Figure 1. Flow Diagram of Articles in Review

Initial search
n = 492

Excluded
n = 1
(Duplicate)

Screening titles/ abstracts
n = 491

Excluded
n = 296

Included titles/ abstracts
n = 195

Screening full-text articles
n = 195

Excluded
n = 22
(Not RCT=13, additional publication on already included study population=8, duplicate=1)

Included full-text articles
n = 173