

RyR1 Deficiency in Congenital Myopathies Disrupts Excitation-Contraction Coupling

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Key Words

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ABSTRACT

In skeletal muscle, excitation-contraction coupling is the process whereby the voltage-gated dihydropyridine receptor (DHPR) located on the transverse tubules activates calcium release from the sarcoplasmic reticulum by activating ryanodine receptor (RyR1) Ca^{2+} channels located on the terminal cisternae. This subcellular membrane specialization is necessary for proper intracellular signalling and any alterations in its architecture may lead to neuromuscular disorders. In this study we present evidence that patients with recessive *RYR1*-related congenital myopathies due to primary RyR1 deficiency also exhibit down-regulation of the alpha 1 subunit of the DHPR and show disruption of the spatial organization of the excitation-contraction coupling machinery. We created a cellular RyR1 knock-down model using immortalized human myoblasts transfected with RyR1 siRNA and confirm that knocking down RyR1 concomitantly down-regulates not only the DHPR but also the expression of other proteins involved in excitation-contraction coupling. Unexpectedly, this was paralleled by the up-regulation of inositol-1,4,5-triphosphate receptors; functionally however, up-regulation of the latter Ca^{2+} channels did not compensate for the lack of RyR1-mediated Ca^{2+} release. These results indicate that in some patients, RyR1 deficiency concomitantly alters the expression pattern of several proteins involved in calcium homeostasis and that this may influence the manifestations of these diseases.

Introduction

The precise regulation of intracellular calcium homeostasis is critical for normal skeletal muscle development and function. Excitation-contraction (E-C) coupling requires the correct assembly, distribution and interaction of a number of proteins found in the sarcoplasmic reticulum (SR), the organelle of striated muscle dedicated to calcium homeostasis. Two key elements involved in calcium release are the voltage-gated dihydropyridine receptor (DHPR, MIM# 114208), located on the transverse tubules, and the ryanodine receptor (RyR1, MIM# 180901), the principal calcium release channel of skeletal muscle situated in the terminal cisternae of the SR (Nakai et al., 1996). The predicted structure of the RyR1 suggests that the calcium release pore is located in the C-terminal domain of the protein, whereas the N-terminal domain constitutes the foot structure that interacts with DHPR (Ramachandran et al., 2009; VanPetegem, 2012; Dulhunty and Pouliquin, 2003). The direct physical interaction between DHPR and RyR1 is essential for skeletal muscle E-C coupling and any alterations in the subcellular distribution of proteins or membranes involved E-C coupling can lead to impaired muscle function (Pan et al., 2002; Oddoux et al., 2009).

Disturbance of calcium homeostasis due to defects in RyR1 is the underlying feature of the malignant hyperthermia susceptibility (MHS, MIM# 145600) trait, a pharmacogenetic reaction to volatile anaesthetics and muscle relaxants, and a wide range of congenital myopathy phenotypes, including dominantly inherited Central Core Disease (CCD, MIM# 117000) and recessively inherited Multi-minicore Disease (MmD, MIM# 255320) with or without ophthalmoplegia (Jungbluth et al., 2002; Jungbluth et al., 2005; Quane et al., 1993; Zhou et al., 2006; Zhou et al., 2007), subgroups of Centronuclear Myopathy (CNM), Congenital Fibre Type Disproportion (CFTD) and the King-Denborough Syndrome (KDS) (Clarke et al., 2010; Dowling et al., 2011; Wilmshurst et al., 2010; Jungbluth et al., 2007). Whilst dominantly inherited *RYR1*-related congenital myopathies have been extensively

studied and are usually attributed to RyR1 channels that are either “leaky” or show impaired calcium conductance (Treves et al., 2008; Dirksen and Avila, 2002), the pathogenesis of recessively inherited *RYR1*-related myopathies is not well understood, though a decrease in RyR1 protein content has been reported in muscle biopsies from some patients (Zhou et al., 2007; Wilmhurst et al., 2010). Besides mutations in the *RYR1*, substitutions in other genes linked to neuromuscular disorders, encoding proteins involved in E-C coupling have so far been reported only for *CACNA1*, the gene encoding the alpha 1 subunit of the DHPR (Ca_v1.1) in patients with malignant hyperthermia (Pirone et al., 2010; Toppin et al., 2010; Monnier et al., 1997). We recently reported that a patient with periodic paralysis who harboured recessively inherited *RYR1*-mutations (Zhou et al., 2010) with no *CACNA1S* mutation, had a marked reduction of RyR1 protein and a disruption of RyR1/Ca_v1.1 co-localization, indicating potential secondary effects of certain *RYR1* mutations on key proteins of the E-C coupling machinery.

