

Title: Neurocomputational mechanisms of prosocial learning and links to empathy

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25 **Abstract**

26 Reinforcement learning theory powerfully characterises how we learn to
27 benefit ourselves. In this theory, prediction errors – the difference between a
28 predicted and actual outcome of a choice – drive learning. However, we do
29 not operate in a social vacuum. To behave prosocially we must learn the
30 consequences of our actions for other people. Empathy, the ability to
31 vicariously experience and understand the affect of others, is hypothesised to
32 be a critical facilitator of prosocial behaviours, but the link between empathy
33 and prosocial behaviour is unclear. During functional magnetic resonance
34 imaging (fMRI) participants chose between different stimuli that were
35 probabilistically associated with rewards for themselves (self) another person
36 (prosocial) or no-one (control). Using computational modelling we show that
37 people can learn to obtain rewards for others, but do so more slowly than
38 when learning to obtain rewards for themselves. fMRI revealed that activity in
39 a posterior portion of the subgenual anterior cingulate cortex/basal forebrain
40 (sgACC) drives learning only when we are acting in a prosocial context, and
41 signals a “prosocial” prediction error conforming to classical principles of
42 reinforcement learning theory. However, there is also substantial variability in
43 the neural and behavioural efficiency of prosocial learning, which is predicted
44 by trait empathy. More empathic people learn more quickly when benefitting
45 others, and their sgACC response is the most selective for prosocial learning.
46 We thus reveal a novel computational mechanism driving prosocial learning in
47 humans. This framework could provide new insights into atypical prosocial
48 behaviour in those with disorders of social cognition.

49

50 **Significance statement**

51

52 Prosocial behaviours are essential for social bonding and cohesion, but the
53 mechanisms that underpin these behaviours are still poorly understood. Using
54 computational modeling and neuroimaging, we show that people can learn to
55 benefit others and that this learning is underpinned by reinforcement learning
56 signals in the subgenual anterior cingulate cortex (sgACC). However, there is
57 substantial individual variability in people's ability for prosocial learning. More
58 empathic people learn faster and have more selective responses in the sgACC
59 when benefitting others. Our results thus reveal a novel computational mechanism
60 driving prosocial learning in humans and why empathy and prosocial behavior may
61 be linked. This new framework could help to explain reduced empathy and
62 prosocial behavior in people with disorders of social cognition.

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64 **\body**

65 **Introduction**

66

67 Prosocial behaviours, namely social behaviours or actions intended to benefit
68 others, are a fundamental but poorly understood aspect of social interaction
69 (1). To behave prosocially, animals need to learn about the consequences
70 that their actions can have for others. In reinforcement learning theory (RLT),
71 prediction errors (PEs) — differences between expected and actual outcomes
72 — drive learning (2). RLT provides a powerful framework for understanding

how animals learn to obtain rewards for themselves (3). However, the processes by which animals learn to make choices that benefit others are unknown. Here, we use RLT to characterise ‘prosocial learning’, combining functional magnetic resonance imaging (fMRI) and detailed computational modeling of behavior.

Studies using economic games, moral judgments or charity donation tasks have consistently reported activity in the ventral striatum, posterior regions of the subgenual cingulate cortex/basal forebrain (hereon in referred to as sgACC), dorsal anterior cingulate cortex (dACC) and dorsolateral prefrontal cortex (DLPFC) during prosocial behaviour (4–7). Each of these regions receives input from midbrain dopaminergic neurons (8) and these cortical regions all project to the ventral striatum (9–11). There is substantive evidence that dopamine neurons projecting to this circuit code PEs for rewards delivered to animals (and humans) themselves (3).

The ventral striatum, sgACC, dACC and DLPFC are also implicated in processing information about rewards others will receive (12–16), PEs when interacting with others (13, 17–19) and prosocial behavior (e.g. 4–7)for reviews. Therefore, information processing in these regions may conform to RLT principles during social interactions. However, no prior work has examined how we learn to make choices that benefit others, a fundamental aspect of behaving prosocially. Do any of these areas signal a unique “prosocial” PE specifically when learning to benefit another? Or, is learning

