Conclusions
The level of agreement between patients and carers was reasonably high on most questions. The agreement was lowest for the question about anxiety and depression, with carers tending to report more problems compared to the patient’s own assessment. The level of agreement seen means it may be reasonable to use the carer response in some situations where it is not appropriate to ask the patient directly. Caution is advised though as even for the question on mobility there was disagreement in 18% of cases.

Therefore within the confines of a clinical trial, it could be appropriate to use these proxy assessments to assess treatment effects. QUARTZ is one of few trials in this setting, and further studies looking at the use of proxy responses in poor prognosis populations are warranted.