In the present investigation we extended these findings and report abnormal expression and distribution of Ca_v1.1 in muscle biopsies from a number of patients with recessive *RYR1* mutations with reduced RyR1 content. Mimicking RyR1 depletion in human myotubes using a *RYR1* siRNA knock down approach caused a decrease in Ca_v1.1 with a concomitant up-regulation of inositol-1,4,5-trisphosphate receptors (IP3R, MIM# 147265). These results provide new insights into the pathogenesis of recessive *RYR1*-related myopathies with primary RyR1 deficiency.

Materials and Methods

Muscle Biopsies

Studies on muscle biopsies from patients were approved by the author's Institutional Ethical Committee and conducted under the Declaration of Helsinki. Patients were encoded to protect their confidentiality, and written informed consent obtained. Routine histopathological studies were performed according to standard procedures. All patients presented in this study have a clear clinical and histological diagnosis of a congenital myopathy, and were molecularly diagnosed as having *RYR1* mutations. Control muscle biopsies were from donors with no neuromuscular diseases. RNA samples were studied in 19 patients and 9 controls; immunohistochemical studies were performed in 4 patients and 3 controls; Western blot studies were performed in 2 patients and 3 controls.

Molecular Genetics

The genetic information of all patients was taken from the genetic reports. The *RYR1* nucleotide numbering is based on transcript variant NM_00540.2, where the nucleotide numbering reflects cDNA numbering with +1 corresponding to the A of the ATG translation initiation codon in the reference sequence, according to journal guidelines (www.hgvs.org/mutnomen). The initiation codon is codon 1. The variants reported have been submitted to the Leiden RYR1 locus specific database (<http://www.lovd.nl/RYR1>).

Immortalization and Culture of Skeletal Muscle Cell Line

Human satellite cells were derived from the skeletal muscle biopsy of a 19-year-old female donor with no neuromuscular disorder. Skeletal muscle cell line immortalization was performed as previously described (Zhu et al., 2007; Mamchaoui et al., 2011). Briefly, cultured cells were double transfected by recombinant retroviruses containing the telomerase (hTERT) cDNA and Cdk4 cDNA, followed by clonal selection of myogenic lines.

Immortalized myoblasts were maintained in skeletal muscle cell growth medium (PromoCell) in low oxygen atmosphere (5% O₂ and 5% CO₂) at 37°C.

Immunofluorescence

All cryosections from muscle biopsies were cut at a thickness of 8 µm for immunohistochemistry. Sections were incubated with primary antibodies at room temperature for one hour, washed in 0.1M phosphate buffered saline pH 7.2 (PBS) and incubated with secondary antibody conjugated to Alexa 488 and biotinylated secondary antibody for one hour at room temperature, followed by thorough rinsing in PBS. After washing, muscle sections were incubated with streptavidin coated to Alexa 594 for 15 minutes at room temperature then washed and mounted using Hydromount mounting medium (National Diagnostics). Images were digitally captured using Metamorph software. For immunofluorescence on myotubes, glass coverslip grown cells were fixed for 30 minutes in 3.7% paraformaldehyde in PBS; cells were rinsed with PBS and permeabilized with 1% Triton X-100 in PBS for 30 minutes. After incubation with blocking buffer (1% blocking buffer, Roche, in PBS) for 60 min at room temperature, slides were processed as described above. The primary antibodies used for immunohistochemistry were mouse anti-RyR1 monoclonal antibody (1:500, Abcam), goat anti- Ca_v1.1 polyclonal antibody (1:200, Santa Cruz) and rabbit anti-β-tubulin (1:20, Santa Cruz).

cDNA Synthesis and Quantitative Real-time PCR

Total RNA was extracted from muscle biopsies using the RNeasy kit (Qiagen); 500 ng of each RNA sample was used for first-strand cDNA synthesis with Superscript III reverse transcription kit (Invitrogen). Quantitative real-time PCR products of *RYR1*, *CACNA1S* and *DES* were amplified with the TaqMan universal PCR Master Mix (Applied Biosystems). Samples were incubated in a 25µl reaction mix according to manufacturer's instructions. Quantitative real-time PCR was performed using Applied Biosystem fast 7500 Real Time