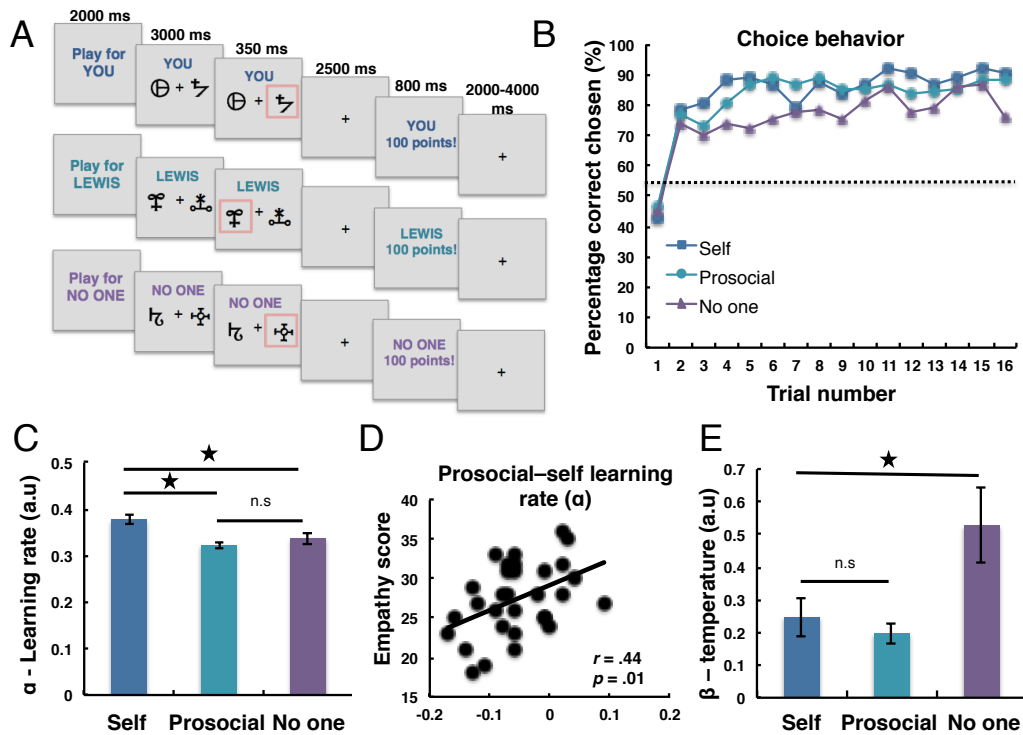
that benefits another individual encoded in regions that signal PEs regardless of the beneficiary?

Although humans have a remarkable inclination to engage in prosocial behaviours there exist substantial individual differences (1, 20–22). Empathy, the capacity to vicariously experience and understand the affect of others (23–27), has been hypothesised to be a critical motivator of prosocial behaviours (25–28). Previous studies have consistently shown that empathy can modulate neural responses to viewing others' pain (29) and viewing desirable outcomes (rewards) that will be delivered to others (15, 30). Moreover, whilst empathy can be broken down into separable components associated with different social behaviors and traits (23, 31, 32), studies have suggested that both cognitive and affective aspects of empathic processing may motivate prosocial behaviours (33). Despite this body of research, the mechanistic link between empathy and prosocial learning remains unknown. If empathy is indeed linked to prosocial behaviour we might predict that empathy and prosocial learning would be associated, with those higher in empathy learning more quickly to benefit others.

Participants (N=31) performed a reinforcement-learning task during functional magnetic resonance imaging (fMRI). On each trial they were required to choose between one of two symbols. One symbol was associated with a high probability (75%) and one a low probability (25%) of a reward. These contingencies were not instructed but had to be learnt through trial and error.

Critically, participants performed this task for themselves (self), for another person (prosocial) or in a control condition with no beneficiary (no-one) (Fig. 1a). The no-one condition was crucial to account for previous studies showing ‘fictive reward’ or ‘fictive prediction error’ brain responses which occur when rewards are not delivered to ourselves in entirely non-social situations (34–36). This condition also allowed us to test for regions that showed relative specificity for processing social information, that is, regions that did not respond to self or ‘non-self’ information (see also (37) for a recent discussion).

Using an RLT framework we conducted detailed computational modelling of trial-by-trial variation of behaviour, supported by Bayesian model comparison, to examine whether people were able to learn to benefit others at the same rate that they learned to benefit themselves. We examined whether activity in brain areas previously implicated in coding PEs for ourselves or in prosocial behaviour signalled PEs regardless of the beneficiary that received the outcome, or whether any of these regions exclusively reflected a “prosocial” PE when learning to benefit another (ventral striatum; sgACC (Brodmann Area (BA) 25/s24); dACC (BA24); and DLPFC (BA9/46d) – see Experimental Procedures). Moreover, we hypothesised that if empathy motivates prosocial behaviour then the rate at which people can learn to obtain rewards for others, and the neural signatures that underpin prosocial learning, should vary with trait levels of empathy.



