Heterozygous Missense Mutations in Steroidogenic Factor 1 (SF1/Ad4BP, NR5A1) Are Associated with 46,XY Disorders of Sex Development with Normal Adrenal Function

Lin Lin, Pascal Philibert, Bruno Ferraz-de-Souza, Daniel Kelberman, Tessa Homfray, Assunta Albanese, Veruska Molini, Neil J. Sebire, Silvia Einaudi, Gerard S. Conway, Ieuana A. Hughes, J. Larry Jameson, Charles Sultan, Mehul T. Dattani, and John C. Achermann

UCL Institute of Child Health (L.L., B.F.-d.-S., D.K., M.T.D., J.C.A.) and Department of Medicine (L.L., B.F.S., G.S.C., J.C.A.), University College London, London WC1N 1EH, United Kingdom; Service d’Hormonologie du Développement et de la Reproduction (P.P., C.S.), Hôpital Lapeyronie et Institut National de la Santé et de la Recherche Médicale U540, Centre Hospitalier Universitaire, and Unité d’Endocrinologie Pédiatrique (C.S.), Hôpital Arnaud de Villeneuve, Centre Hospitalier Universitaire Montpellier, 34295 Montpellier, France; Departments of Medical Genetics (T.H.) and Paediatric Endocrinology (A.A.), St. George’s Hospital Medical School, London SW17 0RE, United Kingdom; Department of Paediatric Endocrinology (V.M., S.E.), Regina Margherita Hospital, 10126 Turin, Italy; Department of Paediatric Histopathology (N.J.S.), Great Ormond Street Hospital for Children, London WC1N 1LE, United Kingdom; Department of Paediatrics (I.A.H.), University of Cambridge, Cambridge CB2 1TN, United Kingdom; and Feinberg School of Medicine (J.L.J.), Northwestern University, Chicago, Illinois 60611

Context: Steroidogenic factor 1 (SF1/Ad4BP/FTZF1, NR5A1) is a nuclear receptor transcription factor that plays a key role in regulating adrenal and gonadal development, steroidogenesis, and reproduction. Targeted deletion of Nr5a1 (SF1) in the mouse results in adrenal and gonadal agenesis, XY sex-reversal, and persistent Müllerian structures in males. Consistent with the murine phenotype, human mutations in SF1 were described initially in two 46,XY individuals with female external genitalia, Müllerian structures (uterus), and primary adrenal failure.

Objective: Given recent case reports of haploinsufficiency of SF1 affecting testicular function in humans, we aimed to identify SF1 mutations in a cohort of individuals with a phenotypic spectrum of 46,XY gonadal dysgenesis/impaired androgenization (now termed 46,XY disorders of sex development) with normal adrenal function.

Methods and Patients: The study included mutational analysis of NR5A1 in 30 individuals with 46,XY disorders of sex development, followed by functional studies of SF1 activity.

Results: Heterozygous missense mutations in NR5A1 were found in four individuals (four of 30, 13%) with this phenotype. These mutations (V15M, M78I, G91S, L437Q) were shown to impair transcriptional activation through abnormal DNA binding (V15M, M78I, G91S), altered subnuclear localization (V15M, M78I), or disruption of the putative ligand-binding pocket (L437Q). Two mutations appeared to be de novo or germline changes. The other two mutations appeared to be inherited in a sex-limited dominant manner because the mother is heterozygous for the change.

Conclusions: These studies demonstrate that SF1 mutations are more frequent than previously suspected causes of impaired fetal and postnatal testicular function in 46,XY individuals. (J Clin Endocrinol Metab 92: 991–999, 2007)
G35E mutation that disrupts the P-box primary DNA-binding motif of SF1 and results in decreased target gene binding and transactivation (8, 10, 11). The second patient had a homozygous R92Q mutation that disrupts the A-box secondary DNA-binding motif of SF1, resulting in a variable and partial loss of SF1 activity (9, 10). Heterozygous carriers of the R92Q mutation have normal reproductive development and adrenal function.