PCR System using the recommended program: activation at 50°C for 2 min and 95°C for 10 min, 40 cycles of 95°C for 15sec and 60°C for 1 min. Quantification was based on the comparative $\Delta\Delta C_t$ method. One of the samples treated with negative control siRNA was used to calibrate the data and to analyse results. For *ITPR1*, *ITPR2* and *ITPR3* quantitative real-time PCR samples were amplified with MESA Blue qPCR kit (Eurogentec). Gene specific qPCR primers, including *ITPR1*, *ITPR2*, *ITPR3*, *GAPDH* and *DES*, were commercially available from Qiagen. Samples were incubated in a 25 μ l reaction mix according to manufacturer's instructions. Quantitative real-time PCR was performed using Applied Biosystem fast 7500 Real Time PCR System using the recommended program: activation at 95°C for 5min, 40 cycles of 95°C for 3sec and 60°C for 1min. Quantification was based on concurrent standard curves produced from serial dilutions of control cDNA from untreated cultured myotubes. *DES* and *GAPDH* were used as internal reference genes. The expression of *ITPRs* in cultured myotubes or muscle biopsies were normalized by *DES* or *GAPDH*, and calibrated by taking the ratio of one of the control samples as 1.0. Total RNA was extracted from human myotubes using Trizol (Invitrogen) and cDNA synthesized with the High Capacity cDNA synthesis kit from Applied Biosystem and the following primers: **MYH 1-Myosin heavy chain**: Forward : 5' GGG AGA CCT AAA ATT GGC TCA A 3' Reverse: 5' TTG CAG ACC GCT CAT TTC AAA 3' **TNNT1 – Troponin T1** : Forward: 5' TGA TCC CGC CAA AGA TCC C 3' Reverse: 5' TCT TCC GCT GCT CGA AAT GTA 3' **DAG1 – Dystrophin associated glycoprotein 1** : Forward: 5' AGC AAA GGA TTG ACC TCC TGC 3' Reverse: 5' CCA CCG GCA CTA ATT TCA TGT T 3' **Desmin** : Forward : 5' AAC CAG GAG TTT CTG ACC ACG 3' Reverse: 5' TTG AGC CGG TTC ACT TCG G 3' **GAPDH**: Forward : 5' CTG GGC TAC ACT GAG CAC C 3' Reverse: 5' AAG TGG TCG TTG AGG GCA ATG 3'. As well as the *ITPR* primers described above. Transcript levels were normalized to *GAPDH* expression levels.

Western Blotting

Total protein was extracted from cells lysates or frozen skeletal muscle sections in sampling buffer consisting of 75 mM Tris-HCl, 1% SDS and cocktail of protease inhibitor (Roche). Protein concentration was quantified by the BCA protein assay kit (Pierce). Thirty micrograms of proteins were loaded and separated using NuPAGE Pre-cast gels (3-8% Tris-acetate, Invitrogen) and then transferred electrophoretically to nitrocellulose membrane (GE Healthcare). The membrane was blocked with 5% goat serum (Sigma) in phosphate buffered saline buffer with 0.5% Tween-20 (PBS-T) and then probed with primary antibodies at room temperature for 1 hour or 4° C overnight. After washing in PBS-T, membranes were incubated with HRP-anti-mouse or HRP-anti-rabbit IgG (the Jackson Laboratory, 1:50,000) for one hour at room temperature. Immunoreactivity was visualized using enhanced chemiluminescence detection kit (GE Healthcare). Semi-quantification of the bands was performed by densitometric analysis and data was processed using the Image J software.

The primary antibodies used in this study include mouse monoclonal anti-RyR1 (Abcam, 1:2,500), rabbit anti- Ca_v1.1 (Santa Cruz, 1:1,000), mouse monoclonal -anti-desmin (DAKO, 1:2,000), mouse monoclonal anti- IP3R III (BD, 1:1,000), mouse monoclonal anti-SERCA2 antibody (Abcam, 1:1,000), mouse monoclonal anti α -actinin 2 (Sigma, 1:20,000) and mouse monoclonal anti- β -tubulin (Sigma, 1:4,000).

***RYR1* Knock-down by siRNA**

Immortalized myoblasts obtained as described above (Immortalization and culture human skeletal muscle cell line) were seeded on 30 mm diameter plates at a density of $5\sim 8 \times 10^5$ cells per well in order to be confluent by the next day. *RYR1* siRNA (Santa Cruz Biotechnology) was transfected using lipofectamine 2000 in OptiMEM medium following the manufacturer's recommendations (Invitrogen). A series of concentrations [10nM, 30nM and 50nM] of siRNA were tested and cells treated with the same concentrations of negative

siRNA were used as control. The transfection medium was changed to differentiation medium (PromoCell) 6 hours post transfection and changed thereafter every 2 days; cells visibly started to fuse 4-5 days after transfection/differentiation, and myotubes were collected at day 7.