145

146 **Figure 1: Behavioural task and data.** (a) Participants performed a
 147 reinforcement-learning task in which they had to learn the probability that
 148 abstract symbols were rewarded. At the beginning of each block participants
 149 were told whom they were playing for, either themselves, the other participant
 150 or in a condition where no-one received the outcome. (b) Group level learning
 151 curves showing choice behaviour in the three learning conditions. Trials are
 152 averaged over the three blocks (48 trials total per condition, 16 trials per
 153 block) for the self, prosocial and no one conditions. Dotted line shows chance
 154 level. (c) Comparison of learning rates (α) from the computational model.
 155 Participants had a significantly higher learning rate when learning in the self
 156 compared to the prosocial and no-one conditions. (d) Individual differences in
 157 empathy (online simulation) modulated the prosocial vs. self learning rate
 158 difference, with those higher in empathy having a more similar learning rate

between the prosocial and self conditions. **(e)** Participants were less consistent (higher β) when choosing for no-one compared choosing in the self and prosocial conditions. Asterisks represent significant differences ($p < .05$).

Results

Behavioural differences in learning to obtain rewards for self, another person or no-one

Participants were able to learn to obtain rewards for themselves, the other person and no-one, performing significantly above chance in all conditions (all $t_s > 9.1$, all $p_s < .001$, all $dfs = 30$; Fig. 1b). Bayesian model comparison revealed that participants' choices were best characterised by a model with separate learning rates and choice variability parameters in each condition (winning model evidence (ΔBIC) > 600 ; see Online methods & Fig. S2. Comparing the learning rate parameters between conditions revealed a main effect of learning condition ($F(2,60) = 11.47$, $p < .001$). Participants learnt more slowly if they were obtaining rewards for another person (prosocial) ($d = .87$, $p < .001$) or no-one ($d = .53$, $p = .01$) than if they were obtaining rewards for themselves (Fig. 1c). There was no difference in learning rate between the prosocial and no-one conditions ($d = .25$, $p = .18$). Choice variability (main effect of condition: $F(2,60) = 7.87$, $p < .001$) could not explain these results, as participants had similar consistency scores when choosing for themselves and the other person ($d = .24$, $p = .20$), but were more random when choosing for no-one

183 compared to themselves ($d=.46$, $p=.017$) and the other person ($d=.58$,
184 $p=.003$) (Fig. 1e). Together, these findings suggest that people have a ‘self-
185 bias’ in their learning, learning more quickly about rewards for themselves
186 compared to for another person or no-one. However, people are similarly
187 variable when choosing for themselves and others, and most variable when
188 no beneficiary will receive the reward.

190 **Identifying common and distinct coding of prosocial prediction errors** 191 **using functional imaging**

193 Using concurrently collected fMRI data, we next examined activity
194 corresponding to the magnitude of PEs, time-locked to choice outcome and
195 modelled independently of choice-related activity (see Experimental
196 procedures). To identify common coding of self, prosocial and no-one PEs we
197 first used a stringent conjunction-null analysis (38) (for main effects see
198 Tables S1&2). Only responses bilaterally in ventral striatum, a region
199 consistently shown to encode rewards delivered to self and others (39, 40),
200 covaried with PEs in all three conditions (MNI coordinates [$x=10$, $y=15$, $z=-9$],
201 $Z=4.09$, $k=91$, $p=.006$ voxel-level small-volume family-wise error corrected
202 (SVC-FWE); and [$x=-12$, $y=10$, $z=-11$], $Z=3.72$, $k=78$, $p=.023$ SVC-FWE; Fig.
203 2a-c). Responses in each learning condition were significantly greater than 0
204 (all $Z>3.72$, $p<.05$ SVC-FWE; Fig.3). The ventral striatum therefore signalled
205 PEs regardless of the beneficiary.

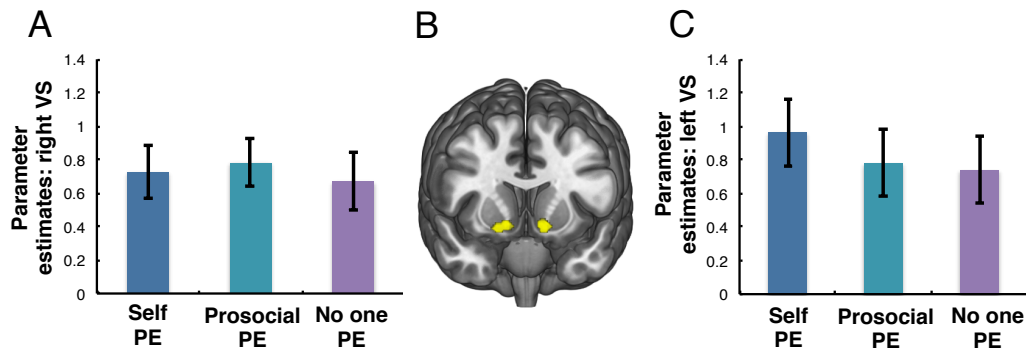


Figure 2: fMRI data, common coding of prediction errors. (a) Ventral striatum responses to PEs regardless of the agent the outcome was received by. **(b)** Overlay of ventral striatum response. All images displayed at $p < .001$ uncorrected. Peak voxels all survive $p < .05$ FWE-SVC (see Fig. S2).