Recently the phenotypic spectrum associated with SF1 mutations in humans has been expanded to include milder forms of 46,XY gonadal dysgenesis/impaired androgenization with normal adrenal function, following case reports of individuals with heterozygous de novo frameshift or nonsense mutations in NR5A1/SF1 (8-bp microdeletion between nucleotides 1058–1065; C16X; 18delC) (12–14). These cases suggest that haploinsufficiency of SF1 can be associated with a predominantly gonadal phenotype in humans, although it is possible that these patients could develop an adrenal phenotype with time.

Here we report four novel heterozygous missense mutations in NR5A1/SF1 and show that de novo/germline or sex-limited dominant mutations are a relatively frequent cause of 46,XY disorders of sex development (DSD) in humans [previously often referred to as male pseudhermaphroditism or intersex and including disorders of gonadal (testicular) development as well and disorders of androgen synthesis and action] (15). These point mutations are providing important insight into critical functional domains of this nuclear receptor and have implications for assessing and counseling individuals and families with reproductive disorders.

Patients and Methods

Patient groups

After institutional review board approval and with informed consent, DNA was obtained from 30 patients with 46,XY DSD (SRY positive). Patients with syndromic forms of gonadal dysgenesis (GD), chromosomal abnormalities, and obvious defects in androgen biosynthesis and action were excluded. The phenotypic spectrum of patients studied included: 1) complete GD, female external genitalia, uterus (n = 12); 2) partial/mild GD, clitoromegaly, uterus (n = 6); 3) partial/mild GD, female external genitalia, no uterus (n = 2); 4) partial/mild GD, clitoromegaly/labial rugosity/ambiguous genitalia, no uterus (n = 7); and 5) mild GD, hypospadias, no uterus (n = 3). No other monogenic causes of GD were analyzed before NR5A1 (SF1).

Mutational analysis

The entire coding region (exons 2–7) and splice sites of NR5A1 (SF1) were PCR amplified and sequenced directly using a BigDye Terminator version 1.1 cycle sequencing kit (Applied Biosystems, Warrington, UK) and MegaBACE1000 capillary DNA sequencer (Amersham Biosciences, Buckinghamshire, UK) (9, 16). More than 200 control alleles were analyzed.

Mutant SF1 expression vectors

For studies of transcriptional activation and dominant negativity, mutant SF1 expression vectors containing the V15M, M781, G91S, and L437Q variants (and previously described G35E and R92Q mutations) were generated by site-directed mutagenesis (QuikChange; Stratagene, Amsterdam, The Netherlands) using wild-type (WT) human SF1 cDNA in a pCMX expression vector as a template. WT and mutant GFP-SF1 constructs were generated by cloning WT SF1 cDNA in-frame into a pAcGFP-C1 vector (CLONTECH, Oxford, UK) to produce a fusion protein of SF1 with a monomeric green fluorescent protein (GFP) tag at its amino-terminal end. Mutant pAcGFP-C1-SF1 vectors (V15M, G35E, M781, G91S, R92Q, and L437Q) were generated by site-directed mutagenesis, using the WT construct as a template (QuikChange; Stratagene). The entire sequence of all mutant plasmids was confirmed before functional studies.