Intracellular Calcium Measurements

Myotubes, mock transfected or transfected with 50nM siRNA, were either untreated or treated with 1 μ M Xestospongine C (Sigma chemicals) for 40 minutes during fura-2 (final concentration was 5 μ M) loading. Cells were rinsed one time with Krebs-Ringer and then coverslips were mounted onto a 37°C thermostated chamber which was continuously perfused with Krebs Ringer medium; individual cells were stimulated with the indicated agonists (60 mM KCl, 600 μ M 4-chloro-*m*-cresol, 100 μ M ATP) made up in Krebs Ringer containing no added Ca^{2+} plus 100 μ M La^{3+} in order to monitor changes in the cytoplasmic calcium concentration due to release from intracellular stores, by means of a 12-way 100mm diameter quartz micromanifold computer-controlled microperfuser (ALA Scientific Instruments), as previously described (Ducreux *et al.*, 2004). On-line measurements were recorded using a fluorescent Axiovert S100 TV inverted microscope (Carl Zeiss GmbH, Jena, Germany) equipped with a 20 \times water-immersion FLUAR objective (0.17 NA), filters (BP 340/380, FT 425, BP 500/530) and attached to a Cascade 125+ CCD camera. Changes in the free cytosolic calcium concentration were analysed using MetaMorph (molecular devices) imaging system and the average pixel value for each cell was measured as previously described (Ducreux *et al.*, 2004; Treves *et al.*, 2010).

Statistical Analysis

Statistical analysis was performed using the Student's *t* test for comparison of two samples or the ANOVA test for comparison of multiple data, followed by the Bonferroni's post hoc test. GraphPad Prism 5 and Origin softwares were used for statistical analysis and graph design.

Results

RyR1 and DHPR Expression and Distribution in Skeletal Muscle Biopsies from Patients Carrying *RYR1* Mutations

Fig. 1 shows immunohistochemical staining on skeletal muscle biopsies from three patients carrying recessive *RYR1* mutations, one patient carrying a dominant *RYR1* mutation and one control individual. A summary of the clinical and histopathological features and genetic details of the patients is given in Supp. Table S1. Patient 1 carried the heterozygous mutations p.R109W+p.M485V in one allele and the missense plus nonsense mutations p.D708N+p.R2241X in the other allele; patient 2 carried the heterozygous p.E879K mutation in one allele and the splice site mutation c.3381+1G>A in the other allele. Patient 3 carried the dominant *RYR1* mutation p.G4638D and patient 4 carried the homozygous missense mutation p.R3772Q. No additional mutations were found after screening the entire *RYR1* coding region of each patient. Biopsies from patients 3 and 4, where histopathology showed typical central or eccentric cores on NADH staining, showed the same patterns of distribution of DHPR and RyR1 in a rim around the core area (Fig. 1). On the other hand, a segregated distribution of RyR1 and DHPR was observed in muscle sections from patients 1 and 2, in whom histopathology showed the characteristic multi-mini cores on NADH staining, there was distinct aggregation of the DHPR in some of the muscle fibres in associated with reduction of RyR1 staining.

***RYR1* But Not *CACNA1S* Transcript Is Reduced in Skeletal Muscle from Patients Carrying Recessive *RYR1* Mutations**

To investigate changes in *RYR1* expression at the transcriptional level, we performed quantitative real-time PCR of *RYR1* in patient's muscle biopsies, using *DES* as the skeletal muscle specific reference gene. RNA samples extracted from muscle biopsies of 19 patients

with confirmed *RYR1* mutations were collected for this study. Patients were arranged into three groups according to the types of mutations. *RYR1*-AD group consisted of 6 patients carrying dominant *RYR1* mutations; *RYR1*-R1 group included 4 patients with recessive homozygous or compound heterozygous missense mutations; and *RYR1*-R2 group included 9 patients carrying heterozygous recessive mutations in which one allele contained a missense mutation, and the other a loss of function mutation. We also included biopsies from 9 normal control individuals in the control group.

The relative expression of *RYR1* was 0.89 ± 0.07 in the control group, 0.83 ± 0.10 in the *RYR1*-AD group, 0.61 ± 0.07 in the *RYR1*-R1 group and 0.57 ± 0.06 in the *RYR1*-R2 group (Fig. 2A). Significant reduction of *RYR1* mRNA transcripts was observed in *RYR1*-R1 and *RYR1*-R2 groups, where patients were affected by recessive mutations on both alleles, compared to control group ($P=0.0035$ between *RYR1*-R2 and control; $P=0.044$ between *RYR1*-R1 and control). No difference was observed in patients carrying dominant *RYR1* mutations (*RYR1*-AD) compared with control group.

CACNA1S mRNA was also measured by quantitative real-time but no significant difference was observed in its transcription level in muscle biopsies between mutation groups and controls (Fig. 2B).