We then identified regions that responded to prosocial PEs exclusively by contrasting the prosocial condition against the combined self and no-one conditions. The sgACC was the only region to specifically respond to prosocial PEs ($[x=-2, y=4, z=-15]$, $Z=3.83$, $k=148$, $p=.019$ SVC-FWE; Fig. 3a-c) and only parameter estimates for prosocial PEs were greater than 0 ($Z=4.95$, $p<.001$, SVC-FWE). The sgACC therefore uniquely signalled PEs when learning to benefit another.

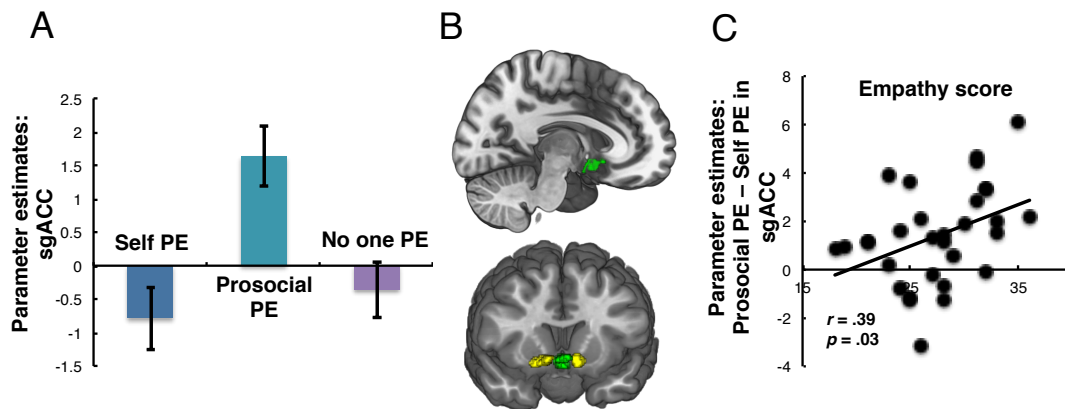


Figure 3: fMRI data, distinct coding of prosocial prediction errors. (a) subgenual anterior cingulate cortex (sgACC) responses to PEs when learning to benefit another person. **(b)** Overlay of sgACC response (green) and VS response (yellow). Image displayed at $p < .001$ uncorrected and all peak voxels survive $p < .05$ FWE-SVC. Crucially the sgACC region in which activity covaried with prosocial PEs did not overlap with the ventral striatum clusters. **(c)** sgACC response was modulated by individual differences in empathy (online simulation).

We also tested for regions that showed greater responses to self/no-one than prosocial PEs. Both left ($[x=-36, y=18, z=43]$, $Z=4.47$, $k=62$, $p=.006$ SVC-FWE) and right ($[x=32, y=15, z=39]$, $Z=4.36$, $k=27$, $p<.020$ SVC-FWE) DLPFC showed this pattern. We did not observe significant responses in the dACC for any contrast.

Mechanistic links between empathy and prosocial learning

Next we tested whether individuals higher in empathy learnt at a similar rate to obtain rewards for others compared to themselves and whether variability in empathy modulated neural responses to prosocial PEs. Consistent with our predictions, we found that the “online simulation” subscale of the Questionnaire of Cognitive and Affective Empathy (41), a validated and psychometrically rigorous measure of trait empathy that probes the tendency to imagine how other people will feel (see Supplemental Experimental Procedures) was positively associated with the learning rate for the prosocial condition, relative to the self (to control for individual differences in learning *per se*) condition ($r=.44$, $p=.01$, 95% CI = .18, .66 ; Fig. 1d & Table S4). We then tested whether the online simulation subscale also predicted neural responses to prosocial PEs. Online simulation was also positively associated with prosocial (compared to self) PE responses in the sgACC ($r=.39$, $p=.03$, 95% CI = .13, .60; Fig. 3d), with those higher in online simulation showing greater sgACC specificity to prosocial relative to self PEs. Together these findings suggest behavioural and neural links between empathy and prosocial behaviour.