Studies of transcriptional activation

Transient gene expression assays were performed in 96-well plates (Techno Plastic Products, Trasadingen, Switzerland) using tsα201 human embryonic kidney cells or Chinese hamster ovary (CHO) cells, lipofectamine 2000 (Invitrogen, Paisley, UK), and a dual-luciferase reporter assay system (Promega, Southampton, UK) with cotransfection of pRLSV40 Renilla luciferase (Promega) as a marker of transfection efficiency. For analysis of target gene transcriptional activation, pCMXWT or mutant SF1 expression vectors (2 ng/well) were cotransfected into tsα201 cells with reporters containing SF1-responsive minimal promoters (murine Cyp11a, rat Cyp19, murine Insl3/relaxin-like factor, and human MIS) (100 ng/well), as reported previously (10, 17). Synergistic activation of the rat LHβ promoter was studied using 2 ng pCMXWT or mutant SF together with 2 ng cell of pCMXGfr (early growth response 1) (18). In all studies, cells were lysed 24 h after transfection and luciferase assays were performed (dual luciferase reporter assay system; Promega) using a FLUOstar Optima fluorescence microplate reader (BMG Labtech, Aylesbury, UK). All data were standardized for Renilla coexpression. Results are shown as the mean ± SEM of at least three independent experiments, each performed in triplicate.

Studies of WT/mutant interactions

Studies of WT/mutant interactions were performed using a 1:1 ng mix of WT-mutant vector on each promoter in tsα201 cells, as well as by transfecting WT or mutant SF (2 ng) into a CHO cell line with low-level endogenous SF1 expression and assessing transactivation of the Cyp11a reporter (50–100 ng). In addition, increasing amounts of pCMXWT or mutant SF1 expression vector (0, 1, 2, 5, 10 ng) were cotransfected with either 1 ng empty vector or 1 ng WT SF1 cDNA and Cyp11a reporter (100 ng) in tsα201 cells to assess for potential dominant-negative effects when increasing ratios of mutant to WT vectors (up to 10:1) were used.

Alternative cell lines

In addition to using the SF1 neutral cell line (tsα201) described above, transient transfection studies of WT and mutant SF1 activity were performed in NCI-H295R human adrenal carcinoma cells, TM3 mouse Leydig cells, and TM4 mouse Sertoli cells, using 150 ng/well of reporter (Cyp11a, Cyp11b, MIS) and 5, 20, and 10 ng/well of SF1 expression vector, respectively.

Studies of SF1 expression, nuclear localization, and nucleolar immunofluorescence

WT and mutant pAcGFP-C1SF1 expression vectors (0.8 μg) were transfected into tsa cells using lipofectamine 2000 (Invitrogen). After 24 h, cells were fixed and nuclear counterstaining performed with Vectashield-containing 4′,6-diamidino-2-phenylindole (Vector Laboratories, Peterborough, UK). Cells were visualized using an Axioskop microscope and camera (Zeiss, Oberkochen, Germany). Nucleolar immunofluorescence was performed using a primary monoclonal α-C23 antinucleolin antibody (Santa Cruz Biotechnology, Santa Cruz, CA) at 1:100 dilution, and a secondary rhodamine tetramethylrhodamine isothiocyanate porcine antirabbit antibody (DakoCytomation, Glostrup, Denmark) at a dilution of 1:30.

DNA binding

In vitro translation of WT and mutant SF1 proteins was performed using the TNT reticulocyte system (Promega). Synthetic oligonucleotides corresponding to the SF1 response elements of target genes were generated; data for the 3′ SF1 binding site on the Cyp11a minimal promoter are shown (5′-GCCTTCTCTTGGAGCCGCTCTTT-3′, SF1 site underlined). Probes were labeled with [32P]dCTP by Klenow polymerase, and EMSAs were performed as described previously (10). Binding
Case histories

Patient 1 (V15M). Patient 1 was born to British Caucasian parents. Chorionic villus sampling revealed a 46,XY karyotype, but the baby was born with female external genitalia, and bilateral gonads (testes) were palpable in rugose labia. Endocrine investigations were consistent with gonadal dysgenesis with impaired androgen biosynthesis (Table 1). The 46,XY karyotype was confirmed and adrenal function was normal. The baby was raised female and gonadectomy was performed at 4 months of age. Histology revealed small gonads (8 mm) with well-formed testicular tissue with abundant seminiferous tubules (Fig. 1A), multiple germ cells (Fig. 1B), and well-developed vasa deferentia and epididymes. No Mullerian structures were present and there was a small blind-ending vagina with closed internal inguinal rings. Mutational analysis identified a heterozygous methionine to isoleucine (M78I) mutation, which affects a highly conserved amino acid in the first zinc finger of the DNA-binding domain (DBD) of SF1 (Fig. 2, A–C). Parents are wild type for this sequence.