We further investigated the effects of RyR1 depletion by performing RyR1 knockdown experiments on an immortalized human muscle cell line, using *RYR1* siRNA. Seven days after transfection and differentiation, once visible multinucleated myotubes appeared, *RYR1* mRNA was quantified by real-time PCR. As shown in Fig. 3A the *RYR1* transcript was reduced in a siRNA concentration- dependent manner. The relative expression of *RYR1* mRNA was: 0.47 ± 0.09 for the 10 nM siRyR1 group; 0.31 ± 0.03 for the 30 nM siRyR1 group and 0.23 ± 0.03 for the 50 nM siRyR1 group compared to the control group

(1.0±0.0). In the same samples the relative expression of *CACNA1S* (Fig. 3B) and *DES* (Fig. 3C) were not significantly changed.

Down-regulation of RyR1 by siRNA did not affect myotube differentiation; indeed mean myotube diameter and relative expression of differentiation-related markers such as dystroglycan (DAG), myosin heavy chain 1 (MHC1), troponin T1 (TNNT1) and desmin (DES) were similar in control and *RYR1* siRNA transfected myotubes (Fig. 4).

RyR1 Deficiency Affects Ca_v1.1 Content

We next assessed if the decrease in mRNA in siRNA transfected immortalized cells was paralleled by a decrease in protein content. Fig. 5A shows a representative western blot performed seven days after treatment and Fig. 5B shows the mean (±SEM) protein content in control versus siRNA treated myotubes. As shown desmin and tubulin content were not affected by *RYR1* siRNA but there was a >50% decrease in RyR1, Ca_v1.1, SERCA2 and α-actinin content as assessed by western blotting in myotubes transfected with 50 nM *RYR1* siRNA. Unexpectedly, the relative content of IP3RIII, the other intracellular Ca²⁺ release channel of ER membranes was increased by approximately two-fold.

The protein content of Ca_v1.1, SERCA2, α-actinin2 and IP3RIII were also assessed in the muscle biopsies from patients with RyR1 deficiency due to recessive mutations. Western blotting was performed on protein extracted from the muscle biopsies of two patients and three normal controls. The immunohistochemical staining of RyR1 and DHPR of patient 2 was shown in Fig. 1; the double staining of RyR1 and DHPR in patient 5 has been previously reported (Zhou et al., 2010), with similar distribution pattern as shown in Fig. 1.

Representative blots from patients and controls are shown in Fig. 5C. There was a significant reduction of both RyR1 and DHPR proteins in the samples from the patients compared to controls (N=3) (Fig. 5D). Significant up-regulation of IP3R III (approximately

two-fold) was also observed in patients' muscle biopsies compared to the controls (Fig. 5D). However, no changes in SERCA2 and α -actinin 2 protein was observed in the patients' muscle biopsies samples.

All Three Types of *ITPRs* Transcripts Are Up-regulated in *RYR1* Knockdown Myotubes and in Skeletal Muscles from Patients with Primary RyR1 Deficiency

The transcripts of all three isoforms of Inositol-1,4,5- Triphosphate Receptor (IP3R) genes (*ITPR1*, *ITPR2* and *ITPR3*) were quantified by real-time RT-PCR in myotubes treated by *RYR1* siRNA. Significant up-regulation of all three isoforms of ITPRs was observed in the *RYR1* knocked down group compared to the control group (Fig. 6A).

We then analysed *ITPRs* transcripts in skeletal muscle from controls (N=7), from patients with dominant *RYR1* mutations (N=5) and from patients with heterozygous recessive *RYR1* mutations and RyR1 protein deficiency (N=6). To ensure that the observed alterations were not due to heterogeneous tissue composition of the biopsies due to variable degrees of fibrosis or connective tissue accumulation, we used both the ubiquitous housekeeping gene *GAPDH* and muscle specific *DES* gene as internal reference genes. Irrespective of whether the analysis was made using *GAPDH* (Fig. 6B) or *DES* (Fig. 6C), patients with recessive *RYR1* mutations showed significant up-regulations of all three IP3R transcripts, compared to the control group. No significant differences in *ITPR1*, *ITPR2* and *ITPR3* expression were observed between the group of patients harbouring dominant *RYR1* mutations and the control group, except for a patient carrying the dominant mutation p.R4861C, who showed unusually high levels of *ITPRs* expression. Interestingly, though this mutation was identified as *de novo* and was not found in either parent, the case was initially considered a recessive core myopathy because of the severe clinical features of the patient and the abnormality observed in parent's muscle biopsy (Manzur *et al.*, 1998). Unfortunately the muscle biopsy failed

western blotting RyR1 protein quantification due to sampling problems. In order to rule out the presence of other allelic mutations in this case, we performed genomic analysis of the entire coding region and exon/intron boundaries of the *RYR1* gene. Except p.R4861C no other pathogenic variants were identified. These data suggest that no other mutation is present in this case and mutation p.R4861C is responsible for the pathological changes. .