Discussion

Reinforcement learning theory (RLT) has provided important insights into how we learn about rewarding information for ourselves. Here we used the RLT

framework to characterise prosocial learning and its underlying computational and neural basis. We found that the ventral striatum commonly coded PEs in all conditions, responding to PEs for self, another person and no-one. In contrast, the sgACC coded PE signals specifically when learning to benefit another. We also observed substantial variability in prosocial learning with differences in both neural and behavioural responses predicted by trait empathy.

Our findings advance theoretical accounts of the neural basis of social behaviour by finding evidence for both ‘common coding’ and ‘socially specific’ regions of the brain underpinning prosocial behaviour (4–7, 42). PE signals in the ventral striatum, which is extensively connected with the sgACC (9), were evident regardless of the context of learning. This finding cannot be easily accommodated within current theories of ventral striatum contributions to learning, which suggest that this region is engaged when learning to obtain beneficial outcomes for oneself (3). Moreover, this finding adds to and extends existing studies of the role of the ventral striatum in social behaviour. Consistent with previous research we find ventral striatum responses to rewards delivered to both self and other (39, 40). However, we also find that these signals are evident even when no-one receives a rewarding outcome. The ventral striatum may therefore be important for learning in many contexts even when a reward is not obtained or consumed by anyone. The profile of response in the VS differs from the sgACC, which shows specificity for signalling PEs when learning to benefit another. Thus while both regions may

play a role in driving prosocial behaviour, the function of ventral striatum may be more domain general than that of sgACC, which we speculate may compute a prediction error specifically for outcomes delivered to others.

Intriguingly, the sgACC region we identified as responding exclusively to prosocial PEs overlapped with a septal-anterior hypothalamic area that is part of the basal forebrain (43). Recent studies of sgACC function have found signals in this region relevant for social cognition and behaviour including credit assignment (44), prosocial and moral behaviour (6, 16, 45, 46), the experience of positive affect (47), trust (48), social emotion (49) and vicarious reward (50, 51). Moreover, there is evidence that the sgACC may signal PEs for self-reward, but only when learning occurs at a specific level of abstraction beyond basic stimulus-response association (52). One possible explanation for this convergence is that similar abstract learning mechanisms may drive how we learn to benefit others, and that both are underpinned by RLT principles. Further studies could compare tasks that manipulate both the social and the hierarchical context of a learning environment to directly test the parallels between these types of learning. In addition, future research should aim to dissociate the functions of the heterogeneous cortical and subcortical structures of the sgACC complex, using high-resolution fMRI, in order to understand which of these sub-regions contribute to social cognition and prosocial learning.

314 We did not observe responses in anterior insula or dACC in any of our
315 contrasts. This may seem surprising given that these regions have previously
316 been implicated in empathy and/or social behaviour (15, 29, 37). Whilst it is
317 difficult to interpret a null finding, as there can be a number of reasons that a
318 particular neural response was not observed, we note that in this experiment
319 participants were performing their task in a different “reference frame” (see
320 53, 54 for recent discussions of the role of reference frames in studies of
321 social cognition) as compared with other studies on empathy/vicarious
322 processing. In our task participants were making choices for another person,
323 not only observing events that happened to others. In other words, in our task
324 decisions were made in a “self-action” reference frame. Studies that compare
325 different reference frames in the same paradigm could help shed light on the
326 functional roles of specific brain areas during empathy and prosocial behavior.

327

328 An important aim of our study was to explain what might drive variability in
329 prosocial learning (1, 20–22). We identify the first evidence of a mechanism
330 linking variability in empathy to variability in prosocial behaviour, with highly
331 empathic individuals having an increased learning rate, and stronger sgACC
332 PE signals, for other people’s rewards. Many accounts of empathy have
333 argued for a crucial role of empathy in the development of prosocial and moral
334 behaviour and the inhibition of aggression (25, 27, 55–58). Our demonstration
335 that empathy is associated with a higher rate of learning about actions that
336 result in beneficial outcomes for other people as well as the neural drivers of
337 prosocial learning suggests a computational link by which empathy could

influence the development of prosocial and moral behaviours. Enhanced signalling of PEs and faster learning when benefitting others also provides a potential explanation for previous reports of individuals higher in empathy being more motivated to behave in a prosocial manner compared to those lower in empathy (21). Moreover, our results support an emerging view that PE signals may be crucial for learning how to interact, and empathise, with others (59). Twin data indicate substantial heritability of prosociality across development (60, 61). Longitudinal developmental investigations, particularly ones that are able to tease apart genetic and environmental contributions to brain function (e.g. twin studies), would be helpful in determining the degree to which the specificity of sgACC activity during prosocial learning reflects an endophenotype for prosocial behaviour.