Patient 2 (M78I). Patient 2 is the first child of Italian Caucasian parents. Amniocentesis had revealed a 46,XY karyotype, but normal female external genitalia were apparent at birth with bilateral gonads (testes) palpable on deep inguinal palpation. Endocrine investigations at 5 months of age showed poor testosterone response to human chorionic gonadotropin (hCG) stimulation, very low Mullerian inhibiting substance [MIS/anti-Mullerian hormone (AMH)], and normal adrenal steroids (Table 1). Gonadectomy at 7 months of age revealed small testes with seminiferous tubules, scarce germ cells (Fig. 1C), and well-developed vasa deferentia and epididymes. Interstitial cells appeared vacuolated (Fig. 1D) and a Mullerian duct remnant was present. Mutational analysis identified a heterozygous methionine to isoleucine (M78I) mutation, which affects a highly conserved region of SF1 between the DNA-binding zinc fingers and A-box region (Fig. 2, A–C). The mother carried this M78I change.

Table 1. Genetic, clinical, and biochemical features of patients with SF1 mutations reported here

<table>
<thead>
<tr>
<th>Mutation</th>
<th>Inheritance</th>
<th>Karyotype</th>
<th>Phenotype</th>
<th>Gonad position</th>
<th>Gonad histology</th>
<th>Mullerian structures</th>
<th>LH (IU/liter)</th>
<th>FSH (IU/liter)</th>
<th>Testosterone (ng/dl)</th>
<th>MIS (ng/ml)</th>
<th>ACTH (pg/ml)</th>
<th>Cortisol (µg/dl)</th>
<th>Plasma renin activity (ng/ml/h)</th>
</tr>
</thead>
<tbody>
<tr>
<td>V15M</td>
<td>Heterozygous; de novo or germline</td>
<td>46,XY</td>
<td>Female</td>
<td>Labial</td>
<td>Testis</td>
<td>Absent</td>
<td>Basal 2.3</td>
<td>9.5</td>
<td>&lt;3</td>
<td>7.3</td>
<td>19</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td>M78I</td>
<td>Heterozygous; sex-limited dominant</td>
<td>46,XY</td>
<td>Female</td>
<td>Labial rugosity</td>
<td>Inginal</td>
<td>Remnant</td>
<td>Peak 10</td>
<td>24</td>
<td>81</td>
<td>3.2</td>
<td>205; 29</td>
<td>35</td>
<td></td>
</tr>
<tr>
<td>G91S</td>
<td>Heterozygous; sex-limited dominant</td>
<td>46,XY</td>
<td>Female</td>
<td>Labial</td>
<td>Testis</td>
<td>Remnant</td>
<td>Peak 28b</td>
<td>16</td>
<td>23</td>
<td>NA</td>
<td>NA</td>
<td>62b,d</td>
<td></td>
</tr>
<tr>
<td>L437Q</td>
<td>Heterozygous; de novo or germline</td>
<td>46,XY</td>
<td>Female</td>
<td>Labial</td>
<td>Germ cells</td>
<td>Remnant</td>
<td>Peak 21b</td>
<td>1.9; 8.2</td>
<td>16</td>
<td>NA</td>
<td>NA</td>
<td>105b; 29b</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Labial</td>
<td>Germ cells</td>
<td>Absent</td>
<td>Peak 13</td>
<td>7.4</td>
<td>&lt;20</td>
<td>NA</td>
<td>NA</td>
<td>3.2b</td>
<td></td>
</tr>
</tbody>
</table>

