction of nearby neurons from different pathological causes, which alters astrocyte activities, both through gain and loss of functions that can impact both beneficially and detrimentally on surrounding neural and non-neural cells [54, 55].

Astrogliosis is a ubiquitous but poorly understood hallmark of all CNS pathologies [55]. Many different molecules are found to be able to trigger reactive astrogliosis processes. These astrogliosis molecular mediators can be released by any cell type in the CNS. These mediator molecules include cytokines and growth factors, mediators of innate immunity, neurotransmitters and modulators, small molecules released following cell injury, molecules of oxidative stress, and systemic metabolic

toxicity. These molecules, via different signaling routes, trigger different molecular, morphological and functional changes in reactive astrocytes [55].

IL-1 is an astrogliosis molecular mediator [56, 57]. IL-1 $\beta$  induces IL-6 release, which further induces astrogliosis [57 Woiciechowsky et al, 2004]. In this study, the data showed that IL-1 $\beta$  increased after TBI, which was partially blocked by both the P2X7R antagonist, A804598, and the immune modulator, FTY720. Astrogliosis was also partially inhibited by these two drugs.

In summary, the techniques of immunohistochemistry, TUNEL, Western blotting, flow cytometry, ELISA, and neurobehavioural tests used in his study have shown that the P2X7R antagonist A804598 and the immune modulator FTY720 reduced neuron apoptotic cell death and increased the survival of neurons in the injured cerebral cortex and adjacent regions after TBI. A possible mechanism is that high concentrations of extracellular ATP after TBI, via P2X7R, activates microglial cells, which discharge MV-like particles involving local neuroinflammation. Inhibition of the P2X7R and A-SMase reduced TBI-induced microglial MV-like particles, IL-1 $\beta$  expression, P38 phosphorylation, glial activation in the cerebral cortex, and improved neurobehavioral outcomes after TBI.

**Ethical approval**

All experimental procedures were approved by the Institutional Animal Care and Use Committee at Second Military Medical University and conformed to the UK Animals (Scientific Procedures) Act 1986 and associated guidelines on the ethical use of animals.

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Conflict of interest:

Xiaofeng Liu declares that she has no conflict of interest.

Zhengqing Zhao declares that she has no conflict of interest.

Ruihua Ji declares that she has no conflict of interest.

Jiao Zhu declares that she has no conflict of interest.

Qian-Qian Sui declares that she has no conflict of interest.

Gillian E. Knight declares that she has no conflict of interest.

Geoffrey Burnstock declares that he has no conflict of interest.

Cheng He declares that she has no conflict of interest.

Hongbin Yuan declares that she has no conflict of interest.

Zhenghua Xiang declares that she has no conflict of interest.

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## Figure Legends

Figure 1. Expression of P2X7R-ir (red) in the cerebral cortex of control and TBI rats. A is P2X7R-ir, D is an immersed image from A (red) and Iba-1-ir (green, a marker for microglial cell) from the control group. Note that almost all the P2X7-ir are also labeled with Iba-1. The immunostaining results show that P2X7R-ir is predominately expressed in microglial cells. B, C, G, H, and I are P2X7R-ir from the TBI groups at 6h, 12h, 24h, 48h and 72h, respectively. E, J, L, F, and L are P2X7R-ir from TBI+A804598 and TBI+FTY720 groups. Note that microvesicle (MV)-like particles were detected mainly at 6h and 12h after TBI, and A804598 and FTY720 decreased significantly the number of vesicles. In the early stages from 6h to 24h after TBI, the number of P2X7R-ir microglial cells did not change significantly, but increased from 48h after TBI. Both A804598 and FTY720 decreased the number of microglia cells significantly at 96 h after TBI. All scale bars = 60 $\mu$ m.

Figure 2. Quantitative analysis of MV-like particles (A) and microglial cells (B) with P2X7R-ir after TBI. The number of MV-like particles and microglial cells is expressed as mean  $\pm$  S.E.M. (n=6). Note that MV-like particles were mainly detected at 6h and 12h after TBI; both A804598 and FTY720 reduced significantly the number of MV-like particles at 6h and 12h and the number of microglial cells at 96h. \*\*p<0.01.

Figure 3. Double immunofluorescence of P2X7R-ir (red), Iba-1 (green), GFAP (green)

and MBP (green) in the cerebral cortex of rats 12h after TBI. A, C and E are P2X7R-ir. B, D and F are the merged images of Iba-1-ir, GFAP-ir and MBP-ir with A, C and E, respectively. b is a magnified image of the region of B indicated by an arrow. Note that almost all the MV-like particles and cells with P2X7-ir are also labeled with Iba-1-ir, but not with GFAP-ir or MBP-ir. The scale bars in A-F= 60 $\mu$ m, b=10 $\mu$ m.