An influential theory within the literature on empathy is that we empathise with others by a process of (embodied) simulation (62). This view is largely driven by studies that show a degree of overlap in the neural responses to self and other pain, particularly in anterior insula and ACC/MCC (reviewed in(29)), and for pleasant touch (63). Other studies have also supported a simulationist view of empathy by exploiting the placebo analgesia effect, showing that placebo analgesia changes self pain as well as vicarious pain (64, 65). While these studies are consistent with a simulationist account, it remains possible that there exist additional processes that do not operate through self-other overlap that participate in the experience of empathy (15, 30). For example, studies have suggested that other neurocognitive processes, in addition to

simulation, may be important when processing vicarious information, particularly in the domain of positive affect (see (51) for a meta-analysis and (30) for review). In the present study we observed that PE responses in the sgACC were present only when learning to benefit another person, and not when learning to benefit oneself or for no-one (including the latter to control for “fictive” PE signals), suggesting that a “socially-specific” signal is important for prosocial learning in this context. We also observed that those who self-report that they ‘simulate’ most readily also have the most specific signals related to prosocial learning in the sgACC. This points to the intriguing possibility that simulation at the level of self-report may not necessarily be encoded in brain areas that respond to both self and other during learning. It should be noted that given potential gender differences in empathy and prosocial behaviour (e.g. 66) our sample in this study was comprised only of males. Future studies would benefit from also examining prosocial learning in females.

Prosocial behaviours are fundamental for promoting social bonds and cohesion (1, 55, 67), and are disrupted in a number of psychiatric and neurological disorders (23, 68–70). Using the framework of RLT to understand how we learn to make decisions that benefit other people could offer new insights into why these disorders are associated with atypical prosocial behaviour and empathy. Taken together, these findings reveal a novel computational link between prosocial learning and empathy in humans and

therefore pave the way to characterise atypical prosocial interactions in those with disorders of social cognition and behaviour.

Experimental procedures

Participants

Thirty-four right-handed healthy males (age 19-32, $M=22.7$ $SD=3.0$) were recruited through university participant databases. Exclusion criteria included previous or current neurological or psychiatric disorder, non-normal or non-corrected to normal vision, non-native English language and previous or current study of psychology. Three participants were excluded from the analysis (two due to performance at chance level ($\sim 50\%$) in all learning conditions and one due to neurological abnormalities evident on the MRI scan) leaving a final sample of 31. With 31 subjects we had 80% power to detect a 'medium' effect size of $d=0.52$ at $\alpha=0.05$ (two-tailed), an effect size smaller than typically reported in this field, indicating sufficient power. All participants gave written informed consent and the study was approved by the University College London Research Ethics Committee.

Experimental task

We examined BOLD signals that scaled parametrically with the size of a PE at the time of an outcome delivered to self, another person (here a confederate – prosocial condition) or no-one. Participants performed a probabilistic reinforcement-learning task where they were required to learn the probability that each of two symbols would be rewarded. One symbol of each pair was

associated with a high probability (75%) and one with a low probability (25%) of reward. Participants performed this task in three different learning contexts; self, prosocial and no-one. Participants were instructed that when they were playing for themselves they would receive any money they won. Crucially, *when they were playing for the confederate, that participant would receive the money.* When they were playing for no-one the points they saw would not be converted into any additional payment, either for themselves or the other participant. Participants were informed that the other participant was not aware that they were performing a task where they could earn extra money and that any money they won would be given to the other participant anonymously (i.e. it would be placed in a sealed envelope and the two participants would leave the scanning centre at different times).

'Self' blocks began with the instruction 'Play for YOU' and had the word 'YOU' written above all choice symbols and outcomes. Prosocial blocks had the name of the confederate participant written above them. No-one blocks had the word 'NO ONE' written above elements in a trial. This ensured that participants were explicitly aware whether the decisions they made resulted in outcomes for themselves, for the other participant or for no-one (for trial structure and order see Supplemental Experimental Procedures and Fig 1a). Participants practiced one block (16 trials) of the task in a separate session ~7 days before the scanning session to familiarise them with the experimental task. During this practice they were instructed that the outcomes would not be converted into any payment.