Normal values (mean ± SD or range):
- LH (IU/liter): 2.3 ± 2.2; <0.8b
- FSH (IU/liter): 0.5–6.9b
- Testosterone (ng/dl): 2.4 ± 4.3; 0.4–3.0b
- MIS (ng/ml): >300; 5–100b
- ACTH (pg/ml): >150b; >365b
- Cortisol (µg/dl): >36; 2–15b
- Plasma renin activity (ng/ml/h): >10; 2–20b

All basal values were obtained between 7 and 10 d of life, unless indicated. Conversion to SI units: testosterone, nanograms per deciliter × 0.0347 for nanomoles per liter; AMH, nanograms per milliliter × 7.14 for picomoles per liter; ACTH, picograms per milliliter × 0.22 for picomoles per liter; cortisol, micrograms per deciliter × 27.6 for nanomoles per liter; plasma renin activity, nanograms per milliliter per hour × 0.77 for picomoles per milliliter per hour; aldosterone, nanograms per deciliter × 27.7 for picomoles per liter. NA, Not available.

a Histology obtained at 6 yr of age.
b Data at 5 months of age.
c Three-week hCG stimulation test.
d One-week hCG stimulation.
e Three-day hCG stimulation.
f Data at 9 months of age.
g Data at 40 d of age.
h Data at 10 yr of age.
months of age. Histology revealed testes (10 mm) containing abundant seminiferous tubules with Sertoli cells and multiple germ cells (Fig. 1, E–F), although tubule density was reduced in some areas. The vasa deferentia and epididymes appeared normal and Müllerian structures were absent, although a Müllerian duct remnant with ciliated epithelium was identified close to the testis (Fig. 1G). Endocrine investigations were consistent with gonadal dysgenesis/impaired androgen biosynthesis (Table 1). Adrenal investigations were normal. Mutational analysis revealed a heterozygous glycine to serine (G91S) mutation in the A-box region of SF1 (Fig. 2, A–C). The same heterozygous G91S change was present in the mother.

**Patient 4 (L437Q).** Patient 4 was the only child born to British Caucasian parents and was noted at birth to have a small phallus with severe penoscrotal hypospadias and chordee but moderate corporal tissue. Bilateral testes were palpable and could be brought down into the scrotum. Karyotype 46,XY and endocrine investigations were consistent predominantly with impaired androgen biosynthesis (Table 1). Adrenal function was normal. He responded well to three cycles of testosterone treatment (25 mg) in early infancy and had a hypospadias repair at 14 months of age. At 6 yr of age, he required bilateral orchiopexies to secure the testes in the scrotum. A biopsy of the right testis taken at this time showed separated hyalinized noncannulated seminiferous tubules with a predominantly Sertoli cell-only pattern and very few scattered germ cells (Fig. 1H). Leydig cells were not identified, as is typical for this age. Mutational analysis revealed a heterozygous de novo (or germline) leucine to glutamine mutation (L437Q) affecting a highly conserved amino acid in the ligand-binding domain (LBD) of SF1 that is predicted from the crystal structure of SF1 to form part of the phospholipid ligand binding pocket (Fig. 2A) (19–21). Parents are wild type for this sequence.