Figure 4. Flow cytometry and immunocytochemical analysis of MV-like particles in CSF after TBI. A, B, C and D show the results from control, TBI, TBI+A804598, and TBI+FTY720 groups at 12 h after TBI. E shows the summary of flow cytometry of CSF from different groups. Note that the number of MV-like particles reaches a peak at 12h. Both A804598 and FTY720 significantly reduced the number of MV-like particles at 6h and 12h. F is immunocytochemical analysis of MV-like particles with P2X7R (red) and Iba-1 immunostaining (green). Note that most of MV-like particles with P2X7R-ir are also labelled by Iba-1, although some of them are not. An arrow indicates an MV-like particle with Iba-1, not labelled by P2X7R-ir (shown at higher magnification in f).

Figure 5. Expression of P2X7R detected by Western blotting in the cerebral cortex from TBI (A), TBI+A804598 (B) and TBI+FTY720 (C) groups. D is the summary of P2X7R/GAPDH ratio. Data are representative of 5 rats per group. The ratio of P2X7R/GAPDH was analyzed with one-way ANOVA followed by Dunnett's post hoc test (\*\* $p$ <0.01 vs. control sham operated rats). The results show that expression of

P2X7R protein increased significantly from 6h to 7d after TBI, but was not affected by A804598 or FTY720.

Figure 6. Effect of A804598 and FTY720 on cell apoptosis in the cerebral cortex after TBI. A, C, E, G, I and K are TUNEL staining from the control, 6h, 12h, 24h, 48h, and 96h groups, respectively. D, H, L, F, and J are TUNEL staining from TBI+A804598 and TBI+FTY720. M is the summary of the number of TUNEL-positive cells in the different groups. Note that A804598 or FTY720 treatment significantly reduced the number of apoptotic cells. Values are expressed as the mean  $\pm$  S.E.M. \*\* $p < 0.01$  TBI+A804598 groups or TBI+FTY720 groups versus saline-treated groups. All the scale bars=60 $\mu$ m.

Figure 7. Cell type analysis of apoptotic cells in the cerebral cortex at 6 h after TBI. A, D, G, and J show TUNEL-positive cells, B, E, H, and K show NeuN-positive, GFAP-positive, Iba-1-positive and Olig2-positive cells in the same fields of A, D, G, and J, respectively. C, F, I, and L show immersed images from A and B, D and E, G and H, and J and K. Note that most of the apoptotic cells were NeuN positive, occasionally Iba-1 or GFAP positive, but never Olig2 positive. The results indicate that most of the apoptotic cells after TBI are neurons. All scale bars = 60 $\mu$ m.

Figure 8. Fig. 2 Effect of A804598 and FTY720 on neuronal survival rate in the cerebral cortex after TBI. A, B, C, and D are NeuN immunostaining from the control



group, TBI group, TBI+A804598 group, and TBI+FTY720 group 14 days after TBI, respectively. E summarizes the number of survival neurons. Note that both A804598 and FTY720 treatment increased significantly the number of surviving neurons. Values are expressed as mean  $\pm$  S.E.M. \* $p < 0.05$ , \*\* $p < 0.01$ . 2w (2weeks) =14 days. All scale bars= 60 $\mu$ m.

Figure 9. Effect of A804598 and FTY720 on expression of interleukin (IL)-1 $\beta$  in the cerebral cortex after TBI. IL-1 $\beta$  protein was detected by ELISA. Both A804598 and FTY720 reduced significantly the levels of IL-1 $\beta$ . Data are expressed as mean  $\pm$  S.E.M. \* $p < 0.05$ , \*\* $p < 0.01$ .

Figure 10. Expression of phosphorylation P38 (pP38) detected by Western blotting in the cerebral cortex from TBI (A), TBI+A804598 (B) and TBI+FTY720 (C) groups. D is the summary of pP38/Actin ratio. Data are representative of 5 rats per group. The ratio of pP38/Actin was analyzed with one-way ANOVA followed by Dunnett's post hoc test (\*\* $p < 0.01$  TBI vs. TBI+A804598 or TBI+FTY720 rats). Statistical analysis shows that pP38 protein increased significantly at 12h and 24h after TBI, which was inhibited by A804598 or FTY720, significantly.

Figure 11. Effect of A804598 and FTY720 on astrogliosis in the cerebral cortex after TBI. A-F show astrocytes with GFAP-ir at 4d, 7d (1w), and 14d (2w) in the TBI+saline groups (A, B, C), TBI+A804598 groups (D, F), TBI+FTY720 group (E)

respectively. G shows the quantitative analysis of average area optical density (AAOD) of astrocytes with GFAP-ir. Data are expressed as mean  $\pm$  S.E.M (n=6). \*\*p<0.01. Statistical analysis shows that density of GFAP-ir increased gradually after TBI. A804598 or FTY720 reduced the density of GFAP-ir significantly at 7d and 14d after TBI.

Figure 12. Effect of A804598 and FTY720 on spatial learning and memory in the water maze. A shows escape latency to find the platform during the 5 days of the training trial from the 8th to the 12th day after TBI. B shows time spent during the probe trial in the quadrant where the platform had been located. Values are expressed as mean  $\pm$  S.E.M. \*\*p<0.01, \*p<0.05. Statistical analysis shows that spatial learning and memory were effected significantly by TBI. Both A804598 and FTY720 improved spatial learning and memory after TBI.