Taken together these results confirm that RyR1 deficiency induced *in vitro* as well as RyR1 protein deficiency occurring *in vivo* due to recessive *RYR1* mutations cause the up-regulation of *ITPRs* transcripts.

Changes in Intracellular Ca²⁺ Homeostasis in *RYR1* Knocked Down Myotubes

Using the human muscle cell line we assessed how down regulation of RyR1 by siRNA affects calcium homeostasis. Besides the resting [Ca²⁺] and the size ionomycin sensitive Ca²⁺ stores, we measured several parameters, including the response (expressed as area under the curve, which more accurately reflects the total amount of Ca²⁺ released) of myotubes to KCl-induced depolarization, to pharmacological activation of RyR1 with 4-chloro-m-cresol and to ATP stimulation (which measures Ca²⁺ release via IP3R) in control cells, control cells treated with the IP3R inhibitor Xestospongine C and in *RYR1* siRNA treated cells (\pm Xestospongine C). This approach allows us to evaluate if the decrease in Ca²⁺ released due to downregulation of RyR1 could be compensated by up-regulation of IP3R-mediated Ca²⁺ release. Fig. 7 shows that RyR1 activation either directly by the addition of 600 μ M 4-chloro-m-cresol or indirectly, by the addition of 60 mM KCl induces a large Ca²⁺ release that is independent of IP3Rs since the same amount of Ca²⁺ was released whether cells had been pre-treated or not with Xestospongine C. Downregulation of *RYR1* by 50 nM siRNA caused a 3 -fold decrease of Ca²⁺ release by 4-cmc and KCl that was unaffected by Xestospongine C. Addition of 100 μ M ATP (i) caused the release of approximately 50% of the

Ca²⁺ compared to the release obtained by RyR1 activation, (ii) was inhibited by Xestospongin C and importantly, (iii) was unaffected by down-regulation of *RYR1*. Downregulation of RyR1 affected neither the resting [Ca²⁺] nor the total amount of ionomycin-induced Ca²⁺-release, indicating no significant effect on the size of the intracellular Ca²⁺ stores. These results indicate that upregulation of IP3R does not functionally compensate the decreased Ca²⁺-release due to the lower levels of RyR1 protein content.

Discussion

RYR1-related disorders with mainly dominant inheritance and normal RyR1 protein expression have been extensively studied at the functional level, whereas the mechanisms underlying *RYR1*-related myopathies with recessive inheritance and RyR1 deficiency remain only partially understood. Functional studies of common dominant *RYR1* mutations associated with CCD indicate two principal mechanisms associated with disturbed function of the mutant RyR1 channel, namely presence of a ‘leaky channels’ associated with reduction of SR calcium stores (Lynch et al., 1999), or “uncoupled” channels with muscle weakness resulting from a reduced capacity of RyR1 to transport Ca^{2+} (Avila et al., 2001). In the present study, we report that recessive *RYR1* mutations associated with RyR1 deficiency are also responsible for E-C uncoupling by negatively affecting DHPR-RyR1 co-localization in skeletal muscle. Indeed, this kind of E-C uncoupling was initially reported in two animal models of *RYR1*-related disorders, the sporadic zebrafish *relatively relaxed* mutant with marked reduction of functional RyR1 protein (Hirata *et al.*, 2007), and in *Ryr1* knockout (dyspedic) mice which do not express any ryanodine receptor 1 (Takeshima et al., 1994). In dyspedic myotubes cultured from *Ryr1* knockout mice there is no E-C coupling, whereas introduction of exogenous RyR1 restores E-C coupling and increases the density of the L-type Ca^{2+} current towards normal (Nakai et al., 1996). The dependence of physiological E-C coupling on correct mechanical coupling is also indicated by ultrastructural studies demonstrating the importance of a tight alignment of RyR tetramers on the junctional face membrane and of DHPR molecules (a tetrad) on the opposing T-tubule membrane (Block et al., 1988).