Further investigation of the hypothalamo-pituitary-gonadal endocrine axis in late childhood and adolescence in this patient suggested a partial form of hypogonadotropic hypogonadism in addition to a primary testicular defect. At 8 yr of age, his testosterone response to 3-d stimulation with hCG was flat [basal testosterone, 23 ng/dl (0.8 nmol/liter); peak testosterone, 17 ng/dl (0.6 nmol/liter); normal response > 150 ng/dl (5nmol/liter); our unpublished data and others], and he had an absent LH response to bolus LHRH stimulation (LH basal, < 0.5 IU/liter; LH peak, < 0.5 IU/liter; FSH basal, 0.2 IU/liter; FSH peak, 4.3 IU/liter). Prolonged hCG stimulation for 3 wk at 12 yr of age produced a peak testosterone of 226 ng/dl [7.0 nmol/liter; our unpublished data and others], and he had an absent LH response to bolus LHRH stimulation (LH basal, < 0.5 IU/liter; LH peak, < 0.5 IU/liter; FSH basal, 0.2 IU/liter; FSH peak, 4.3 IU/liter). Prolonged hCG stimulation for 3 wk at 12 yr of age produced a peak testosterone of 226 ng/dl [7.0 nmol/liter; normal response > 365 ng/dl (12.6 nmol/liter); our unpublished data]. He showed only limited spontaneous progress in puberty by 13.3 yr [pubertal ratings: Tanner G2, P1, A1, 4–5 c testicular volumes; LH, 1.7 IU/liter; FSH, 11.0 IU/liter; testosterone, 64 ng/dl (2.2 nmol/liter); normal gonadotropin values: LH basal, < 0.5–2.7 IU/liter; FSH basal, < 1.0–4.4 IU/liter; values normally considerably higher when testicular dysgenesis is present] and was started on supplemental testosterone therapy to induce puberty.
Functional studies of SF1 activity

Using embryonic kidney tsA201 cells, analysis of WT and mutant SF1 function in transient gene expression assays showed markedly impaired activity for all mutants on a range of different native SF1 target gene promoters (Cyp11a, Cyp19, Insl3, MIS), as well as in synergistic activation of the LHβ/H9252 promoter with Egr1 (Fig. 3, A–F). In comparison, the R92Q A-box mutant previously described in a homozygous state in a patient with severely impaired androgenization and adrenal failure had partial activity.

Studies of WT/mutant interactions

Cotransfection of mutant with WT SF1 did not show a strong dominant-negative effect when transfected in a 1:1 ratio with WT vector in tsA201 cells (Fig. 4, A and B) or a CHO cell line with endogenous SF1 expression (Fig. 4C) or when increasing amounts of mutant vector were used against a fixed WT vector concentration (Fig. 4D). The G35E and G91S mutants showed a small reduction in WT activity when greater quantities of plasmid were cotransfected, but, even with a 10:1 mutant to WT ratio, WT activity was not reduced...
less than 50% and never completely extinguished. Thus, although a competitive or mild dominant-negative effect may be present with these mutant proteins, a classic dominant-negative effect is not observed.

**Alternative cell lines**

The V15M, M78I, and G91S mutants showed loss of function in adrenal, Leydig, and Sertoli cell lines, whereas the L437Q ligand-binding domain mutant retained partial activity in these cell systems, consistent with the milder clinical phenotype of this patient (hypospadias, male gender assignment) (Fig. 4, E–G).

**SF1 expression and cellular localization**

GFP-tagged WT SF1 showed strong nuclear localization with nucleolar exclusion (Fig. 5, A–C). A similar pattern of nuclear localization was seen for most mutant SF1 species (G35E, G91S, R92Q, L437Q) (Fig. 5B). In addition, the V15M and in particular M78I constructs showed strong subnuclear foci in many of the transfected cells (Fig. 5B). These foci were shown to be extranucleolar (Fig. 5C).

**Studies of DNA binding to target genes**

EMSAs showed significantly impaired binding by the V15M, G35E, M78I, and G91S mutants, whereas the R92Q mutant had partial loss of binding to a native SF1 target sequence (Cyp11a, 3' SF1 site) (Fig. 5D). As expected, binding was not impaired for the L437Q LBD mutant.

**Discussion**

The diagnosis and management of the 46,XY infant with severe underandrogenization or genital ambiguity is one of
the greatest challenges faced by pediatric endocrinologists, urologists, and geneticists. Making a correct diagnosis can have implications for gender assignment, the likely response to hormone treatment, sexual function, fertility options, gonadal malignancy risk, and provision of informed and appropriate counseling to the family. Thus, improving our understanding of the genetic basis of DSD in humans has important translational consequences (15).