432

433 **Procedure**

434

435 Participants were paired with one of two age- and gender-matched
436 confederates whom they believed were naïve participants and had never met
437 prior to the experiment. The confederates were trained in acting as naïve
438 participants during a pilot experiment. Participants attended two sessions. The
439 first session was attended only by the experimental participant and involved
440 practicing the experimental task and completing questionnaires. This was
441 done due to scheduling considerations and so that participants could practice
442 the learning task on their own without the confederate present. The second
443 session (<7 days later) was attended by both the experimental participant and
444 the confederate. The participant and confederate were taken together to the
445 MRI centre and filled in consent forms together in the same room. The
446 confederate was then led into a behavioural testing room and instructed to
447 complete questionnaires, with the experimental participant within earshot this
448 interaction to increase belief in the deception. The experimental participant
449 was taken to the scanning room and reminded of the instructions for the task,
450 with the confederate participant unable to overhear this interaction to ensure
451 that the experimental participants' choices remained anonymous. Participants
452 were told that they would view a pair of symbols on each trial and that they
453 should select one of them. They would receive points for some of their
454 choices that would be converted into money at the end of the experiment,
455 such that the more points they received the more extra money they would

earn. They were instructed that the two symbols would not be the same in terms of how often they gave points and with some symbols they were more likely to win points than other symbols. Whether the symbols appeared on the left or right did not affect their meaning.

Participants were instructed that they would receive extra payment based on the outcomes they received during the experimental task but in fact all participants were paid the same amount due to ethical restrictions (total £30, representing an additional £7 to the standard participant payment for the required time commitment). They also believed that the confederate participant could earn an extra payment based on the choices the experimental participant made during the task. A set of standardised questions completed after the scan confirmed that no participant had become suspicious about the deception during the experiment.

Computational modelling of behavioural data

Learning behaviour in the self, prosocial and no-one conditions was modelled using a reinforcement learning (RL) algorithm (Sutton and Barto, 1998), which has been extensively used to examine the behavioural and neural basis of arbitrary visuomotor associations in both self and social contexts (13, 17–19). The RL model assumes that the associative value of an action (or stimulus) changes when new information reveals that the actual outcome of a decision is different from the expected outcome (2). Thus, on each trial ' t ', an action ' a ' has an expected associative value $Q_t(a)$ that is updated by the mismatch

479 between experienced and expected outcome on the current trial (the PE). At
 480 their most simple, RL algorithms state that expectations of future reward for
 481 action 'a', $Q_{t+1}(a)$ should be a function of current expectations $Q_t(a)$ and the
 482 discrepancy between the actual reward that has just been experienced on this
 483 trial ' r_t ' (coded as 1 or 0 for reward or no reward, respectively) and the
 484 expected reward for this trial 't', $Q_t(a)$. The degree to which this discrepancy
 485 updates the expectation is scaled by the learning rate ' α ' (bounded between 0
 486 and 1), such that:

$$Q_{t+1}(a) = Q_t(a) + \alpha \times \underbrace{[r_t - Q_t(a)]}_{\text{Prediction Error}}$$

487 The learning rate ' α ' controls the extent to which the current expected value is
 488 updated by new information. Consequently, a low learning rate will minimise
 489 the influence of the prediction error and the amount that the value is updated.
 490 The probability that a subject chooses action 'a' on trial 't', given the expected
 491 values of the available actions $Q_t(a)$, is given by the softmax link-function:

$$p_t(a|Q_t(a)) = \frac{e^{(Q_t(a)/\beta)}}{\sum_{a'} e^{(Q_t(a')/\beta)}}$$

492 The temperature parameter ' β ' controls the amount of exploration or noisiness
 493 for that participant (i.e. extent to which the subject decides to choose the most
 494 rewarding option vs. exploring potentially more rewarding actions). The
 495 softmax link-function estimates the trial-by-trial probability of each action by
 496 weighting the ratio of expected values by the temperature parameter. In this
 497 framework, a high temperature parameter ' β ' would lead to similar action
 498 probabilities irrespective of the expected value of each action (resulting in
 499 random behaviour). A low ' β ' would lead to consistent behaviour, where the

action with the higher expected value is invariably selected on each trial. In the full model, separate α and β parameters were estimated for each of the self, prosocial and no-one conditions, as this provided the most parsimonious explanation for the behavioural data (see supplemental experimental procedures for details of model fitting and model comparison, and Fig. S2).

Statistical analysis of behavioural data

Analyses of behavioural data were performed in SPSS 22 (Armonk, New York: IBM Corp). We examined differences between conditions in the learning rate and temperature parameters at the group level using separate repeated measures analyses of variance (ANOVAs), with three levels (self, prosocial and no-one). Separate ANOVAs were conducted as the learning rate and temperature parameters represent different units of measurement. We examined bivariate associations between the prosocial-self difference in learning rate and temperature and empathy questionnaire sub-scales using the Pearson correlation coefficient. Effect sizes (Cohen's d) were calculated by dividing the mean difference between conditions by the standard deviation of the difference(71). Confidence intervals for correlation coefficients were estimated using SPSS 22 Bootstrap procedure.