Interestingly, depletion of RyR1 *in vitro* by siRNA in immortalized muscle cell line caused a decrease of $Ca_v1.1$ content, suggesting that proper alignment between the two calcium channels is required for the stability of the complex. Diminishment of $Ca_v1.1$ content

has also been reported in dyspedic mouse skeletal muscle (Buck et al., 1997) and in one previous immunohistochemical study on core myopathies, in which a patient exhibiting virtual absence of RyR1 showed focal accumulation of DHPR within or around the cores (Herasse et al., 2007). The loss of DHPR/RyR1 co-localization strongly suggests a physical E-C uncoupling in patients with some recessive *RYR1* mutations. We suggest that the characteristic staining pattern of Ca_v1.1 may be a useful immunohistochemical indicator to select patients for *RYR1* sequencing, currently still very costly and time consuming due to the large size of the gene.

Aside the down-regulation of Ca_v1.1, we observed down-regulation of SERCA2 and alfa-actinin in RyR1 knocked-down myotubes. This is in contrast to the up-regulation of SERCA reported in dyspedic myotubes (Eltit et al., 2010; Eltit et al., 2011) and to the lack of changes in SERCA2 and alfa-actinin protein levels in the patient's biopsies. Opposing effects on SERCA2 expression have been reported in C2C12 cells transfected with two different *RYR1* mutations. In fact Vega et al. (Vega et al., 2011) reported that transfection with the *RYR1* Y523S MH-linked mutation caused an increase in SERCA2 expression whereas transfection of C2C12 cells with the CCD-linked I4897T *RYR1* mutation caused its down-regulation. Furthermore they also reported that the expression of a particular mutant affects the degree of myotube differentiation, in that C2C12 cells transfected with the RyR1 cDNA harbouring the I4897T mutation were similar to control myotubes in size and fusion index 8 days after differentiation, while cells transfected with the RyR1 cDNA harbouring the Y523S substitution were larger than control myotubes. We did not find any significant differences in size and differentiation markers in RYR1siRNA transfected and control cells. Thus knocking down a protein *in vitro* does not mimic all aspects of what happens *in vivo* in muscles of patients harbouring recessive mutations causing RyR1 depletion and further experiments are required to understand the mechanisms involved in the reciprocal regulation of SR proteins.

In the present study we demonstrate that in human skeletal muscle under conditions of RyR1 deficiency, IP3R are up-regulated. In cultured mouse skeletal muscle cells IP3R are predominantly expressed around the nuclear envelope, are mainly associated with slow Ca^{2+} transients and appear to be involved in the regulation of gene expression (Jaimovich et al., 2000; Jaimovich and Carrasco, 2002). The IP3/IP3R-induced calcium signal plays little or no substantial role in skeletal muscle E-C coupling under physiological conditions (Posterino and Lamb, 1998) and as shown in the present study, up-regulation of IP3R in RyR1-deficient states does not compensate for the physical collapse of the E-C coupling machinery. Nevertheless, the IP3/IP3R pathway may be involved in slow calcium release leading to activation of expression of certain genes and the present study indicates the possible existence of a complex interplay RyR1 and IP3R signalling pathways.

In conclusion, our results demonstrate up-regulation of an alternative calcium regulating system via IP3R in recessive *RYR1*-related myopathies with RyR1 deficiency, and indicate the potential importance of the IP3R signalling cascade in the pathophysiology of these neuromuscular disorders. Future studies aimed at determining the role of the IP3R system in RyR1 deficient congenital myopathies and its correlation with disease progression could provide further insight into the pathogenesis of this condition.

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Conflict of Interest

The authors declare that they have no conflict of interest.

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Figure 1: Protein expression of RyR1 and DHPR in muscle biopsy of patients with different *RYR1* mutations. Double staining of RyR1 and DHPR, and NADH staining in muscle biopsies of patients with congenital myopathy and *RYR1* mutations. NADH staining was performed in non-serial sections from RyR1/DHPR double staining. Scale bar = 25µm.

Figure 2: Quantitative reverse transcriptional real-time PCR of *RYR1* and *CACNA1S* in skeletal muscle biopsies from patients carrying different *RYR1* mutations.

The relative content of *RYR1* and *CACNA1S* mRNA was assessed by real-time PCR using $\Delta\Delta C_t$ method and using *DES* as muscle specific reference gene. The relative expression of *RYR1* and *CACNA1S* to *DES* in one of the control individuals was set as 1.0, and was used to calibrate the values of all other samples. Each symbol represents an individual and the bar indicates mean relative expression.. ANOVA was used for the statistical analysis of the values in different groups, followed by the Bonferroni post statistics test. **A)** Relative expression of *RYR1* transcript in muscle biopsies. **B)** Relative expression of *CACNA1S* transcript in muscle biopsies. * P<0.05, ** P<0.01.

Figure 3: *RYR1*, *CACNA1S* and *DES* mRNA expression in myotubes treated with *RYR1* siRNA.