SF1 is a nuclear receptor that plays a central role in adrenal and reproductive function because it influences gene transcription at multiple levels and at different stages of development. Complete loss of SF1 function in mice results in apoptosis of the developing adrenal gland and gonad during early embryogenesis (3, 4). The first human SF1 mutation, a heterozygous G35E change, was reported in a 46,XY female patient with primary adrenal failure, relatively severe gonadal dysgenesis, and Müllerian structures (8). Subsequently the description of a homozygous R92Q mutation in SF1 in an infant with a similar phenotype led to the proposal that functional gene dosage effects of SF1 are important and that loss of SF1 function between haploinsufficiency and null can be associated with a gonadal and adrenal phenotype in humans (9, 22).

Recent reports of three heterozygous frameshift or nonsense mutations in NR5A1/SF1 (1058–1065del8bp, 18delC, C16X) in patients with 46,XY DSD and apparently normal adrenal function support the concept that haploinsufficiency of SF1 (or partial loss of function) can present with a predominantly gonadal phenotype in humans (12–14). In this current report, we show that heterozygous missense mutations in critical regions of NR5A1/SF1 can be associated with 46,XY DSD and normal adrenal function and that such NR5A1/SF1 mutations account for 13% of cases of previously undiagnosed 46,XY gonadal dysgenesis/impaired androgenization.

The SF1 mutations identified in our cohort were found predominantly in individuals with impaired Leydig cell function and androgen biosynthesis rather than significant gonadal dysgenesis or classic Swyer syndrome (complete gonadal dysgenesis and Müllerian structures). Testicular architecture was relatively intact postnatally in the three individuals with amino-terminal mutations (V15M, M78I, C91S) who were raised female and underwent early gonadectomy. Müllerian regression had occurred in all cases, and the androgen response to hCG stimulation was surprisingly impaired for testicular size and location. Although AMH levels were low in the two cases studied, this finding may reflect impaired SF1 transcription of the AMH promoter rather than a direct consequence of Sertoli cell dysfunction. Well-developed Wolffian structures (vasa deferentia, epididymes) were present, which are an unusual feature in 46,XY patients with such significant underandrogenization.
The identification of naturally occurring missense mutations in SF1 is also helping to reveal important functional domains for nuclear receptor action. The three mutations that lie within the very highly conserved amino-terminal region of the protein (V15M, M78I, G91S) affect DNA binding and target gene transactivation (Figs. 2, A and C, 3, and 5). The valine to methionine mutation at codon 15 (V15M) is a relatively mild disruption but lies in a critical part of the first zinc-finger of the DBD (Fig. 2, B and C) (10). The glycine to serine mutation at position 91 (G91S) affects a crucial amino acid in the A-box region of the FTZ-F1 domain, which is involved in stabilizing DNA binding by monomeric receptors through an interaction with the PyCA-flanking sequencing of the half-site (PyCA AGGPyCPU) in the minor groove of DNA. A partial loss-of-function mutation in an adjacent codon (R92Q) was reported previously, with phenotypic expression only in the homozygous state (9, 10). The methionine to isoleucine mutation at position 78 (M78I) affects a highly conserved codon between the zinc fingers and A-box in the amino-terminal region of the FTZ-F1 domain (Fig. 2C) (23). Although relatively little is known about this region, our studies of GFP-SF1 fusion proteins show that this M78I mutation exhibits marked clustering in subnuclear promyelocytic leukemia (or ND10) bodies in many cells (Fig. 5, B and C) as well as impaired DNA binding (Fig. 5D).