Fmri acquisition and analysis

A Siemens Avanto 1.5-T MRI scanner was used to acquire a 5.5-minute 3-dimensional T1-weighted structural scan and 424 multislice T2*-weighted echo planar volumes with blood oxygenation-level-dependent (BOLD) contrast. The structural scan was acquired using a magnetization prepared

rapid gradient echo (MPRAGE) sequence with 176 slices; slice thickness=1 mm; gap between slices=0.5 mm; TR=2730 ms; TE=3.57 ms; field of view=256 mm x 256mm²; matrix size=256 x 256; voxel size=1x1x1 mm resolution. The functional imaging sequence was acquired in an ascending manner, at an oblique angle ($\approx 30^\circ$) to the AC-PC line to decrease the impact of susceptibility artefact in the orbitofrontal cortex (72) and had the following acquisition parameters: 424 volumes, 1 mm gap; echo time=50 ms; repetition time=2975 ms; flip angle=90°; field of view=192 mm; matrix size=64x64.

Imaging data were analysed using SPM8 (www.fil.ion.ucl.ac.uk/spm). Data preprocessing followed a standard sequence: the first 4 volumes and last volume were discarded. Images were then realigned and co-registered to the participant's own anatomical image. The anatomical image was processed using a unified segmentation procedure combining segmentation, bias correction, and spatial normalization to the MNI template using the New Segment procedure (73); the same normalization parameters were then used to normalize the EPI images. The voxel size was resampled to 1.5 x 1.5 x 1.5mm. Lastly, a Gaussian kernel of 8 mm FWHM was applied to spatially smooth the images. Before the study, example first-level design matrices were checked to ensure that estimable GLMs could be performed with independence between the parametric regressors (chosen value and PE in the three conditions), with correlations coefficients of $r < 0.25$. This allowed us to look at PE-related responses independent of chosen value.

547 Eight event-types were used to construct regressors in which event timings
548 were convolved with SPM's canonical haemodynamic response function. The
549 three conditions at the time of the cues and three conditions at the time of the
550 outcome were modelled as separate regressors using stick functions. Each of
551 these regressors was associated with a parametric modulator taken from the
552 computational model. At the time of the cue this was the chosen value, and at
553 the time of the outcome, the PE (calculated as in Equation 1 above). The PEs
554 were estimated using each subjects own alpha and beta from each condition.
555 The instruction cue at the beginning of each block was also modelled in a
556 single regressor as a stick function. In some participants, an eighth regressor
557 modelled all missed trials, on which participants did not select one of the two
558 symbols in the response window. For those participants where there was
559 visible head motion in a particular scan (scans with >1 mm or 1 degree
560 movement relative to the next were examined visually) an extra regressor was
561 included corresponding to each scan. These images were removed and
562 replaced with an image created by interpolating the two adjacent images in
563 order to prevent distortion of the between-subjects mask (4 participants, less
564 than 1% of total time series). Six head motion parameters modelled the
565 residual effects of head motion as covariates of no interest. Data were high-
566 pass filtered at 128 s to remove low-frequency drifts, and the statistical model
567 included an AR(1) autoregressive function to account for autocorrelations
568 intrinsic to the fMRI time-series. Our primary analysis focused on the PEs at
569 outcome (for response to chosen value see table S1).

Contrast images from the first level were input into a second-level flexible-factorial design with three levels (self PE, prosocial PE, no-one PE). Main effects are reported at $p < .05$, family-wise error (FWE) corrected at the voxel level across the whole brain or $p < .05$ small volume corrected (SVC) at the voxel level in regions where we had a strong *a priori* hypothesis (see below).

ROI selection and fMRI contrasts

The *a priori* regions-of interest (ROIs) were defined anatomically using masks taken from an appropriate atlas (bilateral VS, sgACC, dACC, bilateral DLPFC; toolboxes: Harvard-Oxford Atlas, regions 46v and 9 (74), Anatomy Toolbox regions s24 and 25 (75), region 24 from (76), see Fig. S3 and supplemental experimental procedures for further details of ROI selection). We additionally applied a False Discovery Rate correction (FDR) (77), rather than Bonferroni correction (which may be overly conservative given that our ROIs were not entirely independent from one another as they are functionally and anatomically connected (9,10,11))), for the number of ROIs. All ROI comparisons remained significant ($p < .05$) when controlling for the number of comparisons using FDR.

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