The relative quantification of *RYR1* (**A**), *CACNA1S* (**B**) and *DES* (**C**) mRNA was performed by quantitative real-time PCR. The value was obtained from three independent transfection experiments of myotubes treated with *RYR1* siRNA at concentrations of 10 nM, 30 nM and 50 nM. The data is presented as Mean \pm SEM, N=3. ANOVA was used for the statistical analysis of the values in the *RYR1* siRNA treated myotubes to negative control siRNA, followed by Bonferroni post statistics test. The relative expression of target genes in control siRNA treated myotubes was set as 1.0, and was used to normalize the values in the *RYR1* siRNA treated myotubes. * P<0.05, ** P<0.01.

Figure 4: Down-regulation of RyR1 by *RYR1* siRNA transfection does not affect myotube differentiation: Cells were transfected with 50 nM *RYR1* siRNA, differentiated for

5 days and then stained with β tubulin and DAPI, only myotubes with >3 nuclei were considered for the following markers of differentiation: **(A)**. Mean (\pm SE) myotube diameter (μ m) of 30 transfected and 30 mock transfected myotubes. **(B)**. Relative mRNA expression of differentiation-related markers; *Dystroglycan (DAG)*, *Myosin heavy chain 1 (MYH1)*, *Troponin T1 (TNNT1)* and *Desmin (DES)* normalized to *GAPDH* expression as internal control (N=6). **(C)**. Immunofluorescence of transfected (RyR1siRNA) or mock transfected (control) myotubes stained with anti- β tubulin (green) and DAPI and observed with a Nikon A1R confocal microscope with a 40X NeoFluar objective (1.4 NA). Bar indicates 30 μ m.

Figure 5: RyR1, DHPR and other SR protein in *RYR1* siRNA treated myotubes and muscle biopsies from patients with RyR1 deficiency due to recessive *RYR1* mutations

A) Representative western blots of RyR1, DHPR, IP3R-III, α -actinin 2, SERCA 2, desmin and β -tubulin in human myotubes treated by *RYR1* siRNA. **B)** Semi-quantification of proteins in *RYR1* siRNA treated myotubes. The expression of proteins was normalized to tubulin. Protein content in *RYR1* siRNA treated group was compared to the control group. **C)** Representative western blots of RyR1, DHPR, IP3R-III, α -actinin 2, SERCA 2, and desmin in muscle biopsies from 2 patients (patient 2 and 5 in Table 1) with recessive *RYR1* mutations. **D)** Semi-quantification of proteins in two patients, with RyR1 deficiency due to recessive *RYR1* mutations, and three controls. The expression of proteins was normalized by desmin.

Figure 6: The expression of *ITPR1*, *ITPR2* and *ITPR3* mRNA in *RYR1* siRNA treated myotubes and skeletal muscle biopsies from patients with different *RYR1* mutations. **A)**

The relative expression of *ITPRs* mRNA in cultured myotubes treated with siRNA was measured by quantitative reverse transcript real-time PCR. Data is presented as Mean \pm SEM. N=4 samples per group. * P<0.05. **B)** The relative expression of *ITPRs* mRNA measured by quantitative real-time PCR in skeletal muscle biopsies from controls (N=7), patients with

dominant *RYR1* mutations (N=5) and patients with complex recessive *RYR1* mutations with RyR1 protein deficiency (N=6). *GAPDH* was used as general internal control gene. C) The relative expression of *ITPRs* mRNA measured by quantitative real-time PCR in skeletal muscle biopsies by using *DES* as muscle-specific internal control gene.

Figure 7: Analysis of calcium regulation in a human muscle cell line after transfection with *RYR1* siRNA. Cells were transfected with 50 nM RYR1 siRNA or mock transfected as described in the Methods section and were either untreated or treated with 1 μ M Xestospongine C during the 40 minutes of fura-2 loading. Myotubes were stimulated with the indicated agonist in Krebs-Ringer containing no added Ca^{2+} plus 100 μM La^{3+} and the total amount of calcium released was calculated using Origin software by calculating the total transient, i.e. the area under the curve. Resting $[\text{Ca}^{2+}]$ is presented as fluorescence ratio (340/380 nm)(au) before cell stimulation in Krebs-Ringer containing 2 mM Ca^{2+} ; the total amount of rapidly releasable Ca^{2+} present in the SR/ER stores was obtained by calculating the area under the curve after exposing cells to 1 μM ionomycin in the Krebs-Ringer containing no added Ca^{2+} plus 0.5 mM EGTA. For details see Methods section. All results are expressed as mean value (\pm SEM) of the indicated number of cells. White bars mock transfected cells, grey bars cells transfected with *RYR1* siRNA. Statistical analysis was performed using Student's *t*-test.