Similar aggregation has been reported for mutations in several other nuclear receptors (e.g., estrogen receptor, androgen receptor, glucocorticoid receptors) or after stimulation with signaling pathway activators or when associated with cofactor (e.g., GRIP1, RIP140) as part of a ubiquitin-proteasome complex or within the preassembly transcriptional complex machinery (24–28). Recent data have also demonstrated focal clustering for SF1 after protein kinase A pathway stimulation (29), when associated with coactivators and corepressors (e.g., GCN5, DAX1) (30), and after recruitment of SF1 by p300/cAMP response element-binding protein (CREB)-binding protein (CBP) to a p300-RNA Pol II locus before acetylation, DNA binding, and transcriptional activation (31). Thus, it is possible that the M78I mutant (and V15M) becomes aggregated in these complexes and prevents subsequent transcriptional activation or cannot dissociate from the complexes causing sequestration of cofactors and transcriptional machinery. Such mechanisms may be an important additional means by which mutations in nuclear receptor transcription factors can cause human disease. Finally, disparate effects between the G35E and other point mutants were not seen in the different cell lines studied here. Thus, the G35E mutant may have partial dominant-negative effects in more complex or adrenal-specific gene transcription systems, or modifier loci may be important in dictating the predominately gonadal vs. combined gonadal and adrenal phenotype.

In contrast to these DNA-binding region mutations, the L437Q mutation is the first ligand-binding region mutation reported in SF1 and is the first reported case of a mild phenotype (penoscrotal hypospadias) in a patient raised male. Consistent with this phenotype, the L437Q SF1 mutant retained partial function in several SF1-expressing cell lines (Fig. 4, E–G). In contrast, his testicular biopsy at 6 yr of age showed more marked changes than in subjects 1–3. Whether these histological changes represent a progressive postnatal deterioration in testicular integrity with time or the consequences of testicular maldescent is unclear. Analysis of further patients with SF1 mutations who are raised male will be necessary to confirm whether progressive testicular changes occur with time.

Recently the putative LBD of SF1 has been crystalized and shown to interact with phospholipid ligands (19–21). These ligands may be important in the interface between phosphatidylinositol 3-kinase signaling pathways and SF1 activation. The L437Q mutation reported here affects an amino acid thought to interact directly with the phospholipid lipid as part of the ligand-binding pocket. The leucine to glutamine mutation would be predicted to destabilize this domain through replacement of the hydrophobic side chain with the polar amide group (19–21). Of note, this patient appears to be developing a partial form of hypogonadotropic hypogonadism in addition to a primary testicular defect. Phosphatidylinositol 3-kinase-dependent signaling may be more important in the gonadotrope, compared with the adrenal (32, 33). Further studies through adolescence will be necessary to validate this hypothesis, once puberty has been induced with sex steroid supplementation.

Taken together, these cases show that heterozygous missense mutations in NR5A1/SF1 are emerging as a relatively frequent association with 46,XY disorders of sex development with intact adrenal steroid biosynthesis. Whether these patients will develop adrenal failure with time remains to be seen, but this study supports the hypothesis that, in humans, the developing testis may be more sensitive to disruption by partial loss of SF1 function than the developing adrenal gland (22, 34) and that androgen biosynthesis is more severely affected than testicular integrity. Furthermore, the apparent sex-limited dominant transmission of NR5A1/SF1 mutations in two cases here (M78I, G91S) support reports of preserved ovarian development and function in a 46,XX girl who has adrenal failure due to a heterozygous R255L mutation in SF1 (35). Indeed, ovarian development is relatively preserved after tissue-specific targeted deletion of SF1 in mice, possibly due to the compensatory role of the related nuclear receptor LRH1 (NR5A2) (36, 37). The families described here could be at risk of having future affected 46,XY fetuses or carrier daughters, similar to an X-linked pattern of inheritance. Further studies will be necessary to establish the exact prevalence of NR5A1/SF1 mutations in patients with reproductive disorders, the long-term risk of adrenal dysfunction, whether different disease mechanisms (e.g., ligand-binding defects, nuclear aggregation) have different clinical consequences, and whether polymorphic variants of SF1 (e.g., G146A) are important modifiers of phenotypic expression of reproductive disorders (38, 39).

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